

Save on

dinner

save **.40** lb.



fresh chicken leg quarters or chicken breast quarters wing on

was **1.18**

lb. **.78**

save **.60**



produce of U.S.A. fresh broccoli serve hot with lemon sauce

was **1.18**

1/2 price bunch **.58**

lunch

save **.17**



regular or all beef Loblaws

was **1.35**

wieners 1 lb. pkg. **1.18**

save **.09**



Loblaws hot dog or hamburger rolls

was **.52**

8's pkg. **.43**

no-name frozen choice french fries 2 lb. poly bag **.28**

no-name Canada choice apple juice from concentrate 48 fl. oz. tin **.65**

no-name salad dressing 32 fl. oz. jar **1.05**

no-name white serviettes 400's pkg. **1.79**

no-name sliced macaroni & cheese loaf, chicken loaf or bologna 1 lb. sold only as packaged **.99**

new no-name plain yogourt 500 g tub **.59**

no-name frozen fish & chips 1 lb. sold only as packaged **.99**

no-name ginger snap cookies 700 g bag **.99**

from Florida! new crop, red or white grapefruit 5 lb. bag **.99**
produce of South Africa!, valencia variety oranges 4 lb. bag **1.58**
from the tropics, large size bananas 1/2 lb. **.22**
produce of U.S.A., no. 1 grade tomatoes 2 lb. tray **1.00**
Ontario grown, no. 1 grade potatoes 10 lb. bag **.57**

Squirrel - smooth or crunchy peanut butter 2 lb. jar **1.79**
quick or instant Quaker Oats 1.25 kg box **.89**
Pure Springs - all flavours, plus 20¢ deposit soft drinks 750 ml ret. btl. **.35**
Kleenex; 2 ply, regular - white, yellow or pink facial tissue 100's box **.41**
Blue Bonnet, vegetable oil margarine 3 lb. carton **2.09**

E.D. Smith garden cocktail 28 fl. oz. bottle **.48**
spaghetti or ready cut macaroni Catelli pasta 2 lb. box **.59**
Dol Monte, yellow cling, fancy peach halves or slices 28 fl. oz. tin **.75**
Green Giant, fancy summer sweet peas 10 fl. oz. tin **.29**
Kraft spirals macaroni & cheese 6 3/4 oz. box **.33**

with cheese and tomato sauce Heinz spaghetti 14 fl. oz. tin **.39**
Neilson country crisp, all varieties, (12's) natural snack bars 9 oz. box **.99**
Dol Monte - all flavours, (four 5 fl. oz. tins) pudding cup 20 fl. oz. sleeve **.89**
Weston english muffins 8's pkg. **.59**
Aylmer, pure orange marmalade 24 fl. oz. jar **1.09**

by Pol Martin

free recipe of the week available in all stores



back bacon lyonnaise Succulent broiled back bacon served with sweet onions on toast, topped with cheddar cheese.

save **.40** lb. sweet pickled end cuts by the piece back bacon **1.98** lb.

save **.40** Ontario grown no. 1 grade jumbo slicing onions pkg of 2 **.58**

gifts for under **\$10.00**

Photo Album holds 150 prints **4.99** each

Photo Flip holds 24 photos high impact plastic 2 sizes available **8.99** each

Frame II holds 3 1/2 x 3 1/2 and 3 1/2 x 5 photos, displays 11 photos in 3 dimension **9.99** each