

SMOKING SAM TO VISIT INDUSTRY

....Sharron Leitch, a registered nurse who works for the Canadian Cancer Society, poses with Smoking Sam, a working model which demonstrates the amount of tar and nicotine inhaled with a single cigarette. Miss Leitch

A registered nurse from the Canadian Cancer Society will be visiting industries in Halton Hills to talk to employees

month. Sharron Leitch is one of five nurses in the province of Ontario who visits industries to talk to employees. Two are stationed in Toronto, two in Hamilton and one in Ottawa. These nurses give a half-hour presentation, which includes a talk on how cancer starts, a

about cancer for the next

film on cancer and the seven steps to health and a demonstration of the damage which can be caused to one's health by eigarette-smoking.

Following the presentation, the nurse will stay in the building for a while for personal interviews, so that the employees can ask any questions they might wish. Miss Leitch said the presentation itself doesn't permit time for questions because it's being done on the company's time.

will be visiting industries in the Halton fillis area over the next month to talk about cancer and answer questions about the ways in which people can protect their health.

(Herald photo) Miss Leitch said she visits

one or two companies a day, depending on the size of the firms and the companies in Halton Hills have been enthusastic about the presentation. She said she only makes it to specific areas about once every four years.

The presentation doesn't cost the companies anything. she said, because the service is offered by the cancer society free of charge.

Happier Homes A Bedtime Story

In bed we laugh, in bed we cry. And born in bed, in bed

The near approach a bed may show Of human bliss to human

we die.

Isaac de Benserade, 1684. The sleeping place has always played an important part in human life. As the marriage bed, the place of childbirth, the sick bed, the death bed, the bed is more intimately related to our lives than any other household article. It's the one we come in closest personal contact

our lives each day. Early "beds" were really mattresses. When men lived in caves, they slept on the skins of animals. Skins were later replaced by a group of bags filled with rushes, leaves or

with for fully one-third of

But as time passed, people became more concerned with the design of the bed than with the materials they slept on:

A bed frame was originally a luxury of urban civilization. The Romans and Greeks created large, carved frames with gilt and ivory upon which they plled cushions of wool,

> LIMESTONE ALL SIZES A&B GRAVEL FILL AND TOP SOIL

'BUD' HAINES 3 DURHAM ST.

877-3302 877-4593

SALES & SERVICE B77-9796

TOSHIBA . QUASAR

All Colour Sets feature 36 Months Warranty or more

Serving Georgetown, Acton and surrounding area. MOORE PARK PLAZA

sterilized.

Next on the scene was the inner spring, long a mattress staple. But it is being challenged in popularity today by foam bedding. Sears, Roebuck and Co, reports that one of its most popular mattresses is its Imperial mattress, made of highly resilient polymeric foam. It suspends the sleeper on 9.2 billion air cells for the ultimate in sleeping comfort. With the scientific breakthroughs of chemistry technology it appears as if foam may be the next standard of bedding.

Eventually, it was discovered that horse hair was also unsanitary and it was replaced by felted cotton which could be ASSESSATION OF THE PROPERTY OF

SUPERIOR REFINISHING

feathers, fur and other

Innovation

During a big evolution

in the 18th century, feath-

ers - which were most

commonly used in mat-

tresses - were replaced

by horse hair as people

found that it had more

materials

28 Hayes Rd. Guelph 822-5993

At Superior Furniture Refinishing we offer you our years of experience and expert craft-

We refinish your furniture to satisfy your

decorating needs and your budget. TAKE A LOOK AT OUR BEAUTIFUL "HAND MADE PINE FURNITURE" AT THE ROOT OF PLAZA, ON SPEEDVALE AT WOOLWICH, IN GUELPH. PHONE 824-4590.



Can you imagine this 1700 sq. ft. home situated on your lot? This home offers you 3 bedrooms, large eat-in kitchen, living room and family room etc. Plaster walls, oak kitchen, shag carpet, Armstrong Floors are just a few of the outstanding features.

We also have a variety of other plans to suit different tastes. Custom house builders for over 30

years. UNIT 13 79 Regal Road Guelph Orin Reid (519) 821-1820 Alter Hrs. (519) 824-0874 PLEASE PHONE COLLECT

Once the luxury of urban civilization, the masses now demand the ultimate in comfort from the

place where they spend such a large portion of their lives.



1st. YEAR ANNIVERSARY SALEI

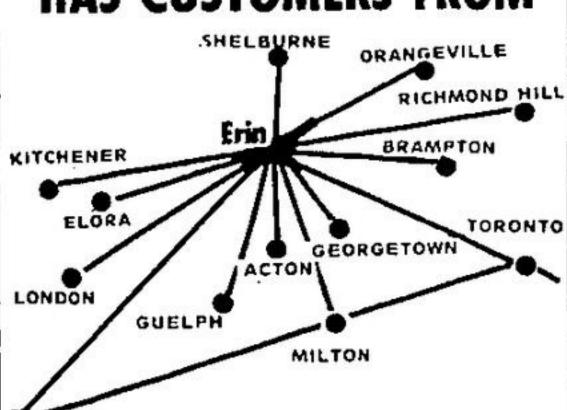
April 2nd to April 14th. OFF ALL GLASS IN STOCK • Craft Courses

2nd Floor Next to McDonald's



R.R. 8 Brantford, Ont. BUS. (517) 647-3448 RES. (517) 647-2220

HOUSE of ERIN 519-833-9768 HAS CUSTOMERS FROM SHELBURNE ORANGEVILLE



WHY DO THEY TRAVEL SO FAR TO BUY?

Panasonic, Inglis, Admiral appliances and TV's Wood freezers, Simplicity

VISIT US AND FIND OUT WHY

Radio Shaek

877-0173

Finn H. Poulstrup, (Manager) Michael Adams Reg Cooper

877-7858 877-7071 877-9458

REDDOT REALTY ITT.

REALTOR

877-0173

Trudy Simmons Susan Carrier Tillle Harvey

877-9345 877-7937 877-9550



AT \$59,900. YOU CAN'T GO WRONG Above is a picture of a 2 storey brick home which has been remodeled completely inside. Here are just a few features. Rewired, new plumbing, new kitchen, (windows & cupboards), new bathroom, all original woodwork. If you're thinking antiques, you'll love this home. Super location. Call Trudy Simmons at 877-0173



COUNTRY "FAMILY" HOME Located east of Acton - plenty of fresh air to breathe on this half acre, floor to ceiling fireplace in fiving room, 3 spacious bedrooms, bath ensuite off master bedroom, huge kitchen, walk-out from dining room to pool and patio. Call Susan Carrier to see this well-cared for home. Priced at \$77,900.

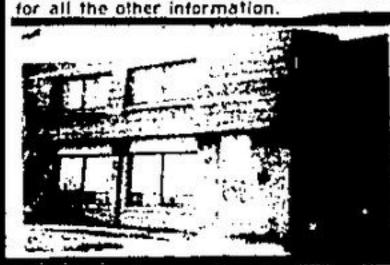
GEORGETOWN 1013 MORTGAGE Georgetown is a unique planned community of custom built homes in which this brick bungalow is located. Ideal for children and large family. Situated on one of the quiet Crescents in town, this home has 2 washrooms, 5 bedrooms or an in-law suite. An excellent 1012 percent mortgage, low down payment. Call Mike for any more information on this home, 877-0173.



Lots of privacy with this freed park area oversize lot and 4 bedroom brick bungalow with 2 car garage. Super living and dining room with stone tireplace. Handy for schools and stores. Low \$80's. Call Reg Cooper 877-0173.



WELCOME TO OPEN COUNTRY Discover the beautiful surroundings that beckon you to the good life and where nature still exists close by. Here we have a gorgeous 5 bedroom solld brick home awaiting your inspection. Solid oak flooring, 2 fireplaces, 2 washrooms, extra large 2 car garage, plus a lot more. Call Mike at 877-0173.



TOWNHOUSE Located in Georgetown, close to shopping and schools, clean and well decorated, 3 bedrooms, finished rec room, plus more. Priced to sell \$44,200. Don't be disappointed by a Sold Sign. Call Susan Carrier 877-0173.



ARARE FIND!

from time to time you come across if

you're tortunate enough. This distinct

brick bungatow is located in the country. 3

large bedrooms, a large washroor, a

kitchen for the cook. Excellent location for

the children. Priced to sell, try an offer

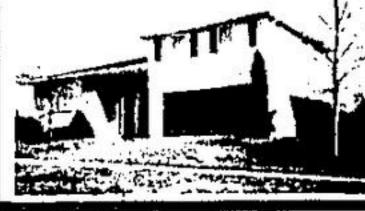
COUNTRY LIVING IN THE \$40.4 STATELY PARK AREA HOME with Susan 877-0173.



ROOM TO ROAM Large 5 bedroom home with 20x12' family room with walk-out. 4 piece bath ensuite plus 2 extra baths. 160' deep lot backs onto conservation area. Price recently reduced. Motivate Seller. Call Finn 877-0173.



FINE QUALITY Great location, exciting home featuring fireplace, garage, broadloom, large sunny eat-in kitchen with lots of cupboard space. Call Finn at 877-0173.



to make your call on this levely 3 bedroom

sidespill, tastefully decorated, with for-

mal living and dining rooms, main floor

family room with walk-out. A big double

garage, and a huge ravine lot. Get the

details by calling Tille 877-0173.



This tovely sidesplit has it all. 3 bedrooms,

elegant living and dining rooms, main

floor family room with fireplace and walk-

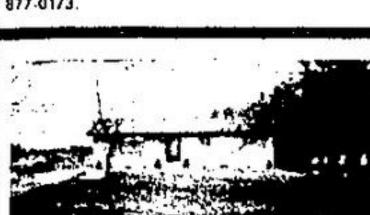
out, his and her's garage, and lovely big

lot, 190x124' and you can have possession

immediately. Call Tillle 877-0173.

EXPRESS YOURSELF, IMPRESS DON'T WAIT

YOUR FRIENDS



Nearly new bright spacious brick bungalow only acre. Quality construction throughout, eat-in kitchen, targe master, broadloom throughout, walk-out to deck. For more information call Trudy Simmons, 877-0173.



Situated on a huge lot, brick 2 storey, exterior in excellent condition; includes all appliances. Interior could be easily restored. Listed in the \$80's. Try an offer



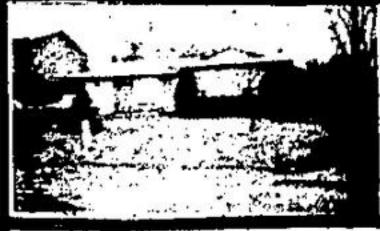
WANT SPACE between the neighbours and you? How about this just completed 3 bedroom estate home with long winding lane. 28 acres of rolling land. Two sliding doors open to balcony. Much more. Call Finn 877-0173.



Older 2 storey brick home just outside Georgetown on over half an acre. This new listing is a well built, cozy place with ? separate garages, Ideal commuting with country living for only \$58,900. Suggest you hurry on this and call Reg Cooper 877



SO MUCH FOR SO LITTLE! This big spacious home, is just the place to make your dreams a reality. Original solid oak trim throughout, a huge lot with mature trees, and only \$49,900. Call Tillie today, 877-0173.



low about a 3 bedroom brick bungalow backing onto treed land in established area? Includes attached garage, rec room, swimming pool and deck. In the very low \$60's, Call Reg Cooper 877-0173.

 BUILDING LOTS - YOUR CHOICE 14 large lots, fown water and underground hydro. Full price \$19,500, with downpayment of \$2,000 Call Susan Carrier at 877 01/3.

Very scenic land only 3 miles from town, yet a workable 50 acres. Get out your house and barn plans now! For offers call Reg Cooper 877 0173.

"Put a smile on your lawn"

TORONTO LINE — 453-4442