


store wide

turkeys

save **.37** lb.



was **1.25**

frozen predressed Canada grade 'B' **young turkeys** under 10 lb. size

2 Turkeys Per Customer **88** lb.

previously frozen turkey drumsticks lb. **.78** was .98

previously frozen turkey wings lb. **.59** was .79

Schneiders

save **.40**



was **1.98**

Schneiders regular or kiss of orange **sliced side bacon**

1 lb. pkg. **1.58**

Schneiders headcheese 12 oz. bowl **1.28** was 1.48

Schneiders 5 varieties sandwich spread rolls 8 oz. each **.68** was .78

Schneiders

save **.50**



was **1.98**

frozen regular or all beef **Schneiders mini sizzlers**

1 lb. pkg. **1.48**

regular or all beef Schneiders bologna sliced 1 lb. pkg. **1.49** was 1.69

regular or all beef Schneiders salami sliced 6 oz. pkg. **1.15** was 1.25

beef

save **.30**



was **1.98**

Schneiders plain, cheese, onion or mushroom **quarter pound beef burgers** frozen

1 lb. pkg. **1.68**

freshly ground lean ground beef 1 lb. **1.88** was 1.98

previously frozen sliced beef liver lb. **.88** was .98

fish

save **.30** lb.



was **2.29**

frozen store packaged **sole fillets**

lb. **1.99**

frozen, 2 - 4 lb. size whole white fish lb. **.69** was .89

Brilliant Brand frozen cooked shrimp 6 oz. pkg. **1.59** was 1.79

frozen food

save **.16**



was **.49**

frozen Savarin turkey, chicken or beef **pot pies**

8 oz. box **33**

frozen Stouffer's spinach souffle 12 oz. box **.97** was 1.07

frozen - blueberry or regular Kellogg's eggo waffles 11 oz. box **.79** was .87

no-name frozen apple pie 24 oz. box **1.19** everyday low price

pizza & pasta

save **.28** with purchase of 3



was **.39**

Hunts tomato paste 5 1/2 fl. oz. tin

3 for **89**

meat or mushroom Ragu spaghetti sauce 28 fl. oz. jar **1.19** was 1.29

(imported from Italy) Barilla spaghetti 3 500 g boxes **1.00** was .69 ea.

no-name 4 pack (frozen) pizza deluxe 15 oz. box **1.69** everyday low price

drinks

save **.40**



was **.79**

regular, 1.5 litre returnable bottle (plus 30¢ deposit) **Seven-Up**

1/2 price **39**

pure Home Juice orange juice 2 litre carton **.99** was 1.19

choice, unsweetened, vitaminized Allen's apple juice 48 fl. oz. tin **.84** was .94

no-name 6 flavours soft drinks 12 750 mL ret. bottles **1.99** sold by the case only everyday low price

canned goods

save **.20**



was **1.09**

Del Monte, fancy halves or slices **yellow cling peaches**

28 fl. oz. tin **89**

choice Aylmer fruit cocktail 14 fl. oz. tin **.61** was .71

Le Sieur Brand fancy peas 10 fl. oz. tin **.44** was .49

no-name choice small whole potatoes 19 fl. oz. tin **33** everyday low price

cleaning

save **.40**



was **3.09**

laundry powder **Sunlight detergent**

6 litre box **2.69**

Sunlight powder dishwasher detergent 65 oz. box **2.59** was 2.85

Bounce sheets fabric softener 60's box **3.48** was 3.88

no-name heavy duty soap pads 18's bag **.73** everyday low price

all flavours Pamper cat food 6 oz. tin **.19** was .29

beef burgers Gaines top choice 2 kg. pkg. **2.89** was 3.13

all varieties Dr. Ballard's dog food 2 14 oz. tins **.75** was .43 ea.

granulated sugar replacement saccharin-free Sugar Twin (50 sachets) 40 g box **.69** was .79

60% whole wheat or white Praire Gold protein bread (4 tins), all flavours 24 oz. loaf **.59** was .70

Aylmer diet deluxe puddings 17.92 oz. sleeve **1.05** was 1.17

Libby's zoodles all flavours, 4's 3 8 fl. oz. tins **1.00** was .38 ea.

Nellson drink crystals 12.8 oz. pouch, **.99** was 1.09

beef or Irish with beef chunks Puritan stews 8 oz. tin **.55** was .63

Club House sloppy joes mix all varieties (10's) ready-to-serve Quaker oatmeal winterfresh or regular Colgate toothpaste 2, 1.31 oz. envelopes **.73** was .39 ea.

9 oz. box **.75** was .87

100 ml tube **1.09** was 1.35

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