

Panel discussion held on asthma

Asthma is a form of allergy affecting a large number of individuals, and a condition with no known cure.

A panel of four professionals in the asthma field spoke to an overflow crowd at Georgetown and District Memorial Hospital last week on how to reduce the problem from a major one to a minor one.

"Asthma is a wide-spread condition affecting young and old; the young react to something outside the body, whereas older people have a condition internally, but sometimes these reactions are reversed," said Dr. A.F. MacIntosh, medical specialist at Georgetown hospital.

There are different types of asthma; a large group of asthmatic people respond to infections triggering off an attack, such as a throat infection. This group is effected more severely in winter months, while the allergic or hyper sensitive person is effected worse in summer months.

Another group reacts to stress, related to nerves, however, sometimes a person's condition is affected by the different conditions combined.

Physiotherapist Jean Davis said, "The type of asthma constitutes whether a child can outgrow the condition."

Aerosol inhalers are used frequently by asthmatics and Carol O'Byrne demonstrated how to use an inhaler properly. Shaking the inhaler prior to use is important. Filling a sink full of water, and emerging the inhaler in water determines if the container is nearly empty. If the inhaler floats, it is empty and time to buy a new one.

"Adrenalin" is an effective drug still used in emergency situations, but it has serious side-effects. The drug is administered by injection and has a short activity span.

"Ephedrine" produces the same action as adrenalin, but is more stable and has been used for over 5,000 years, yet it, too causes side-effects.

Biochemists searched for alternatives and produced "Isuprel" which is specifically designed for treatment of the lungs, but has a side-effect on the heart. Biochemists then produced "Venio" and "Alupen" both are more stable, yet have a slight action on the heart.

For acute attack, "Steroids" are frequently used and very effective. And another drug "Disodium Chromoclythi-brandname, "Intal" has no effect on the body except protecting the small tubal bronchioles, and Dr. MacIntosh said, "the drug is worth trying."

Two representatives from the Ontario Crippled Children's Centre, Dr. Lynne McNiece and Janita Smalley stood in Dr. George Hahn of Ontario Crippled Children's Centre and Dr. D.S.H. Bell of Georgetown hospital who were unable to attend the meeting. Dr. McNiece, staff physician, said one in 20 children has a seasonal condition of asthma and two per cent of the group is chronic asthma which disrupts the child's lifestyle restricting normal sports activity.

"Most children with chronic asthma can be managed in the home setting, but a small minority of children require long-term hospital care," Dr. McNiece said. "Before parents apply to the centre they should be aware of the restrictions:

"The Centre will accept children who have required numerous visits to the hospital children with a long record of absence from schools, and if the family's lifestyle is being disrupted.

"The aims of the family re-habilitation program at the

centre is to achieve the control of asthma in the majority of cases; assess child and parent conflicts; demonstrate to the child that living a normal life is possible; establishing a follow-up activity and endeavors.

The aim of the Crippled Children's Centre is returning children to their home. "The average stay varies with each individual child, but the average stay is three months, including toddlers to mid-teens," she said.

In a maintenance program for asthmatics include "Amnophylline" is given on a six-hour basis, which can cover the child's sleeping hours. "Intal" is used to stabilize the lining of airways and used in children sensitive to exercise.

Janita Smalley, staff member of the Crippled Children's Centre expresses children to as many activities as possible to determine which hour of the day, or what exercise bother the asthmatic child.

A child's day at the centre starts at 7 a.m. with medication, breakfast, a fast walk regardless of the weather, attending classes in the afternoon, finishing off with an individual exercise program and swim. Children return home on the weekends.

Another program members at the Centre became involved in educating community groups. "Many of the patients have had little opportunity for socialization with their peers.



Asthmatic children from Halton attend swimming lessons every Saturday morning at the Georgetown Indoor Pool. They have one hour in the gym with Susan Alcock, a board member of the Halton Lung Association, and one hour in the pool with instructors and volunteers. Cathy Masson, a pool volunteer comforts one young boy who wasn't sure whether he wanted to get wet or not.

MISCELLANEOUS

Horseshoeing



Hot or Cold
John Halko
Farrier
Graduate C.N.S.M.
KIN-2828
Terra Cotta.

RADIATORS
REPAIRED & CLEANED
PEEL RADIATOR SERVICE
126 Nelson St. West
Brampton
rear of Dixie Cup
Phone 451-7177 11

UPHOLSTERING
UPHOLSTERED furniture
recovered and repaired.
Quality workmanship
T. H. Briggs, Stewarttown 11

TAX CONSULTANTS
ASSOCIATE TAX CONSULTANTS
Income tax preparations
101 Guelph St. Georgetown, Ont.
Phone 877-2217

Bookkeeping and Tax Services
453-4361
453-4400 511

STONE SUPPLIES
HILLTOP STONE & SUPPLY CO.
Supplier of all types of natural stone and patio slabs. 4.2 miles north of No. 7 highway on Mountainview RRS, GEORGETOWN
877-8587 11

PAVING

KING CITY PAVING Limited
ASPHALT DRIVEWAYS
Work fully guaranteed
Free Estimates invited
459-5500
Member of Better Business Bureau Customer's Protection Bureau 485

FRANK VESPI PAVING
Residential — Driveways — Asphalt — Concrete — Interlocking paving stones
FREE ESTIMATES
453-6100 or 677-3125 185

EXCAVATING
Top Soil
SAND AND GRAVEL
BULLDOZER AND BACKHOE WORK
GRADER WORK
SEPTIC BEDS
853-2490
NORMAN CROWDER

FERTILIZING SERVICES
LIME SPREADING
CALL
CAMPBELL'S-LIME SERVICE
WHEREVER YOU ARE YOU ARE NOT TOO FAR
Phone 519-752-4981
RRB Brantford ONTARIO
The cost is not so much to build your soil up 265

BEAUTIFY YOUR LAWN
CALL
Lawn-a-mate
457-7043

SERVICES

AIR CONDITIONING
Westway
AIR CONDITIONING AND HEATING
Residential, Commercial Industrial
We service what we sell
Think Cool — Think Westway
We promise the best service in town
348 Guelph St.
Georgetown 877-6242

INSURANCE
ALL KINDS
For prompt Service call your Independent Agent
BARBER & HENLEY
TRAVEL & INSURANCE
33 Main St. S.
877-2214

SHARPENING
Clare's Precision Sharpening
Prompt Service, Economical
All work guaranteed
Saws, chain saws, Carbide Saws, planer blades, knives, shears, cutlery, hedge trimmers, rotary lawn mowers, etc.
8 GIBBONS PLACE
GEORGETOWN
877-4976

MONUMENTS
Brampton Monument Works
MONUMENTS MARKERS LETTERING
451-0445-1-826-1363
375 Main St. N. BRAMPTON

CARTAGE
ANN'S CARTAGE and PIANO MOVERS
FULLY INSURED
We Move Everything
WILL DISMANTLE
877-6183
½ TON TRUCK & TRAILER
Available for hauling, light trucking, moving, yard & basement cleanups, refuse removal or—what have you?
877-9046 265

LAWN AND GARDEN CARE
Ted's Home and Garden Care
Roto-tilling, Fertilizing Rolling etc.
877-1826
Evenings and Weekends 185

WEED CONTROL
Call
BILL VANRYN
Lic. Weed Control
877-2594 115

LAWN MAINTENANCE
Garden and Lawn cleanup, Fertilizing, Hedges clipped, Shrubs trimmed, Trees cut etc.
VINCENT'S LAWN MAINTENANCE
877-9046 265

A.G.C. LANDSCAPING
TREE SERVICE
LAWN AND GARDEN CARE
SODDING SEEDING FENCING
Licenced Weed Control
ALLEN CASTLE
(416) 455-8371 115

RENTALS
H & L RENTALL
SPRING SPECIAL
Lawn Mowers, sharpened, cleaned, oil changed, spark plug, clean filter \$19.95. Reel Mowers sharpened. Price on request.
877-1875 or 456-0511

GLASS SERVICES
PAGE GLASS & MIRRORS
Sales and service on aluminum windows and doors
FREE ESTIMATES
853-3865

PLUMBING & HEATING
R. BEENEY
PLUMBING-HEATING TINSMITING
877-9362
RR 1 Georgetown 11

RENOVATING CONTRACTORS
TERRY McMULLEN
GENERAL CONTRACTOR
Specializing in
• Patios
• Sidewalks and Stoops
• Chimneys
• Built & Repaired
• Plaster repair
• Stucco
• Interior & Exterior
853-3911 175

WINDOWS
TWIN WINDOWS
PRODUCTION AND CUSTOM MADE SLIDING DOORS INSULGLASS ENTRANCE UNITS
79 Mountainview Rd. North
GEORGETOWN, ONTARIO
877-9332

Window Washing
Frames and Sills included.
For an Estimate on your HOME
CALL DOUG - 877-8491 115

CARPET CONTRACTORS
THE CARPET CLINIC
PROFESSIONAL STEAM CLEANING OF CARPETS AND UPHOLSTERY
In your home or in our modern plant. Free pick-up and delivery.
459-4140 11

CLEANERS
HOUSEHOLD
SERVICEMASTER
THE NAME OF PROFESSIONAL CLEANING
Carpets
Furniture, Walls
Floors or your entire house!
CALL
877-1121

DRIVING SCHOOL
TED'S DRIVING SCHOOL
41 Shelley St. Georgetown
Day or evening instruction
M.O.T.C. Licensed Instructors
Full insured
Dual Control
Operated by TED SCOTT
DIAL 877-4096

JACK BEER
Instructor
877-5844
OR
877-9115
13 McIntyre Cres
Georgetown

CAR CARE
Small Car Centre
NOW OPEN
SPECIALIZED SERVICE FOR
Fiat - Courier - Volvo
Datsun - BMW - Toyota
ENGINE REBUILDERS & MACHINE SHOP SERVICE
DOMESTIC & IMPORTS
SAAB MAZDA DEALERS
HEARTLAKE MOTORS
453-6951

Brampton Engine Rebuilders
459-0636
506 MAIN ST. NORTH
Just below No. 7 Bypass on No. 10 Brampton

THE CARPET BARN
26 Guelph St. Georgetown
• Painting & Decorating
• Minor Repairs
• Drywall, etc.
877-9896

MAURICE GRANGER
Interior — Exterior PAINTING
Free estimates
21 John Street, Georgetown
Telephone: 877-8237
Call after 6 pm
Or before 7.30 am 195

GEORGETOWN DECORATING CENTRE
Headquarters for
Satin
Glidden
PAINTS
We stock
WALLPAPERS
At discount prices
STORE HOURS
Mon., Wed. 9 a.m. - 6 p.m.
Thurs. Fri 9 a.m. - 9 p.m.
Sat. 8.30 a.m. - 5.30 p.m.
45 Main St. S.
877-4193
Downtown 11

WESTERN GENERAL CONTRACTORS
Aluminum and vinyl roofing and siding. Soffit and fascia. Aluminum troughs, storm doors and windows.
We accept Chexqox.
Please phone 853-3240 or Erin collect.
(519) 833-9070 275

VINCE BURT
GENERAL CONTRACTOR
• Rec Rooms • Decks
• Renovations • Ceramics
• Patios • Mosaics
• Quarry Tile
Phone 853-1159

ANNIVERSARY
Mr. and Mrs. Hans Visser celebrated their 25th anniversary on Sunday, April 24. Joining them in their celebration was their family, Pete and Jane, Joe and Trudy, Edward, and their grandson Jeffrey. Congratulations from their relatives and friends. 17A

FORTHCOMING MARRIAGE
Mr. and Mrs. Vincent Sandelands are happy to announce the forthcoming marriage of her daughter Susan Arnold to Terry Hay, son of Mr. and Mrs. Gilbert Hay of Acton. Wedding to take place at Knox Church on May 7, 1977 at 3.30 p.m. 17A

PAULINE'S FLOWER SHOP
27 Main St. S.
Georgetown's Oldest And Most Experienced Florist
877-4616 877-9311

TENDERS
TOWN OF HALTON HILLS
TENDERS FOR:
CONTRACT NO. R77-1 Renovation of Acton Community Centre, Acton.
CONTRACT NO. R77-2 Reconstruction of Cedarvale Community Centre, Georgetown.
SEALED TENDERS, marked as to contents, will be received by the undersigned until 12:00 o'clock noon on
WEDNESDAY, MAY 11, 1977
Plans and specifications may be obtained at the office of Allan Zeegen Associates, Consulting Engineers, 416 Moore Avenue, Suite 103, Toronto, Ontario, M4G-1C9, Phone 416-466-8406.
The lowest or any tender not necessarily accepted.
G.D. PRITCHARD
Clerk-Administrator
Town of Halton Hills
34 Main Street South
Halton Hills (Georgetown) L7G-4X1

DEATHS
BOOMER, Cicely—On Thursday April 21, 1977 at the Halton Centennial Manor Milton, Cicely Boomer of Georgetown in her 92nd year, daughter of the late John and Alice Boomer. Predeceased by one brother and three sisters. Resting at the McCure Jones Funeral Home, 34 Edith Street, Georgetown where funeral and committal service were held Saturday afternoon, interment Hillcrest Cemetery, Norval.
Fendley FLORISTS
877-6901
82 Mill St. Georgetown

MEMORIALS
ALLEN—In loving memory of a dear wife, mother and grand-mother who passed away April 30, 1976. Her weary hours and days of pain, Her troubled nights are past But in our heart we know She has found sweet rest at last. Lovingly remembered by Husband Clayton, Daughter Myrtle, Son-in-law Bill and grandchildren.

MEMORIALS
GORDON ALCOTT—In loving memory of my dear brother who passed away April 25, 1974. You were a loving brother A pal so good and true. A better brother never lived Your equals are but few. Sadly missed by sister Florrie.

MEMORIALS
BEAUMONT—In fond memory of Clarence Beaumont, who gave his life for the cause of freedom, while serving with the Perth Support Co. in Holland April 28, 1945. At Rest. Fondly remembered Mother and Family. 17m