

We reserve the right to limit quantities to normal family requirements!



Prices effective thru Sat., September 1st, 1979.

We redeem all food Store Coupons!

All A&P stores will be closed Labor Day — Monday, September 3rd.

**SAVE!**

**PREPARE YOUR CAR FOR WINTER NOW!**

3 Star Washer — Anti-freeze  
**WINDSHIELD**  
1 gallon ctnr **99¢**  
(LIMIT 2 PER CUSTOMER)  
(Our Reg. Price 1.29 — SAVE 30¢)

Prestone Super Sweep  
**SNOW BRUSHES**  
Each **1.99**

Motor — 10W30  
**SHELL OIL**  
1 litre tin **77¢**

**SAVE 60¢**  
A superb blend, rich in Brazilian coffees. Custom ground in the store when you buy it — not before!  
**8 O'CLOCK COFFEE**  
1-lb bag **2.99**  
with coupons below only  
Our Regular Price 3.59

**SAVE 50¢**  
Briquets  
**KINGSFORD CHARCOAL**  
10-lb bag **1.99**  
Our Regular Price 2.49

**SAVE 46¢**  
Detergent  
**PALMOLIVE LIQUID**  
24 fl-oz plastic btl **99¢**  
Our Regular Price 1.45

**SAVE 1.00**  
**PRESTONE ANTI-FREEZE**  
4 litre plastic container  
**5.99**  
(Limit 2 per Customer)  
Our Regular Price 6.99

**SAVE 49¢**  
Eviscerated, cryovac (Our Regular Price 1.38)  
**GRADE "A", FROZEN TURKEYS** 6 to 12 lb average **89¢/lb**  
Fresh, Turkey Legs Whole **1.19/lb** "Great on the B.B.Q."  
Fresh, Whole Turkey Breasts **1.89/lb** "Great on the B.B.Q."

**SAVE 49¢**  
Partly skinned (Our Regular Price 1.48)  
**SMOKED, COOKED WHOLE HAMS** 14 to 19 lb average **99¢/lb**  
SHANK PORTION **1.19/lb** BUTT PORTION **1.29/lb**  
CENTRE CUTS or HAM STEAKS **1.89/lb**  
"GREAT ON THE B.B.Q."

**Maple Leaf Week at A&P!**  
Boneless Beef Roasts **1.69/lb** (Cut from Canada Grade "A" Beef, Fresh, Chuck Short Rib, Shoulder)  
Medium Ground Beef **1.69/lb** ("B.B.Q. Favourite")  
Back Bacon End Pieces **1.79/lb** (SWEET PICKLED, CENTRE CUT PIECES LB 1.99)  
Side Bacon **1.29/lb** (A&P, SLICED, 1-lb vac pac)  
Lamb Chops **1.39/lb** (NEW ZEALAND — SHOULDER, "GREAT ON THE B.B.Q.", SWIFT OLD MILL)  
Breakfast Sausages **1.19/lb**

**Maple Leaf Week at A&P!**  
Maple Leaf Wieners **1.59** (Regular or all beef "B.B.Q. Favourite" 1 lb vac pac)  
Maple Leaf Sliced Bologna **1.59** (MAPLE LEAF, ASSORTED VARIETIES, 1-LB VAC PAC)  
Maple Leaf Smoked Hams Halves **2.29** (MAPLE LEAF, SEMI-BONELESS, VAC PAC, QUARTERS LB 2.39)  
Maple Leaf Side Bacon **1.59** (Sliced, assorted varieties, 1 lb vac pac)  
Maple Leaf Cooked Meats **1.49** (MAPLE LEAF, SLICED, ASSORTED VARIETIES, 12-OZ VAC PAC)  
Maple Leaf Sausage Meat **1.39** (MAPLE LEAF, 1-LB ROLL)

**SAVE 70¢**  
Powdered  
**TIDE DETERGENT**  
6 litre box  
**2.99**  
Our Regular Price 3.69

**You'll do better at "A&P's GARDEN SPOT!"**  
**ONTARIO POTATOES** 20 lb. Bag **1.29**  
Cauliflower **79¢/each** (NO. 1 GRADE, ONTARIO, FRESH DAILY, LARGE HEADS)  
Fresh Carrots **3 for 1.00** (ONTARIO, TENDER, LARGE BUNCHES)  
Grapes California **98¢/lb** (SWEET THOMPSON SEEDLESS — RED QUEEN, BLACK RIBIER)  
Spanish Onions **99¢/PKG OF 2** (NO. 1 GRADE, IMPORTED, SWEET)

**SAVE 80¢**  
Parlour  
**BORDEN ICE CREAM**  
2 litre carton **1.59**  
Our Regular Price 2.39

**SAVE 26¢**  
Assorted Varieties  
**ROMI PASTAS**  
2-lb pkg **79¢**  
Our Reg. Price 1.05

**White Bread** 24-OZ LOAF **3/1.29** (MARVEL, SLICED, ACTION PRICE!)  
**Viva Towels** ASSORTED COLOURS **1.09** (PKG OF 2 ROLLS)  
**Cottonelle** 1-PLY BATHROOM TISSUE, ASSORTED COLOURS **1.19** (pkg of 4 rolls)  
**Scotties** FACIAL TISSUE, ASSORTED COLOURS **69¢** (box of 200 sheets, ACTION PRICE!)  
**Tomato Paste** HUNTS **3/1.00** (5.5-FL-OZ TIN)  
**Betty Crocker** CAKE MIXES, ASSORTED VARIETIES, SUPER MOIST **79¢** (510 g PKG)

**Yoplait** PLAIN OR ASSORTED FLAVOURS **3/1.00** (175 g TUB)  
**Luncheon Meat** AMBASSADOR **79¢** (12-OZ TIN)  
**Tomato Juice** HEINZ, FANCY **79¢** (48-FL-OZ TIN)  
**Beemaid Honey** NO. 1 GRADE, CREAMED, WHITE **3.49** (3-LB CONTAINER)  
**Cookies** JUMBO **2.49** (2.5-LB PKG)  
**Canned Fruit** AUSTRALIAN, ARDMONA, NO ADDED SUGAR IN PEAR JUICE, PEARS, PEACHES OR FRUIT COCKTAIL **1.19** (28-FL-OZ TIN)

**Potato Chips** HOSTESS, ASSORTED VARIETIES **79¢** (200g pkg, ACTION PRICE!)  
**Cheerios** GENERAL MILLS CEREAL **79¢** (300g pkg, ACTION PRICE!)  
**Peek Frean Cookies** ASSORTED VARIETIES **1.19** (14-OZ TIN TIE BAG)  
**Mr. Clean** LIQUID CLEANER **1.59** (32-FL-OZ plastic btl, ACTION PRICE!)  
**Mushrooms** RIO, SLICED **79¢** (10-FL-OZ tin, ACTION PRICE!)  
**Vegetables** ASSORTED VARIETIES, INCL. VAN CAMP BEANS WITH PORK, STOKELY **2/79¢** (14-FL-OZ TIN)

**SAVE 14¢**  
Assorted Varieties  
**BICK'S RELISHES**  
12-fl-oz jar **59¢**  
Our Reg. Price 73¢

**SAVE 33¢**  
Beatrice — Creamed  
**COTTAGE CHEESE**  
500 g carton **79¢**  
Our Reg. Price 1.12

**WITH THIS COUPON — SAVE 60¢**  
A superb blend, rich in Brazilian coffees  
**8 O'CLOCK COFFEE** 1-lb bag **2.99**  
Limit one per family.  
Valid thru Sat., Sep 1st, 1979. A&P # 642

**WITH THIS COUPON**  
Aloro, frozen 20-oz pkg of 6 pies  
**CHEESE PIZZAS** **1.49**  
Limit one per family.  
Valid thru September 1st, 1979. V.C.

**WITH THIS COUPON — SAVE 1.80**  
A superb blend, rich in Brazilian coffees  
**8 O'CLOCK COFFEE** 3-lb bag **8.89**  
Limit one per family.  
Valid thru Sat., Sept. 1st, 1979. A&P # 643

**Action Price!**  
Regular or Diet  
**PEPSI**  
750 ml btl **29¢**  
(Plus 25¢ Deposit)