## HALTON FIELD NATURALISTS

Member - Federation of Ontario Naturalists

The club meets on the second Tuesday of each month - September to April at Harrison Public School in Georgetown, at 8 p.m. At these meetings we have speakers who usually show nature slides, - land, birds, flowers, weather etc. In addition, nature walks are planned throughout the spring and fall and to a lesser extent in the winter.

We welcome new members. Any person interested in such a programme is invited to join us at the meetings or to phone W.L. (Laurie) Jones at 457-4570 for more information.

### Programme 1977-78

SEPTEMBER 13 Joan Rollings - Conservation Areas in General, Silver Creek in Particular

OCTOBER II Mike Singleton-GM of the Federation of Ontario Naturalists-Wetlands

NOVEMBER 8 Jim Woodford - Preserving Natural or Wild Canada

DECEMBER 13 Member's Night and Pot Luck Supper

JANUARY 10 Andrew Cooper - A Naturalist Looks at Aggregates

FEBRUARY 14 Gerald McKeating - Endangered Species

MARCH 14 Ken Carmichael - Let's Think Spring

APRIL 11 Member's Night and Annual Meeting

### MILTON REGIONAL HEALTH UNIT **WE CARE ABOUT YOU** PUBLIC HEALTH NURSING DIVISION

SENIOR CITIZENS

groups under 65 yrs.

HOME CAR PROGRAM

providing care in the home.

provide emotional support.

ALCOHOLIC PROGRAM

POISON CONTROL PROGRAM

Joseph Brant Memorial Hospital.

NUTRITION EDUCATION CLASSES

fitness. Weight Control is stressed.

IMMUNIZATION CLINICS

HOSPITAL LIAISON SERVICE

stay & adjusting to home situation.

Visiting.

Health screening, vision, hearing, weight,

haemoglobin, urinalysis, simple foot care

& health counselling. Follow up Home

To provide initial & reinforcement

protection. Clinics held for ALL age

Hospital ? Home visiting on a referral

basis done by Community Health Nurses

to help bridge the gap between hospital

Co-ordinates medical, professional &

related services for selected patients,

whose hospital stay could be shortened or hospital admission prevented by

Follow up by Community Health Nurses to

stress Safety & Health education &

Provides supportive services to familles

involved with Alcoholism in conjunction

with Addiction Research Foundation and

To discuss benefits of sound nutritional

practice and the effects of food on health &

HEALTH INFORMATION & BIRTH

Weekly health information & birth control

-education & counselling re: human

PRENATAL CLASSES 6 weekly evening classes for Expectant Parents by P.H.N. Instructor to include: PHYSIOLOGY OF PREGNANCY

-physical preparation - labour

-relaxation techniques -baby care and family living POSTNATAL CLASSES Burlington & Oakville only 3 weekly afternoon classes for Parents by

P.H.N. Instructors to include:

-informal group discussions -care and development of new born -concerns: a) routines b) nutrition c)

mother's physical fitness -adjustment to family living -the importance of discipline PARENT EDUCATION GROUPS Designed for PARENTS of children to

include: -role of parents

-development of children

-understanding child behaviour -listening skills -how families work

NURSING ASSESSMENT CENTRE Development Assessment of Toddler & Pre-schoolers to include:

-vision & hearing screening -Denver Development Screening

-counselling -language & speech development SCHOOL HEALTH PROGRAM

A. Pre-Kindergarten Health Assessment to include:

-vision & hearing screening -height, weight

dividual counselling.

-Denver Development Assessment

-interview with Parents B. Elementary & Secondary School Immunization program, vision & hearing screening, communicable disease control. Follow-up re: health concerns may include:

Home visiting, group discussions, in-

-birth control -V.D.

reproductive system.

CONTROL CLINIC

clinic providing:

-health concerns .. Public Health Nurse & a Physician present.

All Classes Continuous Throughout the Year

Family Oriented Home Visiting Service in Conjunction with the Above Programs on Personal Request or by Referral

YOU CALL - WE VISIT YOU SHOW - WE OBSERVE YOU TELL - WE LISTEN YOU REQUEST - WE ACT Miss D. Craig, Director of Nursing Dr. J.H. Chamberlain, Medical Office of Health

BURLINGTON 639-3441 GEORGETOWN 817-2238

MILTON 878-7245 OAKVILLE 845-0085

### GEORGETOWN LITTLE THEATRE

Founder Member of Halton Hills Arts Council - Georgetown Little Theatre will open its nineteenth season this fall and will present four plays to the audiences of Halton Hills. Each production of the Georgetown Little Theatre features members of the community in various roles on and off stage, all donating their particular talents to the production. Culture and recreation are two functions of this group and through its affiliation with the Association of Community Theatres is engaged in many aspects of live theatre throughout Ontario.

Georgetown Little Theatre active members can participate, in any of the upcoming productions. Areas such as lighting, sound, make-up and costumes along with acting are just a partial listing of the many activities that can be performed within the group. As a member, there is room for you.

Meetings are held at Howard Wrigglesworth School, 8:00 p.m. on the first Tuesday of every month.

If just watching theatre is more of what you had in mind, then a season Ticket holder is what you should be. Nevertheless outline all Georgetown Little Theatre' in advance and those holding tickets are assured of seating at all performances and have the opportunity of first choice in any special performances.

Your support of Georgetown Little Theatre as either a member or season ticket holder shows your interest in the cultural development of Halton Hills and is an incentive to develop further cultural facilities.

#### 1977 - 1978 SCHEDULE

October 19-22 - "The Mumberley Inheritance" December 7-10 - "The Straw Princess" March 1-4 - "Murder Mistaken" April 26-29 - "The Anniversary"

#### EXECUTIVE

Box Office: Bob Lee, 877-5407 President: John Roe, 877-2824 Publicity: Pat Joynes, 838-2702

#### FEE STRUCTURE

(For members or subscribers) Student (under 18 years) Single Double Family Senior Citizens

\$7.50 . \$15.00 \$20.00 half rates

\$5.00

Malling Address:

Georgetown Little Theatre, P.O. Box 64, Halton Hills (GEORGETOWN). Ontario.



877-1211

# **NORTH HALTON** CONTACT CENTRE

A free telephone referral and befriending service.

- · Confidential
- 24 hour service

Call for information about:

- community events
- · day care centres - senior citizens services
- emergency aid · local organizations
- · or just to talk
- consumer information

presently handles 450 calls per month. .

Operating as an information and distress centre for almost four years, the service



877-1211

**NEW VOLUNTEERS WELCOME!**