

Help your Heart... (1)
Help your Heart Fund

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### Rape prevention explained to Georgetown PWP group By GEORGE EVASHUK menumed, there is an excel-Herald staff writer lent chance the police can find

As well, a zone alert goes out

"When the guy goes home,"

ear's spotted and he's in it and

spotted, he's got a problem."

If a woman is raped in a

room, she shouldn't wander

around after the rapist has left

but wolk in a straight line to

the door, he said. There may

The best way for a woman to birn in the community in five minutes, he said avoid rape "is not to place yourself in a situation where it can occur," says Halton police to a wider area. Sergeant Al McQueen Sgt. McQueen said, ". . . if his

And the best defence a woman has got in a rape is "to think clearly."

Sgt. McQueen was speaking on the subject rape to a mixed audience of about 30 at a meeting last Tuesday of Georgetown Parents Without Partners.

Besides telling what a woman can do te avoid rape, he told of what a raped woman should do and showed a "controversial" film on the subject.

How to Say No to a Rapist. . and Survive, "is a fantastic film," the police sergeant said. but it "is not the favorite film of the rape crisis centres. They feel it is controversial. 1

The sergeant explained the police role in a rape is prevention of the act and apprehension of the rapist; whereas the rape crisis centres offer psychological counselling and advice taking up to two or three days or more while the "rapist is gelting away."

"The one philosophy inter-

teres with the other. The 52-minute color documentary is about the spirited presentation of rape defence to a college girl audience by Frederic Storaska, executive director of National Organization for Prevention of Rape and Assault.

Storaska's basic message to woman is "not to do anything that can harm you, except if you are in immediate defence of your life." To repel an assailant, a woman needs something that works.

Sgt. McQueen warned men in the audience that the second reel, which emphasized some of the survival techniques women can use, might make some wish to leave the room. It wasn't quite that bad due to Storaska's presentation -- a combination of salesmanship, showmanship with a louch of the revival tent - and the audience's reaction was laughter amid his chilling points that not knowing what to do

could lead to death. Sgt. McQueen said that once a woman is a rape victim she should notify police at once. She should not wash or change her clothing and she should try to remember as many details about the rapist and the location as could assist police in identifying and arresting the

With a good description of the rapist, and for instance, his car, or any names that were

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Send your entry to:

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# ANN LANDERS Physical contact return 4½% higher won't pass flu

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Dear Ann Landers: We are Catholies. During Mass we are asked by the priest to turn to our neighbors seated on either side of us, shake hands and say, "Peace."

Both my husband and I got the flu last year and we are sure we picked it up from that "Peace" bit. This year we decided to nod to the people seated on either side and say, "Peace". No handshaking. You would not believe the dirty looks we got last

Sunday from so-called Christians. When we tried to explain about our experience with the flu last year they gave us the back of their heads. On the way out I heard one of the 'neighbors' say

something about "those oddicalls" ameaning us, of course). I am very upset. Will you kindly express an opinion? + Trouble in Our Pew Dear Trouble: People in normal good health should

not get the flu from saying "Peace" and shaking hands with a couple of people. I suggest you get plenty of rest, eat properly and do as your priest says. Dear Ann Landers: What can I do about a couple of

people, who, when I meet them casually on the street and say, "How are you?" -- they really tell me? For example, I have been tied up for as long as 15 minutes listening to details about their recent surgery, mother-in-law problems and bad business deals.

Why don't they realize that "How are you?" is a standard greeting and not an invitation to unload problems? How can people be so insensitive? Every time it happens to me I am amazed all over again. Maybe if you print this letter they will get the hint, -- Held By the Lapel Dear Held: Here's your letter but don't expect it to help. The people who are guilty never think you mean

I do have some advice that might come in handy for YOU, however. If you don't want to know how people are, don't ask them. Change your standard greeting to, "Good to see you," or some other affirmative statement.

Dear Ann Landers: I have a hang-up. It didn't bother me so much in my youth, but now I'm a man pushing 48, and every time another man winks at me I want to pop him in the mouth.

Sometimes, I look in another direction and give him the obvious freeze. Often, these are people I work for. Others are just social acquaintances. I have always had a deep-seated suspicion that men who wink at other men are either gay or they feel superior to the person they wink at. I don't care for either. What do you think? -- Blinky and No-Nod

Dear Blinky: I think you've analyzed the problem in the first sentence of your letter - and I hope you get over it. When I get a wink from a member of the same sex I consider it a sign of approval - or if a third party is talking, the wink can mean, "I'm not buying this - are you?"

CONFIDENTIAL to Was She Being Truthful?: I read your letter twice and I believe she was. She said she couldn't marry you for religious reasons. She worships money and you are broke.

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# Christmas Seals

Christmas Seal Chairman C. 1. McFadden, of Burlington, has announced the results of the 1977 Christmas Seal Campaign to the board of directors of the Halton Lung Association at its February meeting.

Total contributions amounted to \$91,028.14, a 4.5 per cent increase over last year's final figure.

Per Capita return on population of 227,390 in Halton Region was 40 cents, the same as last year. Nine per cent of this population figure was solicited by addressed mail and 34 per cent by householder non-addressed mail.

Over 2,000 new contributors responded to the appeal, which balanced the numbers moving out of the area, so the total contributors remain about the same as last year. This is very encouraging, as many associates in Ontario report a drop in contributors.

With some people, especially the elderly, restricting charitable donations because of inflation, Mr. McFadden remarked that he and the Christmas Seal Committee were well satisfied with campaign re-

The amount of addressed mail was decreased this year because of postal rates increasing, but the householder mail, which is much cheaper, went out to everyone in the Region, and the response to this new type of solicitation was gratifying.

By careful management the board of directors is confident that all the programs presently progress will be carried on in 1978. These include Smoking

Withdrawal Clinics, Conditioning Courses for Asthmastic Children and Adults, Asthma Day Camps, Educational seminars in public and high schools, community colleges, libraries and hosnitule and monary function testing in industry, and answering requests for information, litera-

> All, programs are provided free of charge, from the campaign proceeds. No grants are received from any governmental body.

ture, films, speakers, etc. from the Association's office at 184 Balsam Drive in Oakville.

> KINDERGARTEN REGISTRATION

The Halton Roman Catholic Separate School Board

ADVANCED registration for those children who will be attending kindergarten in the Separate Schools in Burlington, Oakville, Milton, Georgelown and Acton (Halton Hills) will be held at all Catholic schools on

> THUR., MARCH 2nd, 1978 9:00 am TO NOON 1:15 p.m. TO 5:30 p.m.

AGE OF ADMISSION AND REQUIREMENTS Children are required to be 5 years of age on or before

February 28th, 1979. Proof of age is required. Family O.H.I.P. Number and S.I.N. (Head of Household)

For further information, please contact the principal of

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R.J. O'BRIEN Chiarman of the Board

C G BYRNES Director of Education

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She will also be required to

He suggested that a rape victim who hasn't had an opportunity to call the police place her trust in a person of authority like a mother, father school principal or mayor. In Halton Hills he also suggested the Contact Centre, "as

be hits of evidence to link the rapist to the crune in the parts of the room he touched. He said the police must appear at times as a stupid idiot to a rape victim but he wants to be to the victim a

good friend. "The rules of evidence in court make it tough for the officer." He said, the basis of the charge is that lack of consent, "a key issue" must be

A rape victim will be questioned by police, Sgt. McQueen said, but in court there would

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be "much harsher questioning. cases before court.

have a medical examination.

and in public". The Crown must prove penetration in rape

long as the present people are running it."

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> Phone 877-4078 Georgetown Fabrics - Moore Park Barber Piano & Organ - Main St.

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