# Children and Teens

#### BOYS' GYM

Juniors 6 to 8 years Seniors 9 to 11 years

An evening of fun and fitness, The activities include exercise, use of gym equipment, tumbling, active games. The activities offer competition and personal physical development in co-ordination and balance.

TIME: Juniors 6:00 - 7:00 p.m.

Seniors: 7:00 8:00 p.m.

DAYS: Tuesday

FEE: Members \$12.00 per session

Non-members \$16.00 per session

Session No. 1 - Sept. 18 - Oct. 30 Session No. 2 - Nov. 6 - Dec. 18 Session No. 3 - Jan. 8 - Feb. 12 Session No. 4 - Feb. 19 - Apr. 1

#### GIRLS' GYMNASTICS

Juniors 5 · 8 years. Seniors 9 - 13 years.

A basic gymnastics course for girls. Introductory gymnastics include floor exercise, mat work, balance beam and trampoline.

TIME: Monday

Juniors: 6:30 p.m. - 7:45 p.m. Seniors: 7:45 p.m. - 9:00 p.m.

LOCATION: Centennial Senior Public School

233 Delrex Blvd.

FEE: Members \$10.00 per session Non-members \$14.00 per session

Session No. 1 - Sept. 17 - Oct. 29 Session No. 2 - Nov. 5 - Dec. 10 Session No. 3 - Jan. 7 - Feb. 4 Session No. 4 - Feb. 11 - Mar. 10

## Y.B.A. - YOUTH BASKETBALL Boys and Girls

A basketball league where everyone plays. The emphasis is on the development of skills, sportsmanship and Fun. Players receive a team shirt and rules book.

JUNIOR LEAGUE: Grades, 3, 4, & 5

**EVENING:** Friday TIME: 6:30 - 9:00 p.m. LOCATION: Holy Cross S.S. DATES: Jan. 25 - Apr. 18

INTERMEDIATE LEAGUE: Grades 6, 7, & 8

EVENING: Thursday TIME: 6:30 - 9:00 p.m.

LOCATION: Joseph Gibbons P.S.

DATES: Jan. 24 - Apr. 17

SENIOR LEAGUE: Grades 9 & 10

**EVENING:** Monday TIME: 7:00 - 10:00 p.m. LOCATION: G.D.H.S. DATES: Jan. 8 - Apr. 30

Register for this program at Winter Registration (see Page 2)

1 CHILD 2 CHILDREN 3 Or More FEE: \$27.00 \$15.00 \$40.00 Members: \$50.00 \$35.00 Non-members: \$19.00

#### BADMINTON FOR YOUTH (9 14 Years)

An instructional program leading to recreational play. Please bring a racquet.

**EVENING:** Monday TIME: 7:00 8:00 p.m. DATES: Sept. 24 Dec. 17 Jan. 7 - Mar. 10

Mar. 31 - May 26

LOCATION: Georgetown High School. Registration is accepted all year as long as there are openings

FEE: Members \$10.00 Non members \$15.00

## Compliments of . . .



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