

**Matter of motivation**

# Psychic tells UWC everyone has ESP powers

By LOHI TAYLOR

Everyone has some degree of psychic ability which can be developed if they are motivated enough, psychic Jessie Zuest told the Georgetown University Women's Club (UWC) last Tuesday night.

Mrs. Zuest was the club's guest speaker at its meeting October 2, and talked about psychic phenomena and performed some demonstrations of psychic readings on members of the audience.

Mrs. Zuest said everyone if they are honest with themselves will admit to having had some psychic experience.

"Things used to happen to me as a child that I didn't know what they were," she said. She described how she had experienced astral projection as a child, the experience of having the soul leave the body.

"You don't realize how heavy the body is until you experience that sense of weightlessness when your soul leaves," she said.

"Psychic ability is definitely a natural ability which can be brought out," Mrs. Zuest said. "When a child describes a psychic experience, parents tend to think it's just their imagination."

**PAY MORE**  
She said people are beginning to pay more attention to psychic phenomena, and to conduct more serious scientific investigations into the subject.

"I don't know why I can tell you something about yourself on meeting you for the first



**Jessie Zuest**

time, something that I should have no way of knowing," Mrs. Zuest said.

People wanting to develop their psychic ability can do so, but one of the requirements is learning to relax completely, Mrs. Zuest said.

"The more you can do that, the better in tune with yourself

one else's consciousness.

"That's what I do," she said. "Scientists have done a lot of research into brain wave patterns and Alpha waves, and Delta waves. More psychologists believe you go on to an Alpha level just before you go to sleep. That's where I go when I tap into someone."

"Developing psychic ability is something anyone can do if they want to enough," Mrs. Zuest said. She described how she became a member of a group which practised meditation and psychometry, which is the use of personal objects, like jewelry, to assist in psychic readings.

She later joined a group of psychics organized by Geraldine Smith, one of Canada's most well-known psychics. Mrs. Zuest gives Mrs. Smith much of the credit for giving her enough confidence in herself to develop her abilities as far as possible.

Mrs. Zuest said giving psychic readings is a two-way street: she learns something from every reading she does.

"I tend to think we have a path to follow, although we have the free will to pick and choose," she said.

A large part of understand-

ing psychic phenomena will come from understanding the brain, Mrs. Zuest said. People use less than half of their brain in daily living, she said.

**HARDEST THING**

Mrs. Zuest said the hardest thing for psychics to predict is the time involved in an incident. She said she usually knows about major changes in her life six months to a year ahead.

"I don't have to tune into them," she said. "They just come in flashes."

Her children tend not to ask about what the future holds in store for them, she said, but after a few close calls when their mother's predictions have come true, they have learned to pay heed to her warnings.

Mrs. Zuest said people frequently become uneasy around her at a party when they learn what she does.

"They wonder if I'm tuning into them and reading their thoughts," she said. "To me, the psychic is a career, and when I go to a party, I'm going to relax and enjoy myself."

"There seems to be a need for the psychic," Mrs. Zuest said. "Everyone comes to me. I don't approach them. People

seek advice about the direction of their lives. I try not to be too definite and I try to give them an optimistic feeling about what I predict."

A psychic reading gives people information on their past experience and points out obstacles to watch out for, Mrs. Zuest said. She said she is often asked to make predictions, something she used to shy away from because she lacked the confidence.

Mrs. Zuest said she has predicted natural disasters such as earthquakes, but she doesn't usually go out of her way to pass on that kind of a prediction.

"We have strong minds, and if enough people think about earthquakes, I think we can create it," she said.

"We are never 100 per cent accurate, never," she added. "It can be fun watching for things to happen."

"I play God a little when I do a reading, judging by how much or how little to say to someone," Mrs. Zuest said. "I never tell someone they're going to die, for example. We're all going to die someday, but telling someone is a serious mistake."

**WOMEN CLIENTS**

Mrs. Zuest said at one time, most of her clients were women, but more and more men are coming to her for readings. She has had clients from all over the world, including a man from Spain, who spoke no English. He brought his interpreter along to the reading.

Mrs. Zuest made one or two predictions for the coming

year, in addition to the readings she gave to three members of the audience. In answer to a question from the audience, she said the situation in Zimbabwe-Rhodesia would be resolved without further bloodshed. She also predicted that the Republican party would win the next election in the United States. She said a statesman on the west coast of the United States would be involved in a terrorist activity just before the election, but that he would not be one of the candidates in the election.

"Psychic ability can be that little inner voice that tells you to check something small, and if you check, like finding you've left the stove on, you'll find you were right," she said. "If you listen to that voice, it will never let you down."

## About the Hills

### Historical Society meeting

The Esqueving Historical Society will hold its October meeting at the Ballinafad Community Hall on Oct. 15 at 8 p.m. Long time residents of the community will relate anecdotes of Ballinafad at the meeting.

### Fellowship group forms

The Halton Hills Christian Women's Fellowship group will hold its first meeting in the North Halton Golf and Country Club on Oct. 23 at 1:15 p.m. Gail Collette will demonstrate Christmas decorations which can be made at home and the special music for the meeting will be provided by the guest speaker, Pat Pepper of Arthur, who is a recording artist and homemaker. She is a guitarist. Cost of the outing will be \$2.50 to cover coffee and desert. Babysitting will be available. Because food is involved organizers stress that reservations must be made in advance. These can be arranged by calling Cathy Lane, 877-7257 or Ruth Buttrey, 877-1158. This is a brand new non-denominational group which has been organized with a view to providing an opportunity for Christian women in the community to meet together and share their experiences. Meetings will be held the third Tuesday of each month.

### Firm wins awards

The Canada Manpower Centre for Students has awarded two local employees in recognition of the assistance they provided in locating summer jobs for students.

Akers and Clark Real Estate and Zellers have been presented with awards of merit because they were especially responsive to the student Manpower office, Manpower representative Erica Harper said.

Only six awards are given out in the area covered by the Brampton Manpower Office. The area covers Brampton, Bramalea, Orangeville, Shelburne and Georgetown.

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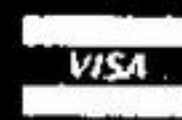


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## Service Brigade forming

The Christian Service Brigade is starting up for the fall and winter program.

This is an organization for boys that are willing to prove themselves and serves thousands of boys each week in Canada as well as the USA and many parts of the world.

There are two distinct groups pertaining to ages of boys and their needs.

Stockade is for boys eight to 11 years of age and Battalion for young men 12 to 18 years old. Stockade meets every Thursday at 7 p.m. in the gym of Maple Avenue Baptist Church across from the post office in Georgetown.

Battalion is Mondays at 7 p.m., same location.

Activities include game times and a program designed with the growing need of growing boys and young men in mind. Camp outs and hikes are an important part of this program as are the achievements and the awards of merit for their competition.

Led by men to make men out of growing boys; information by calling Dave Hobbs 877-5602 (8-11 year olds) and Steve Halst 877-0630 (12-18 year olds).

# Jeffrey/Lynch

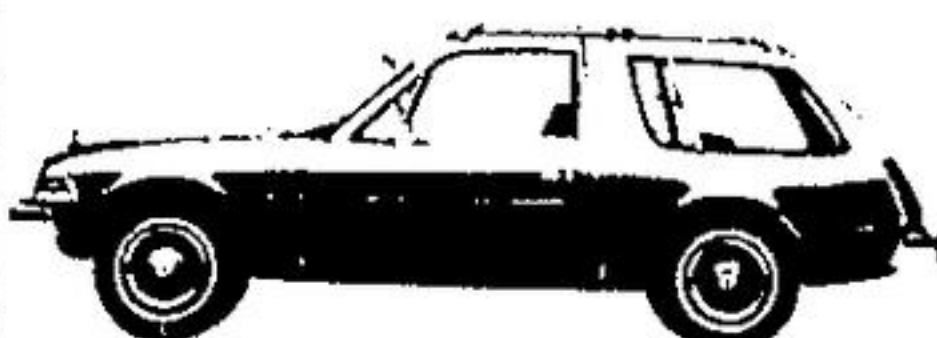
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