



Centennial middle school subject award winners included Heather Reed for English, Jane Cartwright for math, Virginia Walker for social science, Kim MacLeod for science, Naro Bednarian for French, David Griffiths for

music, Scott Ball for art, Lora Yestadt for family studies, Jamie Burt for industrial arts, Bob Dean and Linda Ferguson for physical education.



School letter winners at Centennial middle school. The award is given annually for those who compile points

awarded for activities in all areas at the school during the pupil's time at the institution.



Matthew Phillips is very proud of the Principal's Award he received last week at the graduation exercises for pupils of Centennial middle school. The award is given annually for outstanding all-round achievement and effort over the years a pupil is at the school.

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Sunday School 9:45 a.m.
Thurs. 7:30 p.m.
BRIGHT, BRIEF, SUMMERTIME SERVICE - ALL WELCOME!

IMMANUEL LUTHERAN CHURCH
Windsor Road at Carole St.
Rev. Harold R. Palzer
Sunday, July 3
10 a.m.
Worship Service
Church of the Lutheran Hour

ST. GEORGE'S CHURCH
Anglican
Rev. R. Gallagher
B.A., S.T.B.
Sunday, July 3
8 a.m. The Eucharist
10 a.m. Divine Worship
Nursery provided

HALTON HILLS PENTECOSTAL ASSEMBLY
Traninger Rd. and No. 7 Highway
Pastor Rev. E. J. Flessen
Sunday, July 3
11 a.m. & 7 p.m. Services
Tuesday 7:30 Prayer and Bible Study

Ballinafad news

By WINIFREDSMITH Herald correspondent
The June meeting of the U.C.W. was held at the home of Mrs. Marilyn Linstead.
The president, Mrs. Larose opened in the usual way.
The roll call was answered by each one bringing their favourite recipe.
Mrs. Eileen McEnery was called on to give the devotion. Mrs. Grace McEnery had charge of the topic, which proved to be quite interesting.
The auction for the bake sale was a real success.
Mrs. Gloria Johnson and Mrs. Jessie Madill assisted the hostess when strawberry shortcake and a cup of tea was served.
A wedding of special interest to residents of the community was held in Ballinafad Church on Saturday afternoon, June 25th when Debra Lynn French, second daughter of Mr. and Mrs. Reginald French was married to Stephen Charles Reid, son of Mr. and Mrs. Charles Reid of Sussex England.
Debbie who was born and raised in Ballinafad was a popular girl who took part in sports and was active in all church work. We join with others in wishing the young couple much happiness as they journey thru life together.
Recent visitors at the Smith Farm were Mrs. William Taylor of Brampton and her son

Mr. Robert Taylor of California and Mr. and Mrs. Clayton Froot and baby daughter Cheryl of Waterloo.
Mr. and Mrs. Frank Smith and their English visitors spent a few days last week visiting relatives in St. Catharines.
There seems to be more and more interest taken in the weekly girls softball games as many spectators are coming out to cheer the girls on. Last Wednesday the Yellow Birds won over the Blue Jays by a slight margin.
The annual out-door Church Service and picnic lunch was held on Sunday on the grounds of Bud Snow and the adjoining grounds of Paul Swartz. It was ideal weather for the gathering. After all did justice to the bounteous food, children and young people took part in races.
We welcome the new occupants of the house formerly occupied by the Gills family.
Several area residents attended the memorial service on Sunday afternoon at Erin Cemetery.
Due to the warm night and other factors on Friday evening the Western Jamboree was not as well attended as the hall recreation committee would have liked. The "Country Rhythm Kings" of Innis Lake and local talent put on a good program for those that did attend.



KEEPING FIT
Patricia Beach, a Grade 7 student at Holy Cross School, accepts a certificate of proficiency in gymnastics from teacher John Luciani. Patricia who received a certificate level four, the highest standing in the program, broke her ankle in her final try in the test, June 10. Other level four certificates in the program, sponsored by the Ontario Milk Marketing Board and approved by the Ontario Gymnast Federation, were awarded to Barb Bergman; Nadine Cachia, Sheila Cannon, Jackie Chapman, Rosemary Hartley, Judy Kavanagh, Cathy Nemeth, Jo-Anne Primprano, Kim Thompson, Margaret Smith and Gail Doucett.
Level three certificates were awarded to Lori-Anne Cobbell, Janet Doyle, Carrie Donnais, Debbie Duyer, Adele Lawrence and Marie Otto.
Level two certificates were awarded to Elvira Babic, Theresa Doucette, Heather Maciayczk, Rosemary Vite and Rene Proulx while Sandra Byrne and Susan Haskins got their level one certificates.
For their assistance in the program, Rosemary Hartley, Roberta Burke and Barb Bergman each received a rose.

Morrow calls Norval water issue more red tape than he's ever met

By DOROTHY McLEAN Herald Correspondent
About 50 people attended the public meeting of Norval Community Association held at the Norval School Community Centre on Thursday evening, June 23 to hear Ric Morrow, chairman of the Halton Regional government, speak on subjects of interest to the Norval community.
Mr. Morrow handed out information booklets about Halton Region and spoke briefly about the contents. Speaking about water for Norval he said that it involves more red tape than he had ever encountered before, however, progress is being made.
\$50,000 had been paid to the firm of Proctor and Redfern for an engineering study of the project, and land had been purchased at the top of the hill from Upper Canada College for a stand pipe and reducing valve necessary to reduce the pressure of the water coming down the hill to the village.
A grant from the provincial government is necessary before work can proceed and this final commitment has not been made. It is evident that Mr. Morrow has done his homework on the project. Figures quoted by him were that the total cost of the project would be approximately \$1 million dollars, three-quarters of this will be covered by a subsidy leaving about \$100,000 to be paid by the municipality. Cost per household would be about \$10 per year. If the water main goes past property not using the water, the cost will be \$50 per year whether used or not. These figures are based on paying for the project over 40 years. To pay it off in 20 years instead of 40 the cost per unit would be \$140 per year.
Mac Alexander thanked Mr. Morrow for taking time from his busy schedule to speak to the Norval group.
Hugh McFarlane, president of the Norval Community Association, welcomed those present and presided for the meeting.

Brief reports were given by the chairmen of the various committees. George Smith, Fund Raising chairman, reported that it takes about \$2000 a year to carry on the various activities and pay the rent on one room of the Centre.
The money is raised by a spring and fall dance, however, no money was made at the spring dance so this dance will likely be cancelled and only the fall dance held from now on. The former Riviera Club has been booked for Saturday evening, November 26 for the fall dance.
Support is needed from all families in the community for this dance as it is the only fund raising project.
Jamie Cunningham, recreation chairman, reported on the many activities of his busy committee. Joe Gomboc is in charge of outdoor activities for the summer and ball teams are organized.
Dorothy McLean reported that the Norval Neighbours Club now have 42 members. They ended the season with a pot luck lunch on Wednesday afternoon, June 22, and will start again in the fall on September 14th.
Art Heinhart reported on water and Hugh McFarlane reported on Beautification for Boh Crawford and Lighting for Fred Howse as they were unable to attend. The report on new street lights for the village has been sent to Halton Hills council and will be brought up there soon. The two stolen half barrels with flowers in the centre of the village have been replaced.
Trophies for the Ping-Pong contest were presented to the winners but only Bruce Cunningham and Jamie Cunningham were present to receive the awards presented by Hugh McFarlane.
During a brief discussion on preserving the old school as an historical site, MPP Julian Reed said there is money available from the Ontario Heritage Society providing it is feasible to restore the building. In the question period Ric

Morrow couldn't answer Bill Hunter's question on why the drainage pipes under the cemetery hill have been left in such a mess except to suggest that lawyers are never in a hurry.
Hugh McFarlane displayed several designs for "Welcome to Norval" signs drawn by Mr. Vance of the Four Winds Galleries and asked for comments on choosing a design.
Following the meeting the Norval Neighbours Club served lunch and all enjoyed a fellowship time.
Norval Presbyterian Church 199th anniversary service was held on Sunday morning June 26, conducted by Rev. Ian MacPherson. Guest minister was Rev. Bob Spencer, resident director of the Cliffe Hills Community Centre of the Presbyterian Church at Puslinch. He was an excellent speaker and chose for his sermon "God's Living Stones."
The Happy Wanderers choir under the direction of David Espin provided special music. They sang 3 anthems, "As Panis the Hart", "He Touches Me" and "The Heavens Are Telling" and a duet "The Railroad To Heaven."
Unit 1 of Norval United Church Women entertained former members who have retired to Brampton at the home of Mrs. Kay Wilson on Thursday afternoon, June 23rd with the president, Mrs. Agnes

Miller, presiding for the meeting.
Mrs. Eunice Wilson gave an excellent devotional on "Doors of the Bible". The program consisted of each one answering the roll call "An item of historical interest" and many interesting stories were told about past events in the church and in the village, with 16 present.
Mrs. Kay Wilson gave a report on the Church Executive meeting held recently. Among improvements planned for the church is a new roof in the fall.
Mrs. Kate Laidlaw, Mrs. Marion Laird, and Mrs. Dorothy McLean assisted the hostess in serving a dessert lunch and a fellowship time was enjoyed.
Miss Helen Dunlop, daughter of Mr. and Mrs. John Dunlop, was honoured by Norval United Church Women with a miscellaneous shower held at the church on Wednesday evening, June 22 with a good number in attendance.
Mrs. Gwen Laidlaw welcomed Helen and the guests and Mrs. Edna Murray conducted a contest after which Helen opened her lovely gifts and thanked the U.C.W. for the shower. Lunch was served and a social time enjoyed.
Helen will marry Kenneth McCormack of Picton on Saturday, Aug. 13 in Norval United Church.

MEALS ON WHEELS

Money lost on service, organization seeks help

North Halton Meals on Wheels which delivers dinner to 15 senior citizens unable to cook or shop for themselves can no longer operate without financial assistance of some type.
Volunteer drivers for the organization pick-up meals from Georgetown and District Memorial Hospital and deliver them to the elderly in their homes. The hospital charges Meals on Wheels \$1.30 and the senior citizens pay \$1.50.
Although mathematically this adds up to a 20 cent profit, Meals on Wheels co-ordinator Ruth Poullos said in an interview Wednesday that the group is losing four cents on every meal.
"We are suffering a loss because we pay for the containers, and sometimes if a senior citizen cannot pay the \$1.50 price, we absorb the difference," she said.
Diane Wolder, dietitian for Georgetown and District Memorial Hospital who prepares the cafeteria budget said, "The government does not allow the hospital to subsidize for Meals on Wheels and I charge exactly what the meals cost."
"The cafeteria does not make a profit," she added.
"Unfortunately the hospital is busy," she said, "and Meals on Wheels is an extra service."
Mrs. Poullos had said on Wednesday she would like to serve more than 15 senior citizens, "but because the hospital is busy we are only allowed to serve 40 meals per week."
Mrs. Wolder said Friday the hospital staff are concerned with the eating habits of senior citizens but the hospital's first priority must be to serve the patients.
Meals on Wheels has been in operation for 18 months and in the time has served 2,042 meals. Meals include, soup, potato, vegetable, a meat serving or substitute, bread but no beverage. A public health nurse from the Halton

regional health unit makes the assessment of whether a senior citizen requires the service. The family doctor is consulted on the person's diet, and information is passed onto Mrs. Wolder.
Mrs. Wolder said she is aware that some Meals on Wheels programs in other communities are charged less for the meals, "but in this case the program is usually being subsidized."
Mrs. Wolder said she informed assistant co-ordinator Jean Getty that grants are available from the health and welfare ministry and also from Wintario. Mrs. Getty had replied the organization wanted to be in operation a year before applying for a grant, she said.
Meals on Wheels has only three executive members left, and Mrs. Poullos and Mrs. Getty both work full-time.
Mrs. Nancy Stein is busy in the home and as treasurer has a full day keeping track of

finances. There is \$1,500 in the budget to hire a co-ordinator immediately. "The ideal person," Mrs. Poullos said, "would be a retired nurse or dietitian."
The co-ordinator would not be left on her own she said, but would be backed by the executive and the volunteer drivers. However, because the summer months are generally busier more drivers are needed. Drivers volunteer on a weekly or monthly basis.
In a meeting with representatives from local volunteer organizations Meals on Wheels asked for a pledge of \$120 on a yearly basis to pay the co-ordinators salary.
"It wouldn't take a long time for a person to get organized, as long as they weren't interrupted from the job at hand," she said. "It is too much work for someone working full-time and managing a family."
Facilities for senior citizens are greatly lacking in Halton Hills, and numerous volunteer organizations are easing the problem. Mrs. Wolder said the Ontario Dietetic Association (ODA) has done a great deal of research on Meals on Wheels programs throughout Ontario and suggested a co-ordinating effort of local volunteer groups could help senior citizens remain in their home by arranging luncheon clubs, visitation programs and shopping services.
The ODA stated in a letter to Mrs. Wolder that some senior citizens would be able to cook the food, but were unable to do the shopping, therefore requiring the Meals on Wheels program.
"Eating alone is not a pleasant experience day after day, and many senior citizens will not prepare a nutritious meal just for themselves," she said.
Anyone interested should contact Mrs. Poullos at 877-5305.

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