

Chess Mess

The second Georgetown Closed championship consisting of a round robin against 9 of our best players, is now over. Here are the final results.

	1	2	3	4	5	6	7	8	9	Total
1. Steve MacLeod 1592	x	1	1	1	1	1	1	1	1	11 1/2
2. Blair Thompson 1282	0	x	1	1	1	1	1	1	1	11 1/2
3. John Moore 1199	1/2	1	x	0	0	1	1	1	1	15 1/2
4. Dave Nichols 1379	1	0	1	x	0	1	1	0	1	15
5. Kevin Neill UNR	0	0	1	1	x	0	1	1	1	14 1/2
6. Glen Emerson 1145	0	0	0	0	1/2	x	1	1	1	13 1/2
7. Brian MacLeod 1431	1/2	0	0	0	1	0	x	1	1	13
8. Andre Boisvenue 1118	0	0	0	1	0	0	1/2	x	1/2	2
9. Chris Bertleson 1245	0	0	0	0	0	0	0	1/2	x	1/2

Ratings of beginning of play
This was a closely contested battle, with only 1 1/2 pts. separating the first 5 finishers! No one was able to emerge undefeated.

Steve MacLeod who had won the 1st. Georgetown Closed by a margin of 1 point and a half, had a much harder time winning this one. He took the first place trophy on the break over Blair Thompson, who played 200 pts. above his rating. Only the 1st and 3rd place finishers were able to take points from him.

John Moore also played very strongly, and at one time seemed almost certain to win, but two losses near the end forced him to settle for 3rd.

Dave Nichols, finished well to gain a prize. Had he not lost in round 2 to Bo Boisvenue he would have forced a 3-way playoff for first.

Kevin Neill had a good result; victories in the last 2 rounds gave him the class 3 prize.

Glen Emerson could not score against the top players but was very hard on the weaker ones, taking 3 1/2 out of 4. Brian MacLeod had been expected to contest first place, but lacked his usual form and finished 3 points off the pace.

Bo Boisvenue's big win against Dave Nichols was his only victory, but as the lowest rated player his games were of much higher quality than was expected, while Chris Bertleson, forced to make the trip from Rockwood to play his games was unable to score.

The tournament demonstrated two things: That in general, the players who play most often obtain the best result, and that most of our players are considerably underrated. More tournament practice will undoubtedly straighten this out.

The tournament had an interesting finish. At the start of the final round 1st place was still up for grabs against the top players. The games to decide it were S. MacLeod - B. Thompson and K. Neill - J. Moore. While the first game was won quickly by white in the King's Gambit, the Neill-Moore encounter was a long, complicated game which ended in the surprise victory of K. Neill.

K. Neill - J. Moore Sicilian Defence
1. e4 e5 2. Nf3 Nc6 3. d4 c4 4. Nxd4 Nf6 5. Nc3 d6 6. f4 a6 7. Be4 e6 (Black had used only 30 seconds at this point)
8. Be3 Qe7 9. Bb3 Na5 10. 0-0 Be7 11. Qf3 0-0 (A fairly typical Sicilian position: White attacks on the king-side and Black on the opposite wing). 12. Qg3 Nxb3 13. cxb3 (Weakening his King's defences 14. ... e5 followed by 15. ... Nf5 was a sounder plan). 14. Rael Nf5 15. Qf3 Qd7 16. g4 (I thought this was a great move". K. Neill) Nf7 17. Na4 (f5) is a stronger follow up to his last move 17. ... Bb8 18. Rd1 b5 19. Nc3 e5 (Slowing the attack) 20. fe Qxg4 21. QxQ BxQ 22. Rd2 d2 23. Ne6 f6 24. Nd5 Nf5 25. Bb6 Rf8 26. Nxb Rxx 27. Rf7 Rf8 (27. ... Rd7 was better) 28. Rf2 f5 (A terrible move K. Neill) 29. Bg5 Rxx? 30. Pxr Nf7 (Black is lost after this. Best was 30. ... f4) Blocking off white's bishop 31. Bf6 Rg8 32. HxP H5 33. d6 Kh7 34. BxN Rf8 35. Bf6 Kg8 36. e7 resigns.

Problems: Last week's solution: White mates by 1. Ne4! All other moves fail.
Upcoming events: (1) The 1977 Toronto Open April 8-10, looks to be the event of the year. It appears that no less than 10 Georgetown players will participate, more than at a other CFC tournament 2 games each day at Lithuanian Hall, near Dundas West subway station.

(2) The 1977 Ontario Open, Premier and Novice (Under 1400). Scheduled for May 21-23 at the Government buildings on Bay and Wellesley. More information to come in future columns.

Monitor lifestyle doctor urges on talk of obesity, smoking

By KAREN WARD
Herald staff writer

Dr. Boyd Hodinott says the most important aspect of his job, besides giving high blood pressure tests is talking to patients about their smoking and drinking habits.

He spoke along with five others on "lifestyles" to 25 people at a panel discussion at Howard Wrigglesworth school held by the Local Council of Women last week.

"People should be able to monitor their life-styles, but obesity is a big problem in society, although it does not represent the problem cigarettes and alcohol do," he said.

Planning co-ordinator for health in Ontario, Milton Orris said, "Sooner or later we are all going to become ill and end up visiting doctors, costing health care money. What we should do is defer the inevitable of fatal illness by exercising and eating properly."

In 1971 health care cost taxpayers \$215, and in 1977 it will cost \$500 per capita for health care. The cost has doubled but he hasn't noticed any real improvement in health care.

More children and adults are entering mental hospitals, people are aware smoking causes heart and lung disease but they continue to smoke.

Mr. Orris suggested the price of cigarettes and alcohol should be doubled and the extra put back into health care.

"We haven't found the ad-

vertising gimmick yet, to entice people to eat properly, drink less and become joggers," he said.

Marilyn Silk a public health nurse said the responsibility of preparing healthy nutritious meals lies in the hands of "Mom".

Mothers would be surprised if they saw how many children leave their sandwiches untouched and use lunch money to buy junk food and soda pop drinks at the store for lunch.

"There is a trend for snack times and an opting for TV dinners, but meals should be a family time," she said. "If the parents eat intelligently the child will follow. Children learn to eat sugar, sweetening their cereal, fruit, tea by watching their parents."

The history of an obese child relates back to early eating habits, when the child fell and hurt himself, was angry at parent, or cried not to attend school, the child received a cookie and glass of chocolate milk to perk up his mood.

Mother should learn to identify the reason the child is crying and deal with the problem, rather than teaching the child to satisfy his depression by oral gratification.

"The results of being overweight is a shorter life span, hyper-tension and heart attacks. The family should be constructive with leisure time and do sporty things together, and get away from the television set," she said. By walking 15 minutes a day a person

burns 75 calories.

Doctor Janra Zabrowska who studied a course in psychiatry and has a practice in Erin and Oakville, said people have to accept distress as a challenge.

"If things come easy for people, they don't learn from the experience" she said. "Difficulties must be met in a positive way."

Dr. Hodinott agreed that people are looking for easy answers. Patients ask him for pills to lose weight, but "There is no simple solution. Losing weight or quitting smoking is

not easy," he said.

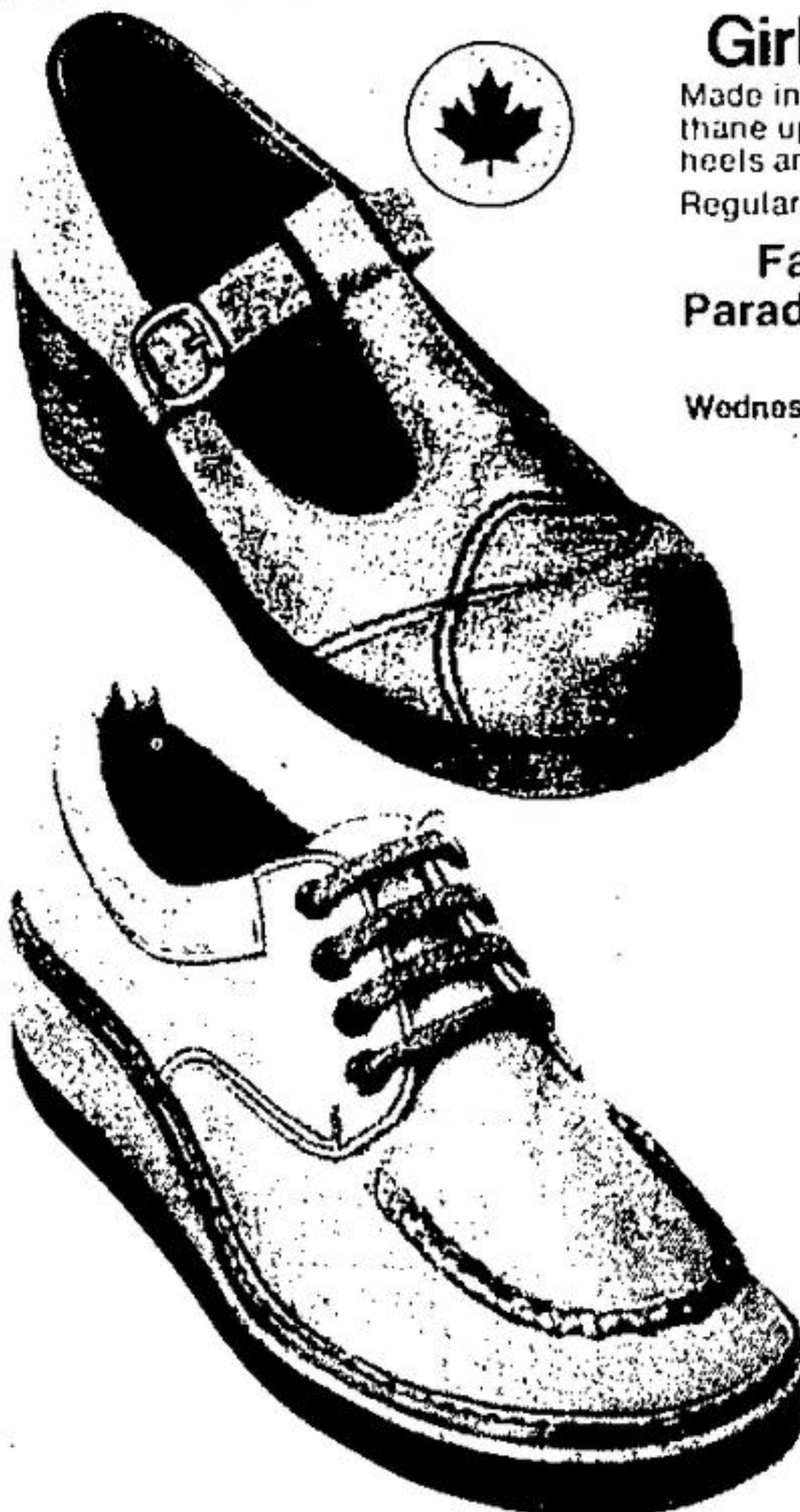
He added that most weaknesses come directly from their environment.

Family environment is a corner of the principal of Howard Wrigglesworth school, Eric Balkind.

"Children should be taught parenting skills, since it is the most important role in life they will play," he said. "I am pushing to have courses taught in Grades 8, 9 and 10 in parenting and day care skills."

"Children are the ones we have to aim at teaching life-skills," he said.

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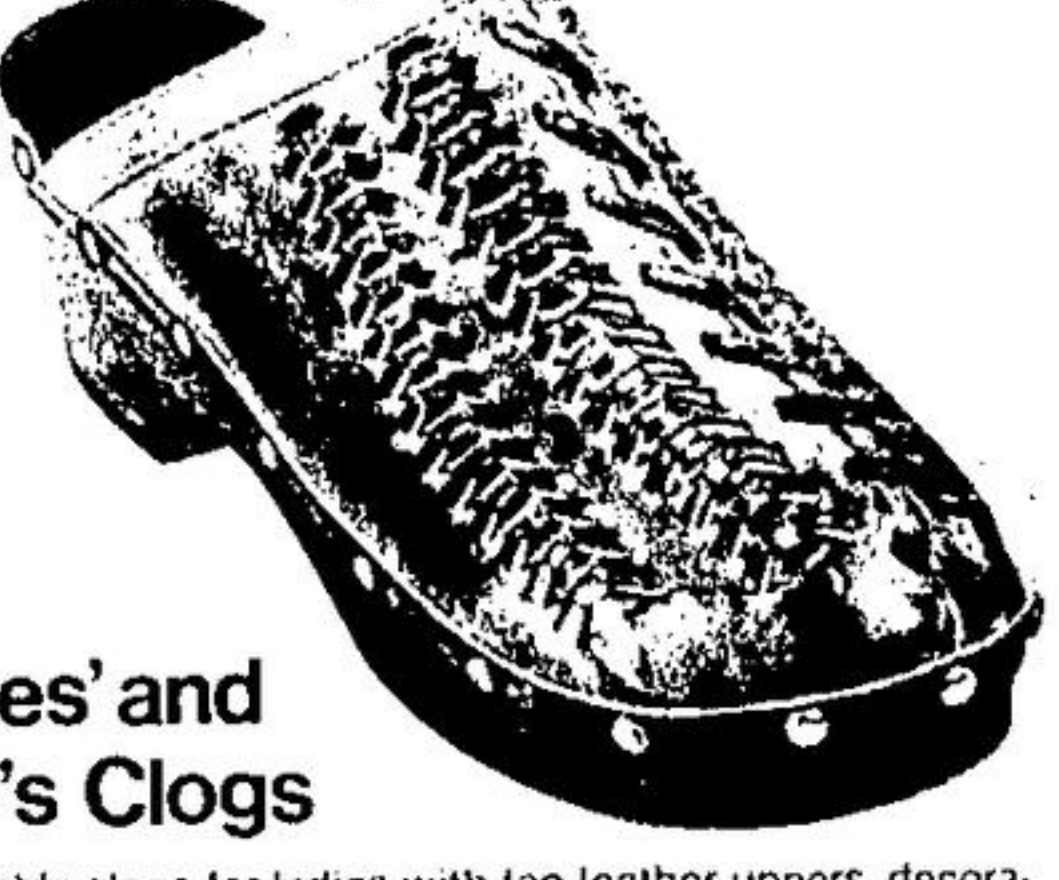
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For September, 1977

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ADVANCED registration for those children who will be attending kindergarten in the Separate Schools in Burlington, Oakville, Milton and Georgetown will be held at all Catholic schools on

THURSDAY, April 14th, 1977

9:00 a.m. to noon

1:15 p.m. to 5:30 p.m.

AGE OF ADMISSION AND REQUIREMENTS

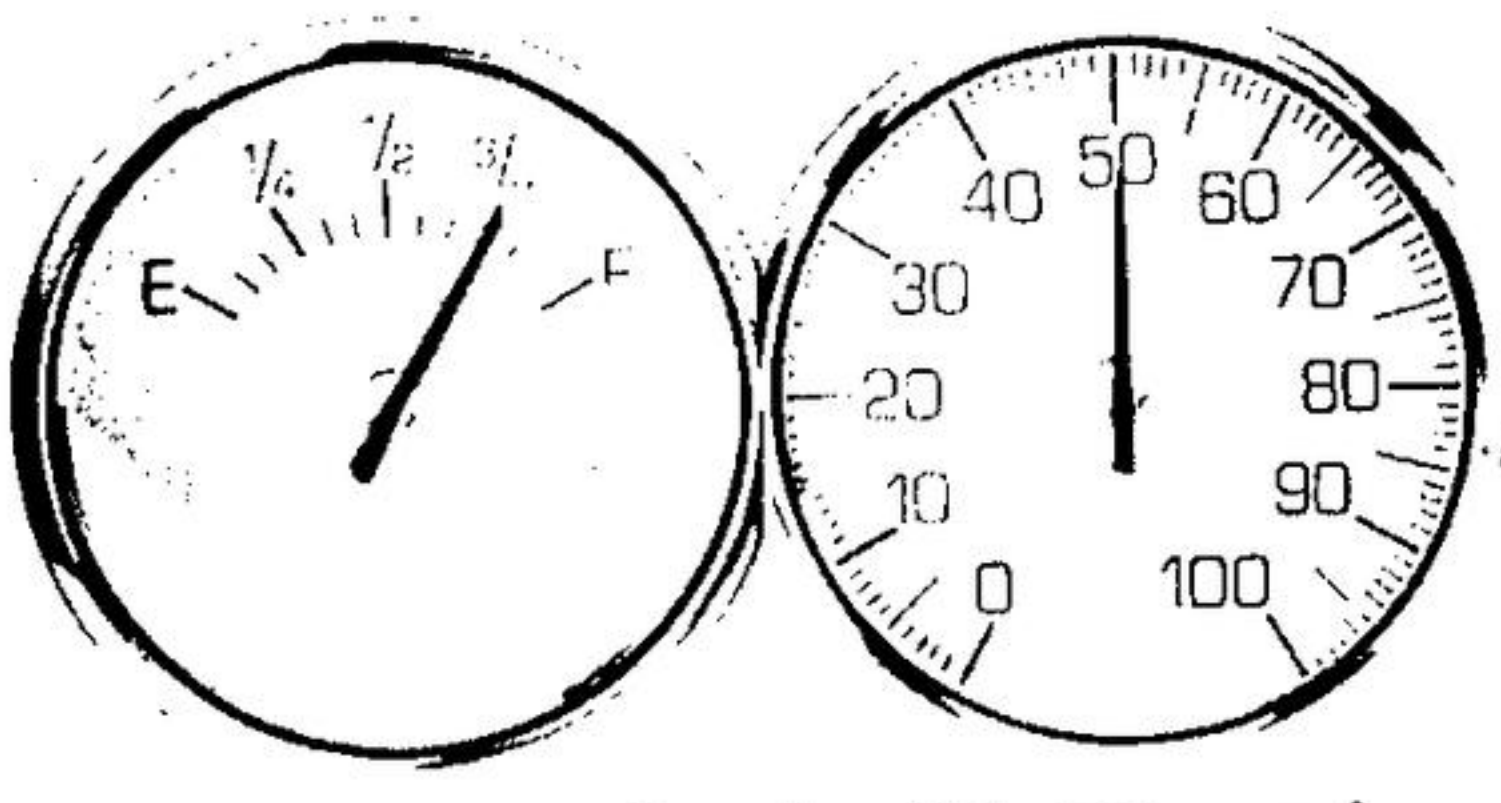
• Children are required to be 5 years of age on or before February 28th, 1978.

• Proof of age is required.

For further information, please contact the principal of your nearest Catholic School.

R. J. O'BRIEN Chairman of the Board
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