



Summer skating students learn that fitness contributes plenty in teaching lazy muscles how to work effectively.

Summer ice always full

There are a good number of Georgetown young people who have beat the heat and learned plenty at the same time this summer.

They are members of the Georgetown OFF-Season Skating School. Training at Gordon Alcott Memorial Arena from Monday to Thursday, these youngsters and teenagers have learned the basics in the Junior and Senior figure skating and dance.

Skaters are given fifteen minute private lessons with one of the six professional staff. Each lesson costs \$3 to \$4 and a student can have any number of lessons. After or before the private session, skaters have about one and a half hours of free skating time - where they practise what they have learned.

Rick Dowding, director of the school, uses a video-tape machine to show pupils their mistakes.

"It's a very effective means of teaching because it proves to the student the mistakes they're making."

"Often a student must see his mistakes before believing, because it is very difficult to

know what each part of your body is doing during a specific manoeuvre, says Dowding. But skating is not the only thing taught at the school. Students are prompted, but not required, to take a course in ballet and fitness. These courses help in the overall condition of the skater.

The ballet program is taught by Julie Fell, a professional dancer, who works with the students to help them with the ideas for their solo moves and free interpretation. With the use of music, the student learns rhythm, direction and lines of moves the body can make. Julie adds that the program teaches the skater to use the upper parts of their body.

Kathy Scott, a graduate of McGill University phys. ed. program, works to build strength and stamina in the skater. This part of the course greatly increases the strength of the cardio-respiratory system. Students work on vigorous exercises that tone up muscles. Running, jumping, lifting, stretching and rolling around on arms and legs, toughens muscles and teaches students how to relax when

they have to. Both Kathy and Julie work with the students two days per week, for 45 minute sessions.

The junior on-ice program consists of twelve different badges. Each badge has four separate compulsory elements. A junior skater must obtain all twelve badges and pass a preliminary and first figure test, before moving on to the senior category.

All tests are made with a partner. Seniors carry on from the first to eight figures and from the preliminary to gold dances, also done with a partner. The summer session however, only goes until the sixth figure is completed.

Skaters have the opportunity to compete with other summer skaters in Toronto. Dowding says most competitors are from Ontario or New York. Along with the figure skating school, the summer school also handles a hockey school. This year the program is centred around power skating, and will be held from Aug. 15-26th. It is open to all ages and anyone interested in more information is asked to call Rick Dowding at 844-6964 or call the Gordon Alcott Memorial Arena.

Youngs pull out in front

By THERESA CALLAGHAN SENIORS

Game of the Week
Youngs 27 - Blue Giants 1
Umpire: A. Dickson

Youngs has finally done it. This win, their seventh, gave them first place by themselves. The whole team earned game star for the great performance. They took the lead early in the match and played a steady game. Clare Carter had a great night at bat belting out two big home runs. Carol Hogg had the only other homer in the game. Pitchers were Ginny Wilkes, Carol Hogg and Fire Power.

Standard Products 14 - Cable Jets 7
Umpire: Bill Hall

The Jets had the lead early in the game but lost it to Standard in the third inning. Clare Lacoursiere earned game star for Standard with her pitching while Karen Cawley and Donna Reed deserved special mention for their batting. Ruth Scott, Robin Hiltcock and Kelly Lamb each made good catches. Stars for the Jets were Anna Marie Stone and Ruth Scott. Hurlers were Shelley Perkins, Claire Lacoursiere and Donna Reed. Homers were hit by Karen Cawley and Donna Reed.

Varsian 22 - Foberts 18
Umpire: Cur Oosterhof

Foberts took the lead for the first four innings. Varians managed to tie up the score in the fifth and took the lead in the sixth to win the game. Home runs went like this: Chris Girardi 2, Silvana Girardi 2, and Claudette Bourque 1. Pitching from the mound were Chris Girardi, Silvana Girardi and Patty Barber. Game stars went to

Silvana Girardi and Chris Girardi.

Magnusons 23 - Neilson 22
Umpire: J. Ford

This was a close game all the way through with neither side taking more than a one run lead. Neilsons gave it a good try at their last bat but fell one run short of the strong Magnuson team. Home runs were hit by Lynda Evans and Jeanine Girardi. Lori Worrall's superb pitching really helped Magnusons take n. Pitchers were Jeanine Girardi and Carey Worrall for Neilsons.

JUNIORS
Game of the Week
Pauline Flowers 16 - Delrex 5
Umpire: Monica Pollock

Pauline played an excellent game against this high rated team. It wasn't until the fourth and fifth inning that Pauline really poured it all on bringing in seven runs each time at bat. Heather Wallace made some outstanding hits that earned her game star. It was an excellent team performance that gave Pauline the win. Pitchers were Donna Sedore and Michelle Miehms. Heather Wallace had the only two home runs of the match.

Dairy Queen 21 - Larrad 9
Umpire: Mr. Richardson

Dairy Queen had this game all wrapped up from the beginning. Game star was shared by Andrea Stafford and Kirsten Mogg. Andrea had a good night at bat while Kirsten had a good show on the mound. Home runs were hit by Andrea Stafford 2, Debbie Dwyer 2, and Susan Kelly 1. Pitchers were Andrea Stafford, Gail Doucett, Debbie Dwyer and Kirsten Mogg.

SENIOR STANDINGS

Team	W	L	T	Pt
Youngs Pharmacy	7	0	0	14
Neilsons	6	2	0	12
Magnusons	6	1	0	12
Standards	5	2	0	10
Geo. Welder	2	5	1	5
Varsian	2	4	1	5
Blue Giants	2	5	0	4
Cable Jets	1	6	0	2
Foberts	0	7	0	0

JUNIOR STANDINGS

Team	W	L	T	Pt
Pauline	6	1	0	12
Fred Harrison	6	1	0	12
Delrex	5	2	0	10
Elks	4	4	0	8
Kinnettes	3	4	0	6
Kentners	3	4	0	6
Dairy Queen	3	4	0	6
Larrad	2	5	0	4
Kinsmen	0	7	0	0

Senior Home Runs
Silvana Girardi 7, Lori Worrall 5, Nancy Vetricsek 5, Margo Craig 5, Clare Carter 5, Meredith Henley 5.
Junior Home Runs
Penny Patterson 7, Karen Penney 6, Michelle Miehms 6, Rosemary Hartley 5.

Review of regional government needed

LETTER

To the editor of The Herald:

Results of the recent provincial election point out that a review of regional government would be in order. The Liberals ran an election on that platform and their popularity increased. Ontario Liberals have become more conservative than the Progressive Conservatives.

Urban Government, misnamed Regional Government, is another expensive tier. As governments grow larger and more complex, they tend to reflect the wishes of the employed staff and consultants rather than those footing the bill. Representatives are dealing with problems that don't affect them. Local representatives are badly outnumbered. Hence we have the regional garbage dump voted into the Milton area because nobody wants it in their back yard. Milton was not good enough for the expensive building but good enough for the garbage!

About 3 years ago, M. M. Dillon was commissioned to find a landfill site with no mention of reclamation. This was an expensive study and as pointed out by some wise councillors, incomplete. Ironically, local individuals had more information about reclamation than region's works staff.

A few years ago, education changed drastically because of the recommendations of the Hall-Dennis report. Many believed it foolish but it was done by experts and so who were we to disagree? We now know the disastrous results.

Unfortunately, many people believe that garbage wrapped neatly in a plastic bag does not pollute. Soil can use compost as fertilizer but it rejects tin cans, plastics, etc. They act like poison and produce leachate and methane. Kitchener dump on Ottawa Street is a good example. It is a future ski hill covered with venting pipes. After spending \$300,000.00 methane continues to be a problem pentrating a clay barrier.

One year ago, I attended a Regional Council meeting and was impressed with a young councillor. He said that governments should be listening to the people. He was a pilot and bilingualism was being implemented into air control towers. I agreed with him. Since then, that councillor has become regional chairman and is not following his own advice. It appears he is prepared to force in a dump on Site F regardless of financial or environmental costs.

Can we afford reclamation? As energy costs rise, we can't afford to be without it. The Dillon Report now nears the half million mark. Over two million has been voted towards a needless headquarters. They have just voted to push through a dump with no fixed price tag. Half of the cost of reclamation is financed by the province while the other half is interest free to be paid over 40 years.

Land is a legacy, entrusted to each generation to pass on to the next as good as we received it. Can we justify passing on a land full of garbage and pollution?
Yours truly,
Mrs. Eleanor Bousfield

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TUESDAY	2:00-4:00 Public 6:00-7:30 Family	•	2:00-4:00 Public 8:00-9:00 Adult	12:00-1:00 Adult 2:00-4:00 Public 6:00-8:00 Public
WED	2:00-4:00 Public 6:00-7:30 Public 7:30-8:30 Adult	BEACH AND WADING POOL ARE	2:00-4:00 Public 6:00-7:00 Family 7:00-9:00 Public	12:00-1:00 Adult 2:00-4:00 Public 6:00-8:00 Public
THURSDAY	2:00-4:00 Public 6:00-7:30 Family	SUPERVISED DAILY FROM 1:30- 4:30	2:00-4:00 Public 8:00-9:00 Adult	12:00-1:00 Adult 2:00-4:00 Public 6:00-8:00 Public
FRIDAY	2:00-4:00 Public 6:00-7:30 Public	•	2:00-4:00 Public 6:00-7:00 Family 7:00-9:00 Public	12:00-1:00 Adult 2:00-4:00 Public 6:00-8:00 Public
SATURDAY	2:00-4:00 Public 4:00-5:30 Family	WEATHER PERMITTING	2:00-4:00 Public 6:00-7:30 Family 7:30-9:00 Public	12:00-1:00 Adult 2:00-4:00 Public 6:00-8:00 Public
SUNDAY	2:00-4:00 Public 4:00-5:30 Family 6:30-8:00 Public		2:00-4:00 Public 6:00-7:30 Family 7:30-9:00 Public	12:00-1:00 Adult 2:00-4:00 Public 6:00-8:00 Public

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LETTERS

Writer seeks Boer War veterans

To the editor of The Herald:
It is seventy-five years since the Peace of VEREENINGING brought the Anglo-Boer War to a close. The Boer War was the occasion of Canada's first major overseas military campaign and relatively little has been written about the participation of the Canadian contingents.

I am engaged in researching the role of the Canadian forces in this conflict, and I am anxious to get in touch with surviving veterans or with relatives or friends of veterans. Volunteers from Ontario were especially prominent in the Canadian contingents in South Africa. I will be travelling and researching throughout Ontario during the next few months and I would be most grateful if readers could assist me in this project.

I am especially anxious to gain access to papers in private possession pertaining to the War. Should readers be aware of the existence of letters, diaries, scrapbooks, photographs, paintings or any other pertinent material, I would be most appreciative if they would write to me at the address below as soon as possible.

In addition to the troops, there were also Canadian correspondents, doctors, nurses, priests and teachers who went to South Africa. Any information about these participants would also be greatly appreciated.

Hugh Robertson
224 Springfield Road,
Ottawa, Ontario,
K1M 0K9.

Thank you

To the editor of The Herald:
The Red Cross Water Safety Committee would like to express our appreciation and thanks for the extensive coverage of our water safety program in your paper.

Yours sincerely,
Mrs. Janet Bruton,
Chairman, Water Safety Committee,
Georgetown District Branch
Of the Red Cross.

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