

Mark Clairmont

Sports Editor

Running more than putting one foot in front of other

Congratulations to the local high school runners who have this past weekend, further engraved the name of Georgetown into the annals of cross country running. In a time when everyone and his dog, it seems, is getting into running around, there is plenty if competition when it comes to putting one foot in front of the other.

Led by five year veteran Ian Clark, the Georgetown District High School won an unprecedent five team championship at the all-Ontario championships in Kingston on the weekend. This makes the town of Georgetown the hot bed of young runners in the province. This is the high school where future John Bannisters will want to come and enroll. Coach Karen Cosgrove will take them under her protective wing and make them fly.

The growth of the sport of running in Georgetown has been growing in the past few years. Many local runners are hitting the streets and back roads vicing for space to stretch their legs in leaps and bounds.

Bob Daniells, a local resident, runs a couple of miles to the GO station every morning to Toronto, gets off and runs to work a couple more miles. He does the reverse on the way home. Councillor Marilyn Serjeantson is also a dedicated runner.

"RUNNING"

Perhaps it was the making of the movie "Running", recently made here, with Michael Douglas that spurred everyone on. Incidentally that movie has just been released and it only shows the day-long shooting here for about three minutes.

Not really, I'm sure that that is where the popularity of the sport sprang from here. Rather, the Georgetown reputation for running may have spread far enough for producers to figure this was the perfect spot for their movie.

For most people it is hard to comprehend what goes into producing some of the fleetest of foot youngsters in the province. As for me I think I know. I was an aspiring Roger Bannister in my first year of high school. Although I wasn't what one would call an Olympic champion, I though I was pretty good because I outran the cops a few times however, never quick enough to catch too many girls. Once I was bitten in the derriere by a dog while running.

Fortunately I was on a team in Gravenhurst that had twin brothers who were two of the best high school runners in the country at the time. That was nine years ago and their names were Paul and Spencer Drysdale. Once of them was a little better than the other but I couldn't tell the difference. Twin, you know. Then went to the States on a scholarship and wee never heard of again.\$

I ran with them in the all-Ontario one year. Only I got lost on the course, I couldn't keep up to the last of the heap of runners. But, I was ahead of some other guy and I even lost him. I think he is still running around Richmond Hill somewhere. Maybe they will have signs out for him too. Like watch for Lost Runner. His name wasn't Falling Rock.

FUN RUN

This past spring the Muskoka Free Press, where I worked before coming here, held a fun run through the town of Huntsville. I was only 10 kilometres long, or 10,000 metres which sounds like more, but it was a long ten of whatever you want to call it. I called it 6.2 miles since it was six weeks before the race that I decided to enter.

The first week I started out with one mile and gradually built it up to race day. The best I had done was five miles. On race day, or fun run day, I did the run finishing about the middle of the pack with a cruel time of 54 minutes. Not great until you figure nine minutes a mile for six miles. A nine minute mile the first time isn't too bad for some but six in a row at 24 years of age, isn't too bad for a self taught crash course on running.

So, I have a rough idea what these local stars did on the weekend. d I'll be the first to acknowledge their triumphs. Only I won't be able to accompany the few runners who will be going to Halifax this weekend for the Canadians Another paper in our chain will cover it.

Skate-a-thon Nov. 18

The Rotary Club of Georgetown are sponsoring a skate-a-thon November 18 at the Gordon Alcott arena. Five grand prizes of radios, stereos and televisions will be given to the people who raise the most money. Others who collect \$60 or more will win an Adidas training jacket. And those with \$40

plus collected will win an Adidas tote bag.

The skate-a-thon is another of the many community endeavors the Rotary Club undertakes to raise funds for other projects in the community it sponsors.

Sponsor forms are available at schools.

Ice Capade try-outs

Aspiring figure skaters who wish to go into the show business end of skating rather than the competitive end of the rink, have their chance to show their stuff to the people of the Ice Capades Friday.

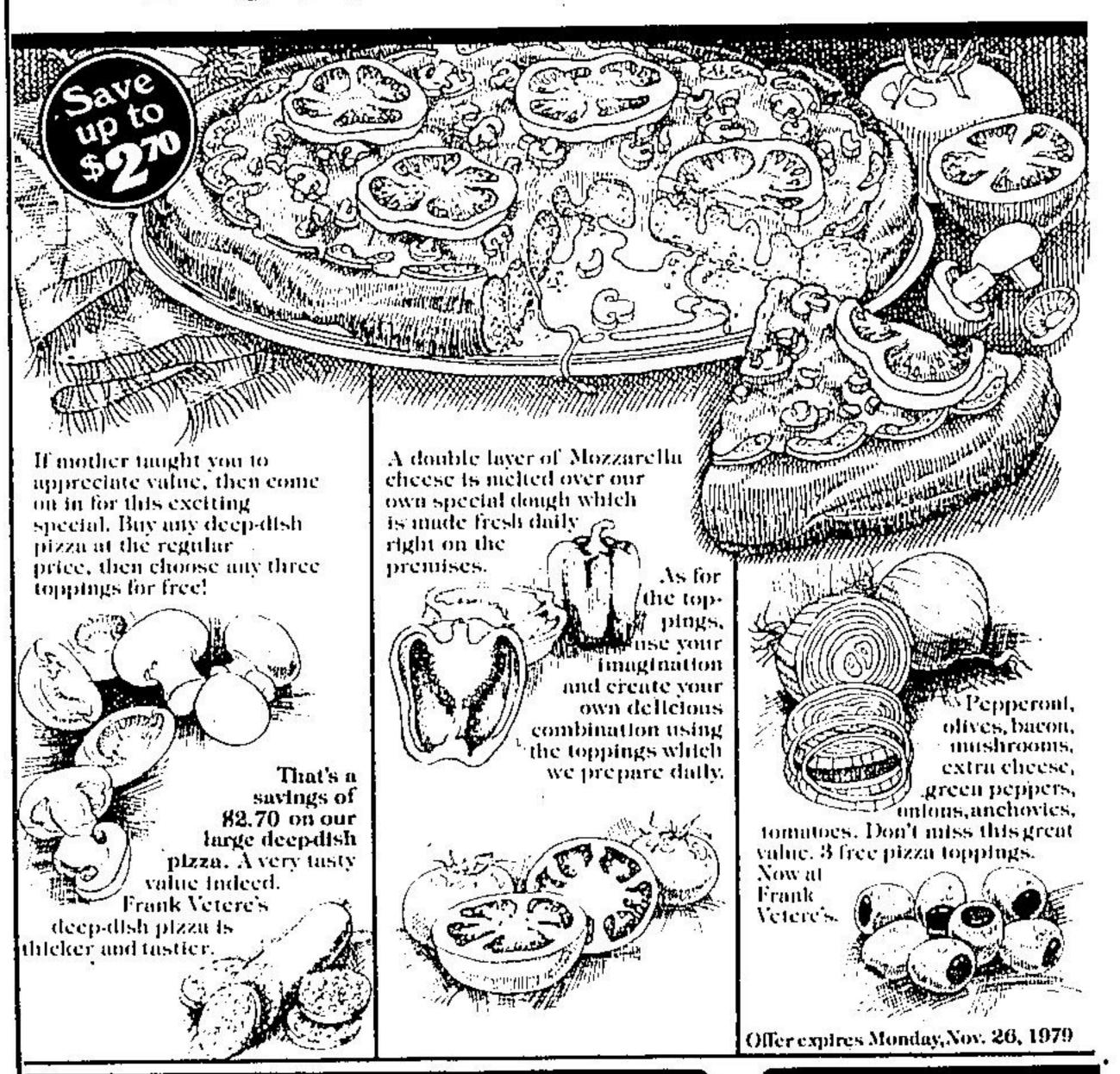
Following Friday evening's 8 p.m. show, its coaches and talent scouls will be holding court al

Maple Leaf Gardens looking for future prospects. Skaters don't have to be gold medalists but should know the basic spins and jumps of figure skating.

Those selected will be contacted when the show is back at its headquarters.

Interested hopefuls please bring your skates and come to the east side doors of the Gardens.

3 FREE PIZZA TOPPINGS Now thru Monday, November 26.



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Highway 7 & Sinclair Georgetown HOURS: Mon.-Thorse:

HOURS: Mon.-Thurs: 11:30 a.m. to 12:00 mklaight Frt.-Sot.: 11:30 a.m. to 1:00 a.m. Soutay: 11:30 a.m. to 10:00 p.m.