



The winning rink of the Cornelius Bonspiel held at North Halton Golf and Country Club Saturday is from left: Gert McGee, lead; Rick Caruso, second; Doug Collison, subbing for Wayne Taylor, skip; and Maddie Howat, vice.

Challenging the Boston Marathon

Bob Daniell was approached by The Herald, when it was learned that the Georgetown resident would be entering the 1977 Boston Marathon. To present the runner's viewpoint of the prestigious and challenging race to our readers.

Bob finished a very respectable 412, out of thousands of competitors but one reason for his entering was to try and solve the mystique of North America's paramount marathon. His account of the race, gives us an insight into distance runner's love affair with the Boston Marathon.

By BOB DANIELL.
The Boston Marathon is the ultimate marathoning experience to many of the world's distance runners and its yearly appeal is increasing at an alarming rate.

This year over 3,000 athletes toed the starting line. What is the reason for this annual pilgrimage to the distance runner's "Mecca"?

I, as many before me, have often pondered on this, and last spring I came a step closer to finding out. I ran a marathon in under 3 hours, to qualify as a Boston entrant.

Since that time I have been training towards my Boston debut and on Monday April 18, ran the famous course to completion.

The Boston Marathon is held on the third Monday of April every year on "Patriots Day". A local holiday and the anniversary of the historic ride of Paul Revere.

The race actually starts in the town of Hopkinton, to the west of Boston and ends in Boston at the Prudential Tower. I was one of approximately 30 Toronto area marathons, who flew to Boston the afternoon before the race.

After checking into the Hotel Lenox, in the shadow of the Prudential Tower, we decided to jog from the finish line back over the last couple of miles of the course to gain some familiarity with this final stretch.

Wayne Yetman, who had run this course before, was our tour guide. About one mile from the finish line, he pointed to a large "CITGO" sign which can be seen for some distance and has been a welcome sight to many a past finisher who was working on his last gram of energy.

On the morning of the race, we awoke bright and early to meet the buses which left the "Fru" (at 8 a.m.) for Hopkinton. Already hundreds of runners were milling around and officials and radio station technicians were setting up their equipment.

The road to Hopkinton seemed awfully long, the thought of coming back the same distance (by a different route) on foot was a little unnerving as we casually joked about the "easy" downhill run. We arrived at the Hopkinton High School Gym about 8:45 for registration and the long tedious wait for the 12 o'clock race start began.

At approximately 10:00 registration opened and by this time the Gym contained wall-to-wall athletes. Being close to the front of the line I was quickly through and decided to begin some pre-race exercises with light jogging. During the next two hours I also drank about a pint of water (which I had brought from Georgetown) as a hedge against dehydration which can occur in the latter stages of a marathon on a hot day.

At 11:30 we made our way to the starting area and I positioned myself about 20 feet back from what I thought was the starting line. At 12:00 I saw the starter raise his gun and the gun fired. We waited for the solid wall of runners in front of us to move; nothing happened.

After 30 seconds we started to walk and after one minute we started to jog. It was almost two minutes before I attained a reasonable running speed; and then, as the road became visible ahead, I could see why.

A dense column of runners, approximately 600 strong stretched out ahead of me for over a quarter of a mile. I was discouraged that I had lost so

much time and wondered about the over two thousand behind me, some of whom would still not have crossed the starting line.

The temperature was 80 degrees with a clear cloudless sky, and knowing that I am overly affected by heat, I decided to run through as many hoses as I possibly could to keep cool. Others, presumably those less affected by heat, avoided the hoses so that their absorbent shoes and socks would not be weighed down by additional water.

Marathoners go to great lengths to find super-light but comfortable shoes and every ounce counts. At Framingham I had settled into a comfortable running pace and continued to move through the pack of runners who had got a "head-start".

Ahead I could see two women who were moving at better than six minutes per mile pace and recognized one of them as Niki Gorman, who is the world's second fastest women's marathoner with a 2:39 marathon to her credit (she eventually won the women's event in this race).

I ran with Niki for a mile or so before increasing my pace to try to pick off a few more runners.

The route between Framingham and Natick (approx. 4 miles) was fairly flat and uneventful although more and more runners were now taking advantage of the hose sprayings as the heat started to take its toll.

I also was starting to feel uncomfortable but was determined to maintain my pace. In Natick, the course skirted a fairly large pond which looks very inviting to the average overheated runner but I didn't see anyone jump in. (This has happened in other years).

The town of Wellesley is located at the thirteen mile point (halfway to Boston) and is known for its large Wellesley College. The course passes right by the campus and is historically noted for the solid line of female students who line both sides of the course for almost half a mile.

At this point I checked my watch; 1 hour, 16 minutes had elapsed. Allowing for the time lost at the start I was still maintaining a 2:30 running pace. The women were wildly cheering all runners as they passed by, stimulating each male athlete to a greater effort. The effect is only temporary however since at the 16 mile point where the route is only 50 feet above sea level, the long climb to Boston College begins (230' above sea level).

The next five miles, contain four hills, the last of which is the legendary, and appropriately named "Heartbreak Hill".

As we approached Heartbreak Hill I was now being passed by several of the runners. I had worked so hard to catch before. The crowds at this point were enormous. The holiday, combined with the warm weather had brought thousands of families out to watch the race and men, women and children of all ages lined the streets offering all the encouragement they could to the weary army of athletes.

At last I reached the top of Heartbreak Hill with "only" a five mile downhill run into Boston left. I attempted to pick up my pace but immediately received a muscle cramp in

my right thigh, the result of heat fatigue and "salt" depletion.

Again, I slowed and adopted a stiff legged type of running form to prevent recurrence. These leg cramps persisted over the remaining miles. With 1 1/2 miles to go I now could see the "CITGO" sign ahead and knew that I could finish the race at this slow pace.

Then someone in the crowd, which was now so thick that only a four foot wide track was left for the runners to pass through, shouted "Here comes the first woman." Shocked that I might be beaten by a woman in the final mile of the race, I cast a chauvanistic glance over my shoulder ascertained that she was still a good deal behind (out of sight) and again attempted an increase in pace.

With 1/4 mile to go, I could

hear the roar of the crowd behind me getting closer, as Niki Gorman kept getting closer. Again I looked behind. And then finally it was there - the Prudential Tower and the finish line. I had beaten Niki Gorman by 30 seconds.

After crossing the finish line we were ushered into the Tower where blankets and coats were arranged for the exhausted runners. After living down for half an hour, out of the hot sun, I started to feel quite refreshed and went upstairs for the traditional meal of beef stew and coke and to listen to all the post race discussion.

Why do runners keep returning to Boston? The course, the crowds, the challenge and the prestige all play their part and this time next year I hopefully shall return to Boston, better prepared and more full of running.

After all, it can't possibly be hot three years in a row.

Wayne Taylor foursome wins Cornelius Bonspiel

By Peggy and Bill Treahy
The Curling Swan Song, for the 76-77 season, was played all last week in the form of the Johnny Cornelius Mixed Bonspiel.

This is always a great spiel and this year was no exception 128 curlers participated in 4 draws, each rink played 3 qualifying games throughout the week, semi-finals were early Saturday and the 10-end grand final at 7 pm.

Before we get to the results may we throw a few bouquets, first to Johnny Cornelius for his continued sponsorship of this spiel, Johnny has been having a rough time this winter and has spent the last 2 months in hospital in Toronto, he was discharged only Saturday especially to be with us.

We were pleased to see him looking so much better and we wish him well.

Congratulations to the committee comprised of the "Gerards", "Knights" and "Nugents" for a great job of organization. Finally a "thank you" to the junior curlers who came to the rescue by signing up and so ensuring a full to capacity spiel.

The Cornelius Trophy was won for the second consecutive year by skip Wayne Taylor, this year his rink was Maddie Howat, Rick Caruso, Gertrude Magee. Wayne was unable to be there for the final game and Doug Collison skipped in his absence.

Doug played a great game and the score was tied at the end of the 10th needing an extra end to decide the trophy winner.

The trophy was presented by Johnny Cornelius assisted by his 11-year-old great-niece Stacy.

The nearly trophy winner was skip Tony Hill, Lena Burns, Frank Currie, Lin Jewell. Frank also was absent for this final and Paul McCracken (one of our terrific juniors) spared in his place.

In the final game a lot of pressure is brought to bear upon the curlers, especially the 2 trophy finalists, the two spares in this event, namely Doug and Paul are to be highly commended for filling the breach.

The second event was won by skip Bob Jeffrey, Gail

Sparks, Drew Leverette, Sally Skelton, Runners up were skip Ken Phillips, Muriel Lindley, Blain Milton, Sandra Timleck. Winner of the third event was skip Gord Partridge, Betty Hull, George Shapcott, Julie Partridge, the runner up rink was skip Gord Nugent, Peggy Fischer, Jim Hicks, Norma Rush.

Fourth event winner was skip Murt Allison, Marian Hogan, Heather Knight, Dynese Griffiths, runners up were skip Mike Makovnyk, Joan Noxon, Howard Jewell, Tracie Treahy.

Congratulations to all these winners they proved themselves the best of the 128!

Following the awards a presentation was made to Johnny Cornelius on behalf of all mixed curlers, the rest of the evening was spent dancing until the wee hours.

While all this was going on at our club last week Chinguacousy were running a similar spiel but, it was for men only.

Three of our members were entered in this spiel on a rink skipped by George Kilmer of St. Catharines, vice-skip was Steve McDermot with Warren

Brooke and Gary Knight, they were runners up to the second event.

We have an omission and a correction from last week's column, we neglected to say that the winners of the last draw in the Junior Section were the recipients of the Opti-Mrs Trophy.

The correction pertains to the ladies rink skipped by Ethel Murdy reported as runners up to the John Logan Trophy at Chinguacousy.

A thousand apologies to Ethel and her rink of Gail Sparks, Doreen Geofreda and Dynese Griffiths because they won the whole spiel including the trophy, congratulations girls!

Sunday was family day for skating the ice out, we were there briefly (not on skates) and were amazed at the skating prowess of some of our curlers, excluding the junior curlers who seem to be good at everything!

A reminder to all lady curlers, the Annual Wine Cheese Party is Wed, April 27th 7:30 pm followed by the election of officers. Be sure to attend.

Bill Marcolini steps in as Support Group head

The Georgetown Minor Hockey Support Group held their annual meeting Sunday at Gordon Alcott Arena. About 30 people were present for the acclamation of executive officers, and later joined in the discussion of amending hockey regulations.

Amendments to regulations governing coaches, managers, and executive members carried, are that the coach's progress with their player's such as team discipline, progress and general improvements be reviewed each month at the executive meetings for discussions on coach changes or release if necessary. Executive members may at

Every player must now produce a social insurance number, a birth certificate plus proof of registration before signing with a team. This is an added regulation governing players.

New regulations governing teams, equipment, and finance state, "No manager of a team shall be in one month's arrears of monies for practise time. Failure to comply, will result in all future practise times being suspended until incurred debts are paid."

The executive members will endorse all team money raising endeavours and shall if possible regulate dates of same. A financial statement

for all money raising endeavours, Association included, shall be submitted no later than 45 days after the project is completed. If a draw is held notifications of winners shall be published in the local papers.

The amendments concerning the financial aspect of the teams came about as the result of money still outstanding for practise ice time, totalling \$1390.

Past President, Henry Cull, has been phoning the coaches for the money, and has been assured of the funds. "The best way for a coach to handle the money is ask players for \$2 per practise, and pay the bill to the

executive every month," he said.

Concerned parents and coaches argued that a team should not suffer if the manager doesn't pay the monthly bill, but that the coach should be suspended. Executive said this was implied in the statement and team members would be after the coach to pay the bills regularly.

In concluding, the meeting Henry Cull thanked everyone for the support he had received in the past year, and turned the meeting to new president Bill Marcolini.



The Georgetown Minor Hockey Support Group elected their new executive for 1977-78 and are as follows: Lorna Taylor, secretary, Bill Marcolini, president, Karen

Harrison, first vice-president. Back row Al Adams, second vice-president, Zid Clark, treasurer and Henry Cull past-president.

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NOTICE

RE: REGIONAL GOVERNMENT BILL 151, TOWN OF HALTON HILLS

The Council of the town of Halton Hills will receive written submissions from the public or any individual group, regarding Regional Government as it affects the town of Halton Hills. A special committee of council will review these submissions for possible revisions to Bill 151.

IMPORTANT: The date for receiving written submissions has been extended from April 27 to May 16, 77.

Address to:

RE BILL 151

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Clerk-Administrator
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Georgetown, Ont. L7G 4X1