


1/2 price



was ~~.49~~

Ontario grown - solid green heads

cabbage

1/2 price

24

no. 1 grade

each



was ~~1.92~~

Shopsy sweet pickled

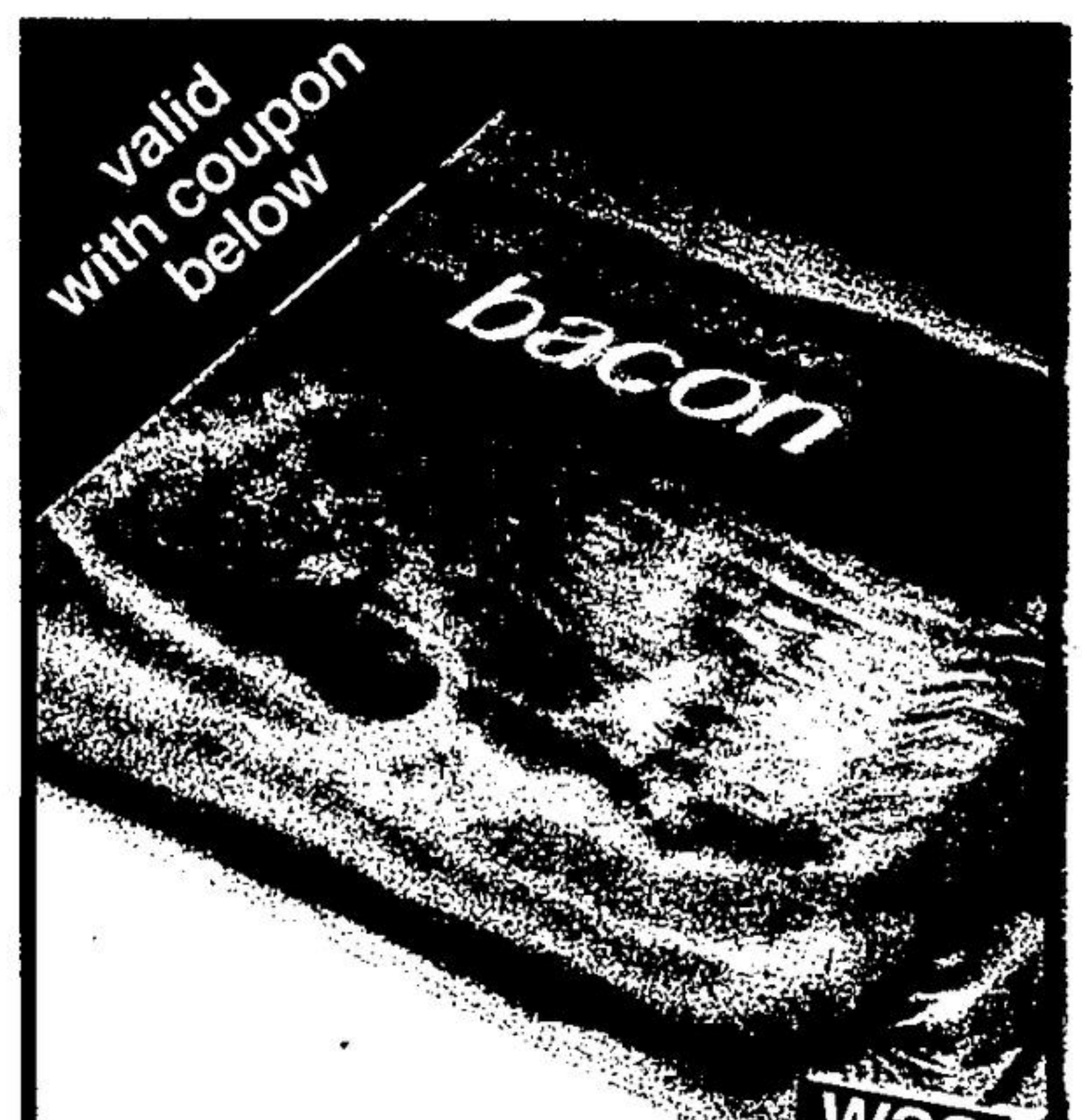
corned beef brisket

1/2 price

.96

lb.

valid with coupon below



was ~~1.88~~

Loblaws sliced

side bacon

1/2 price

.94

only with coupon below

1 lb. pkg.

big meat
at meat

Ontario grown, was 1.69
no. 1 grade top quality

potatoes

20.99

lb. bag

Adolph's was .29

meat marinade

1/2 price

0.8 oz. pkg.

.14

cut from Canada grade "A" beef was 1.98

loin sirloin steaks

1.78

lb.

frozen was 2.49
Highliner Brand cooked

whole lobster in brine

1.99

200 gr each

cut from Canada grade "A" beef was 2.08
porterhouse or T-bone

loin steaks tail off

1.78

lb.

from California! was .98
ideal for snacks!
Italia table muscat

grapes

.58

pound

cut from Canada grade "A" beef was 1.48
bone in - round end

rump roast

1.38

lb.

cut from Canada grade "A" beef was 1.56
boneless full slice

round steak

1.38

lb.

Ziggy's - 7 varieties was 1.12

cooked meat chubs

.98

8 oz. each

Ponderosa Steak House was 2.28

all beef steakettes

1.69

2 lb. pkg.

free steak dinner at Ponderosa Steak House - details on package

Ontario grown! fancy grade! crisp & juicy!

red spartan apples 3 lb. bag .89

Ontario grown! fresh cut! mushrooms pound .99

from Hawaii papayas 2 for 1.00

Ontario grown! tops in sandwiches! leaf lettuce 4 for 1.00

serve as a vegetable or in soups

Ontario grown! leeks each .48

made with honey, no preservatives

Spencer Farm Branch 9 oz. jar .88

floral dept special! colorful oriental! moon cactus each 2.49

tropical meringo ivy on trellis each 3.99

more meat value

cut from Canada grade "A" beef ideal for braising or barbecuing

short ribs bone in lb. .78

cut from Canada grade "A" beef boneless rump roasts lb. 1.58

cut from Canada grade "A" beef cube steaks lb. 1.98

cut from Canada grade "A" beef steaks or roasts

boneless sirloin tip lb. 1.78

cut from Canada grade "A" beef boneless bottom round, thick cut london broil lb. 1.38

frozen sliced calves liver lb. 1.29

Loblaws boneless cooked smoked dinner hams lb. 1.98

more grocery value

white White Swan serviettes 240's pkg. 1.19

Quikkl - regular garbage bags 10's pkg. .99

Wizard, solid - lemon, rose or evergreen air freshener 6 oz. pkg. .79

Primo, meat spaghetti sauce 28 fl. oz. tin .69

Nescafe instant coffee 10 oz. jar 5.49

Heinz tomato ketchup 25 fl. oz. bottle .99

Betty Crocker Snackin' cake, all varieties 14 oz. box .89

one \$20. purchase entitles you to use all coupons in this ad

Loblaws side bacon 1 lb. pkg. 1/2 price .94

only with this coupon and \$20. Loblaws purchase in addition to coupon purchases (excluding cigarettes) offer expires Sat. Oct. 22, 1977

one \$20. purchase entitles you to use all coupons in this ad

Loblaws orange juice 12.5 fl. oz. tin 1/2 price .34

only with this coupon and \$20. Loblaws purchase in addition to coupon purchases (excluding cigarettes) offer expires Sat. Oct. 22, 1977

one \$20. purchase entitles you to use all coupons in this ad

Westcane granulated white sugar 2 kg bag 1/2 price .44

only with this coupon and \$20. Loblaws purchase in addition to coupon purchases (excluding cigarettes) offer expires Sat. Oct. 22, 1977