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Travel Cuba

BY VIVIAN MORGAN

SYNDICATED TRAVEL NEWS - Cuba today is an impressive combination of spectacular physical beauty and functional utilitarianism. It boasts some of the most exquisite beaches in the Caribbean, along with a volunteer building programme based on hard logic. Its people are a blend of shy reserve and spontaneous fun. At every turn the dedication of the people and love of country are evident. The Cuban government welcomes

visitors enthusiastically, but not at the expense of her own people. Tourist facilities are used as much by Cubans as by visitors, especially during the summer months.

One of Cuba's most famous attractions is Varadero Beach, a well-manicured finger of land which beckons the visitor to sample the warm, turquoise waters of the Straits of Florida. As you stroll the powdery white sand beach it's easy to understand why this was once the playground of the very rich. The summer homes which

dot the horizon attest to the opulence which existed. Gradually these beach mansions are being turned into hotels, villas, and restaurants for the new breed of visitor to Cuba.

Traditional tourism is new to today's Cuba. It was first introduced by a young Canadian Graham Atkin. A volunteer among the young people who serve you in the hotels, at restaurants, attending schools, of hotel maintenance, all day and working in the hotels, and in the streets. Their aim is to learn and to help you enjoy your trip.

And not to forget the price to unravel tattered roads. The atmosphere relaxed and the people friendly. You need a decision as to whether to visit Cuba. It is not an island of idyllic beauty, the charming, and the beach bars, called Ranchos.

Contrary to some popular myths, you are quite free to wander at will. The only limitations, outside of national security which is the same the world over, are those caused by other countries or lack of transportation. What is more, the hotels do have a limited command of English and if you speak only Spanish, car rentals are not yet available, but are planned for the future. For the time being, you have to content yourself with what you can see on foot or by bicycle.

If you do go to Cuba, keep a few facts in mind. There is no tipping and Cubans don't understand the system, so don't try. There is little to buy in popular feature with the men, although you can always bring back rum and cigars. Take along your own beach towels, insect repellent and personal necessities. And bring extra film, batteries or flash bulbs as these things are hard to find.

A visit to Cuba is more than a holiday - it's an experience. Long after your tan has faded, you'll remember the shy warmth and quiet pride of the Cuban temperament.

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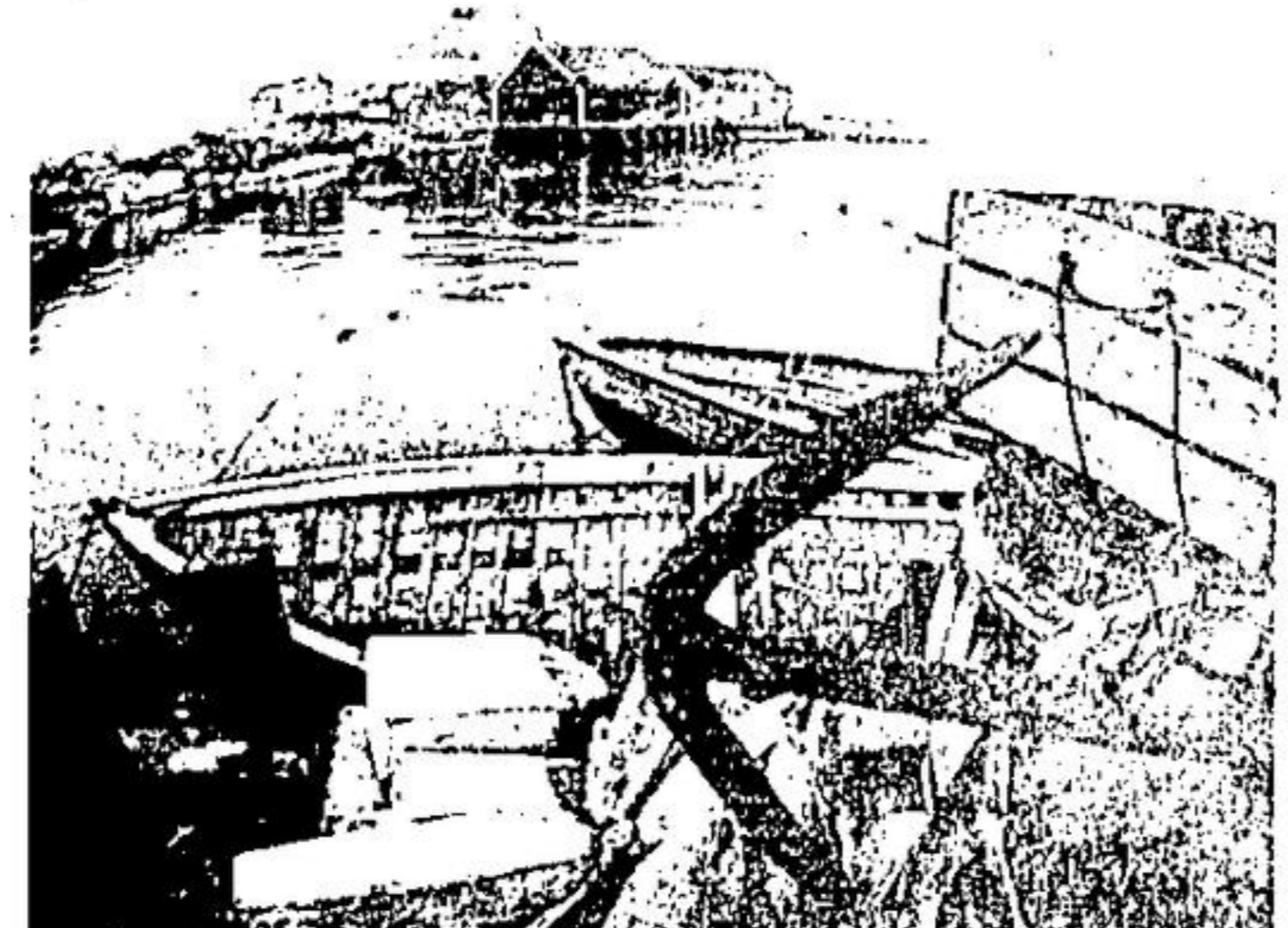
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