

# Last week

## 4 ways you can help whip

### 1 fill a 5 lb penny bag

with 5 lbs. of pennies or \$7.50 cash and you could win one of 25 Sunlight Holidays to Orlando Florida.

including: Walt Disney World Vacation Kingdom, Seaworld, Circus World and Kennedy Space Center. Approximate retail value for family of 4 (2 adults and 2 children) \$2,336.00. Penny Bags and all contest Rules & Regulations available in participating Loblaws stores in Ontario.

### 3 purchase any of these products and manufacturers will make a contribution for every item you purchase

Green Giant, fancy sweetlets small peas 14 fl. oz. tin <del>was .57</del> <b>.53</b>	Sun Pac, reconstituted, orange, grapefruit or apple unsweetened juice 1 litre carton <del>was .84</del> <b>.73</b>	Burns' tender flaked ham 6 3/4 oz. tin <del>was 1.43</del> <b>1.33</b>	McConnell red box, orange pekoe tea bags 142 g box (50's) <del>was 1.69</del> <b>1.39</b>	Nelson, coolmint, nut fudge clusters, slow pokes or will-o-crisp will-o-pak 7 oz. box <del>was 1.19</del> <b>.99</b>
China Lily, choice whole mushrooms 10 fl. oz. tin <del>was .93</del> <b>.89</b>	Kent, rocon, orange, grapefruit or apple unsweetened juice 1 litre carton <del>was .79</del> <b>.69</b>	Neilson all flavours fruitplus yogourt 175 gr cup <del>was .49</del> <b>.39</b>	Salada, orange pekoe, 2-cup (120's) tea bags 16 oz. box <del>was 3.75</del> <b>3.42</b>	6 varieties Dad's cookies 14 oz. tin <del>was 1.44</del> <b>1.29</b>
Loblaws, choice whole mushrooms 10 fl. oz. tin <del>was .87</del> <b>.82</b>	Neilson (4's) all flavours drink crystals 12.8 oz. poly. bag <del>was 1.09</del> <b>.99</b>	Chock Full O' Nuts, all purpose grind coffee 16 oz. tin <del>was 4.09</del> <b>3.89</b>	Telley (72's) tea bags 8 oz. box <del>was 2.05</del> <b>1.85</b>	shortcake, digestive or nice Peek Freans biscuits 15 oz. pkg. <del>was 1.49</del> <b>1.29</b>
Heinz beans in tomato sauce, vegetarian or with pork 2 8 fl. oz. tins <del>was .39 ea.</del> <b>.71</b>	Del Monte, unsweetened prune nectar 24 fl. oz. bottle <del>was .99</del> <b>.93</b>	Mott's clamato juice 48 fl. oz. tin <del>was 1.89</del> <b>1.59</b>	Nature Valley, cinnamon, coconut, honey and oats or peanut granola bars 275 g box <del>was 1.39</del> <b>1.17</b>	no garlic, with garlic or polskie ogorki Bick's dill pickles 32 fl. oz. jar <del>was 1.18</del> <b>1.06</b>
Van Camp, in tomato sauce or brown sugar beans with pork 2 14 fl. oz. tins <del>was .52 ea.</del> <b>.93</b>	Quench (4's), all flavours flavour crystals 13 oz. poly bag <del>was 1.19</del> <b>1.03</b>	Encore, with chicory instant coffee 8 oz. jar <del>was 5.19</del> <b>4.79</b>	(4 x 5 fl. oz. tins sleeve) all flavours Laura Secord pudding 18 1/2 oz. box <del>was 1.39</del> <b>1.26</b>	Kraft, smooth peanut butter 1.5 kg <del>was 3.69</del> <b>3.39</b>
Clark beans with pork in tomato sauce 19 fl. oz. tins <del>was .68</del> <b>.64</b>	Martin's sweet apple cider 48 fl. oz. tin <del>was .95</del> <b>.85</b>	Maxwell House, decaffeinated instant coffee 8 oz. jar <del>was 6.19</del> <b>5.69</b>	Monarch Added Touch, chocolate, lemon, devil's food, or white cake mix 18 1/2 oz. box <del>was 1.07</del> <b>.88</b>	regular Babyscott diapers 30's box <del>was 2.69</del> <b>2.39</b>
Martin's from concen., orange or grapefruit unsweetened juice 48 fl. oz. tin <del>was .97</del> <b>.87</b>	Heinz, fancy tomato juice 48 fl. oz. tin <del>was .98</del> <b>.90</b>	Nestea iced tea mix 24 oz. tin <del>was 2.39</del> <b>2.29</b>	Sunberta sunflower seed oil 1 litre bottle <del>was 2.15</del> <b>1.95</b>	Gerber, strained (meatless), all varieties infant foods & juices 4 1/2 fl. oz. jars <del>was .27 ea.</del> <b>.98</b>
			Neilson yaki pak, all varieties chocolate bars 4 bar poly bag <del>was 1.07</del> <b>.95</b>	with cheese and tomato sauce Libby's spaghetti 3 8 fl. oz. tins <del>was .37 ea.</del> <b>1.00</b>

### 4 buy a no-name product for every no-name product you buy between now

no-name previously frozen strip loin or rib eye steaks 5 oz. pkg. everyday low price <b>1.29</b>	no-name potato salad or cole slaw 24 oz. pkg. everyday low price <b>1.19</b>	no-name 1/4 pounder bar-b-que frankfurters 1 lb. pkg. everyday low price <b>1.39</b>	no-name frozen, breaded cod portions 32 oz. pkg. everyday low price <b>3.58</b>	no-name pork luncheon meat 340 g tin everyday low price <b>1.09</b>
no-name smooth peanut butter 1 kg tub everyday low price <b>1.99</b>	no-name green liquid detergent 24 fl. oz. plas. btle. everyday low price <b>.99</b>	no-name liquid window cleaner (refill btle.), 64 fl. oz. jug everyday low price <b>.95</b>	no-name jumbo cotton puffs 100's plio bag everyday low price <b>.99</b>	no-name no return mineral water 1 L btle. everyday low price <b>.49</b>

Jerry Lewis Labour Day Telethon on