

Sports Week

THE HERALD, Wednesday, October 31, 1979 - Page 27



The High School swim team started practicing this week, with the smallest turnout in four years. Here they

are taking a short break between sets. They will do 2100 meters a day, or 34 lengths of the 25 meter pool.

(Herald photo)

Raiders nearing
.500 average
Page 28

Figure skaters,
Ice Capades wants you
Page 29

Rebel cross country team
to Ontario finals Friday
Page 33