



Prices effective thru Saturday, July 14th, 1979.

# You'll do better with A&P's SUPER SUMMER SAVINGS!

Sorrento Cookware } Feature of the Week } 2 1/2-qt SAUCEPAN With Cover ONLY **9.99** No other purchase required

**SAVE 30¢**

Tomato  
**ANN PAGE KETCHUP**  
20-fl-oz bottle

**79¢**

Our Regular Price 1.09

**SAVE 40¢**

A&P — Sandwich Creme or  
**ASSORTED COOKIES**  
900 g box

**1.59**

Our Regular Price 1.99

**Action Price!**

Marvel Brand — Sliced, white  
**SANDWICH BREAD**  
24-oz loaf

**3 for 1.29**

**Action Price!**

Assorted flavours  
**MARTINS FRUIT DRINKS**  
48-fl-oz tin

**2 for 1.00**

*Cut from Canada Grade "A" Beef*

**BONELESS**  
Blade, Chuck Short Rib or  
Shoulder Beef Roasts

**1.88** lb

Our Reg. Price lb 2.08

**SAVE 20¢ lb**

**SAVE 40¢**

Libby's — Fancy  
**TOMATO JUICE**  
48-fl-oz tin

**59¢**

Our Regular Price 99¢

**SAVE 40¢**

Sealtest — Smooth & Creamy  
**COTTAGE CHEESE**  
1 kg carton

**1.69**

Our Regular Price 2.09

TOWN CLUB — Sweet Pickled, vac pac

**Cottage Rolls**

**1.59** lb

Our Reg. Price lb 1.78 — SAVE 19¢ lb

FIRST 5 RIBS ONLY

**Prime Rib Roast**

**2.28** lb

Our Reg. Price lb 2.88 — SAVE 60¢ lb

"Great on the B.B.Q."

**PRIME RIB STEAKS** lb **2.48**

New Zealand  
**LAMB LEGS** WHOLE OR BUTT PORTION lb **1.88**

(Shank Half lb 1.98)

Fresh "Great on the B.B.Q."

**MEDIUM GROUND BEEF** lb **1.88**

Swift Old Mill  
**BREAKFAST SAUSAGES** lb **1.19**

PREVIOUSLY FROZEN

**Pork Hocks** lb **39¢**

TOWN CLUB — SLICED  
**Side Bacon** 1-lb vac pac **1.39**

SWIFT PREMIUM D.B.Q. FAVOURITE!  
**Wieners** 1-lb vac pac **1.49**

SCHNEIDERS, ASSORTED VARIETIES  
**Meat Chunks** lb **1.79**

SHOPSYS, CORNED BEEF OR  
**Pastrami** pks of 4 2-oz pouches **1.99**

SHOPSYS, ALL BEEF "B.B.Q. FAVOURITE!"  
**Wieners** 1-lb vac pac **1.59**

SHOPSYS — COLE SLAW OR  
**Potato Salad** 24-oz ctnr **1.39**

MAPLE LEAF, SLICED, ASSORTED VARIETIES  
**Cooked Meats** 6-oz vac pac **79¢**

FROZEN, HONEY DIPPED  
**Chicken Legs or Breasts** lb **1.98**

BLUE WATER, FROZEN, PORTIONS 12-OZ PKG  
**Boston Blue Fillets** **1.23**

YOU'LL DO better AT...  
**THE FARM** at A&P

Peak of the Crop!

No. 1 Grade, B.C.  
**SWEET EATING CHERRIES**

**68¢** pint

DOLE — large size, the perfect food, golden ripe  
**Bananas** 3 lbs **99¢**

FLORIDA, EXCELLENT IN FRUIT SALADS  
**Mangoes** each **69¢**

CALIFORNIA, SWEET, JUICY, VALENCIA  
**Oranges** dozen **1.59** (FAMILY PACK BAG OF 18 2.59)

ONTARIO, FRESH & TENDER,  
**Green Beans** lb **49¢**

NO. 1 GRADE, ONTARIO, NEW CROP  
**Cucumbers** 3 for **1.00**

FULL OF BLOOMS, ASSORTED COLOURS 4 1/2-INCH POT  
**Reiger Begonias** **1.69**

**SAVE 56¢**

"Low Sudsing," Powdered  
**ALL DETERGENT**

3 litre box **2.99**

Our Regular Price 3.55

Mountain Dew — Regular or Diet (Plus 25¢ htl deposit)

**PEPSI** 750 ml returnable bottle **35¢**

DECORATOR, ASSORTED COLOURS ACTION PRICE PKG OF 2 ROLLS  
**White Swan Towels** **1.09**

DECOR II, 2-PLY, ASSORTED COLOURS PKG OF 4 ROLLS  
**Bathroom Tissue** **1.09**

"NEW" — MORNING MEADOW OR SEAWIND ACTION PRICE!  
**Fresh Soap** 95 g bar 2 for **89¢**

DETERGENT (PREPRICED)  
**Sunlight Liquid** 24-fl-oz plastic bit **89¢**

ORANGE OR APPLE ACTION PRICE!  
**"C" Plus Drinks** 48-fl-oz tin **59¢**

Ideal, Assorted Varieties

**CANNED VEGETABLES** 14-fl-oz tin 3 for **1.00**

(BONUS PACK — 3-LB PKG PLUS 1-LB "FREE") 4-LB PKG  
CARNATION — FROZEN  
**Hash Brown Potatoes** **89¢**

FRITO LAY — "LAYS", ASSORTED VARIETIES ACTION PRICE!  
**Potato Chips** 200 g pkg **89¢**

PREPARED (24-OZ)  
**Heinz Mustard** 680 g jar **69¢**

ANN PAGE  
**Salad Dressing** 1 litre jar **1.39**

YORK — "SMOOTHY" ACTION PRICE!  
**Peanut Butter** 1 kg jar **2.59**

**SAVE 16¢**

Light Chunks  
**BYE THE SEA TUNA**

6.5-oz tin **89¢**

Our Regular Price 1.05

Champlon — Assorted Varieties 15-oz tin

**DR. BALLARD'S DOG FOOD** 3 for **1.00**

Jane Parker Our Reg. Price 1.29 — SAVE 30¢

**ANGEL CAKE** 14-oz cake **99¢**

BONUS PACK 300 ml PLUS 50 ml "FREE"  
PALMOLIVE, REGULAR, MINTY OR LIME —  
**Rapid Shave** 350 ml aerosol tin **1.39**

MIX & MATCH — ASSORTED TITLES ACTION PRICE!  
**Colouring Books** 5 for **1.00**

KIDDIES PLASTIC  
**Drinking Glasses** 5 for **1.00**

A&P — Sunmix, assorted Our Reg. Price 1.49 — SAVE 30¢

**FLAVOUR CRYSTALS** 22-oz tin **1.19**

We reserve the right to limit quantities to normal family requirements!

PARCHMENT WRAPPED ACTION PRICE! 1-LB PKG  
**A&P Margarine** 2 for **1.00**

REGULAR OR FLAVOURED WITH FRUIT 24-OZ CONTAINER  
**Red Rose Iced Tea Mix** **2.29**

"NEW" — INSTANT DECAFFEINATED COFFEE ACTION PRICE!  
**Maxwell House** 8-oz jar **5.69**