with no known cure. A panel of four professionals in the asthma field spoke to an overflow crowd at Georgetown and District Memorial Hospital last week on how to reduce the problem from a major one

to a minor one. "Asthma is a wide-spread condition affecting young and old, the young react to something outside the body, whereas older people have a condition internally, but sometimes these reactions are reversed," sald Dr. A.E. MacIntosh, medical specialist at Georgetown hospital.

There are different types of asthma; a large group of asthmatic people respond to infections triggering off an attack, such as a thront infection. This group is effected more severely in winter months, while the allergic or hyper sensitive person is effected worse in summer months.

Another group reacts to stress, related to nerves, however, sometimes a person's condition is affected by the different conditions combined.

Physiotherapist Jean Davis said, "The type of asthma constitutes whether a child can outgrow the condition." Aerosol inhalers are used

frequently by asthmatics and Carol O'Byrne demonstrated how to use an inhaler properly. Shaking the inhaler prior to use is important. Filling a sink full of water, and emerging the inhaler in water determines if the container is nearly empty. If the inhaler floats, it is empty and time to buy a new one.

"Adrenalin" is an effective drug still used in emergency situations, but it has serious side-effects. The drug is administered by injection and has a short activity span.

"Ephedoine" produces the same action as adrenalin, but is more stable and has been used for over 5,000 years, yet it, too causes side-effects.

Biochemists searched for alternatives and produced "Isuprel" which is specificly designed for treatment of the lungs, but has a side-effect on the heart. Biochemists then produced "Veniol" and "Alupent" both are more stable, yet have a slight action on the

For acute attack, "Steroids" are frequently used and very effective. And another drug "Disodium Chromoclythi-brandname, "Intal" has no effect on the body except protecting the small tubal bronchioles, and Dr. MacIntosh said, "the drug is worth trying."

Two representatives from the Ontario Crippled Children's Centre, Dr. Lynne Mc-Niece and Janita Smalley stood-in Dr. George Hahn of Ontario Crippled Children Centre an 1 Dr. D.S.H. Bell of Georgetown hospital who were unable to attenu the meeting.

Dr. McNiece, staff physician, said one in 20 children has a seasonal condition of asthma and two per cent of the group is chronic asthma which disrupts the child's lifestyle restricting normal sports activity.

"Most children with chronic asthma can be manged in the home setting, but a small miniority of children require long-term hospital care," Dr. McNiece said. "Before parents apply to the centre they should be aware of the restrictions:

"The Centre will accept children who have required numerous visits to the hospital children with a long record of absence from schools, and if the family's lifestyle is being disrupted.

"The aims of the family re-habiliation program at the

MEMORIAMS

ALLEN-In loving memory of a dear wife, mother and grand mother who passed away April Her weary hours and days of

Her troubled nights are past But in our heart we know She has found sweet rest at last. -Lovingly remembered by Husband Clayton, Daughter Myrite, Son-in-law Bill and grandchildren.

GORDON ALCOTT-In toving memory of my dear brother who passed away April 25, 1974. You were a loving brother A pal so good and true. A better brother never lived Your equals are but few. -Sadly missed by sister Florrie.

BEAUMONT-In fond memory of Clarence Beaumont, who gave his tile for the cause of freedom, while serving with the Perth Support Co. in Holland April 28, At Rest.

-Fondly remembered Mother and Family.

DEATHS

BOOMER, Cicely-On Thursday April 21, 1977 at the Hellon Centennial Manor Milton, Cicely Boomer of Georgetown in her 97nd year, daughter of the tale John and Alice Boomer Predeceased by one brother and three sisters. Resting at the McClure Jones Funeral Home, 34 Edith Street, Georgetown where funeral and commital service were held Saturday afternoon. Interment Hillcrest Cemetery, Norval.



centre is to achieve the control of asthma in the majority of cases; assess child and parent conflicts: demonstrate to the child that living a normal life is possible; establishing a fol-

low-up activity and endeavors. The aim of the Crippted Children's Centre is returning children to their home. "The average stay varys with each individual child, but the average stay is three months, including toddlers to midteens," she said.

In a maintenance program for asthmatetics include "Aminophylline" is given on a six-hour basis, which can covet the child's sleeping hours, "Intal" is used to stabilize the lining of airways and used in children sensitive to exercise.

Janita Smalley, staff member of the Crippled Children's Centre exposes children to as many activities as possible to determine which hour of the day, or what exercise bother the asthmatic child.

A child's day at the centre starts at 7 a.m. with medication, breakfast, a fast walk regardless of the weather, attending classes in the after-noon, finishing off with an individual exercise program and swim. Children return home on the weekends.

Another program members at the Centre became involved in is educating community groups. "Many of the patients have had little opportunity for socialization with their peers.



Asthmatic children from Halton attend swimming lessons every Saturday morning at the Georgetown Indoor Pool. They have one hour in the gym with Susan Alcock, a board member of the Halton Lung Association, and one hour in the pool with instructors and volunteers. Cathy Masson, a pool volunteer comforts one young boy who wasn't sure whether he wanted to get wet or not.

ANNIVERSARY

Mr. and Mrs. Hans Visser celebrated their 25th an niversary on Sunday, April 24. Joning them in their celebration was their family, Pete and Jane. Joe and Trudy, Edward, and their grandson Jeffrey. Congratulations from their relatives and friends.

FORTHCOMING MARRIAGE

Arnold . Hay Mr. and Mrs. Vincent San delands are happy to announce the forthcoming marriage of her daughter Susan Arnold to Terry Hay, son of Mr. and Mrs. Gilbert Hay of Acton, Wedding to take place at Knox Church on May 7, 1977 at 3 30 p.m.

CARDS OF THANKS

The Students and Staff of St. thank all those Sponsors who helped to make our Skate a thon for Mission Hope such a huge Success.

My sincere thanks to relatives, friends and neighbors for flowers, cards, visits and phone calls while I was a patient in the hospital. Special thanks to Dr. Duff, Dr. Kennedy and staff of Ward "B" .-- Albert Carter.

Special thanks to all members of the Tyke Gold Hockey Team and parents for the plaque and the very enjoyable year .- Chuck

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SEALED TENDERS, marked as to contents, will be received by the undersigned until 12:00 o'clock noon on

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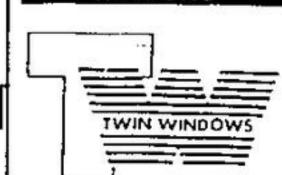
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