


# \$ MIRACLES DOLLAR POWER

## More for your dollar on family health & beauty aids.

Regular or Mint  
**CREST TOOTH PASTE**  
100ml tube




Our Reg. Price \$1.45

**1.00**

EACH

Save 45¢ or 31% **BEST BUY**

Disposable Toddler  
**PAMPERS DIAPERS**  
pkg. of 24




Our Reg. Price \$3.99

**3.33**

Save 66¢ or 16% **BEST BUY**

Our Reg. Price \$1.49  
**CEPACOL MOUTHWASH**  
376ml btl.



**1.00**

Save 49¢ or 32% **BEST BUY**

Our Reg. Price \$1.99  
Extra Body Conditioner or Regular,  
Normal or Oily  
**REVLON FLEX SHAMPOO**  
350ml btl.



**1.49**

Save 50¢ or 25% **BEST BUY**

Our Reg. Price \$1.13  
Crema Rinse or Egg,  
Regular or Gentle  
**LADY PATRICIA SHAMPOO**  
550ml btl.



**88¢**

Save 31¢ or 26% **BEST BUY**

Our Reg. Price \$2.69  
Normal, Dry or Oily Clairol  
**BODY ON TAP SHAMPOO**  
450ml btl.



**1.99**

Save 70¢ or 26% **BEST BUY**

Our Reg. Price \$1.69  
Scented, Unscented or Powder  
**BAN ANTIPERSPIRANT**  
150ml tin

**1.09**

Save 60¢ or 35% **BEST BUY**

Our Reg. Price \$2.99  
Regular, Super or Super Plus  
pkg. of 40  
**TAMPAX TAMPONS**

**2.33**

Save 66¢ or 28% **BEST BUY**

Regular or Super  
**NEW FREEDOM MAXI PADS**  
pkg. of 30

**2.49**

**BEST BUY**

Our Reg. Price 49¢  
Miracle Food Merit #2800, 2801  
**PANTY HOSE**  
one size fits small to large

**39¢**

Save 10¢ or 20% **BEST BUY**

# \$ Budget-Stretching, waistline-shrinking diet foods.

**DIET TAB**  
plus 25¢ deposit  
750ml btl.




**39¢**

EACH

**BEST BUY**

Nordica 2%  
**COTTAGE CHEESE**  
500g tub



Our Reg. Price \$1.27

**99¢**

Save 28¢ or 22% **BEST BUY**

Our Reg. Price \$1.17  
Maple Leaf Processed  
**SKIM MILK CHEESE SLICES**  
8 oz. pkg.



**99¢**

Save 18¢ or 15% **BEST BUY**

Our Reg. Price 89¢  
Diet Margarine  
**KRAFT PARKAY**  
1 lb. tub



**79¢**

Save 10¢ or 11% **BEST BUY**

Our Reg. Price \$1.71  
Counterweight  
**FROZEN DESSERT**  
1 litre ctn.



**1.59**

EACH

Save 12¢ ctn **BEST BUY**

Our Reg. Price 65¢  
Sliced, Crushed or  
Bits Packed  
In It's Own Juice  
**DEL MONTE PINEAPPLE**  
14 fl. oz. tin



**2/1.00**

Save 15¢ tin **BEST BUY**

Fruit Cocktail,  
Peaches, Pears  
**STAFFORD DIET FRUIT**  
14 fl. oz. tin



**99¢**

**BEST BUY**


Our Reg. Price 95¢  
Assorted Varieties  
**E.D. SMITH SPREADS**  
9 fl. oz. jar



**89¢**

Save 6¢ jar **BEST BUY**


Our Reg. Price 89¢  
Carbonated  
**MONTCLAIR MINERAL WATER**  
750ml btl.



**2/1.00**

Save 19¢ btl. **BEST BUY**

Our Reg. Price \$1.58  
Sugar Substitute  
**SUGAR TWIN**  
80g box



**1.45**

Save 14¢ box **BEST BUY**