



Prices effective thru Saturday, February 17th, 1979. We reserve the right to limit quantities to normal family requirements!



Our Regular Price lb 1.96 - SAVE 28¢ lb

Burns Pride of Canada Week

Burns, Campfire, Sliced  
**SIDE BACON**  
1-lb vac pac **1.49**

Loin  
**PORK ROASTS**  
Rib Portion  
**1.68**  
lb  
Our Reg. Price 1.78  
SAVE 10¢ lb  
3 TO 3 1/2-LB CUT  
Tenderloin Portion lb 1.78

Combination Loin - Contains: 2 Rib End Chops, 2 Loin End Chops, 4 Centre Cut Chops  
**PORK CHOPS 1.68**

Maple Leaf - Smoked, Cooked Our Reg. Price 1.58 - SAVE 40¢ lb  
**WHOLE HAMS** 16 to 19-lb Average lb **1.18**  
SHANK PORTION LB 1.28  
BUTT PORTION LB 1.38  
(Country Style) Our Reg. Price 1.86 - SAVE 8¢ lb  
**PORK LOIN RIB PORTION 1.78**

PRIDE OF CANADA, SLICED  
Cooked Ham 6-oz vac pac 1.29  
PRIDE OF CANADA  
Wieners REGULAR OR ALL BEEF 1-lb vac pac 1.29  
PRIDE OF CANADA, SLICED, BOLOGNA, LUNCHEON, MAC & CHEESE, CHICKEN  
Cooked Meats 12-oz vac pac 1.29  
PRIDE OF CANADA, SLICED  
Bologna 1-lb vac pac 1.39  
CAMPFIRE BRAND, BY THE PIECE  
Bologna Chunks lb 99¢  
BREAKFAST LINK  
Burns Sausages lb 1.19  
PRIDE OF CANADA, READY-TO-SERVE, DINNER STYLE, VAC PAC  
Boneless Hams lb 2.49  
PRIDE OF CANADA, SLICED  
Side Bacon 1-lb vac pac 1.79  
BLUEWATER - FILLET PORTIONS 12-OZ PKG  
Frozen Haddock 1.58  
BRILLIANT, PRECOOKED (6-OZ PKG 1.58)  
Frozen Shrimp 14-oz pkg 3.58  
FROZEN, BOSTON  
Bluefish Fillets lb 1.18  
Frozen Mackerel lb 35¢

Sorrento cookware  
FEATURE OF THE WEEK!  
3 1/2-quart DUTCH OVEN WITH COVER ONLY **1.99**  
NO OTHER PURCHASE REQUIRED

CUT FROM CANADA GRADE "A" BEEF - EXCELLENT FOR BRAISING  
Blade Steaks lb 1.68  
CUT UP  
Stewing Hens lb 59¢  
MAPLE LEAF  
Corned Beef pkg of 3 2-oz pkgs 1.59  
Maple Leaf, Assorted Varieties Including Peppercorn & Salami  
Deli Sausage 8-oz pkg 1.35  
FRESH  
Ground Pork lb 1.58  
BONELESS  
Leg of Pork lb 1.98  
FEARMANS, HOT OR SWEET  
Italian Style Sausage lb 1.19  
HIGHLINER, FROZEN  
Mackerel Fillets 16-oz pkg 99¢  
FRASERVALE, FROZEN, TURBOT  
Fish & Chips 24-oz pkg 1.89  
MARY MILES 2-LB AVERAGE VAC PAC  
Side Bacon By the Piece lb 1.29  
CENTRE CUT ROAST OR CHOPS  
Pork Loin lb 2.08  
SCHNEIDERS, FROZEN 2-LB PKG  
Hamburg Patties 3.48  
SEA BUOY, BATTERED COOKED  
Frozen Sole lb 1.78

**COME ON DOWN FOR GREAT "ACTION PRICED" SPECIALS AT A&P!**

REAL VALUE!  
Ann Page  
**PEANUT BUTTER**  
1-lb plastic jar **99¢**

SAVE 28¢  
Blossom, From Concentrate  
**APPLE JUICE**  
48-fl-oz tin **59¢**  
OUR REGULAR PRICE 87¢

SAVE 1.10  
Powdered  
**SUNLIGHT DETERGENT**  
6 litre box **1.99**  
OUR REGULAR PRICE 3.09  
(LIMIT 2 PER CUSTOMER, WITH A MINIMUM \$5.00 PURCHASE EXCLUDING CIGARETTES & THIS PRODUCT.)

A&P's "GARDEN SPOT!"  
Dole or Chiquita  
FINEST QUALITY  
**BANANAS**  
4 lbs **1.00**  
No. 1 Grade, Sweet, Nutritious 2-lb cello bag  
**ONTARIO CARROTS 39¢**  
FLORIDA'S FINEST INDIAN RIVER, WHITE, EXTRA LARGE SIZE  
Grapefruit 3 for 1.00  
CANADA FANCY, ONTARIO, SWEET, JUICY, RED DELICIOUS  
Apples 5-lb cello bag 1.79  
ARIZONA, LARGE ORIGINAL BUNCHES  
Onions Green 3 for 89¢  
NO. 1 GRADE, PROD. OF CHILE, PRESIDENT VARIETY  
Plums Large Size lb 99¢  
ASSORTED COLOURS 4-INCH POT  
Potted Mums 3.69

BUY 5 SAVE 46¢  
Vegetable or Tomato  
**HEINZ SOUPS**  
10-fl-oz tin  
**5 for 99¢**  
Our Reg. Price 29¢ each

Action Priced!  
**BORDEN YOGURT**  
175 g tub  
**4 for 99¢**

BUY 5 SAVE 44¢  
Assorted Flavours 3-oz pkg  
**JELL-O POWDERS**  
**5 for 99¢**  
Our Reg. Price 2 for 57¢

JANE PARKER - SLICED, 60% WHOLE WHEAT, REGULAR OR SANDWICH ACTION PRICED!  
**Brown Bread** 24-oz loaf **2 for 1.09**  
OUR REG. PRICE 85¢ - SAVE 16¢  
McCAIN, FROZEN, JULIENNE, BEEFEATER, CRINKLE OR STRAIGHT CUT  
**French Fries** 2-lb pkg **69¢**  
SOFT MARGARINE OUR REG. PRICE 1.37 - SAVE 38¢  
**Fleischmann's** twin pack of 2 8-oz tubs **99¢**  
DECOR II - 2-PLY, ASSORTED COLOURS PKG OF 4 ROLLS  
**Bathroom Tissue 99¢**

WHITE SWAN - ASSORTED COLOURS  
**Facial Tissue** box of 200 sheets **59¢**  
HUMPTY DUMPTY - ASSORTED VARIETIES ACTION PRICED!  
**Potato Chips** 225 g pkg **89¢**  
STRAINED FOODS & JUICES ACTION PRICED!  
**Gerber Baby Foods** 4 for **89¢**  
STRAWBERRY OR RASPBERRY, WITH PECTIN OR MARMALADE 24-FL-OZ JAR  
**Mrs. Lukes Jams 99¢**

Boutique pkg of 2 rolls  
**KLEENEX TOWELS 99¢**

Detergent  
**SUNLIGHT LIQUID 69¢**  
24-fl-oz plastic bottle