

## Ballinafad News

By WINIFRED SMITH  
Herald correspondent

The congregation attending Church service on Sunday was some what larger than usual. There were three infants Baptised. It was good to see Grandparents, Aunts, Uncles and friends out to witness the Sacrament of Baptism. The following children were welcomed into the fellowship of the Church of Christ through Baptism. Andrew James Munro, son of Mr. and Mrs. Bruce Munro, Christy Ann Malre Pinkerton daughter of Mr. and Mrs. Robert Pinkerton and Lucas Roy Wood, son of Mr. and Mrs. Douglas Wood. To add to the service the men's choir sang the musical selection "By Cool Silliam's Shady Cell". It was announced that the U.C.W. are to have a mini bazaar and bake sale, also afternoon tea will be served on this coming Saturday at the church. Annual turkey supper coming up in November. The sermon was "What Christians are and was entitled "Salt and Light".

**CLUB**  
The Ballinafad 4-H Club have just completed their fourth meeting. They have chosen the name "Metric Magicians." The club project is "Essential Edibles." The measure used for all cooking is the new Metric System. The recipes followed all have ingredients essential to health. Following are some of the recipes made and sampled by the girls. Granola, energy squares, healthy peanut bread, peanut and carrot spread, potato cheese chowder, a la Metrie made with metric white sauce, with ham and mushrooms added. It was stressed that all the meals were important, especially breakfast. The girls are being taught to make all meals including Brunch, interesting and colorful as well as nutritious. The club leaders are Mrs. Reggie Slessoraitis and Mrs. Betty Koperdraad. Club officers are - President Shelley Wilson, Vice-president Helen Schwarz, Secretary - Floating, Treasurer - Melanie Shepherd, Press Reporter - Kathy Lozinski. Other members are - Christine Curry and Jackie Koperdraad.

**wedding**  
A wedding of interest to Ballinafad residents took place at the Church of the Latter Day Saints in Guelph on Saturday. The bride, Elizabeth Rogers and the groom Hugh Bass exchanged vows. There were around forty guests present. The couple are enjoying a honeymoon in Florida, on their return they will reside in Guelph. Mr. Bass farmed on the tenth line in Erin Township before retiring when he moved to Guelph. Mrs. Rodgers was a resident of the village for a number of years. She and her late husband moved to Guelph. We extend congratulations to the happy couple.

**LONG TIME**  
Another long time resident of Ballinafad passed away last week in the person of Mrs. Duncan Ferguson. She was the wife of the late Duncan Ferguson, who was the village Blacksmith way back in the 30's. Mrs. Ferguson has not had good health for the past few years and had been confined to the hospital at the Halton Manor. Sympathy is extended to family and relatives of the deceased.

Mr. and Mrs. Ernest McEnery are to be congratulated in the fact that they are again Grandparents. Son Bill and wife Cheryl recently became the proud parents of a son. First grandson for Ernie and Eileen.

The annual banquet and dance for the Ballinafad Ball Team was held at the Community Centre on Saturday night. There were about 90 present. The meal was excellent. Awards were given out. Bonnie Walker was declared the most improved player, with Penny Shortill a close second. Music for dancing was provided by Kent Toeber of Hillsburg. Doris Foeller was responsible for the clever decorations in the Centre for the occasion. A good time was had by all.

The "Take A Break" meetings have begun at the community centre. They take place on Wednesday evenings between 9:30 and 11:30. There is one hour of exercise and usually a speaker. More participation is needed so come along and enjoy morning coffee.

**Sure Sign**  
"I'm not looking my best," said the cashier while demanding she be given time off to take her vacation. "That sounds like a lame excuse," replied the boss. "How do you know you're not 'looking good'?" "Because the men are beginning to count their change," she countered.

TO SERVE YOU BETTER

A&P INTRODUCES  
RUTH REYNOLDS,  
HOME ECONOMIST,  
A&P's CONSUMER CONSULTANT,  
SERVICE

For recipes, nutrition and consumer information or suggestions on how we could serve you better, write to:

RUTH REYNOLDS,  
A&P CONSUMER CONSULTANT,  
P.O. BOX 7237 STATION 'A',  
TORONTO, Ontario,  
M5W 1X8



# There are lots of reasons why...

# YOU'LL DO BETTER AT A&P!

Chiquita or Dole - Ideal for Snacks & Desserts  
**BANANAS**  
4 lbs **1.00**

CANADA FANCY, JONATHAN, ALL PURPOSE

Ontario Apples 5-lb bag **1.59**

NO. 1 GRADE, ONTARIO, FRESH DAILY, SNOW WHITE HEADS

Large Cauliflower each **79¢**

NO. 1 GRADE, IMPORTED, GREEN SLICERS

Cucumbers 3 for **1.00**

ONTARIO, LARGE SIZE, BAKE OR BOIL, LOW IN CALORIES

Pepper Squash 4 for **1.00**

J.B. COUNTRY STYLE

Apple Cider 64 fl-oz bot **99¢**

NEW CROP, FIRST OF SEASON, FLORIDA, MARSHSEEDLESS, SIZE 48's

White Grapefruit 3 for **1.00**

You'll Do Better with A&P's

**ECONOMY CORNER**

Name Brand Products at "NO FRILL" PRICES.

SAVADAY 128-FL-OZ PLASTIC JUG

Liquid Bleach **69¢**

ORANGE MARMALADE - WITH PECTIN

RASPBERRY OR STRAWBERRY 24-FL-OZ JAR

Mrs. Lukes Jam **99¢**



**Hearthside Garden Festival**  
HANDPAINTED STONEWARE

FEATURE OF THE WEEK

**DINNER PLATE**

with EACH \$5.00 purchase

**79¢** only

2 With \$10.00

3 With \$15.00

Choice of three patterns.

Feature item will be repeated 1 more time.

White, Yellow, Blue, Green, Orange  
**KLEENEX TOWELS** pkg of 2 rolls **99¢**

DECOR II, WHITE, PINK, YELLOW, 2-PLY

Bathroom Tissue pkg of 4 rolls **1.09**

IN TOMATO SAUCE ACTION PRICED!

Heinz Spaghetti 14-FL-OZ TIN **2 for 79¢**

CHAMPION - BEEF, CHICKEN, LIVER ACTION PRICED!

Dr. Ballard's Dog Food 4 for **99¢**

FABRIC SOFTENER ACTION PRICED!

Bounce pkg of 20 sheets **1.19**

FANCY PEAS OR CREAM STYLE CORN ACTION PRICED!

Del Monte Vegetables 2 for **79¢**

MIX 'N MATCH - 14 VARIETIES ACTION PRICED!

9 Lives Cat Food 6 oz tin 3 for **89¢**

**SAVE 60¢**  
Powdered  
**TIDE DETERGENT**  
6 litre box  
**2.79**  
Our Reg. Price 3.39

**SAVE 1.00**  
Instant Coffee  
**MAXWELL HOUSE**  
10-oz jar  
**4.99**  
Our Reg. Price 5.99

Buy 3  
**SAVE 41¢**  
Assorted Varieties  
**MONARCH CAKE MIXES**  
3 FOR **1.00**  
9-oz pkg  
Our Reg. Price 47¢

**A&P IS A COUNTRY FARM PORK SHOP!**  
Pork Loin Quarters Cut Into  
**PORK CHOPS** lb **1.68**  
10 Chops in a pkg - 2 Loin End Chops  
2 Rib Chops, 6 Centre Cut Chops  
Our Reg. Price 1.96  
**SAVE 28¢ lb**

Fresh, Pork Side  
**SPARE RIBS** lb **1.38**

Previously Frozen, Meaty  
**PORK HOCKS** lb **58¢**

Country Style  
**SPARE RIBS** lb **1.68**  
Fresh, Sliced (End Cuts, by the piece lb 1.18)

**BONELESS** lb **1.28**  
**SIDE PORK**

SWIFT PREMIUM 1 1/2-LB TIN  
**Canned Hams** 3.79

A&P, SLICED  
**Side Bacon** 1-lb vac pac 1.68

BURNS, BEEF & PORK  
**Sausages** lb 1.28

CAMPFIRE  
**Bologna** by the piece lb **89¢**

SHOPSYS PKG OF 2 - 2-OZ POUCHES  
**Corned Beef** 98¢

FROZEN, PAN READY  
**Whitefish** lb 99¢

FROZEN  
**Mackerel** lb 38¢

MARY MILES, FROZEN 2-LB PKG  
**Beef Steakettes** 2.48

PRIDE OF CANADA, REGULAR OR ALL BEEF  
**Wieners** 1-lb vac pac 1.18

PRIDE OF CANADA - SLICED, LUNCHEON, CHICKEN, MAC & CHEESE, BOLOGNA 12-OZ VAC PAC  
**Cooked Meats** 1.18

PRIDE OF CANADA, SLICED  
**Bologna** 16-oz vac pac 1.28

PRIDE OF CANADA, SLICED 6-OZ VAC PAC  
**Cooked Ham** 1.38

PRIDE OF CANADA, SLICED  
**Side Bacon** 1-lb vac pac 1.88

**Fresh Pork Roasts**  
Shankless  
**Shoulder** lb **98¢**  
Roast  
Our Reg. Price 1.28  
**SAVE 30¢ lb**

**Boneless Butt Roast** lb **1.48**

PORK LOIN  
**Centre Cut Chops** lb **1.98**

FRESH  
**Ground Pork** lb **1.28**

FRESH - SHANK OR BUTT PORTION ROASTS  
**Leg of Pork** lb **1.38**

FRESH - RIB END  
**Pork Loins Boneless** lb **1.98**

FRESH - CENTRE CUT LOIN  
**Pork Chops Boneless** lb **2.98**

PREVIOUSLY FROZEN  
**Sliced Pork Liver** lb **48¢**

Process Cheese Slices  
**BLACK DIAMOND** 1-lb pkg **1.49**  
Our Regular Price 1.69 - SAVE 20¢

Arrowroot, Pepite Beurro, Highland Shortcake, Maple Creams 15-oz tin tie bag  
**MANNING COOKIES** **79¢**

Jane Parker - Sliced, 60% Whole Wheat, Regular or Sandwich 24 oz loaf  
**BROWN BREAD** 2 for **89¢**

Betty Crocker - 7 Varieties including Banana Walnut  
**SNACK 'N CAKE MIXES** 14-oz pkg **89¢**

Kent, Frozen, Concentrated  
**ORANGE JUICE** Florida 12.5-fl-oz tin **59¢**

A&P - Assorted or (Prepriced) 2-lb tin tie bag  
**Chocolate Chip COOKIES** **1.59**

COUNTRY CRISP, BUTTER WALNUT, MAPLE WALNUT, PEANUT & HONEY, TOASTED ALMOND ACTION PRICED!  
**Neilsons Natural Bars** 9-oz pkg **1.19**

READY-TO-SERVE, 7 VARIETIES ACTION PRICED!  
**Quaker Oatmeal** 9-oz pkg **69¢**

ACTION PRICED!  
**Tetley Tea Bags** pkg of 72 **1.79**

MIX 'N MATCH - MONARCH - CHOCOLATE, CARAMEL, APPLE, LEMON, RUM 'N BUTTER ACTION PRICED!  
**Sponge Pudding Mixes** 2/89¢

LONG SPAGHETTI, SPAGHETTINI, READY CUT MACARONI ACTION PRICED!  
**Catelli Pastas** 2-lb pkg **79¢**

TOMATO ACTION PRICED!  
**Ann Page Ketchup** 32-FL-OZ BOTTLE **1.09**

**SAVE 10¢**  
Aylmer - Fancy  
**TOMATO JUICE**  
48-fl-oz tin  
**69¢**  
OUR REG. PRICE 79¢

**SAVE 30¢**  
(Plus 30¢ bottle deposit)  
**7-UP**  
1 1/2 litre returnable bot  
**49¢**  
Our Regular Price 79¢