

Ontario Outdoors

Beef jerky could be life saver



By R.C. (BOB) OLLIVIER

Believe it or not, with all the complaints of damage by goose populations, no one has offered the opportunity to hunt these birds. Last week's Ontario Outdoors offered the chance for land owners to rid themselves of the problem and come out good to boot, but I guess the problem is not that acute after all.

GROUSE HUNTING

In Looking for Grouse, check out areas that have Thorn apple trees and other wild apple trees in the area of dense cedar. Wild grapes are also a favourite food of the Grouse in Ontario, but the birds change their diet to buds and hard fruits as the supply of soft fruits runs out. The buds and catkins of Aspen, White Birch and apple trees are favourite winter foods of this game bird and trembling aspen is the most important food wherever the Grouse are found. They will eat as many as 1,000 buds in one feeding, and buds are always available so the birds never starve.

Yes, grouse do "roost" under the snow. It must be soft and fluffy though, and the birds "dive-bomb" into the snow in full flight for protection from severe cold conditions. They also grow scales on the toes that act as snowshoes and give them mobility on the snow surface, but these scales only last through the winter.

Strategic planning for Ontario Fisheries, SPOF, has been doing work on spawning areas in Duchesney Creek that runs into Lake Nipissing. The project has the co-operation of Canadian Johns-Manville. This will enable greater quantities of Walleye eggs to mature, and improve the declining fishery there for this game fish. Lake Nipissing has been the centre of controversy over the Walleye fishing lately.

PREPARING JERKY

Last week I promised a trail food good for any time of year. Sometimes called Jerky, it is a dried meat product and can not be manufactured properly as a commercial product. This recipe is about the best I have come across and is very simple and should prepare about 5 pounds of meat. Jerky is a highly nutritious food and provides a lot of energy for the outdoors person.

Take about 5 pounds of any lean meat, tough or not. Cut across the grain into strips about a quarter of an inch thick. Boil the meat strips for approx. 5 min. in a solution of 1 quart of water, quarter pint Vinegar, 1 cup salt, 1 tablespoon pepper.

After boiling, roll flat with a rolling pin to remove excess brine and flatten for uniform drying. If the juices are red, then boil longer and the meat should have a grey-brown colour and be rubbery. Set them on an oven rack with space between each strip and set the oven at 200 degrees with the door open a crack to allow moisture to escape. One and a half hours should do it for drying, and the pieces should crack but not break when bent.

FLAVOUR THEM

The next step is to coat or "paint" them with a sauce to add flavour if you want. Sauces such as A-1 or Tabasco or whatever you like best can be painted on with a pastry brush. The finished Jerky can be stored in fruit jars or plastic bags and if kept dry it will last for years.

Don't pass this off as useless information, it could be a life saver if you're ever lost, as it does not need cooking to eat, and provides high energy.

Pemmican was made by the Indians when the white man came to this country and was made by taking the Jerky and crushing it and adding berries. Your favourite fruit berry is fine for this job. Crenberry is my favourite. Simply add the berries and grind everything together, this may be done by rolling but a grinder is best. These products will chew for an hour and last all day in the form of energy. And isn't that just what we need when out in ONTARIO OUTDOORS?



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FLASHBACK

Raiders thump Milton more than 13 years ago

This week, sports fans, we look back 13 years to Canada's Centennial birthday 1967.

In a wild, free-wheeling clash that ended in a donnybrook, Georgetown Raiders (Junior C) opened their 1967-68 home schedule Sunday thumping Milton Merchants 9-3 in front of 770 vocal Memorial Arena customers.

Raiders scored once in the first period, five times in the middle frame, and added three in the third to steamroller to their first victory of the infant season. The win avenged a 7-1 defeat at the hands of the Milts in the county town's Brown Street barn Friday.

Players took to brawling seconds after Terry Leswick scored Georgetown's ninth goal at 17:51. Raider's Larry Bradley and Merchant netminder D. Dunning were slapped with fighting majors, Milton's Stickle, Kitchen, Tuckwell, Gervais and Hearn, and Georgetown's Johnson, Quackenbush, McMenemy and Bennett were assessed game misconducts.

Scrapping among the fans kept the crowd's attention divided and some even followed the combatants when they moved outdoors.

Raiders got good efforts from their newcomers. Terry Leswick scored three times, and Jack Kemshead twice. The rest were counted by returnees Dave McMenemy, who counted a pair, Terry Hay and Ron Lane. Georgetown went without the Robinson brothers, Paul and Kent and defenceman Doug Malcolm.

Milton managed two second period goals and made it little less of a rout with the final goal at 19:44. Hearn, Cole and Brush were their marksmen.

Raiders went with Fred Cowbrough between the pipes and got a fine game from the former utility in his first full game. He saw action Friday after Brian Peavoy, who started in the Raider cage, was lifted.

Frank Bathgate's Streetsville club, a new entry in the OHA Central Junior C League, will make its first appearance in the Memorial against Raiders Sunday afternoon.

Tyke personnel for the 1967-68 season:

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Paul Martin, Philip Buch, Robert McCandless, Bruce McCandless, Robert Veitch, Blake Dixon, Brad Miller, Joseph Spitzer, Curt Brownlee, Glen Mallott, Joseph Hache, Norman Allen, Jeffery Paton, James Carswell, Edward Jenner, Steve Gleave.

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