


# Take advantage of the Miracle advantage Miracle's Steak and Roast Sale!

Our Reg. Price \$2.68  
Boneless Outside  
**BOTTOM  
ROUND ROASTS**  
From Best Quality Grade A Beef



**1.98**  
LB.

Save 70¢ lb. Limit 2 per Family **BEST BUY**

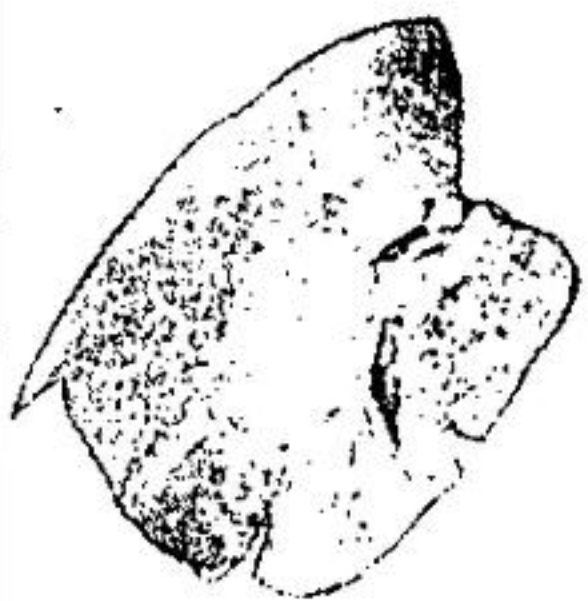
Our Reg. Price \$3.38  
Porterhouse, Wing, or T-Bone  
**NO TAIL  
LOIN STEAKS**  
From Best Quality Grade A Beef



**2.96**  
LB.

Save 42¢ lb. Limit 6 per Family **BEST BUY**

Our Reg. Price \$2.78  
Full Slice  
**BONELESS  
ROUND STEAKS**  
From Best Quality Grade A Beef



**1.98**  
LB.

Save 80¢ lb. Limit 3 per Family **BEST BUY**

From the Loin  
**SIRLOIN STEAKS**  
From Best Quality Grade A Beef

Limit 2 per Family **2.66**  
LB. **BEST BUY**

**BONELESS SIRLOIN  
TIP ROASTS**  
From Best Quality Grade A Beef

Limit 2 per Family **2.58**  
LB. **BEST BUY**

Regular Bone-In  
**RUMP ROAST**  
From Best Quality Grade A Beef

Limit 2 per Family **1.98**  
LB. **BEST BUY**

## Fresh Quality Produce

<p>Our Reg. Price \$1.38 Product of U.S.A. <b>THOMPSON SEEDLESS GRAPES</b></p>  <p><b>98¢</b> LB.</p> <p>Save 40¢ or 28% <b>BEST BUY</b></p>	<p>Product of U.S.A. Canada No. 1 Grade <b>RED PLUMS</b></p>  <p><b>59¢</b> LB.</p> <p><b>BEST BUY</b></p>
<p>Our Reg. Price 68¢ lb. Product of U.S.A. <b>NECTARINES</b></p>  <p><b>48¢</b> LB.</p> <p>Save 20¢ or 29% <b>BEST BUY</b></p>	<p>Our Reg. Price 79¢ Product of U.S.A. Canada No. 1 Grade <b>CANTALOUPE</b> Each</p>  <p><b>49¢</b></p> <p>Save 30¢ or 37% <b>BEST BUY</b></p>
<p>No. 1 Grade <b>ONTARIO GROWN GREEN CABBAGE</b> Each</p>  <p><b>38¢</b></p> <p><b>BEST BUY</b></p>	<p>No. 1 Grade <b>ONTARIO GROWN FIELD CUCUMBERS</b></p>  <p><b>4/\$1</b></p> <p><b>BEST BUY</b></p>
<p>No. 1 Grade <b>ONTARIO GROWN CORN ON THE COB</b> Packaged</p> <p><b>10/99¢</b></p> <p><b>BEST BUY</b></p>	<p>No. 1 Grade <b>ONTARIO GROWN CELERY STALKS</b> Each</p> <p><b>48¢</b></p> <p><b>BEST BUY</b></p>
<p>No. 1 Grade <b>ONTARIO GROWN HEAD LETTUCE</b> Each</p> <p><b>38¢</b></p> <p><b>BEST BUY</b></p>	<p>Product of U.S.A. <b>MANGOES</b> Each</p> <p><b>58¢</b></p> <p><b>BEST BUY</b></p>
<p>No. 1 Grade <b>ONTARIO GROWN PEACHES</b> 4 quart basket</p> <p><b>2.48</b></p> <p><b>BEST BUY</b></p>	<p>Fresh from the Tropics <b>LARGE SIZE BANANAS</b></p> <p><b>29¢</b> LB.</p> <p><b>BEST BUY</b></p>

Our Reg. Price \$6.69  
**MAXWELL HOUSE  
INSTANT COFFEE**  
10 oz. jar



**5.79**

Save 90¢ or 13% **BEST BUY**

Our Reg. Price \$6.39  
Regular or Diet  
**SEVEN-UP**  
24 x 10 fl. oz. tins



**3.99**

Save \$2.40 or 37% **BEST BUY**

Our Reg. Price \$1.22  
**LANCIA  
SPAGHETTI**  
2 lb. bag



**79¢**

Save 43¢ or 35% **BEST BUY**


White or Yellow  
**CASHMERE  
BATHROOM TISSUE**  
4 roll pkg.



**89¢**

**BEST BUY**

Our Reg. Price \$1.33  
Assorted Colours  
**SCOTT  
TOWELS**  
2 roll pkg.



**1.09**

Save 24¢ or 18% **BEST BUY**

Our Reg. Price 87¢  
**SCOTTIES  
FACIAL TISSUE**  
pkg. of 200




**69¢**

Save 18¢ or 20% **BEST BUY**

**From the Tudor Bakery**  
"MIRACLE'S IN-STORE BAKERY"

Homestyle, In-Store Baked <b>APPLE PIE</b> 20 oz. each	Light and Fluffy <b>ANGEL FOOD CAKE</b> 12 oz. each
<b>1.29</b>	<b>99¢</b>
	Jumbo <b>KAISER BUNS</b> pkg. of 6
	<b>87¢</b>

Vanilla or Neapolitan  
**FRONTENAC  
ICE CREAM**  
2 litre ctn.



**1.19**

**EVERYDAY LOW PRICE**

ALL PRICES EFFECTIVE AUG. 15 TO 21, 1979 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • GARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**BEST BUY** A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'

## Check out for less!

**miracle**  
foodmart

An all Canadian Company