



Bill Pickells and Debbie Danard demonstrate a move during their self defense course for women which they are teaching at the Way-Jay Club in Norval. The course was started after an attempted rape in Brampton prompted several females to ask Danard to begin the course. (Herald photo)

Meet the Coach

He never saw the members of his now team as novices. "When it came time to selecting a team this year I did not know any of them," he said. "My manager, Ian Ward and I gave the players numbers and I did not even want to know their names until the club was selected." The team has been very successful so far this year.

Beattie said he has not made up his mind as to whether he will be back coaching Rep hockey next year. "Coaching rep hockey can be very demanding," he said. "As I said my wife is expecting our second child and I don't know whether I will have the time next year. I'll make a decision after this season is over."

Early press date

Due to an early press date because of Christmas falling on a Monday, the Herald had to be put to bed on Saturday. The sports action taking place last weekend will appear in next week's Herald.

Sheridan College conducting forum

Ross Milne, M.P. in conjunction with Sheridan College will be conducting a public forum - "Help for Small Business - How to Get It". The forum will be held at Sheridan College on January 11th from 8:30 a.m. to 2:00 p.m.

Pre-registration is required prior to January 11th. Inquiries should be directed to Mr. Milne's constituency office, 459-1818, or to Sheridan College, 459-7533. Ask for Bev Fraser.

The forum will deal extensively with the new purchasing and tax policies and how the small businessman can take advantage of these. Other topics of discussion will include the financing of new and expanded businesses and assistance to design new products, enter the export market and upgrade manpower skills.

The forum will be concluded following lunch with a speech by Ross Milne - "Government and the Small Businessman".

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Attempted rape in Brampton prompts self-defense course

By TONY PANACCI
Herald Sports Editor

An attempted rape in Brampton sparked Bill Pickells and Debbie Danard of the Northern Karate Club to begin a self-defense course for women.

The course is taught two times a week at Norval's Way-Jay Club.

Danard, who is the organizer of the course, said females in Brampton approached her about beginning the program after they heard that a girl they knew had been attacked.

10 ENROLLED

At present there are 10 girls, all from Brampton, enrolled in the course in which classes are held Thursday and Sunday.

Pickells, who is the head of the Northern Karate Club and who also helps Danard with the self-defense course, said the course will run for eight weeks and that a new program will begin in January. The present students are enrolled for an eight-week program.

Although both Pickells and Danard are known for their achievements in the karate world they said that a background in the martial arts is not needed for the self-defense course.

"There are some of the karate basics taught," said Danard, "but none of the girls taking the course now have ever taken karate."

The differences between karate and the self-defense course are much more evident than the similarities. Karate is for the most part an art. The self defense course aims to teach its students survival with the minimum of art utilized.

"We teach the students to bit, scratch and do anything else which could help them survive an attack with the minimum of harm being done to them," said Danard.

Kicking is taught, but Danard said it is nothing like karate kicking.

"We do not teach the students to kick above the waist," she said.

At the beginning of each of

the classes the students do exercises to loosen up. However, physical fitness is not stressed. In eight short weeks there is not enough time to concentrate on physical fitness.

Pickells said that he and Danard try to show the students how much power their bodies can generate.

MENTAL THINGS

"It's a mental thing with a lot of women," Pickells said. "They get attacked by a man who is much bigger and they think they are powerless against them...actually no matter how small they are they can do a lot of damage if they had a little confidence in themselves."

Many of the girls taking the course told this reporter that they are doing so because if the occasion arises were they are

attacked they want to be able to defend themselves.

When I was at the class the girls were in only their fourth class. However, all of them said that they had much more confidence in themselves surviving an attack than they did before enrolling.

When the eight-week period is over Pickells is going to bring in his male karate students. They will act as attackers and the girls will get to show their stuff.

"The main thing we teach our students is to get away," Pickells said. "And once they have gotten away to start screaming at the top of their lungs."

Pickells said he would like to see some Georgetown women at the classes beginning in January. Anyone interested in the course can contact Pickells

or Danard through the Way-Jay Club.

INTERNATIONAL HOCKEY

AUSTRIAN NATIONAL TEAM

VS

GEORGETOWN CHRYSLER RAIDERS

FRIDAY, JANUARY 5, 1979

8:30 P.M.

GORDON ALCOTT MEMORIAL ARENA

ADULTS: \$4.00 CHILDREN: \$2.00

Tickets Available at:

• Creative Camera Centre

Georgetown Market Place

• Kentner's Dairy Bar

Mid Street Downtown Georgetown



THE REGIONAL

MUNICIPALITY OF HALTON

LOCAL IMPROVEMENT NOTICE

TAKE NOTICE

THAT the Regional Municipality of Halton intends to construct the following local improvement works pursuant to Section 12 of The Local Improvement Act and intends to specially assess a part of the cost upon the land abutting directly on such works.

Description	On	From	To	Estimated Cost	Estimated Amount to be paid by Region	Estimated Cost per m Frontage	Cost Per Connection	No. of Annual Install.	Annual Rate per m. frontage at 10 percent	Annual cost per connection at 10 percent
PR-472 - 150 mm and 200 mm diameter watermain and connections	Confederation Street	Existing 10" Ø W.M. (approx. 243 m North of John Street)	Credit Street	\$180,000	\$77,300	\$26.25	\$400	15	\$3.45	\$52.59
Town of Halton Hills	Credit Street	Confederation Street	Erin Street							
	Erin St.	Credit Street	Alexander St.							
	Alexander Street	Erin St. Erin St.	Confederation St. Park Street							
	Park Street	Alexander Street	End							
	Beaver Street	Credit Street	Alexander Street							
	Karen Drive	Confederation Street	End							

THAT persons desiring to petition against the undertaking of the above desired works must do so on or before the 26th day of January, 1979. Petition forms may be obtained from the office of the Regional Clerk, 1151 Bronte Road, P.O. Box 7000, Oakville Ontario. Telephone: 827-2151.

Dated at the Town of Oakville this 27th day of December, 1978.

Garfield Brown
Regional Clerk