

# Miracle's buy big, save big Meat Sale!

 <p>Our Reg. Price \$1.98 Best Quality Canada Grade A Beef <b>FULL BEEF HIP</b> 75 lb. avg. size</p> <p><b>1.68</b> LB.</p> <p>Save 30¢ lb. <b>BEST BUY</b> Contains full round steak, rump roast, sirloin tip, boneless stew beef, ground beef, etc.</p>	 <p>Our Reg. Price \$1.44 Best Quality Canada Grade A Beef <b>FULL FRONT BEEF QUARTER</b> 135 lb. avg. size</p> <p><b>1.18</b> LB.</p> <p>Save 26¢ lb. <b>BEST BUY</b> Contains blade roast, short rib roast, cross rib roast, standing rib roasts and steaks, stewing beef, ground beef, etc.</p>	 <p>Our Reg. Price \$2.04 Best Quality Canada Grade A Beef <b>FULL HIND BEEF QUARTER</b> 130 lb. avg. size</p> <p><b>1.78</b> LB.</p> <p>Save 28¢ lb. <b>BEST BUY</b> Contains sirloin steaks, porterhouse steaks, T-Bone steaks, rump roast, round steaks, sirloin tip, ground beef, stewing beef, etc.</p>
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<p>Contains blade roast, short rib roast, cross rib roast, boneless stewing beef, ground beef, etc. (75 lb. avg. weight)</p> <p>Our Reg. Price \$1.54 Best Quality Canada Grade A Beef <b>BEEF CHUCKS</b> Save 26¢ lb.</p> <p><b>1.28</b> LB. <b>BEST BUY</b></p>	<p>Contains standing rib roast, rib steaks, brising ribs, ground beef etc. (25 lb. avg. weight)</p> <p>Our Reg. Price \$1.98 Best Quality Canada Grade A Beef <b>FULL BEEF RIB</b> Save 30¢ lb.</p> <p><b>1.68</b> LB. <b>BEST BUY</b></p>	<p>Ground Fresh Hourly <b>REGULAR GROUND BEEF</b> 10 lb. units Save 70¢ lb.</p> <p>Our Reg. Price \$1.88 <b>1.18</b> LB. <b>BEST BUY</b></p>	<p>Ground Fresh Hourly <b>MEDIUM GROUND BEEF</b> 10 lb. units Save 60¢ lb.</p> <p>Our Reg. Price \$2.28 <b>1.68</b> LB. <b>BEST BUY</b></p>
<p>Frozen by the box <b>CHICKEN LEGS</b> 5 lb. boxes</p> <p><b>88¢</b> LB. <b>BEST BUY</b></p>	<p>Cut to your Needs Fresh Ontario Pork <b>LEG OF PORK</b> 18 lb. avg. size Save 30¢ lb.</p> <p>Our Reg. Price \$1.28 <b>98¢</b> LB. <b>BEST BUY</b></p>	<p>Cut to Your needs <b>ONTARIO PORK LOIN</b> 12 lb. avg. size Save 30¢ lb.</p> <p>Our Reg. Price \$1.88 <b>1.58</b> LB. <b>BEST BUY</b></p>	<p>Convenient Frozen <b>COOKED FISH CAKES</b> Sold in 10 lb. ctn. Save 18¢ lb.</p> <p>Our Reg. Price 88¢ lb. <b>70¢</b> LB. <b>BEST BUY</b></p>

 <p>Condensed <b>AYLMER TOMATO SOUP</b> 10 fl.oz. tin</p> <p><b>5/\$1</b> or 20¢ each <b>BEST BUY</b></p>	 <p>Our Reg. Price \$1.85 Processed Cheese Slices <b>KRAFT SINGLES</b> 1 lb. pkg.</p> <p><b>1.69</b> Save 16¢ per pkg. <b>BEST BUY</b></p>	 <p>Vanilla or Neopolitan <b>FRONTENAC ICE CREAM</b> 2 litre ctn.</p> <p><b>1.19</b> <b>EVERYDAY LOW PRICE</b></p>	 <p>Our Reg. Price 98¢ Oven Ready Ideal for BBQ <b>GRADE A FRESH CHICKENS</b> 2-3 lb. size</p> <p><b>59¢</b> LB. <b>BEST BUY</b> Save 39¢ lb. Limit 3 per Family</p>
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## Fresh Quality Produce

 <p>Our Reg. Price 98¢ lb. Product of U.S.A. <b>RED GRAPES</b></p> <p><b>58¢</b> LB. <b>BEST BUY</b> Save 40¢ lb. or 40%</p>	 <p>Our Reg. Price 58¢ No. 1 Grade <b>ONTARIO GROWN YELLOW ONIONS OR CARROTS</b> 2 lb. bag</p> <p><b>38¢</b> LB. <b>BEST BUY</b> Save 20¢ or 35%</p>
<p>No. 1 Grade <b>ONTARIO GROWN HEAD LETTUCE</b> Each</p> <p><b>38¢</b> LB. <b>BEST BUY</b></p>	<p>Product of U.S.A. Canada Fancy Grade <b>BARTLETT PEARS</b></p> <p><b>48¢</b> LB. <b>BEST BUY</b></p>
<p>Fancy Grade, Ontario Grown <b>EARLY MCINTOSH APPLES</b> 3 lb. bag</p> <p><b>1.28</b> LB. <b>BEST BUY</b></p>	<p>No. 1 Grade <b>ONTARIO GROWN PRUNE PLUMS</b> 4 quart basket</p> <p><b>2.48</b> LB. <b>BEST BUY</b></p>
<p>Product of U.S.A. <b>THOMPSON SEEDLESS GRAPES</b></p> <p><b>98¢</b> LB. <b>BEST BUY</b></p>	<p>No. 1 Grade <b>ONTARIO GROWN GREEN CABBAGE</b> each</p> <p><b>38¢</b> LB. <b>BEST BUY</b></p>
<p>No. 1 Grade <b>ONTARIO GROWN NEW POTATOES</b> 10 lb. bag</p> <p><b>68¢</b> LB. <b>BEST BUY</b></p>	<p>No. 1 Grade <b>ONTARIO GROWN CELERY STALKS</b> large size</p> <p><b>48¢</b> LB. <b>BEST BUY</b></p>
<p>Ontario Grown <b>GREEN ONIONS OR BUNCH RADISH</b></p> <p><b>4/\$1.00</b> BEST BUY</p>	<p>Product of South Africa <b>OUTSPAN ORANGES</b></p> <p><b>12/\$1.98</b> BEST BUY</p>

ALL PRICES EFFECTIVE SEPT. 5 to SEPT. 11, 1979 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHTAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**BEST BUY** A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'!

<p>Regular or Diet <b>SEVEN-UP</b> 24x10 fl.oz. tins</p> <p>Our Reg. Price \$6.39 <b>3.99</b> Save \$2.40 or 37% <b>BEST BUY</b></p>	<p>Oven Ready <b>GRADE A FRESH LARGE CHICKENS</b> 3 1/2-4 1/2 lb. size</p> <p>Our Reg. Price \$1.08 <b>69¢</b> LB. <b>BEST BUY</b> Save 39¢ lb.</p>
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<p>Assorted Varieties <b>LANCIA PASTA</b> 2 lb. pkg.</p> <p>Our Reg. Price \$1.22 <b>79¢</b> Save 43¢ or 35% <b>BEST BUY</b></p>	<p>Oven Ready Grade A <b>FRESH EXTRA LARGE CHICKENS</b> over 5 lb. size</p> <p>Our Reg. Price \$1.18 <b>98¢</b> LB. <b>BEST BUY</b> Save 20¢ lb.</p>
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<p><b>From the Tudor Bakery</b> "MIRACLE'S IN-STORE BAKERY"</p> <p>Homestyle, In-Store Baked <b>APPLE PIE</b> 20 oz. each</p> <p><b>1.29</b></p>		<p>Our Reg. Price 94¢ Oven Ready Frozen Utility Grade <b>CHICKENS</b> 3 lb. avg. size</p> <p><b>57¢</b> LB. <b>BEST BUY</b> Save 37¢ lb.</p>
<p>Fresh Baked <b>LEMON OR RASPBERRY DANISH</b> pkg. of 4</p> <p><b>98¢</b></p>	<p>Our Reg. Price \$1.38 Fresh Ontario Pork <b>LEG OF PORK ROAST</b> Shank Portion</p> <p><b>88¢</b> LB. <b>BEST BUY</b> Save 50¢ lb.</p>	

\*Weight loss in cutting, boning and trimming will increase the net cost per pound of take home useable meat. From Best Quality Canada Grade A-1, A-2, or A-3. Beef



An all Canadian Company

# Check out for less!