



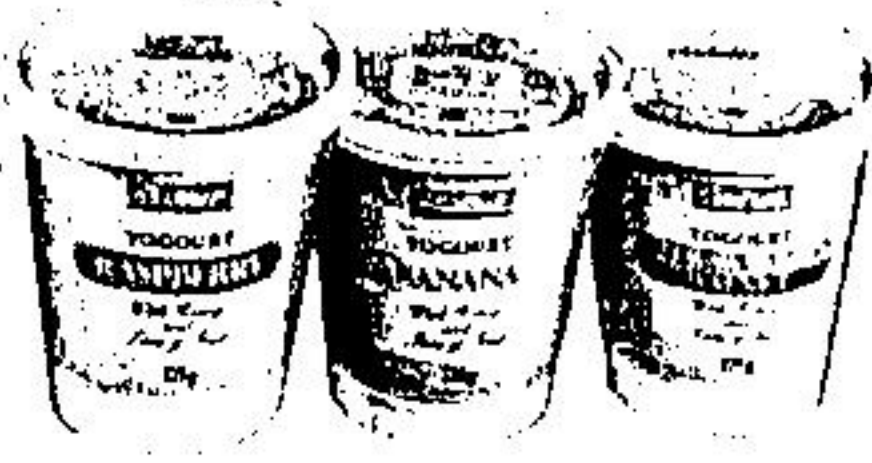
Look! Miracle has savings on our favourite
SEALTEST PRODUCTS!



Our Reg. Price \$1.18
Creamed
SEALTEST COTTAGE CHEESE
500 g tub

99¢


Save 19¢ or 16% **BEST BUY**



Our Reg. Price 62¢
Assorted Flavours
SEALTEST PREMIUM YOGURT
175 g cup

3/99¢ or 33¢ each

Save 19¢ or 36% **BEST BUY**



Our Reg. Price 99¢
Assorted Flavours
LIGHT'N LIVELY YOGURT
500 g tub

79¢ EACH

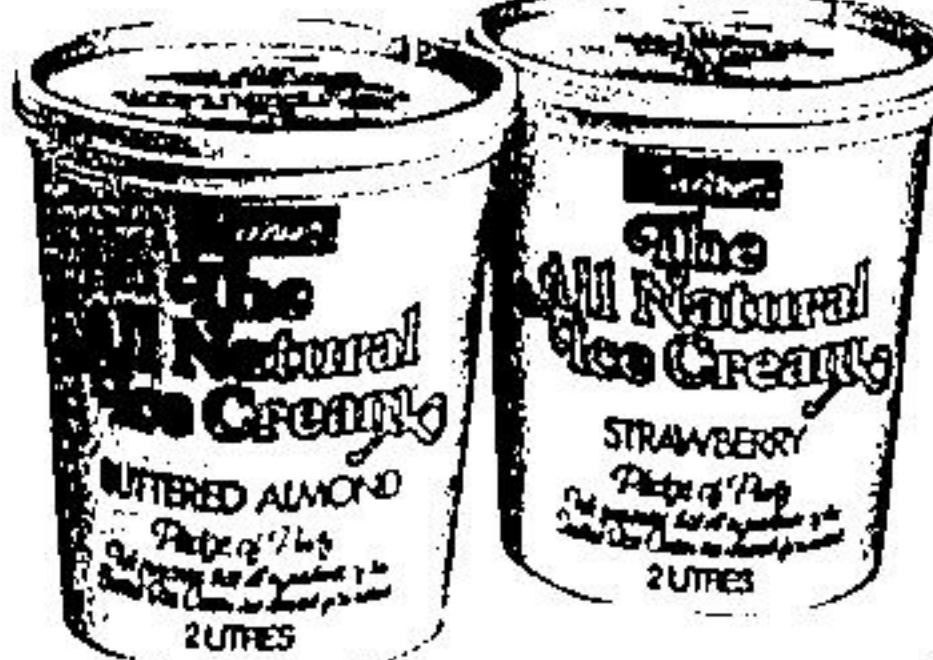
Save 20¢ or 20% **BEST BUY**



Our Reg. Price \$1.49
Sealtest
VALENCIA ORANGE JUICE
2 litre bag

99¢ EACH


Save 50¢ or 33% **BEST BUY**



Our Reg. Price 2.85
All Natural
SEALTEST ICE CREAM
2 litre tub

2.49 EACH

Save 36¢ or 12% **BEST BUY**



Our Reg. Price \$2.29
Sealtest
ICE CREAM PARLOUR ICE CREAM
2 litre tub

1.69

Save 60¢ or 26% **BEST BUY**

MORE FOODS FOR YOUR FREEZER

Assorted Varieties Frozen SARA LEE LAYER CAKES 13 oz. pkg.	Our Reg. Price \$1.39 1.19 BEST BUY	Mrs. Smith's Frozen APPLE PIE 28 oz. pkg.	Our Reg. Price \$1.67 1.49 BEST BUY
Save 20¢ or 14%		Save 18¢ or 10%	
Alozo Twin Pack PEPPERONI PIZZA 20 oz. pkg.	Our Reg. Price \$2.48 2.19 BEST BUY	Minute Maid Frozen Concentrated ORANGE JUICE 16 fl. oz. tin	Our Reg. Price \$1.39 1.29 BEST BUY
Save 29¢ or 11%		Save 10¢ per tin	
Frozen RICH'S COFFEE RICH 32 fl. oz. ctn.	Our Reg. Price 89¢ 69¢ BEST BUY	Frozen Skinned BEEF LIVER	Our Reg. Price \$1.48 1.28 LB. BEST BUY
Save 20¢ or 22%		Save 20¢ lb.	

OPEN SATURDAY 8 A.M.
CLOSED LABOUR DAY
SEPT. 3RD.

ALL PRICES EFFECTIVE FROM WEDNESDAY AUG. 29 TO TUESDAY SEPT. 4 1979—WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



An all Canadian Company

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'!

BEST BUY A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE.