

family
**case
of 24**

regular or diet
10 fl. oz. tins

save
2.70

3.69

more grocery values

100% pure Mazola corn oil	3 litre bottle	was 6.69 6.16
plain Bravo spaghetti sauce	28 fl. oz. tin	was .99 .89
Goodtimes hot or cold cups	40's cello pkg.	was 1.49 1.39
McNair blanched peanuts	16 oz. pkg.	was 1.39 1.25
overnight Pampers diapers	12's box	was 1.85 1.69
(4 personal bars, banded) Ivory toilet soap	14 oz. pkg.	was 1.07 1.03
slim Baden XXX cheese	12 oz. pkg.	was 1.99 1.87
Danish Havarti Dofino cheese	8 oz. tub	was 1.45 1.34
Weston sandwich - thin or regular white sliced bread	24 oz. loaf	was .69 .63
Lancia spaghetti	2 lb. cello pkg.	was 1.05 .89
Johnson & Johnson Stayfree mini pads	30's box	was 2.43 1.59
Johnson's baby powder	24 oz. pl. btl.	was 2.89 2.59
Holiday Farms frozen Salisbury steaks	5 oz. box	was .79 .71

a-cola

99¢
per bottle

plain, cheese, onion or mushroom
1.98
save .40

1.98
save 1.00

plain, hickory smoke or garlic
.59
save .34

ular or ripple
.66
save .33

Ontario grown no. 1 grade solid green heads

cabbage
3 heads for **1.00**
save .77

fresh produce of U.S.A. no. 1 grade

blueberries
1 pint box **.79**
save .60

Ontario grown no. 1 grade snow white

cauliflower
ea. **.79**
save .20

Ontario grown radishes or green onions

4 bunches **1.00**
save .32

more produce values

ideal for summertime drinks from Florida fresh limes	tray of 9	.69
produce of U.S.A. avocado	2 for	1.00
produce of U.S.A. sweet eating black grapes	pound	.99

McCain frozen subs
33
save .61

McCain - frozen pizza supreme
17 oz. box **1.78**
save .60

McCain frozen fancy chopped broccoli
10 oz. pkgs. **3.89**
save .34

McCain - frozen fancy green peas
2 lb. poly bag **.78**
save .27

McCain frozen all flavours deep 'n' delicious cake
18 oz. box **1.26**
save .43

help Canada's Olympic Teams

Instant WIN

groceries for life plus cash prizes

For only 50¢ you can win two ways with Official Olympic Trust Sports Coins.

1. Win groceries for life! or cash prizes up to \$1,000. instantly!
2. Collect all 28 specially minted nickel-silver Sports Coins.

Sports Coins are minted by Interbranch International Mint.
Ontario Lottery license number 270359.

Official Olympic Trust Lottery

fill pure y ister

3 fill a **5 lb.** penny bag
with 5 lbs. of pennies or \$7.50 cash
and you could win one of 25 Sunlight Holidays at Orlando Florida.
including: Walt Disney World Vacation Kingdom, Seaworld, Circus World and Kennedy Space Center.
Approximate retail value for family of 4 (2 adults and 2 children) \$2,336.00.
Penny Bags and all contest Rules & Regulations available in participating Loblaw's stores in Ontario.

4 purchase these products
and manufacturers will make a contribution for every item you purchase

in tomato sauce with pork Heinz beans	2 8 fl. oz. tins	was .39 ea. .71	shortcake, digestive or rice Peak Freans biscuits	15 oz. pkg.	was 1.49 1.29	Sara Lee frozen, lemon, vanilla, strawberry, or chocolate layer cake	13 oz. box	was 1.29 1.19
Maxwell House, decaffeinated instant coffee	8 oz. jar	was 6.19 5.69	Bick's, no garlic, with garlic or polskio ogorki dill pickles	32 fl. oz. jar	was 1.16 1.06	McCain, frozen, deluxe, (4's) pizza	15 oz. box	was 2.19 1.94
Tetley (72's) tea bags	8 oz. box	was 2.05 1.85	Kraft, smooth peanut butter	1.5 kg jar	was 3.69 3.39	Gay Lea, all flavours Fiesta yogurt	175 gr cup	was .49 .39
Laura Secord all flavoured pudding	5 x 5 fl. oz. (ins sleeve)	was 1.39 1.26	Johnson, pink or yellow J-Cloth	10's pkg.	was 1.29 1.19	Borden cottage cheese	500 gr tub	was 1.17 1.07
Monarch Added Touch, chocolate, lemon, devil's food, or white cake mix	16 1/2 oz. box	was .97 .88	Blue Bonnet, vegetable oil (1/4 lb. squares) margarine	3 lb. box	was 2.59 2.35	Lay's all varieties potato chips	225 gr bag	was .99 .89

prices in this supplement effective to Tuesday Aug. 7, 1979 except bakery effective to Saturday Aug. 4. Stores reserve the right to limit quantities.

Loblaws