



A BIG "THANK YOU"

TO THE MANY THOUSANDS OF NEW CUSTOMERS WHO TOOK ADVANTAGE OF OUR
NEW LOW REGULAR PRICES

THIS WEEK'S SPECIALS

FANCY
York Whole Kernel Corn 12-FL. OZ. TIN **29¢**

FINE, GRANULATED
White Sugar 2 kg BAG **89¢**

WITH PECTIN
IGA Raspberry or Strawberry Jam 24-FL. OZ. JAR **79¢**

RIGATONI, PENNE LISCE, SPAGHETTI, SPAGHETTINI, ELBOW MACARONI, LINGUINE OR ROTINI
Boni Pasta 2-LB. PKG. **49¢**

TEA ROSE
Keta Salmon 7 3/4-OZ. TIN **89¢**

PEA, VEGETABLE OR PEA AND HAM
Habitant Soups 14-FL. OZ. TINS **3 \$1**

Maxwell House Instant Coffee 10-OZ. JAR **\$4.99**

IGA, CHOICE
Cut Green or Wax Beans 14-FL. OZ. TIN **29¢**

APPLE OR ORANGE
C-Plus Fruit Drinks 48-FL. OZ. TIN **49¢**

INSTANT, REGULAR OR WITH MARSHMALLOWS
Carnation Hot Chocolate 23-OZ. JAR **\$2.39**

PLAIN, WITH MEAT OR MUSHROOMS
Ragu Spaghetti Sauce 28-FL. OZ. JAR **\$1.05**

EVAPORATED
Carnation Milk 5 6-OZ. TINS **\$1**

FROZEN WHITE OR 100% WHOLE WHEAT
Rhodes Bread Dough PKG. OF 5, 16 OZ. LOAVES **\$1.59**

KRAFT PROCESS PLAIN CREAM PHILADELPHIA
Cream Cheese PKG. **79¢**

MONARCH QUARTERS
Corn Oil Margarine 2 LB. PKG. **\$1.69**

IGA BLENDRITE
Shortening or Pure Lard 1 LB. PKG. **59¢**

TANG FLAVORED
Orange Crystals 4 1/2 OZ. PKGS. **\$1.09**

Heinz Ketchup 25 FL. OZ. BTL **99¢**

REGULAR OR QUICK
Cream of Wheat 800g BOX **59¢**

IGA Apple Pie
SOCIETY WINDMILL APPLE OATMEAL DATE FILLED RASPBERRY TURNOVERS OR STRAWBERRY TURNOVERS 2 OZ. PKGS. **\$1**

TRIPLE REGULATED SALT VINEGAR FLAVORED
IGA Potato Chips 5 OZ. PKG. **79¢**

ASSORTED VARIETIES
Kerr's Tartan Bag Candies PKG. **69¢**

SCENTED EXTRA DRY OR EXTRA DRY LIGHT POWDER
Arrid Deodorant 4 OZ. TUB **\$1.49**

Polident Tablets PKG. **89¢**

16 ASSORTED DRAPERY PHENOL
Cushions EA **\$1.69**

QUICK POLY 1 1/2 MIL
Garbage Bags PKG. **\$1.39**

FROZEN CONCENTRATED 100% PURE FROM FLORIDA
Old South Orange Juice 12 FL. OZ. TIN **89¢**

HIGH LINEER FROZEN INDIVIDUALLY WRAPPED
Boneless Cod Fillets 14 OZ. PKG. **\$1.59**

Meat Features

CUT FROM CANADA GRADE A BEEF
Blade Roasts
 BLADE BONE REMOVED
 or Chuck

Short Rib Roasts
\$1.49
 LB.

CUT FROM CANADA GRADE A BEEF
Cross Rib Roasts
 or Boneless
Shoulder Roasts
\$1.79
 LB.

CUT FROM CANADA GRADE A BEEF
Cross Rib Steaks
\$1.89
 LB.

CUT FROM CANADA GRADE A BEEF
 LEAN, BONELESS
Stewing Beef
\$1.79
 LB.

PREVIOUSLY FROZEN
Boston Blue Fish Fillets LB **\$1.09**

PREVIOUSLY FROZEN
Turbot Fillets LB **\$1.39**

PREVIOUSLY FROZEN
Cod Fillets LB **\$1.49**

PREVIOUSLY FROZEN
Sole Fillets LB **\$2.29**

MAPLE LEAF EUROPEAN CUISINE SELECTED POPULAR VARIETIES
Deli Sausage 10 OZ. CHUB **\$1.69**

MAPLE LEAF 1 LB. PKG. **\$1.39**

MAPLE LEAF 1 LB. PKG. **\$1.59**

MAPLE LEAF SLICED SELECTED POPULAR VARIETIES 1 1/2 OZ. PKG. **\$1.39**

MAPLE LEAF, COOKED BONELESS
Dinner Hams LB **\$2.39**

SHOPS 5 (1 LB.) CHUB **\$2.29**

Produce Features

PRODUCE OF CENTRAL AMERICA
 CHIQUITA OR DOLE
Bananas
5 \$1
 LBS. FOR

PRODUCE OF U.S.A.
 CANADA NO. 1 GRADE
Cauliflower
69¢
 SIZE 16'S EA.

ONTARIO GROWN CANADA NO. 1 GRADE
Cooking Onions 3 2 LB. BAGS **99¢**

FROM BRITISH COLUMBIA CANADA FANCY GRADE
Red or Golden Delicious Apples LB **49¢**

PRODUCE OF MEXICO
Pineapples SIZE 10'S EA **89¢**

ONTARIO GROWN CANADA NO. 1 GRADE
Rutabagas LB **14¢**

CLIP THIS COUPON
 MAPLE LEAF SLICED
Side Bacon 1-LB. PKG. ONLY **98¢** WITH A MINIMUM \$5.00 FOOD PURCHASE EXCLUDING CIGARETTES
 ONLY ONE 1-LB. PKG. PER COUPON
 COUPON VALID AT IGA ONLY UNTIL CLOSING SATURDAY, MARCH 3, 1979.
 FEATURE PRICE \$1.49 PER 1-LB. PKG. WITHOUT THIS COUPON

IGA LOW REGULAR PRICES

FROM CONCENTRATE THOMPSON PURE
Orange Juice 64 FL. OZ. BTL **\$2.29**

100% PURE VEGETABLE OIL
Blue Bonnet Margarine 2 LB. PKG. **\$1.75**

100% PURE VEGETABLE OIL
Trillium Soft Margarine 1 LB. TUB **66¢**

100% PURE CORN OIL
Fleischmann's Soft Margarine 5 LBS. OF 1/2 OZ. TUBS **\$1.38**

Monarch Margarine 1 LB. PARCH. PKG. **69¢**

Fulfo Shortening 1 LB. PKG. **77¢**

MAPLE LEAF PURE
Tenderflake Lard 7 LB. TUB **\$1.93**

MCLEANS, FROZEN CHOICE
Whole Strawberries 15 FL. OZ. TUB **\$1.15**

FRESERVE FROZEN FRENCH CUT
Green Beans 10 OZ. PKG. **49¢**

MCCAIN FROZEN
Brussels Sprouts 10 OZ. PKG. **71¢**

HIGH LINEER FROZEN
Cod Fish Sticks 14 OZ. PKG. **\$2.15**

HIGH LINEER FROZEN
Sole Fillets 16 OZ. PKG. **\$2.45**

HIGH LINEER FROZEN
Scallops 7 OZ. PKG. **\$2.69**

MCCAIN FROZEN 4 PACK
Deep Fried Delicacies 14 OZ. PKG. **\$1.99**

SWANSON FROZEN
Macaroni & Cheese Dish 8 OZ. PKG. **55¢**

MITCHELL'S CHOICE
Pure Apple Juice 48 FL. OZ. TIN **93¢**

OCEAN SPRAY
Cranberry Cocktail 10 OZ. BTL **\$1.27**

SUN RYPE
Apricot Nectar 10 FL. OZ. TIN **39¢**

LIBBY'S RECONSTITUTED UNSWEETENED
Orange Juice 48 FL. OZ. TIN **\$1.29**

RISE N SHINE FLAVORED
Orange Crystals 4 1/2 OZ. PKGS. **99¢**

V-8 Vegetable
Cocktail 48 FL. OZ. TIN **\$1.02**

FANCY
Allen's Applesauce 28 FL. OZ. GLASS JAR **95¢**

YORK CHOICE
Apricot Halves 14 FL. OZ. TIN **64¢**

DEL MONTE TROPICAL
Fruit Salad 14 FL. OZ. TIN **64¢**

ARMONA FANCY
Peach Halves 14 FL. OZ. TIN **62¢**

ATLMER CHOICE
Bartlett Pears 10 FL. OZ. TIN **51¢**

PALANDA
Sliced Pineapple 19 FL. OZ. TIN **67¢**

BRIGHT'S
California Prunes 14 FL. OZ. TIN **59¢**

STAFFORD
Pumpkin Pie Filling 19 FL. OZ. TIN **85¢**

STOKELY FANCY
Cut Green Beans 14 FL. OZ. TIN **45¢**

YORK FANCY
Green Lima Beans 14 FL. OZ. TIN **49¢**

GREEN GIANT FANCY
Whole Kernel Niblets Corn 19 FL. OZ. TIN **65¢**

DEL MONTE
Fancy Peas 10 FL. OZ. TIN **39¢**

CULVERHOUSE CHOICE, SMALL
Whole Potatoes 19 FL. OZ. TIN **39¢**

DEL MONTE
Stewed Tomatoes 19 FL. OZ. TIN **71¢**

IN TOMATO SAUCE
Heinz Spaghetti 14 FL. OZ. TIN **51¢**

Oxo Beef Cubes PKG. OF 12 **57¢**

GREEN GIANT IN TOMATO SAUCE
Ovenrock Beans 19 FL. OZ. TIN **83¢**

EXTRANO 1
Corned Beef 12 OZ. TIN **\$1.35**

SWIFT
Prem Luncheon Meat 12 OZ. TIN **\$1.43**

VAN CAMP IN TOMATO SAUCE
Beans with Pork 14 FL. OZ. TIN **49¢**

UNDERWOOD
Devilled Ham 4 1/2 OZ. TIN **99¢**

CONNORS, IN LEMON SAUCE
Sea Steaks 3 1/2 OZ. TIN **49¢**

IGA LOW REGULAR PRICES

BYE THE SEA
Flaked Light Tuna 6 OZ. TIN **95¢**

ROBIN RED, MINCED
Sockeye Salmon 7 1/2 OZ. TIN **\$1.25**

CAMPBELL'S
Chicken Noodle Soup 15 FL. OZ. TIN **33¢**

LIFTON
Chicken Noodle Soup Mix PKG. OF 2 **49¢**

PABLM
Mixed Cereal 27 1/2 OZ. DOZ. **71¢**

CUT RITE
Wax Paper Roll 100 FT. ROLL **79¢**

DELSEY ASSORTED COLORS
Bathroom Tissue PKG. OF 2 ROLLS **73¢**

SWANS DOWN ASSORTED COLORS
Bathroom Tissue 4 ROLLS **\$1.19**

DELSEY ASSORTED COLORS
Bathroom Tissue 4 ROLLS **\$1.31**

FACELLE ROYALE ASSORTED COLORS
Bathroom Tissue PKG. OF 4 ROLLS **\$1.29**

KLEENEX, POCKET PACK
Facial Tissue PKG. OF 6 **61¢**

ASSORTED COLORS
Scottowels PKG. OF 2 ROLLS **\$1.15**

VIVA, ASSORTED COLORS
Paper Towels 2 ROLLS **\$1.21**

KLEENEX, ASSORTED COLORS
Paper Towels PKG. OF 2 ROLLS **\$1.19**

KELLOGG'S
Raisin Bran 37 1/2 OZ. BOX **\$1.01**

KELLOGG'S
Rice Krispies 27 1/2 OZ. BOX **72¢**

KELLOGG'S
Special "K" 47 1/2 OZ. BOX **\$1.35**

NABISCO
Rice Flakes 32 1/2 OZ. BOX **81¢**

QUAKER
Natural Bran 30 1/2 OZ. BOX **47¢**

CHIPS
Chocolate Chips 6 OZ. PKG. **\$1.09**

AUNT ANNAH
Molasses 16 OZ. CONT. **69¢**

TROPHY
Whole Filberts 10 1/2 OZ. PKG. **79¢**

KISMET
Pitted Dates 1 LB. PKG. **95¢**

ALPO, BEEF CHUNKS
Dog Food 23 1/2 OZ. TIN **73¢**

DR. BALCARD, ASSORTED VARIETIES
Dog Food 25 1/2 OZ. TIN **53¢**

GAINES, BEEF
Top Choice 2 1/2 LB. BAG **\$3.13**

MILKBOONE FOR DOGS
Flavor Snacks 28 OZ. BOX **\$1.07**

E. D. SMITH
Tomato Paste 5 1/2 FL. OZ. TIN **37¢**

BRAND, PLAIN
Spaghetti Sauce 14 FL. OZ. TIN **59¢**

HUNT'S
Tomato Paste 5 1/2 FL. OZ. TIN **39¢**

Minute Rice 12 OZ. BOX **99¢**

KELLOGG'S
Bran Flakes 600g BOX **\$1.05**

SUN MAID MULTIPAK OF 6x1 1/2 OZ. PKGS.
Seedless Raisins OZ. PKGS. **\$1.99**

LAWRY'S
Seasoning Salt 227g CONT. **99¢**

LAWRY'S
Garlic Spread 113g CONT. **79¢**

FRENCH'S
Prepared Mustard 9 FL. OZ. JAR **47¢**

CANADA
White Vinegar 128 FL. OZ. PLASTIC BTL. **\$1.53**

HEINZ
Malt Vinegar 16 FL. OZ. PLASTIC BTL. **79¢**

HEINZ KETCHUP 20 FL. OZ. BTL. **99¢**

KRAFT
BBQ Sauce 18 FL. OZ. BTL. **92¢**

BICK'S PICKLES
Baby Dills 15 FL. OZ. JAR **93¢**

ROSE
Sweet Mixed Pickles 24 FL. OZ. JAR **\$1.03**

ASSORTED FLAVORS
Jell-o Jelly Powders 6 OZ. PKG. **55¢**

IGA LOW REGULAR PRICES PLUS WEEKLY SPECIALS

HALTON HILLS IGA HWY. 7 - GUELPH STREET, GEORGETOWN ACTON IGA 8 MAIN STREET NORTH, ACTON