

steak

and this coupon

with a Loblaw's purchase over \$20, you are entitled to **one free no-name steak**

Shop early while quantities last. One steak coupon per family.

free no-name rib eye or strip loin **steak**

with this coupon and \$20. or more Loblaw's purchase, excluding cigarettes and coupon item. Offer expires Tues. May 22, 1979 or while supplies last.

coupon value **1.29** 5 oz.

limit one steak coupon per family

29

everyday low price

sold only as packaged



no-name rib eye steak
tenderness guaranteed 100% or your money back

no-name strip loin steak
tenderness guaranteed 100% or your money back

values for barbecuing

all beef, red hots or dutch treat
Schneiders wieners

1 lb. pkg. **1.28**

was 1.88

save .60

home style à l'ancienne

regular or ripple
Frito-Lay - home style potato chips

200 g bag **.69**

was .99

save .30

values for barbecuing

fresh pork side
spare ribs

lb. **1.58**

was 1.98

save .40 lb.

regular or diet
big Pepsi

1.5 litre returnable bottle **.49**

(plus 40¢ deposit)

save on Pepsi

plus another new idea from Loblaw's to save on summer steaks

slice your own barbecue steaks

quality guaranteed sold only as packaged

| | |
|---|---|
| <p>whole beef rib eye</p> <p>previously frozen</p> <p>lb. 2.99</p> <p>size 5-7 lbs.</p> <p>slice your own Delmonico Steaks</p> | <p>whole beef tenderloin</p> <p>previously frozen</p> <p>lb. 3.99</p> <p>size 3-4 lbs.</p> <p>slice your own Filet Mignon Steaks</p> |
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chicken, turkey or beef
Stouffers frozen meat pies

10 oz. box **.99**

was 1.33

save .34

liquid bleach
Javex

128 fl. oz. plastic jug **.89**

was 1.15

save .26

Mina 20 piece dinnerware new smoky colour

consist of...
4- 9 1/4" plates
4- soup bowls & saucers
4- tea cups & saucers

Loblaw's low price **14.95**

Ideal for patio or cottage entertaining. Attractively packaged for gift giving.

2 sets of prints plus replacement Kodak film.

for one low price

free bonus offer until May 26, 1979 with each roll of film processed one coupon for a MacDonald's Sundae

with each roll of film processed you will receive back with your prints a coupon entitling you to a free sundae at MacDonald's expires May 26, 1979

Loblaw's guarantees 100% satisfaction on our 2 sets of Prints offer, or we will buy back your prints - you keep your negatives - in addition to this Loblaw's will give you a free roll of film (regular ASA only) with the money back guarantee.

money back guarantee

*This guarantee is good only on the complete set of prints. Full details available in store.

help Canada's Olympic Teams

Instant Win!

groceries for life plus cash prizes

For only 50¢ you can win two ways with Official Olympic Trust Sports Coins.

- Win groceries for life or cash prizes up to \$1,000. Instantly!
- Collect all 28 specially minted silver-nickel Sports Coins.

All Sports Coins have images of the 28 1980 Olympic Winter and Summer Events and you can start collecting these coins in a special coin saver album, available from the cashiers.

Official Olympic Trust lottery

all proceeds to help Canada's Olympic Teams

Sports coins are not legal tender
Ontario Lottery license number 270359

frozen in butter sauce (boil-in-bag), fancy riblet corn, mixed vegetables, peas, or leaf spinach

Green Giant vegetables 10 oz. box **.83**

was .88

brown sugar or in tomato sauce

Van Camp beans with pork 14 fl. oz. tin **.33**

was .51

Uncle Ben's converted long grain rice

2 lb. bag 1.58

was 1.67

Irish, or beef

Cordon Bleu stews 24 fl. oz. tin **1.41**

was 1.51

Clover Leaf albacore flaked white tuna 6 1/2 oz. tin **1.47**

was 1.51

super moist - all varieties

Betty Crocker cake mixes 18 oz. box **.91**

was .97

chocolate fudge, or traditional white

Betty Crocker frosting mixes 15 oz. box **.89**

was .95

green/blue hand-wipes 10's pkg. **1.09**

was 1.29

Close-Up toothpaste 100 mL tube **.99**

was 1.39

soft spread (2 x 8 oz. tubs)

Imperial margarine 1 lb. sleeve **.99**

was 1.03

cream

Nordica cottage cheese 500 g tub **1.10**

was 1.24

all flavours

Gay Lea swiss yogurt 175 g cup **.29**

was .47

salad dressing

Kraft miracle whip 1 litre jar **1.69**

no garlic, with garlic or polskie or gorki

McLarens dill pickles 48 fl. oz. jar **.99**

was 1.55

aluminum 12" box

Alcan foil wrap 50' roll **1.29**

was 1.65

rose and flower

Raid Spray 200 g aerosol tin **2.79**

more produce values

produce of U.S.A. spinach cello pkg. **.58**

produce of u.s.a. no. 1 grade corn on the cob tray of 5 **.99**

from South Africa fancy grade

Granny Smith apples cape brand lb. **.69**

Ontario or U.S. grown fancy grade

Ida red apples 3 lb. bag **1.28**

U.S. grown no. 1 grade hybrid or climbers

rose bushes each **2.99**

floral dept. special 3 1/2" pot

geraniums each **.79**

no-name lawn & garden bags 5's pkg. **.89**

no-name freeze pops 36's pkg. **.79**

no-name 9" white paper plates 70's pkg. **1.19**

Prices effective to Tues. May 22 except bakery effective to Sat. May 19, 1979. Stores reserve the right to limit quantities. Georgetown only

Loblaw's

low prices plus... a whole lot more