

more meat values

cut from Canada grade 'A' beef
boneless
**cross
rib
steak** ^{save .55 lb.}
1.68 lb.

vac pac
Maple Leaf brand
**corned
beef
brisket** ^{save .70 lb.}
1.98 lb.

frozen
New Zealand
**shoulder
lamb
chops** ^{save .30 lb.}
1.38 lb.

cut from Canada grade "A" beef
stew beef boneless ^{was 1.93}
lb. **1.78**

cut from Canada grade "A" beef
boneless shoulder roasts ^{was 1.93}
lb. **1.68**

frozen New Zealand
lamb shanks ^{was 1.28}
lb. **.98**

frozen, utility grade
young ducks ^{was 1.48}
lb. **.99**

frozen
turkey drumsticks ^{was .98}
lb. **.78**

Loblaws frozen, skinless
pork sausage ^{was 1.88}
1 lb. pkg. **1.68**

Swifts
Sizzlean ^{was 1.89}
12 oz. pkg. **1.69**

Swifts Premium
wieners ^{was 1.68}
1 lb. pkg. **1.48**

Z&W Foods
**pepperoni, salami or
summer sausage chubs** ^{was 2.08}
20 oz. each **1.88**

Loblaws sliced
side bacon ^{was 1.68}
1 lb. pkg. **1.38**

Ziggys
frankfurters ^{was 1.78}
1 lb. pkg. **1.48**

Z&W Foods, by the piece
large bologna ^{was 1.08}
lb. **.98**

frozen Bluewater Brand
haddock fish fries ^{was 1.45}
8 oz. pkg. **1.19**

frozen Bluewater Brand
**batter fried
Boston bluefish** ^{was 1.55}
12 oz. pkg. **1.29**

more grocery values

Bright's, grape, lemonade, or fruit punch
fruit drinks ^{was 1.63}
6 x 10 fl. oz. tin, sleeve **1.39**

Premium medium
red coho salmon ^{was 1.59}
7 3/4 oz. tin **1.49**

Treesweet unsweetened from concentrate
orange juice ^{was 1.59}
6 x 6 fl. oz. tin, sleeve **1.47**

Goodhost
iced tea mix ^{was 2.39}
24 oz. tin **2.14**

St. Lawrence
corn oil ^{was 2.29}
1 litre plas. btl. **2.14**

Palmolive, liquid
detergent ^{was 1.51}
24 fl. oz. plas. btl. **1.29**

Johnson assorted colours
J Cloth ^{was 2.39}
20's box **1.99**

Swans Down 1 ply, white, yellow, pink or blue
bathroom tissue ^{was 1.37}
4 roll pkg. **1.29**

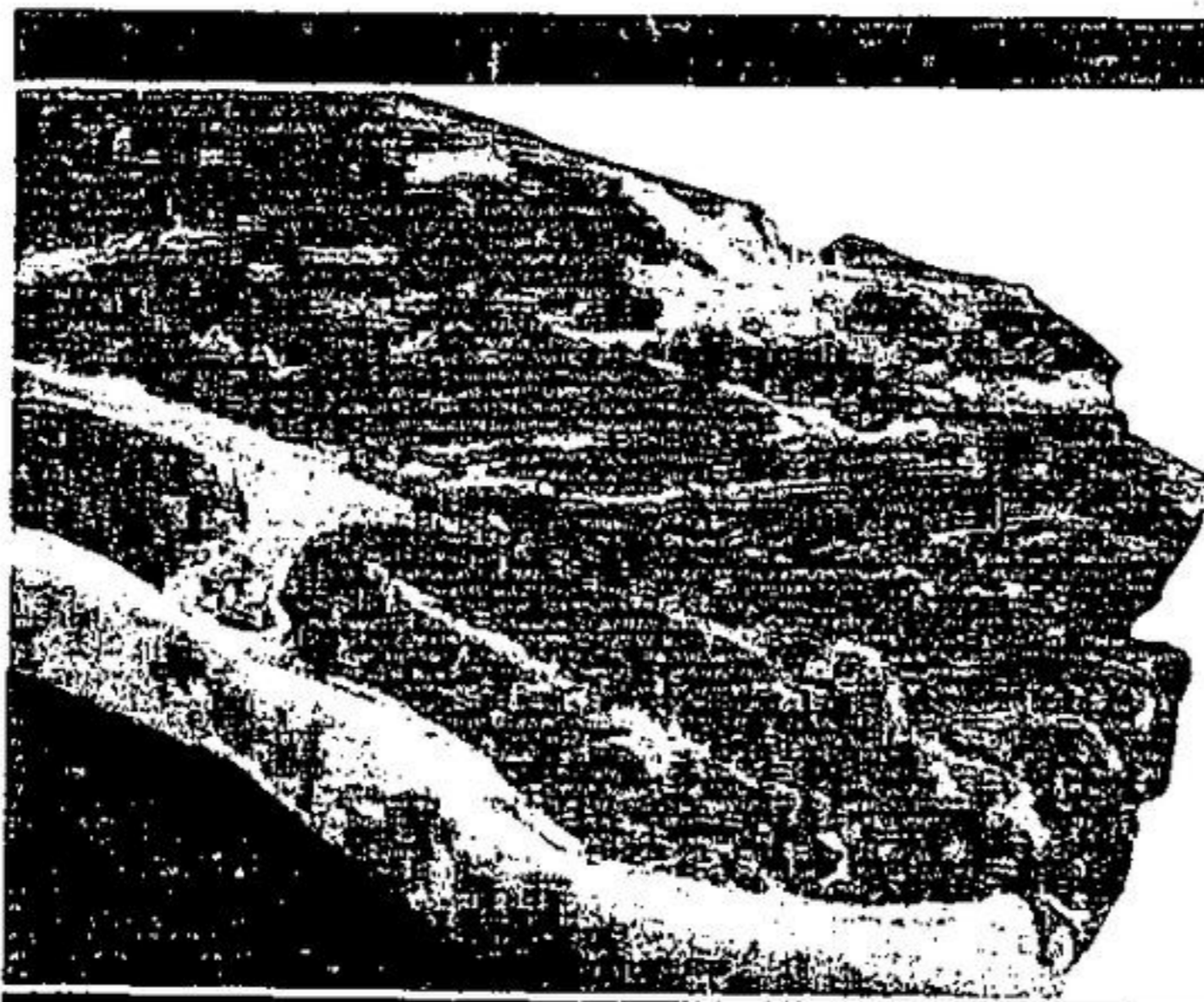
Doritos, Taco or Nacho
tortilla chips ^{was .69}
150 g bag **.61**

Country Time
lemonade flavour drink ^{was .28 ea.}
6 10 fl. oz. tins **1.53**

Dove bath bar, white or pink
toilet soap ^{was .68}
140 g **.49**

Dry Idea roll-on, scented or unscented
anti-perspirant ^{was 2.75}
75 mL bottle **2.49**

medicated facial pads
Stri-Dex ^{was 1.99}
40's jar **1.79**



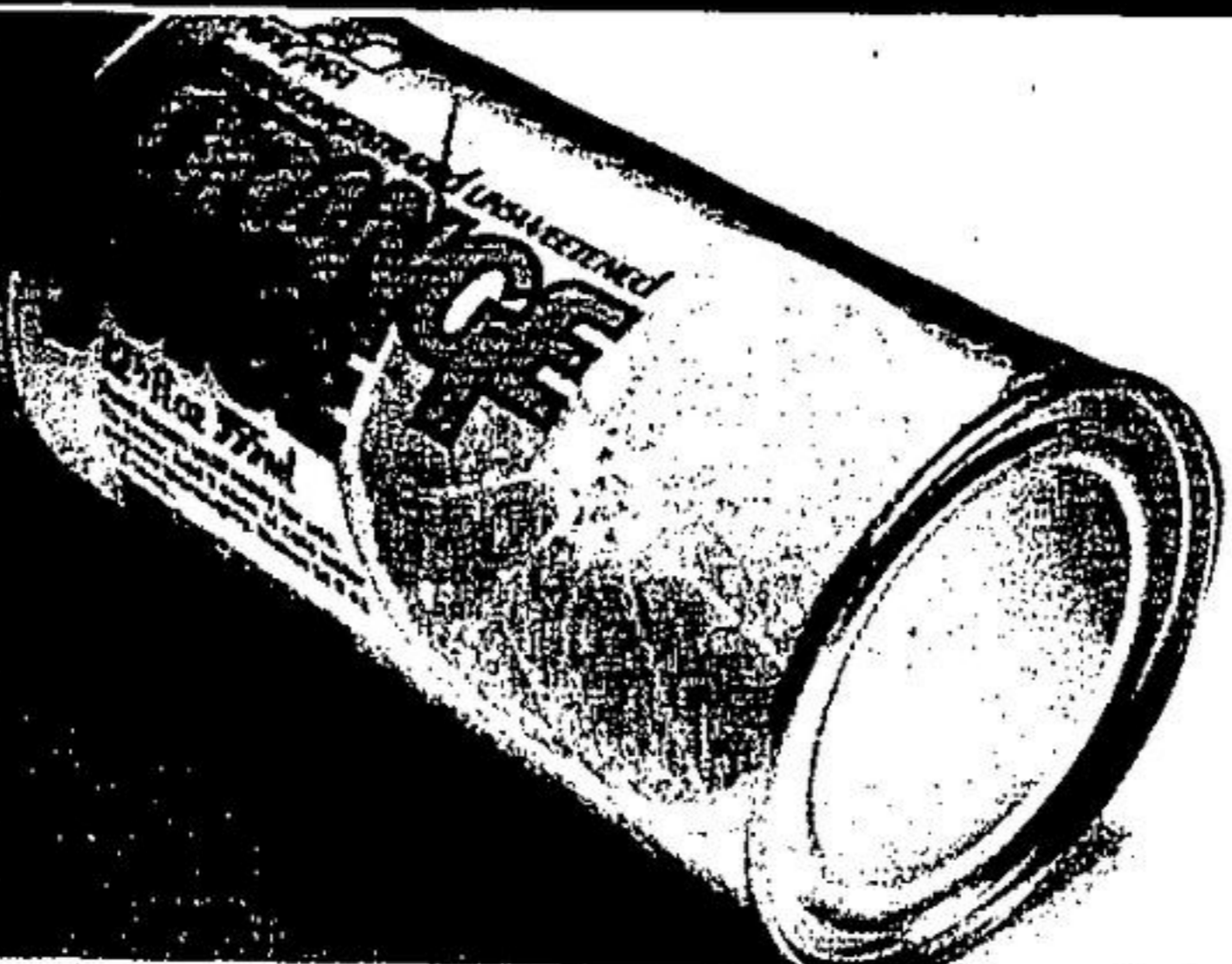
bone in
blade s

cut from Canada grade 'A' beef

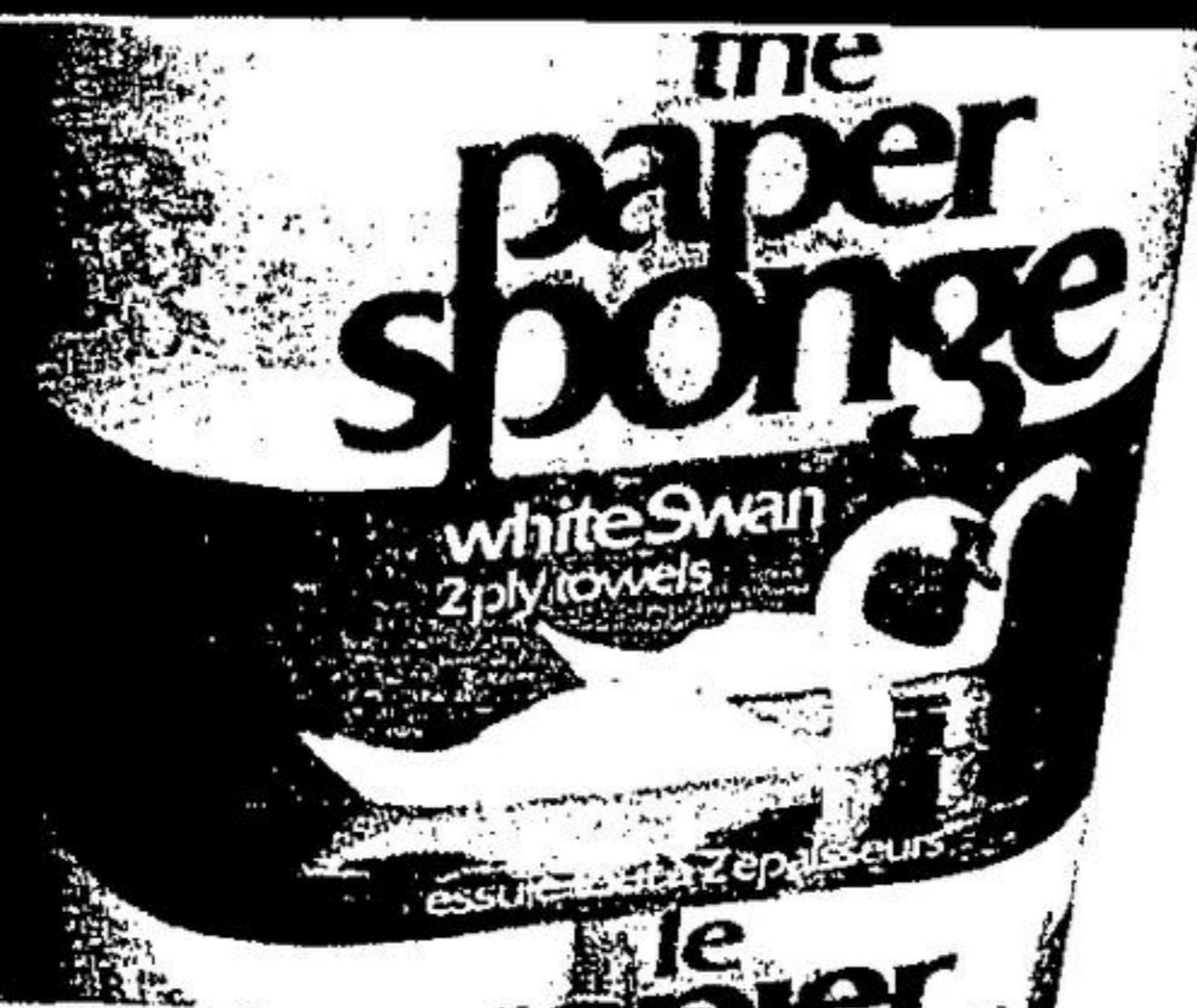


ginger ale
Canada

750 mL returnable bottle (plus 25¢ deposit)



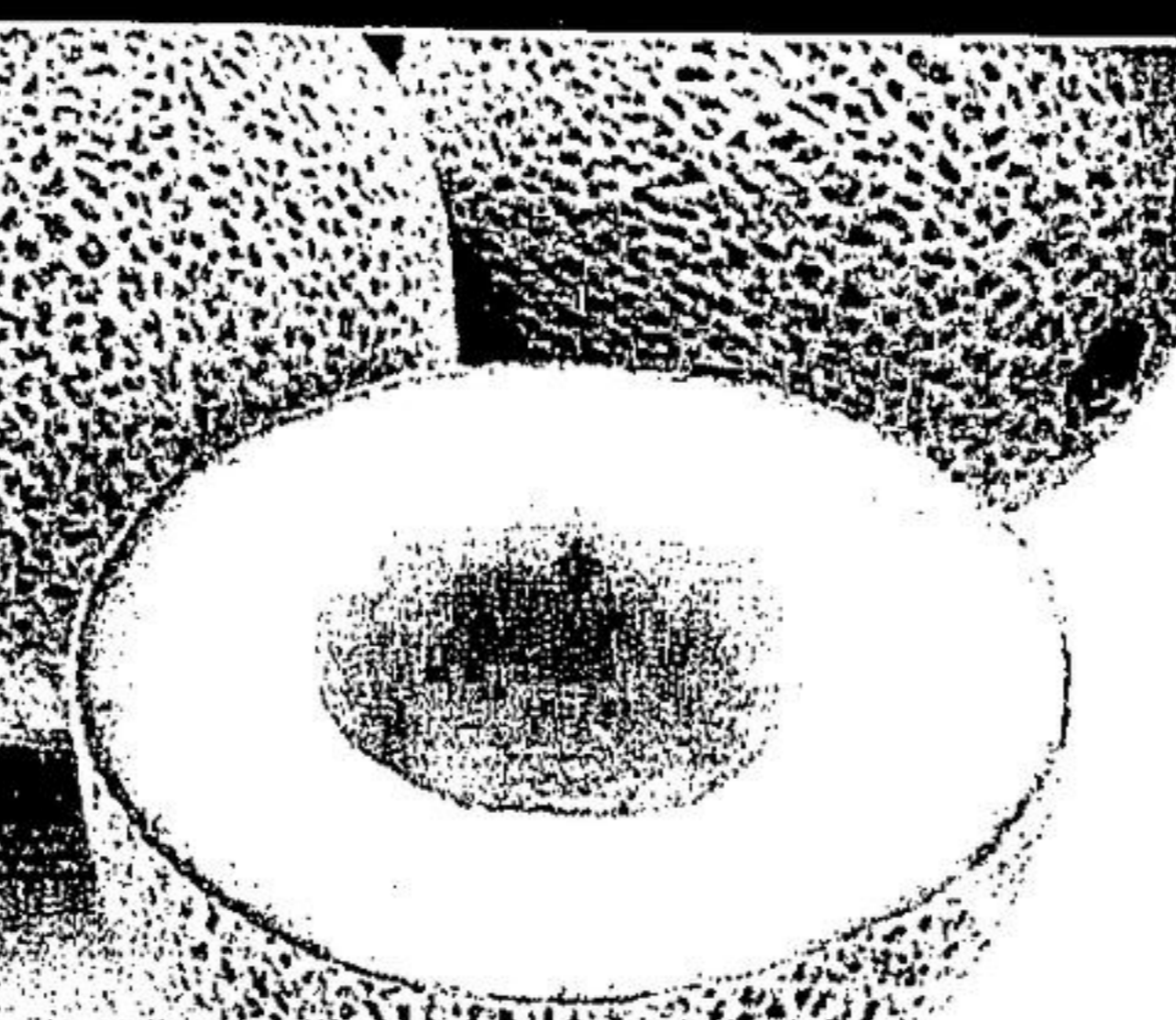
Niagara frozen
orange
concentrated, unsweetened



White Swan 2 ply
paper t
all colours



french
Kraft dre



new crop
cantalou

produce of U.S.A. no. 1 grade