

Senior's residence, a home feeling

By LORI TAYLOR
Herald staff writer

A home-like atmosphere is the most important aspect of the Acton Seniors' Residence, owners Jack and Janet Booth say.

The Acton Seniors' Residence is a residence for healthy, ambulatory senior citizens. It is located on Mill Street in Acton, and they are looking for a few more people to move in. They hope eventually to have eight people living in the house.

The house is large, with four bedrooms upstairs and one in the basement. The Booths have completely redecorated it on their own in the last few months.

"We want to have room enough for everyone, but we want to keep it small enough for a home-like atmosphere," Janet said. She is a fully qualified nurse, with 11 years of experience in working with senior citizens.

Operating a senior citizens' home has been an ambition of Janet's "for about 10 years." It was in May that they decided to go ahead with the idea, and they've been working steadily at it ever since.

"The first thing we had to do was to move back here from Calgary," Jack said. Both he and Janet originally came from the Acton area.

"The people we have here already are very active," Janet said. "They enjoy going to the senior citizens' drop-in, and they would like to see more people going." The Booths have planned to have a woman come and in and teach the ladies such crafts as macrame and crocheting if they are interested.

"We join in with the activities too, including meal times," Jack said. "They enjoy having us with them, rather than being just a number or a customer."

All the residents are able to take part in some of the activities involved in keeping the house going, but only if they wish to. They aren't required to do anything, but the ladies may wish to help with preparing dinner or doing the dishes. There is also a large, private garden behind the house, where once summer comes, the residents may do a little gardening if they wish.

"They can do some gardening, or they can sit in the shade and watch somebody else go it," Jack said.

Residents have their own doctors for the most part, but people from out-of-town can visit the doctors in Acton. In addition, residents are covered by insurance 24 hours a day, in case of a fall or some other mishap.

"We've been encouraging the young people to visit here," Janet said. "The service clubs are coming around as well." She pointed out that the house is well-located for shopping facilities. The only intersection between the house and the stores has traffic lights, she said.

"This is a place for people who are independent, but sometimes just don't feel up to it," Janet said. "We're trying to preserve their dignity—they lose it so fast."



BROWNIE FLY UP

A Brownie fly-up last week at Knox Church hall, Georgetown saw the 3rd Guide Company receiving seven new members, six from the 14th Brownie Pack and one from the 1st. Pack. Lori Brading, Leslie Ross, Brenda

Gallagher, Shelley Bratsby, Clazina Van Spronsen, Dawn Gallagher, and Jane Johnson posed with Georgetown West Commissioner Barbara Phipps in front of the arch through which they passed to join the Guide world.

Unity goal of new year

The New Year's resolution of Coun. C.F. (Pat) Patterson is to work for more unity between the municipalities of Acton, Georgetown and Esquesing. Coun. G. (Pat) McKenzie hopes for the new year, "that all local councillors will work untiringly for responsible mill rates and good progress in public relations and the general service required by our people. With faith in the future and the courage to try, Halton Hills council can be very successful."

Coun. George Maltby will be making the same resolution he did last year - to try to quit smoking. Coun. Peter Morris has resolved to lose 25 pounds in the New Year, "the usual resolution."

Mayor Tom Hill is another who doesn't make New Year's resolutions. "If you don't make them, you don't break them."

What's in a name? Coun. G. (Pat) McKenzie pointed out to council Monday that it got wrong the name of the school in Acton where a natural ice rink has been approved.

The committee minutes had Acton district high school as the designated location but followed the words with McKenzie-Smith in brackets.

Mr. McKenzie, after whom half of McKenzie-Smith middle school is named, told council that that and Acton high school are two entirely different schools not on the same site.

The confusion arose because on the same site as McKenzie-Smith middle school, the former Acton and district high school is another school M.Z. Bennett.

Coun. George Maltby observed that flooding the area between the middle school and the high school, which is about a half mile away, would produce "a big rink."

Silverwood WI News

The Christmas meeting of Silverwood W.I. was held on December 8 as a Christmas dinner. There were 18 members and one visitor present.

After a very delicious dinner a short business meeting was held.

On January 3rd the ladies will meet at the home of Mrs. H. Lindauer for the needle-point demonstration.

The meetings for the winter months will be held at 1:30 p.m.

A friendly hour followed.

Friends and neighbours recently held a Birthday Party for Mr. Ben Case at his home.

Diet Food Revenues
Americans spent almost \$300 million in supermarkets for special diet foods and weight control products last year.

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TIME - 8:00 P.M.
PLACE - GEORGETOWN LIONS DEN MILL ST.

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49c
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55c

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Niblets Corn or Summer Sweet Peas
12 OZ. POLY BAG
39c

DEJAN, MEDIUM
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ASSORTED VARIETIES
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99c

MCDONALD'S
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79c

FROZEN, CONCENTRATED
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79c

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SMILE'S PREMIUM Wieners	89c	Potato Salad or Cole Slaw	79c
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89c

Christie's Ritz Crackers
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89c

100% VEGETABLE OIL
Mom's Soft Margarine 1 LB. TUB
55c

Sealtest Egg Nog 1 QT. CONT.
89c

Eno Fruit Salts PKG. OF 16 OZ. ENVELOPES
69c

Alka Seltzer BTL. OF 25 TABLETS
89c

15 IN. HIGH
Chinet Luncheon Plates PKG. OF 8
49c

WHITE SWAN
Linen Serviettes PKG. OF 24
99c

IGA Brown'n' Serve Rolls
PKG. OF 12
39c

New-Pak Green
LEFTOVER POULTRY

You leftover cooked poultry should be used within four to five days or frozen and used within three months. Always wrap frozen foods with proper freeze material or the meat will dry out and lose flavor.

Save bones, small pieces of meat and skin from cooked poultry to make soup stock. Boil them in water with seasonings such as celery leaves, onion, bay leaf, carrot, salt and pepper. Stock can be used for soups, stews, casseroles, and more. By the way, don't waste all those valuable nutrients left in the liquid from your cooked vegetables - add this liquid to the "stock pot" each day. It will make it go further and be still more nutritious.

HAPPY NEW YEAR!

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