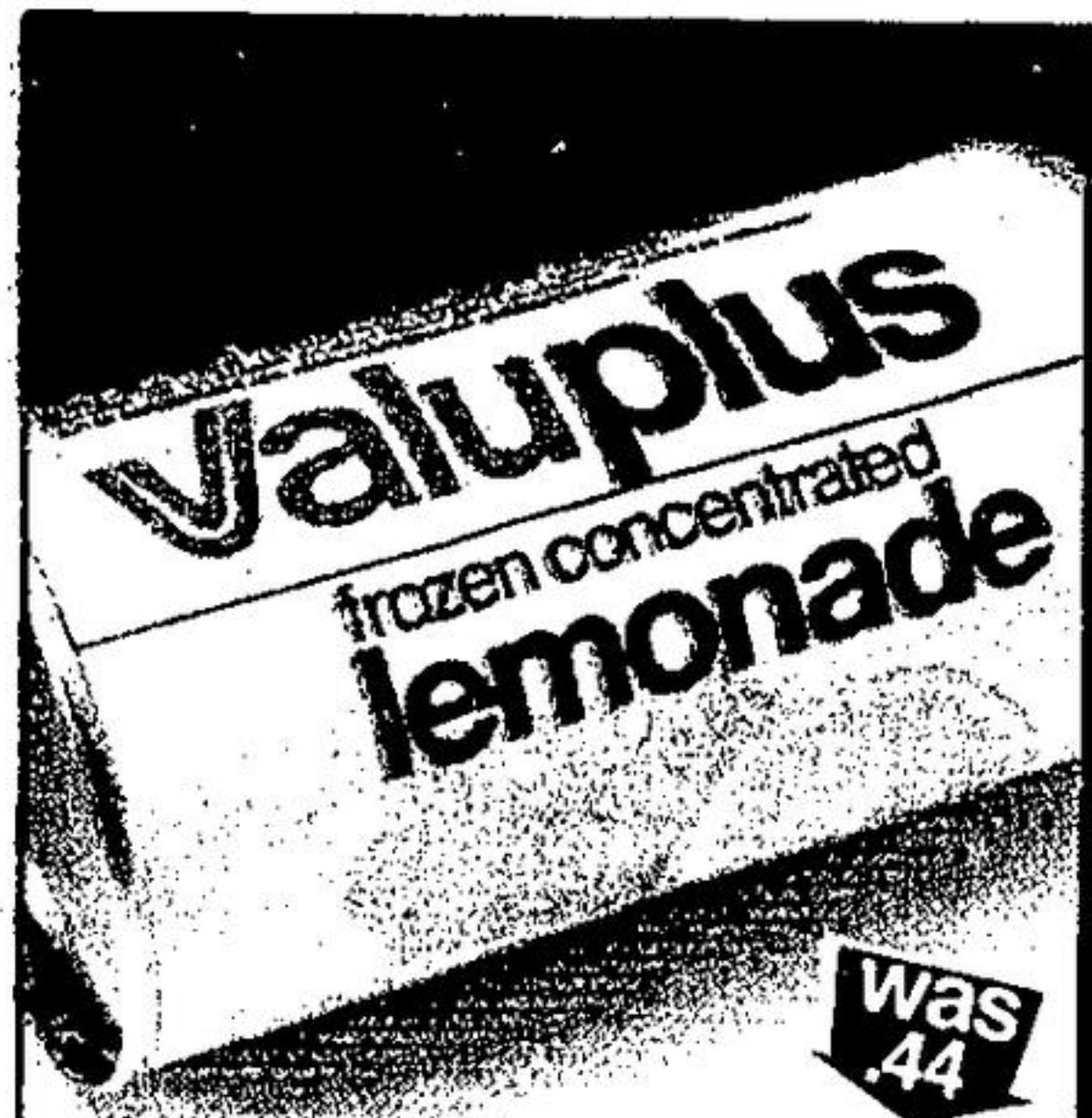


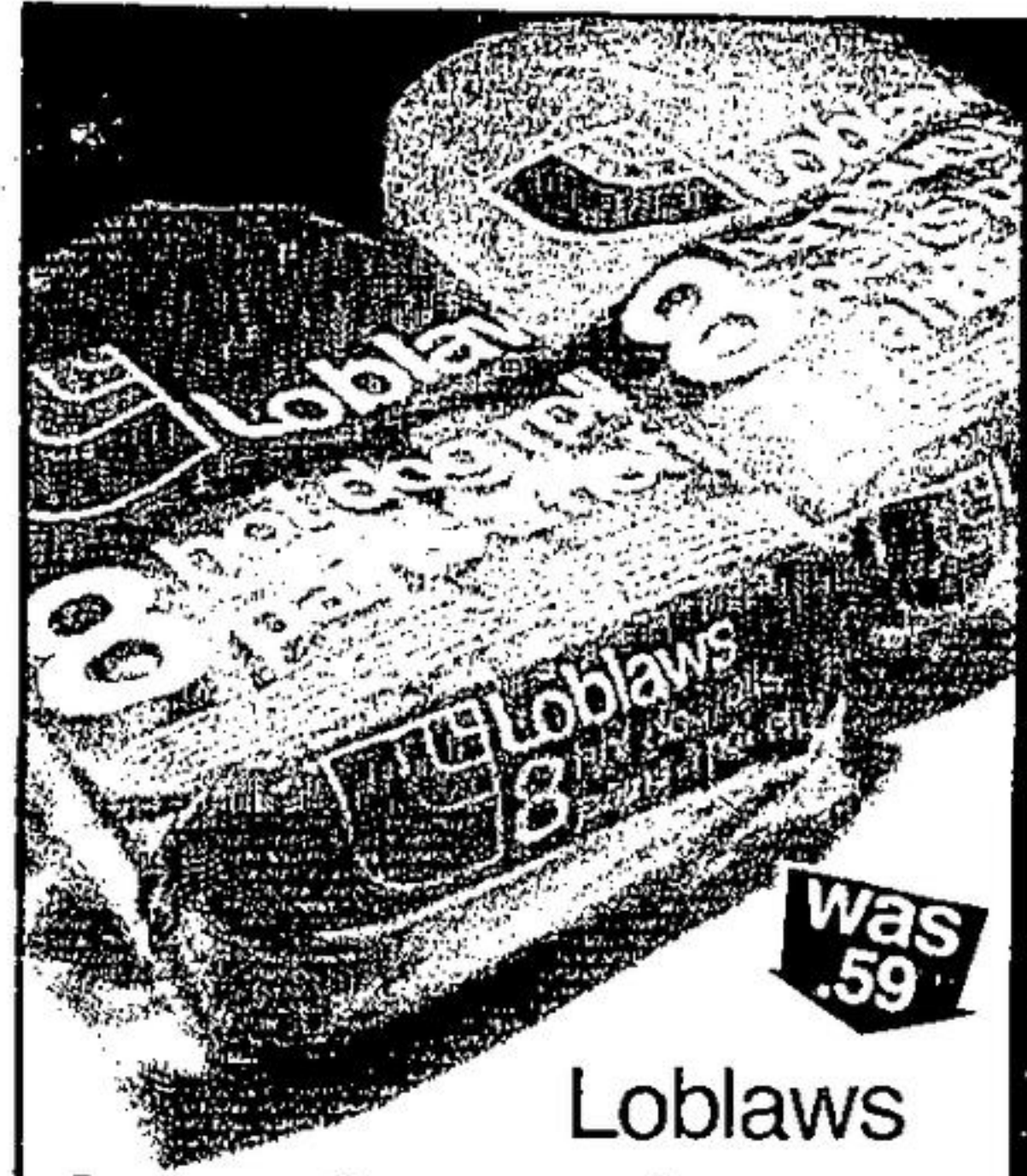
Loblaws



Valuplus
white or pink frozen
lemonade
12 1/2 fl. oz. tin

1/2 price **22**

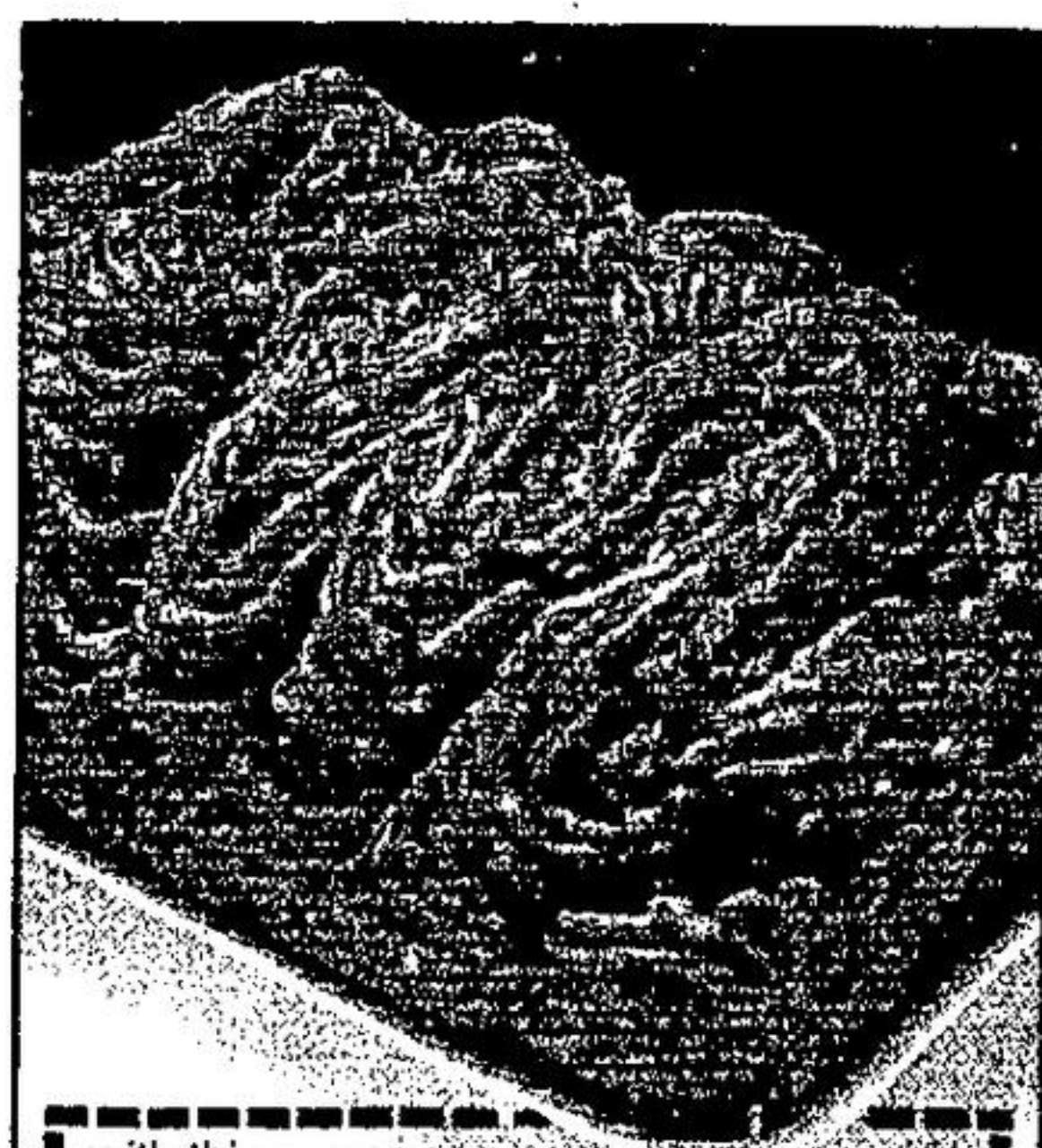
save **22**



Loblaws
hamburger buns
or hot dog rolls
8's pkg.

1/2 price **29**

save **30**



with this coupon
and minimum \$10. Loblaws purchase
excluding cigarettes and coupon items
one package of regular, lean or
medium - one pound
size or over at regular price
freshly ground
ground beef

50¢ off

Limit one ground beef coupon per family
offer expires Tuesday July 10, 1979

save with coupon **50**



with this coupon
and \$10. minimum Loblaws purchase
excluding cigarettes and coupon items
one - 1 lb. pkg.

Maple Leaf Brand
wieners coupon
value 84¢

1/2 price **.84**

Limit one wiener coupon per family
offer expires Tuesday July 10, 1979

save with coupon **.84**

more meat values

fresh chicken drumsticks	lb.	was 1.66	1.49
fresh chicken thighs	lb.	was 1.56	1.45
frozen Maple Leaf Brand golden fry sausage	1 lb. pkg.	was 1.98	1.69
Loblaws - boneless cooked smoked dinner hams	lb.	was 2.55	2.18
Maple Leaf, sliced side bacon	1 lb. pkg.	was 1.68	1.38
Maple Leaf bologna sliced	1 lb. pkg.	was 1.78	1.58
Maple Leaf, 5 specified varieties smoked cooked meat sticks	10 oz. pkg.	was 1.98	1.78
Swills Sizzlean	12 oz. pkg.	was 1.89	1.69
Loblaws smoked ham steaks	6 oz. pkg.	was 1.49	1.29
Ziggys sliced side bacon	1 lb. pkg.	was 1.68	1.38
Ziggys frankfurters	1 lb. pkg.	was 1.78	1.48
Ziggys, sliced cooked ham	6 oz. pkg.	was 1.49	1.29
frozen Bluewater Brand batter fried haddock	12 oz. pkg.	was 1.88	1.58
frozen, store packaged cod fillets	lb.	was 1.75	1.25

more grocery values

Dole in syrup - crushed, sliced or chunks pineapple	19 fl. oz. tin	was .73	.69
Tang (2's) orange crystals	1.3 oz. poly bag	was 1.19	1.09

Schneiders medium - 12 oz. wedge

cheddar cheese

save **.44** **1.39**

produce of U.S.A. - new crop

red grapes pound

save **.70** **.99**

produce of U.S.A. - snappy fresh

green beans pound

save **.20** **.69**

Ontario grown - excellent for cole slaw

cabbage no. 1 grade

save **.58** **2 for 1.00**

Nescafe instant coffee	10 oz. jar	was 6.19	5.49
Mother Parker's economy, 100's tea bags	12 oz. bag	was 1.89	1.69
Mini-Wheats - with frosting or brown sugar	425 gr box	was 1.06	1.00
Keillogg's cereal	425 gr box	was 1.89	1.75
Unico 100% pure vegetable oil	1 litre btl.	was .47 ea.	.85
Hunt's tomato sauce	2 14 fl. oz. tins		.85

Maxwell House, all purpose grind coffee	1 lb. bag	was 3.59	3.29
Jolly Miller iced tea mix	24 oz. tin	was 2.39	2.09
Weight Watchers (plus 25¢ deposit) all flavours soft drinks	750 mL btl.	was .49	.44
Libby's unsweetened grapefruit juice	48 fl. oz. tin	was 1.15	1.09
Realemon from concentrate lemon juice	24 fl. oz. btl.	was 1.09	.99

Dr. Ballard's - all flavours dog food	15 oz. tin	was .36	.34
Q-Tip swabs	400's box	was 2.39	2.23
Vaseline petroleum jelly	500 gr plas. jar	was 1.75	1.57
Geo Your Hair Smells Terrific - normal or extra body shampoo	350 mL plas. btl.	was 2.49	1.99
Dimpflemeier Kommissbrot rye bread	32 oz. loaf	was 1.07	.89