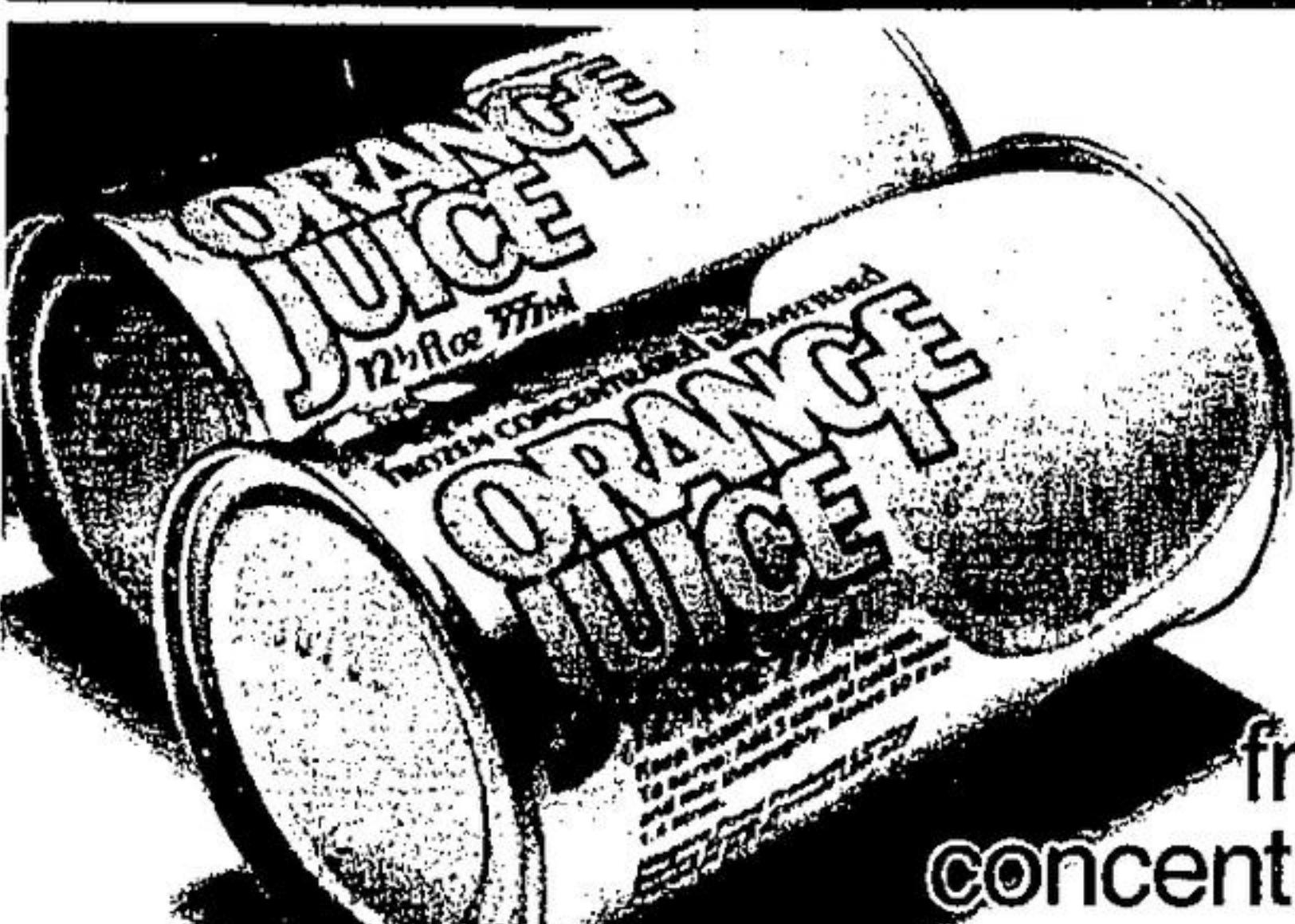




was .98 lb.

~~SAVE~~
\$.98
lb.

fresh pork picnic bone in shoulder roast



was .63

~~SAVE~~
\$.63
lb.

Niagara orange juice



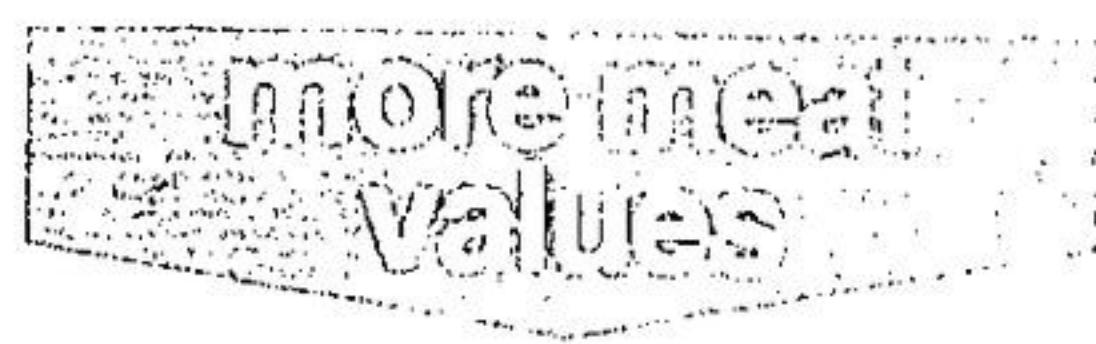
was .33

~~SAVE~~
\$.33
ea.

Ontario grown
no. 1 grade
extra flavour
for cole slaw

**1/2
price
sale**

cabbage



frozen cut up tray pack
stewing hen

lb. .59
was 2.08

frozen New Zealand
lamb legs whole

lb. 1.78
was 3.78

frozen Ponderosa Steak House
all beef burgers

2 lb. pkg. 3.58
was 1.78

Loblaw's frozen family pack
pork sausage

lb. 1.58
was 2.18

sweet pickled, by the piece
back bacon end cuts

lb. 1.98
was 2.18

sweet pickled, vac pac
cottage rolls

lb. 1.49
was 1.65

Z & W Foods store packaged
polish sausage

lb. 1.59
was 1.89

ziggys sliced
side bacon

1 lb.
pkg. 1.48
was 1.68

Loblaw's regular
wieners

1 lb.
pkg. 1.38
was 1.66

regular or thick sliced
Loblaw's bologna

1 lb.
pkg. 1.38
was 1.79

Swifts
sizzlean

12 oz.
pkg. 1.59
was 1.84

Siená brand
mortadella chubs

lb. 1.59
was 2.38

Loblaw's fine
bavarian meat loaf

lb. 2.18
was 1.89

Cliffside brand
meat pies

30 oz.
pkg. 1.69
was 1.89

frozen no-name
breaded sole

2 lb.
pkg. 3.89
was 1.98

fillet portions

12 oz.
pkg. 1.68
was 1.98

frozen Bluewater brand
batter fried

20's
pkg. 1.99
was 2.19

haddock portions

6 oz.
tin 1.89
was .97



choice vitaminized apple, from concentrate 6 x 10 fl.
oz. tin, sleeve

Sunpac juice 1.89
sweetened orange

Sunpac juice 1.89
sweetened orange

Libby's choice
peas and carrots 2 14 oz. cans .79
Dainty parboiled

long grain rice 1.13
strawberry or raspberry (pectin added)

Jack and Jill jam 1.27
24 fl. oz. jar was 1.37

Homecare
garbage bags 1.99
Paris Pate

pizza spread .89
6 oz. tin was .97

Woolite liquid
cold water wash

Ocean Spray
cranberry cocktail

orange grape or lemon, bonus pack

Wyler's crystals

748 g ln 1.69
was 1.89

Bick's wine
sauerkraut

32 fl. oz. jar .81
was .37 ea.

V-8 Cocktail
vegetable juice 2 10 fl. oz. cans .67
Weston, salted or plain

peerless crackers

400 g box .83
was .93

crisp rye bread, light or dark

Weston ryvita

200 g pkg. .89
was .99

Coast complexion bar
toilet soap

95 g .39
was 1.49

Aim
toothpaste

100 mL tube 1.19
was .45