


# Take advantage of the Miracle advantage Miracle's 'Beef at its Best' Sale!

Our Reg. Price \$2.98  
Full Slice

**BONELESS  
ROUND STEAKS**  
From Best Quality Grade A Beef



**2.26**  
LB.

Limit 3 per Family

Save 72¢ per lb. **BEST BUY**

Our Reg. Price \$2.88  
Regular Bone In

**RUMP ROASTS**  
From Best Quality Grade A Beef



**2.26**  
LB.

Limit 2 per Family

Save 62¢ per lb. **BEST BUY**

Our Reg. Price \$3.38  
From the Loin

**SIRLOIN  
STEAKS**  
From Best Quality Grade A Beef



**2.66**  
LB.

Limit 3 per Family


Save 72¢ per lb. **BEST BUY**

## Fresh Quality Produce

<p>Our Reg. Price 59¢ lb. Product of U.S.A. Canada No. 1 Grade</p> <p><b>PEACHES</b></p>  <p><b>39¢</b> LB.</p> <p>Save 20¢ lb. or 33% <b>BEST BUY</b></p>	<p>Our Reg. Price \$1.68 No. 1 Grade</p> <p><b>ONTARIO GROWN NEW POTATOES</b> 10 lb. bag</p>  <p><b>88¢</b></p> <p>Save 80¢ or 47% <b>BEST BUY</b></p>
<p>No. 1 Grade</p> <p><b>ONTARIO GROWN HEAD LETTUCE</b></p>  <p><b>38¢</b></p> <p><b>BEST BUY</b></p>	<p>Our Reg. Price 59¢ No. 1 Grade</p> <p><b>ONTARIO GROWN GREEN CABBAGE</b></p>  <p><b>39¢</b></p> <p>Save 20¢ or 33% <b>BEST BUY</b></p>
<p>Our Reg. Price \$2.98 Product of U.S.A.</p> <p><b>WHOLE WATERMELONS</b> each</p>  <p><b>1.98</b></p> <p>Save \$1.00 or 33% <b>BEST BUY</b></p>	<p>Product of U.S.A. Canada No. 1 Grade</p> <p><b>RED PLUMS</b></p>  <p><b>59¢</b> LB.</p> <p><b>BEST BUY</b></p>
<p>Product of U.S.A. Canada No. 1 Grade</p> <p><b>RED TOMATOES</b></p> <p><b>69¢</b> LB.</p> <p><b>BEST BUY</b></p>	<p>Product of U.S.A.</p> <p><b>GREEN BEANS</b></p> <p><b>59¢</b> LB.</p> <p><b>BEST BUY</b></p>
<p>Product of U.S.A.</p> <p><b>JUMBO BLUEBERRIES</b> pint cup</p> <p><b>99¢</b></p> <p><b>BEST BUY</b></p>	<p>Fresh from the Tropics</p> <p><b>LARGE SIZE BANANAS</b></p> <p><b>33¢</b> LB.</p> <p><b>BEST BUY</b></p>
<p>Ontario Grown No. 1 Grade</p> <p><b>CAULIFLOWER</b></p> <p><b>99¢</b></p> <p><b>BEST BUY</b></p>	<p>Ontario Grown</p> <p><b>GREEN ONIONS OR BUNCH RADISHES</b></p> <p><b>4/\$1</b></p> <p><b>BEST BUY</b></p>

Our Reg. Price \$1.34

**MARY MILES  
WIENERS**  
1 lb. pkg.



**1.18**

Save 16¢ pkg. **BEST BUY**

Our Reg. Price \$1.48  
Steinberg

**MARY MILES  
SIDE BACON**  
sliced, 1 lb. pkg.



**1.28**

Save 20¢ pkg. **BEST BUY**

Our Reg. Price \$3.49

**MAXWELL HOUSE  
GROUND COFFEE**  
1 lb. bag



**2.99**

Save 50¢ or 14% **BEST BUY**

Our Reg. Price \$2.17  
Steinberg

**VARIETY  
MIX COOKIES**  
2 lb. bag



**1.89**

Save 28¢ or 12% **BEST BUY**

Our Reg. Price \$3.35  
Powdered

**SUNLIGHT  
DETERGENT**  
6 litre box



**2.89**

Save 46¢ or 13% **BEST BUY**

Our Reg. Price \$1.29  
Liquid

**JAVEX BLEACH**  
128 fl. oz. jug



**99¢**

Save 30¢ or 23% **BEST BUY**

**From the Tudor Bakery**  
"MIRACLE'S IN-STORE BAKERY"

Delicious In-Store Baked

**LEMON OR  
RASPBERRY  
JELLY ROLL**  
each

**1.19**

Homestyle,  
Fresh Baked

**BRAN  
MUFFINS**  
pkg. of 6

**85¢**

Economical,  
Fresh Baked

**SALAD  
ROLLS**  
pkg. of 12

**59¢**

Canuck or Steinberg

**CHARCOAL  
BRIQUETS**  
10 lb. bag



**1.49**

**EVERYDAY LOW PRICE**

ALL PRICES EFFECTIVE JULY 18 to 24, 1979 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**BEST BUY** A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'!

## Check out for less!

**miracle**  
foodmart

An all Canadian Company