

IGA for Good Value

RECONSTITUTED
IGA Apple Juice
38 FL. OZ. TIN **55¢**

PRODUCE OF U.S.A.
Sunkist Navel Oranges
Size 113 **\$1.49** doz.

PRODUCE OF U.S.A.
FLORIDA MARSH SEEDLESS
Red or White Grapefruit

8 SIZE 48's FOR **99¢**

SPAGHETTI OR READY CUT MACARONI
Catelli Pasta
2 LB. BOX **59¢**

2 PLY ASSORTED COLORS
Tiffany Bathroom Tissue
PKG. OF 4 ROLLS **79¢**

MADE IN CANADA
Northland Fire Logs
EA **99¢**

ONTARIO GROWN CANADA FANCY GRADE
Red Delicious Apples 5-LB. BAG **\$1.59**
ONTARIO GROWN CANADA NO. 1 GRADE
Carrots 3 2-LB. CELLO BAGS **99¢**
ONTARIO GROWN CANADA NO. 1 GRADE
Onions 3 2-LB. BAGS **87¢**
ONTARIO GROWN CANADA NO. 1 GRADE
Rutabagas LB. **12¢**

3-LB. AVG.
Fresh Pork Loin Roasts
\$1.18
RIB PORTION
LB.

3-LB. AVG.
Fresh Pork Loin Roasts
TENDERLOIN PORTION
\$1.28
LB.

100% PURE VEGETABLE OIL
Trillium Soft Margarine
1-LB. TUB **45¢**

ASSORTED COLORS
Kleenex Facial Tissue
PKG. OF 200 **59¢**

7 CHOP ECONOMY PACK (2 RIB, 4 CENTRE, 1 TENDERLOIN PORTION)
Fresh Loin Pork Chops LB. **\$1.38**

WHOLE LEGS, HOCK REMOVED
Fresh Pork Roasts
LB. **\$1.28**

ORANGE PEACH
Salada Tea Bags
PKG. OF 60 **\$1.59**

PRICES EFFECTIVE WED., JAN. 3 TO SAT., JAN. 6, 1979.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

- MAPLE LEAF, SLICED **Side Bacon** 1-LB. PKG. **\$1.58**
- MAPLE LEAF **Wieners** 1-LB. PKG. **\$1.28**
- MAPLE LEAF PURE PORK OR ALL BEEF **Sausages** 1-LB. PKG. **\$1.38**
- MAPLE LEAF, SLICED **Bologna** 16-OZ. PKG. **\$1.28**
- MAPLE LEAF, 3-LB. AVG. **Comed Beef Brisket** LB. **\$1.88**
- MAPLE LEAF **Tenderstrips** 12-OZ. PKG. **\$2.18**
- MAPLE LEAF, SLICED **Comed Beef** 4 x 2-OZ. PKGS. **\$1.58**
- MAPLE LEAF **Blood Pudding Rings** LB. **\$1.48**

Fresh! Leg Pork Roasts
SHANK PORTION HOCK REMOVED **\$1.38**
BUTT PORTION **\$1.48**

LIBBY'S IN TOMATO SAUCE
Spaghetti, Zoodles or Alphaghatti
13 FL. OZ. TIN **39¢**

- Pepsodent Toothpaste** 100 ml TUBE **\$1.09**
- MCFEETERS, PLAIN OR CINNAMON **Honey Butter** 10-OZ. PKG. **69¢**
- FRASERVALE, FANCY, FROZEN **Peas & Carrots** 2-LB. POLYBAG **79¢**
- HIGH LINER, FROZEN, INDIVIDUALLY WRAPPED **Boneless Cod Fillets** 14-OZ. PKG. **\$1.49**
- SWANSON, FROZEN, BEEF, FRIED CHICKEN OR TURKEY **Meat Entrées** 7 TO 8 1/2 OZ. PKG. **79¢**
- FARMHOUSE, FROZEN, BANANA, CHOCOLATE, COCONUT OR LEMON **Cream Pies** 12-OZ. PKG. **69¢**

ASSORTED FLAVORS
Bright's Mini Puddings
SLEEVE OF 4 x 5 OZ. TINS **79¢**

SHORTBREAD RINGS, DANISH CRISP, COCONUT CREME, PEANUT BUTTER CREME, VANILLA ICED OR CHOCOLATE CHIP
Westons Biscuits 400-g PKG. **89¢**

- HALVES OR SLICES **Ardmona Peaches** 26-FL. OZ. TIN **79¢**
- IGA, CHOICE **Dessert Pears** 14 FL. OZ. TIN **39¢**
- IGA **Choice Tomatoes** 26-FL. OZ. TIN **49¢**
- PLAIN, WITH MEAT OR WITH MUSHROOMS **Ragu Spaghetti Sauce** 14 FL. OZ. JAR **59¢**
- CAPRI **Luncheon Meat** 12-OZ. TIN **89¢**
- LIPTON **Chicken Noodle Soup Mix** 2 PKGS. OF 2 ENVS. **88¢**
- DERBY, MEAT MIX, BEEF CHUNKS OR BEEF STEW **Deluxe Dog Foods** 14 TO 15 OZ. TINS **29¢**
- HERSHEY, INSTANT **Chocolate Drink Mix** 2-LB. TIN **\$1.99**
- 100-FT. ROLL **IGA Waxed Paper** CUTTER BOX **59¢**

HOSTESS **Cheese or Barbecue Crunchits or Cheese Sticks** 150-g PKG. **55¢**

HOSTESS **Pretzel Twists or Pretzel Sticks** 225-g PKG. **55¢**

POWDERED **ABC Detergent** 6-LITRE BOX **\$1.89**

Vaseline Intensive Care Lotion 400-ml TUBE **\$1.39**

OILY OR NORMAL **Gee Shampoo** 350-ml PLASTIC BTL **\$1.89**

DISPOSABLE **Cricket Lighter** EA **79¢**

BLACK DIAMOND **Mozzarella Cheese** 12-OZ. PKG. **\$1.59**

MAPLE LEAF, REGULAR WRAP, PROCESS **Cheese Slices** 16-OZ. PKG. **\$1.39**

People Come First at IGA



Cranberry Coleslaw

A traditional holiday treat, cranberries can accompany all meats, vegetables, salads, relishes and desserts, year-round.

Left-over fresh cranberries will freeze well and keep almost indefinitely if well wrapped. But here is an unusual recipe for using up fresh cranberries.

- 1 cup chopped cranberries
- 1/4 cup sugar
- 3 cups finely shredded cabbage
- 1/2 cup orange juice
- 2 tbsps. chopped celery
- 2 tbsps. chopped green peppers
- 1 cup seeded, halved green grapes
- 1/4 cup salad dressing or mayonnaise

Mix cranberries with sugar. Moisten cabbage with orange juice. Add sugared cranberries, celery, green pepper and grapes. Toss lightly with salad dressing. Chill half an hour. Makes 6 to 8 servings.

Mrs. Green is available to talk shopping to groups. Please write: Box 665, Toronto, M4Y 2N6.