

Summer Meals


Barbecue



cap off cut from Canada grade "A" beef

prime rib steaks

lb. **1.35** was 1.68



fresh quarter pork loin

pork chops by the package

lb. **1.38** was 1.68

includes 9 chops, centres and ends mixed

Loblaws, 8's hot dog or hamburger

buns 3 \$1. 8's pkgs.

freshly ground medium ground beef

lb. **.85**

Loblaws

tomato ketchup 2 \$1. 15 fl. oz. bottles

Alcan.

foil wrap 12" x 50' roll, box **.99**

Salads



Ontario grown ideal for fresh crisp Caesar salad

romaine lettuce

4 \$1. was .39 ea



Clover Leaf chunk light pink tuna or salmon

6 1/2 oz. tin 7.75 oz. tin

each **.73** was .83 was .98

Lawry's - all varieties

dressing mixes 5 \$1. .63 oz. envelopes

Nordica, creamed

cottage cheese 30 oz. tub **1.39**

ready cut

Catelli macaroni 3 \$1. 16 oz. pkgs.

Hellmann's mayonnaise 16 fl. oz. jar **.79**

Desserts




no. 1 grade produce of U.S.A.

cantaloupes was .96

1/2 price

jumbo size 27's each **.48**



Neilson ice cream venetian vanilla

1 litre plastic tub was 1.25

1/2 price

venetian vanilla **.62**

returnable bottle, plus 20¢ deposit

Fanta or Sprite 4 \$1. 750 ml bottles

digestive, nice or shortcake

Peek Frean biscuits 15 oz. tin-tie bag **.89**

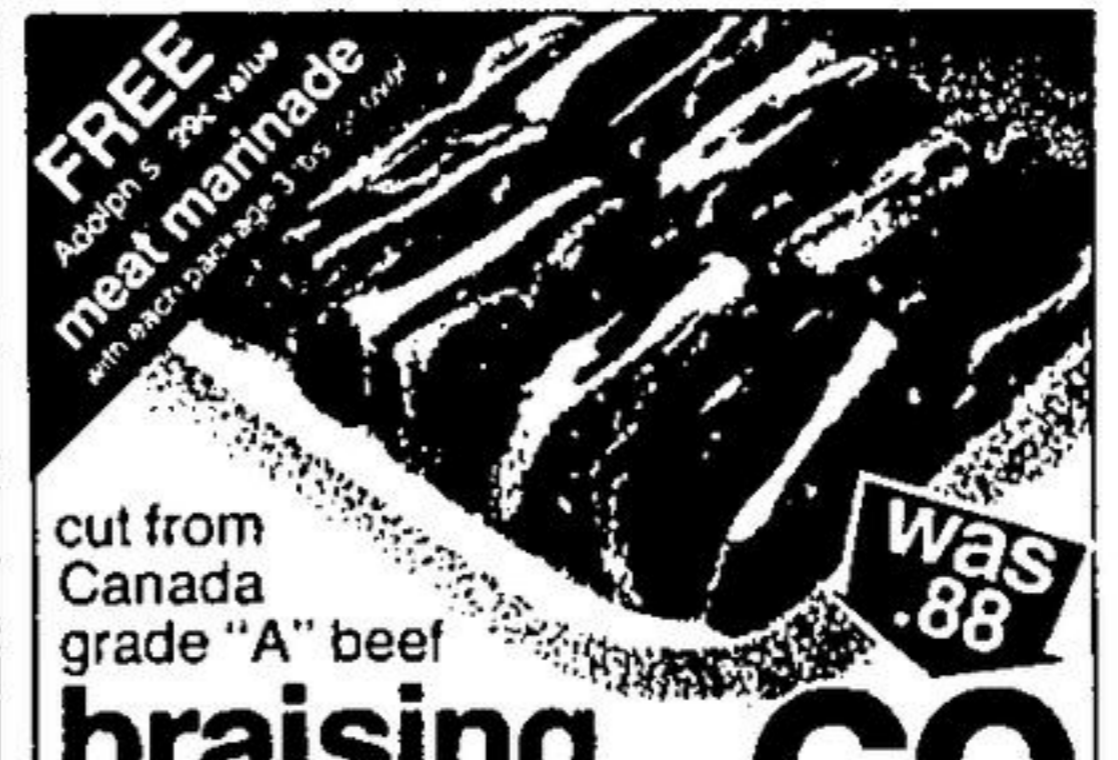
produce of U.S.A. 1 no. 1 grade big black beauties

fresh cherries pound **.78**

Ziggy's, frozen

apple hi-pie 37 oz. pkg. **1.99**

try this special on the barbecue!



FREE Adolph's Meat Marinade with ribs

cut from Canada grade "A" beef

braising ribs bone in lb. **.69** was .88

BARBECUED BEEF RIBS either short ribs or braising ribs 3 to 4 lbs. Braising Ribs

1 pkg. Adolph's Meat Marinade

2 cups Barbecue Sauce, any flavour

Marinade Braising Ribs in Adolph's Meat Marinade according to package directions, ensuring meat is pierced with a fork at 1/2" intervals, to ensure deep down flavour. Coat ribs with barbecue sauce and place on barbecue grill 3" above hot coals. Using a brush, coat exposed side of ribs with barbecue sauce while cooking. (Remainder of Marinade liquid may be used to baste exposed side of ribs if desired instead of barbecue sauce). After 12 to 15 minutes turn and coat exposed side, then cook an additional 12 to 15 minutes. Will serve 6 to 8 hungry people.

more fresh produce

from California! full of juicy valencia

oranges 4 lb. bag **.98**

California no. 1 grade new crop

baking potatoes 10 lb. bag **1.39**

Floral Dept. Special handsome exotic

dieffenbachia 4 inch pot **1.79**

more meat values

fresh country cut

fryer parts lb. **.68** (3 hindquarters with whole back) (3 frontquarters with whole back & neck) (3 wings 2 giblets)

frozen redressed Canada grade "A"

young turkeys under 12 lb. lb. **.85**

frozen New Zealand

lamb shoulder chops lb. **.98**

frozen Maple Leaf

golden fry sausage 1 lb. pkg. **1.18**

Loblaws boneless, cooked smoked

dinner hams lb. **1.98**

Z & W Foods, by the piece

large bologna lb. **.49**

cooked meats - 1 lb. pkg.

Loblaws variety pack **1.15**

Shopsy

potato salad or cole slaw 24 oz. each **.95**

more grocery values

deep browned in tomato sauce or with pork and tomato sauce

Libby's beans 2 14 fl. oz. tins **.79**

Libby's - in tomato sauce with cheese

spaghetti 2 14 fl. oz. tins **.79**

Kotex - regular or super

sanitary napkins 48's box **2.88**

Swift's, premium beef

luncheon meat 12 oz. tin **.85**

Gusto, frozen

cheese pizza 22 oz. pkg. **1.99**

Gay Lea

soft margarine 1 lb. sleeve **.69**

PRICES EFFECTIVE TO TUES. JULY 19 EXCEPT PRODUCE & BAKERY EFFECTIVE TO SAT. JULY 16. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. GEORGETOWN ONLY



Loblaws more than the price is right.