



Mom's stocking up on
good stuff for our
lunch boxes at
Miracle!

BESTS BUYS ON GROCERIES

Smooth or Crunchy
KRAFT
PEANUT BUTTER
500 g jar

1.35
BEST BUY

Raspberry or Strawberry with pectin
VACHON JAM
24 fl. oz. jar

99¢
BEST BUY

Homepride
CRUSTY BREAD
Not Available Monday
24 oz. loaf

59¢
BEST BUY

Christie's
RITZ
CRACKERS
250 g box

77¢
BEST BUY

Condensed
AYLMER
TOMATO SOUP
10 fl. oz. tin

5/100
or
20¢ each
BEST BUY

Our Reg. Price 59¢
100% Vegetable Oil, Parchment Wrap
CHEFMASTER
MARGARINE
1 lb. pkg.

49¢
EACH

Save 10¢ or 16% BEST BUY

Assorted Varieties Cooked Canned
MAPLE LEAF
HAMS
1 1/2 lb. tin

3.99
BEST BUY

Assorted Varieties Ready-to-Serve
HEINZ SOUPS
8 fl. oz. tin

22¢
BEST BUY

Granny's
BUTTER TARTS
Not Available Monday
pkg. of 12

1.09
BEST BUY

Processed Ingersoll
CHEESE
SPREAD
1 lb. jar

1.49
BEST BUY

Clover Leaf
PINK
SALMON
7.75 oz. tin

1.29
BEST BUY

Connoisseur
BRUNSWICK
SARDINES
92 g tin

57¢
BEST BUY

In Oil or Lemon Sauce
CONNORS SEASTEAKS
3.5 oz. tin

47¢
BEST BUY

Guest
LUNCH SACS
pkg. of 100

89¢
BEST BUY

Our Reg. Price 52¢
In Tomato Sauce
HEINZ
SPAGHETTI
14 fl. oz. tin

39¢
EACH

Save 13¢ or 25% BEST BUY

TAKE OUT FOODS

Whole
BBQ
CHICKENS
2 lb. avg. size

Our Reg. Price \$1.99

1.89
LB. BEST BUY

Save 10¢ lb.

Famous for Quality
SCHNEIDERS
LUNCH MEATS
Store sliced
Save 50¢ lb.

Our Reg. Price \$2.69

2.19
LB.

Product of Canada
Medium
CHEDDAR
CHEESE

2.49
LB.

Convenient
BBQ SPARE RIBS
Save 50¢ lb.

Our Reg. Price \$2.99

2.49
LB.

Peppered Butts or
SIENA
CAPICOLLO
Whole or Half
Save 30¢ lb.

Our Reg. Price \$2.99

2.69
LB.

LOW COST MEAL IDEAS

Store Packed Frozen
NO NAME
BEEF STEAKETTES
with soya

1.18
LB.

EVERYDAY LOW PRICE

Siema Baby
MORTADELLA
CHUBS
Save 40¢ lb.

Our Reg. Price \$1.99

1.59
LB. BEST BUY

Convenient
CLIFFSIDE
BEEF PIES
6 pack
Save 20¢ pkg.

Our Reg. Price \$1.98

1.78
BEST BUY

By the Piece
NO NAME
SIDE BACON
Either End

88¢
LB.

Everyday Low Price

Store Packed Beef & Pork
NO NAME
SAUSAGES

1.28
LB.

Everyday Low Price