

We reserve the right to limit quantities to normal family requirements!



Prices effective thru Saturday, August 11th, 1979.

NOW OPEN SATURDAYS AT 8.00 A.M. FOR YOUR SHOPPING CONVENIENCE.

The following consumer publications are available in all A&P Stores or by writing to:

Ruth Reynolds,
P.O. Box 68,
Station A,
Toronto, Ontario,
M5W 1A6.

1. Food Shopping Strategy
2. A Guide to Food and You

Come on down to A&P's MID-SUMMER SAVINGS!

SAVE 2.50
Regular or Diet
7-UP
case of 24 - 10-fl-oz tins
3.99
Our Regular Price 6.49

SAVE 26¢
Bright's - Fancy
TOMATO JUICE
48-fl-oz tin
69¢
Our Regular Price 95c

SAVE 90¢
MAXWELL HOUSE
Instant Coffee
5.49
10-oz jar
Our Regular Price 6.39

SAVE 44¢
Powdered
SUNLIGHT DETERGENT
2.99
6 litre box
Our Regular Price 3.43

You'll do better with A&P's Butcher Shop Meats!

SAVE 37¢ lb
Combination Pack
PORK CHOPS
Contains: 2 Rib End Chops, 2 Loin End Chops, 4 Centre Cut Chops
1.39 lb
Our Regular Price 1.76

SAVE 20¢ lb
Cut from Canada Grade "A" Beef
BONELESS BEEF ROASTS
Blade or Chuck Short Rib
1.79 lb
Our Regular Price 1.99

SAVE 46¢
Assorted Varieties
DAD'S COOKIES
400 g tin tie bag
99¢
Our Regular Price 1.45

Action Price!
Jumbo Gums, Ju Jubes or Orange & Lemon Slices
DARE CANDIES
454 g cello package
59¢

Loin CENTRE CUT PORK ROAST lb 1.79	First 5 Ribs PRIME RIB ROAST lb 2.29
RIB PORTION Pork Loin COUNTRY STYLE lb 1.59	TOWN CLUB, SWEET PICKLED VAC PAC Cottage Rolls lb 1.49
FORK SIDE "GREAT ON THE B.B.Q." Spare Ribs lb 1.49	"GREAT ON THE B.B.Q." Rib Eye Steaks lb 2.49
A&P, SLICED Side Bacon 1-lb vac pac 1.29	BREAKFAST Burns Sausages lb 1.19

Schneiders' Week at A&P.

Assorted Varieties "B.B.Q. Favourite" SCHNEIDERS WIENERS 1-lb vac pac 1.59	Sliced SCHNEIDERS SIDE BACON 1-lb vac pac 1.69
SCHNEIDERS, SLICED, ASSORTED VARIETIES Cooked Meats 6-oz vac pac 79¢	SCHNEIDERS, SLICED Cooked Ham 6-oz vac pac 1.59
SCHNEIDERS, SLICED, REGULAR OR ALL BEEF Bologna 1-lb vac pac 1.59	SCHNEIDERS Headcheese 12-oz ctnr 1.29

You'll do better AT...
THE FARM at A&P
No. 1 Grade, Ontario, tender, sweet, hydro-cooled
CORN-on-the-COB
dozen **78¢**

CALIFORNIA, SWEET THOMPSON SEEDLESS, RED CARDINAL, BLACK EXOTIC
Grapes lb **99¢**

ONTARIO SQUASH, FRESH DAILY
Zucchini lb **29¢**

NO. 1 GRADE, CALIFORNIA, VINE RIPENED, LARGE SIZE
Cantaloup each **89¢**

IMPORTED, LARGE SIZE
Blueberries pint **99¢**

NO. 1 GRADE, ONTARIO, LONG GREEN SLICERS
Cucumbers 4/99¢

A VARIETY OF COLOURS
Potted Mums 6-INCH POT **3.29**

SAVE 20¢
Lancia
SPAGHETTI
2-lb pkg **79¢**
Our Regular Price 99c

Rio
WHOLE MUSHROOMS 10-fl-oz tin **69¢**
Action Price!

Assorted varieties including Maple Leaf Cremes
A&P BRAND COOKIES 350 g pkg **59¢**

12-FL-OZ TIN
Kent Lemonade 3 for **1.00**

FROZEN, CONCENTRATED, WHITE OR PINK

BATHROOM TISSUE - ASSORTED COLOURS PKG OF 4 ROLLS
Babies Only Please **1.19**

Regular or Mint Flavour (Bonus pack 100 ml plus 50% More Free)
Crest Toothpaste 150 ml tube **1.27**

BRIGHT'S - ASSORTED FLAVOURS ACTION PRICE!
Fruit Drinks carton of 6 10-fl-oz tins **1.29**

HEINZ ACTION PRICE!
Tomato Sauce 4 for **89¢**

KRAFT "POURABLE", ASSORTED VARIETIES ACTION PRICE!
Salad Dressings 250 ml bottle **69¢**

MARVEL BRAND - SLICED ACTION PRICE!
White Bread 24-oz loaf 3 for **1.29**

ASSORTED COLOURS PKG OF 2 ROLLS
White Swan Towels **1.09**

PROCESS CHEESE SLICES (2/3-OZ) ACTION PRICE!
Kraft Singles 1-lb pkg **1.69**

BRAVO - PLAIN ACTION PRICE!
Spaghetti Sauce **89¢**

ASSORTED VARIETIES ACTION PRICE!
Derby Dog Food 3 for **1.00**

CLOVERLEAF - FLAKED, WHITE ACTION PRICE!
Albacore Tuna 6.5-oz tin **1.49**

SAVE 20¢
Sealtest - Plain or Flavours
LIGHT 'N LIVELY YOGURT
500 g carton **79¢**
Our Regular Price 99c

YOU'LL DO BETTER WITH A&P'S health and beauty aids

DEODORANT, ASSORTED TYPES
Ultra Ban 6-oz aerosol tin **1.29**

A&P BRAND BOTTLE OF 100
A.S.A. Tablets **59¢**

SANITARY MAXI PADS ACTION PRICE!
Stayfree pkg of 10 **99¢**

YOU'LL DO BETTER WITH A&P'S monthly features

BATHROOM TISSUE, ASSORTED COLOURS ACTION PRICE PKG OF 4 ROLLS
Delsey Tissue **1.19**

ASSORTED VARIETIES 24-FL-OZ TIN
Puritan Stews **1.49**

CAT FOOD - ASSORTED VARIETIES 23-OZ TIN
Dr. Ballards 2 for **89¢**

VISIT A&P'S KITCHEN THEATRE IN THE BETTER LIVING CENTRE AT THE CNE - AUGUST 15th THRU SEPTEMBER 3rd, 1979.