



save .25

regular or diet
750 mL

1/2 price sale

Pepsi Cola

was .49

Plus 25¢ deposit on returnable bottle

244



Roman Meal sandwich bread

save .39

1/2 price sale

was .77

24 oz. loaf

338



Ontario grown **no.1 grade**

cauliflower

save .51 was .99

1/2 price sale

each

448

more meat values

- cut from Canada grade "A" beef, bone in **beef rib steaks** lb. **2.18** was 2.93
- cut from Canada grade "A" beef, bone in ideal for braising or barbecuing **beef short ribs** lb. **.98** was 1.38
- Shopsy sweet pickled **corned beef brisket** lb. **1.98** was 2.59
- Loblaws **corned beef or pastrami or smoked meat** 4-2 oz. pkgs. **1.88** was 1.99
- No Name **potato salad or cole slaw** 24 oz. ea. **1.19** everyday low price
- Loblaws, sliced **side bacon** 1 lb. pkg. **1.48** was 1.68
- Ziggys, sliced **European bologna** 1 lb. pkg. **1.78** was 2.09

- frozen Fonderosa Steak House **all beef burgers** 2 lb. pkg. **3.48** was 3.78
- Valuplus, sliced **side bacon** 1 lb. pkg. **1.18** was 1.39
- previously frozen, tray pack **chicken livers** lb. **.49** was .65
- frozen predressed Canada grade "A" **young ducks** lb. **1.28** was 1.48
- Vito Brand, hot or sweet, store packaged fresh **Italian style sausage** lb. **1.78** was 2.09
- previously frozen, store packaged **chicken wings** lb. **.75** was .95
- Ziggys sliced **summer sausage** 1 lb. pkg. **2.58** was 2.98
- frozen Highliner Brand, individual wrap **cod fillets** 1-1 oz. pkg. **1.69** was 2.05
- frozen Highliner Brand, Boston **bluefish fillets** 1 lb. pkg. **1.28** was 1.58

more grocery values

- with pork and tomato sauce **Clark beans** 14 fl. oz. tin **.50** was .56
- Heinz in tomato sauce and cheese **spaghetti** 19 fl. oz. tin **.62** was .67
- Taster's Choice freeze-dried **instant coffee** 8 oz. jar **6.24** was 6.49
- Flowerdale orange pekoe 100's **tea bags** 250 g box **2.49** was 2.79
- Peek Freans Home Assorted or Fruit Cream **biscuits** 21 oz. tie bag **1.97** was 2.19
- Peek Freans Digestive **biscuits** 22.5 oz. tie bag **1.88** was 2.09
- Tide power laundry **detergent** 6 L box **3.49** was 3.69

- Royalte, 3 ply, white, yellow or lilac **facial tissue** 100's window box **.69** was .83
- Nabisco **Shreddies Cereal** 675 g box **1.07** was 1.19
- McLarens loose pack stuffed **manzanilla olives** 20 fl. oz. jar **1.85** was 1.93
- Bick's Yum Yum **sweet pickles** .48 fl. oz. jar **1.82** was 1.95
- Bick's sweet **mixed pickles** .48 fl. oz. jar **1.82** was 1.95
- Bick's with garlic **baby dill pickles** .48 fl. oz. jar **1.82** was 1.99
- Johnson's 3 reg. bars, boxed **baby soap** 9 oz. **.99** was 1.19
- Monarch soft corn oil (2 x 8 oz. tubs) **margarine** 1 lb. sleeve **1.14** was 1.22
- Vachon Vanilla (6's) **Half Moons** 340 g pkg **1.29** was 1.39