

Travel

Prince Edward Island

Where they sat around a table and came up with Confederation. Charlottetown neither hustles nor bustles. Like the rest of the island, it's easy-going and informal.

In its time, it has seen some pretty important action. It was here, in 1864, the first meetings to discuss Canadian Confederation were held. The very table and chairs where the Fathers of Confederation sat can still be seen in Province House. A morning or afternoon is all it takes to stroll around this small city and see the major attractions. Don't miss:

Confederation Centre of the Arts: Situated next door to Province House, it was opened in 1964 to mark the centennial of the first Confederation talks. During July and August it's the site of the Charlottetown Summer Festival. Several musical productions are staged including the ever-popular "Anne of Green Gables". No

big-city formality here; dress casually, even come directly from the beach.

Victoria Park: See the six great guns of Fort Edward, a reminder of the days when the city had to be defended against attack from the sea.

Government House: Home of the Island's Lieutenant-Governors since 1834.

Further Afield: What's green and white and red all over? Prince Edward Island in summer! A necklace of superb beaches rings a heartland of green fields and lush farmland. The warm white sand colours into sandstone red on some beaches. Green parks and campgrounds are for people. The 70 or so campgrounds (national parks, provincial parks and private camping areas) are close to water and all the other easy diversions of P.E.I.

When you're fed up with soft sand, sunbats and warm water, meander the highways and byways. One hundred forty miles long and four-to-forty miles wide - you can see all of the island without rushing. People love

to come here, but somehow it's never crowded.

Three scenic drives are carefully planned to include the many attractions. There's Green Gables at Cavendish, home to Lucy Maud Montgomery's "Anne of Green Gables" - her gift to those of us unlucky enough to live in the rest of the world. The Miqmac Indian village at Rocky Point has been recreated to pay homage to a people who lived in harmony with nature. And at the Car Life Museum at Bonshaw see classy antique automobiles and vintage farm implements.

Welcoming visitors is a way of life here. How could an Islander not want to show off his home.

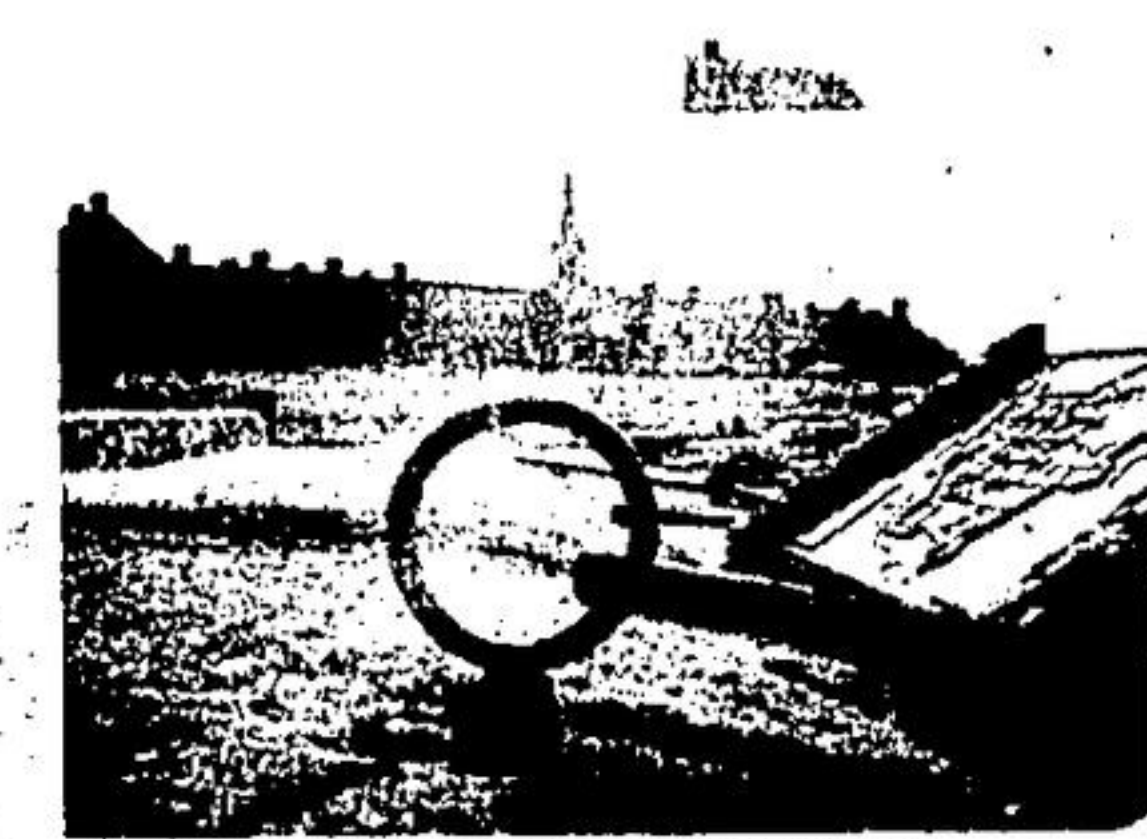
Some special events: Late June-early August - CHARLOTTETOWN Summer Festival at Confederation Centre of the Arts. Mid-July. SUMMERSIDE Lobster Carnival and Livestock Exhibition. End-July. O'LEARY. Potato Blossom Festival. Mid-August. CHARLOTTETOWN. Old Home Week.



Lighthouse, Peggy's Cove.



Reconstruction, Fort Louisbourg, Nova Scotia.



Peggy's Cove, prettiest spot in Nova Scotia.

CANADA'S SCENIC EAST

Newfoundland:

Labrador

This is where Marconi got the message. St. John's - the atmosphere is warm and somehow humorous. Newfoundlanders seem to spend a lot of time laughing, usually at

themselves. And they can afford to: they have the best of several worlds - a modern civilized city steeped in more history than almost any other place in North America, an arm's length from a vast and glorious wilderness.

Downtown, the city rises in steps from a land-locked harbour. This old Atlantic seaport (Sir Humphrey Gilbert landed here and first

claimed it for England in 1583) has a colourful and embattled history, but it stubbornly survived the tides of wars and endured. Today's visitor can relive some of the turbulent history while enjoying all the comforts of the 20th century. A few must places to see are:

Signal Hill National Historic Park, where Guglielmo Marconi, in 1901, received the first transatlantic wireless message. It also provides a magnificent, panoramic view of the city and harbour.

Water Street, said to be the oldest street in North America. Drop into a pub or two for some good conversation and examples of Newfoundland wit.

The Art and Culture Centre, not part of historical St. John's, since it wasn't built until 1967, but home to an interesting maritime

museum, art galleries and a theatre for the performing arts.

Further afield it's awesome...but not frightening.

So much of the province, in the island and in Labrador, is rugged wilderness. But you can see and experience this fascinating land and still be close to friendly communities with whimsical names like Run-By-Guess and Bread-and-Cheese, and all the amenities that matter.

The Avalon Peninsula unfolds a cross-section of Newfoundland ranging from the active-commercial and social life of the provincial capital, St. John's, to the relaxing tranquility of tiny coastal fishing settlements.

Take sightseeing boat trips, picnic in uncrowded parks, view the seabird colonies on the offshore islands, or visit historic sites

like Ferryland (founded by the English in 1622) and Placentia (founded by the French in 1602).

In the Central and Eastern part of the island, the Trans-Canada Highway links picturesque fishing villages and passes through Terra Nova National Park, 153 square miles of natural wilderness.

The Western island is less rugged. Here, there are verdant river valleys, vast forests and brooding mountain ranges. Step back in time at L'Anse-aux-Meadows, site of a Viking village settled five centuries before Columbus set sail, and at Port Aux Choix where an Indian burial ground estimated to be over 4,000 years old was recently discovered.

Labrador, separated from Newfoundland by the narrow Strait of Belle Lale, was virtually a virgin wilderness until recently. Modern technology is changing that. But the impressive industrial development has not diminished its wilderness appeal. It's a sportsman's paradise.

Some special events: May-October. CONCEPTION BAY. Periodic Sailing Races. July. ST. JOHN'S. Summer Festival of the Arts. End July. HARBOUR GRACE. Harbour Grace Regatta. August. ST. JOHN'S. Folkfest. August. ST. JOHN'S. Annual Regatta.

New Brunswick

Stately elms, gracious homes. Fredericton has a gentle graciousness that separates it from the 20th century. Vulgar technology may be fine for some cities. In Fredericton, one suspects, they have better things to do. Streets are lined with stately homes and shaded by century old elms. The Saint John River winds through the city, its green banks rising to hills that almost completely encircle the capital. It's a picture-postcard setting further enhanced by parks and scenic drives.

Fredericton is a city for contemplating and appreciating:

The Beaverbrook Art Gallery, one of many gifts from the city's great benefactor Lord Beaverbrook.

Christ Church Cathedral, built in 1846, and one of the finest examples of decorated Gothic in North America.

Playhouse Theatre, another Lord Beaverbrook legacy and home to the Theatre New Brunswick.

Domesday Book, William the Conqueror's account of his kingdom and subjects, at the Legislative Building. A walk through history.

Saint John is Canada's Loyalist City, proud of its history. Visitors appreciate the comforts of modern Saint John, the new hotels and restaurants, but when it

comes to sightseeing, chances are it's the history that will hold you.

With the close of the American War of Independence in 1781, thousands of men, women and children, loyal to the British Crown, moved here and formed Canada's first incorporated city, created by Royal Charter in 1785.

A walking tour of the Loyalist Trail passes more than 20 historical sites, and you'll even get a certificate when you complete the tour, including:

Loyalist Burial Grounds: Contains the remains of hundreds of founding fathers. Graves date back to 1784.

Old City Market: Constructed in 1876 of hand-hewn timbers, it resembles an inverted galley hull. Further Afield:

"Preserve yesterday to enrich today" could be the motto for New Brunswick. Facing the old world and steeped in the history of the new, Canada's Picture Province keeps its distinctive page in Canadian history open for people to enjoy and learn from.

Carefully recreated historical villages bring to life the pioneer traditions of New Brunswick's two major colonizers, the French and the English. Opened on May 28, 1977, the Village Historique Acadien at Caraque embodies the heritage of nearly 40 per cent of the population, whose mother tongue is French. Across the province, near Fredericton, Kings Landing

enriches the heartland of British and Loyalist settlements.

Tradition and natural wonders alike are linked by the excellent highways that crisscross New Brunswick's 28,000 square miles of rolling wooded hills and fertile farming valleys. With a population of less than 700,000 you won't be found before you arrive. The Acadian Trail, River Route, Ocean Drive and Nashwaak-Miramichi Trail are four

major scenic routes, each developed for its own special flavour and attractions.

Water is magic here! A glance at a map will show you. If bays and rivers are the fingers of the sea, the whole province is in the firm but gentle grasp of the Atlantic. Look at all those wilderness lakes and rivers that feed the Miramichi and the Restigouche! An Atlantic Salmon could get lost! And there's the Bay of Fundy, with the world's highest tides and some of its most spectacular shoreline.

New Brunswick has 1,400 miles of sea coast and is 88 per cent forested, it has tradition, and camping and recreational facilities - the best of yesterday and today. Feel the call of the sea, of the wild, or of a relaxing holiday? New Brunswick answers.

Some special events: Late June. DALHOUSIE. Bon Ami Festival. Late June-early July. CAMPBELLTON. Salmon



Festival.

Jun all month. PROVINCE-WIDE. Summer Festivals. Mid-July. SHEDIAC. Lobster Festival. Mid-July. SHIPPEGAN. Fisherman's Festival. End July-early August. SAINT JOHN. Loyalist Days. Late July-early August. MONCTON. Moncton Cordiac Hubbub Festival. Late July-early August. NEWCASTLE. Miramichi Folk Song Festival. Late August. SAINT JOHN. Atlantic National Exhibition.

Nova Scotia

Halifax is a shady lady. Halifax is a "two-faced" town or maybe it's three.

Historically, so some say, the city was too primly properly-British to be true. Not so, according to others. Back in the 18th and 19th centuries it was rather a rowdy town, especially down by the waterfront.

Today, the British flavor is still there in the older residential streets, with trees and gardens providing a colourful setting for the Georgian architecture. But part of the waterfront area has been restored, and while the buildings look much as



they did 100 years ago, they house restaurants and boutiques, not privateer's booty.

Then there's new Halifax with its modern office towers tastefully rising from the historic old city.

Halifax, one of the world's deepest ice-free ports, draws its life from the sea, and many of its main attractions have a salty flavour.

For example: The schooner **Bluenose II:** Leaves twice daily on public sailings.

The Star-Shaped Citadel: An excellent view of the harbour and city.

Point Pleasant Park: There's a public bathing beach on the harbour-side and, for history there's Martello Tower (1796) and several forts.

Further afield: Every summer, as sure as the blossoms in the Annapolis Valley and the warm wind for the Atlantic, Nova Scotians celebrate; they sing, dance, work, play, eat and drink their way through

almost 400 years of history. Canada's Ocean Playground was settled by the French and English, the Scottish and Irish, Germans and Dutch, and black and white immigrants from the United States. They're all Nova Scotians, their unique characters preserved in historical traditions and crafts.

To find "the big apple" go to the Annapolis Valley Apple Blossom Festival in June and ask a farmer. He'll explain the truth to you-but kindly. At Antigonish, you'll find the oldest continuing Highland Games in North America. And if you're thinking of building a world champion schooner, go to Lunenburg and ask around. They might share a few

secrets but more likely they'll shake your hand and tell you to look at the back of a dime.

Between celebrations rest on one of the beaches that dot almost 5,000 miles of sawtoothed coastline. Pirates sought refuge here. Nova Scotia's growth is woven into its tartan and shines in world famous crafts of all kinds. It's very fibre of the province; you can taste it, touch it, revel in it. So when friends back home say they've heard all about the Bluenose and Peggy's Cove, tell them they won't know the half of it until they've been there.

Some special events: End July. CAPE NORTH. Cabot Landing Pageant. Early June. ANNAPOLIS

VALLEY. Apple Blossom Festival. June-July. WOLFVILLE. Theatre Arts Festival Internationally.

Early July. PUGWASH. Gathering of the Clans. Mid-July. DARTMOUTH. Maritimes Old Time Fiddling Contest.

Mid-July. ANTIGONISH. Highland Games. Early August. BRIDGEWATER. South Shore Exhibition.

Early August. HALIFAX-DARTMOUTH. Nova Scotia Festival of the Arts. Mid-August. PARRSBORO. Rockbound Roundup.

Late August. TRURO. Nova Scotia Provincial Exhibition. Late August-early September. YARMOUTH. Tuna Festival Week.

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