

REED, MPP

Last budget did little

The GAINS Programme - a type of Guaranteed Annual Income System - was introduced to benefit residents over 65 years of age and those who are blind or disabled. Benefits for senior citizens are administered by the Guaranteed Income and Tax Credit Branch of the Ministry of Revenue, whilst the blind and disabled are taken care of by the Ministry of Community and Social Services.

In order to qualify for assistance under the GAINS Programme, people must have lived ten consecutive years in Canada, with the last full year in Ontario, immediately prior to applying for benefit (prior to April 6th, 1976, only five consecutive years of residence in Canada were necessary).

Alternatively, one must have lived in Ontario for one full year immediately prior to applying for GAINS and have been resident in Canada for periods totalling twenty years since reaching age eighteen, or have lived in Ontario for periods which add up to twenty years since reaching age eighteen.

Items considered income are earnings from employment, net income from a profession or business, income from superannuation, retirement pensions, annuity payments and other sources, including pensions from any other countries, which are taxable in Canada. Bank, bond, mortgage and other interests are included, as are net dividends and net taxable capital gains, unemployment insurance benefits, net rents from property and income from family allowance, Old Age Security and Guaranteed Income Supplement payments are included, as well as payments from the Canada Pension Plan or Quebec Pension Plan.

If the total income from all sources is below the guaranteed minimum, which is reviewed every three months, a cheque is sent each month from the Ontario Government to qualified recipients to make up the difference. At the present time the monthly minimum for senior citizens is \$279.35 (as of the 1st January, 1977) for a single person - \$558.70 for a married couple who both qualify. The current minimum for the blind and disabled is \$250, although this is due to be changed soon. I understand.

People over 65 years of age who receive OAS-GIS payments from the federal government, need not apply for the Ontario GAINS Programme. Their eligibility will be determined automatically. Those who do not meet the residency requirements for the Old Age Security Pension, but appear to satisfy GAINS requirements, should request an application form for GAINS by writing, visiting, or telephoning the Ministry of Revenue at Queen's Park in Toronto (M7A 2R3). You may call the Ministry free of charge. Dial "0" and ask the operator for ZENITH 8-2000.

If you are blind or disabled and are now receiving assistance under Ontario's Family Benefit Programme, you will receive your benefits cheque each month, automatically. You do not have to apply for it. If you do not receive Family Benefits, you may qualify for the special benefits programme.

Application must be made through the District Office of the Ministry of Community and Social Services. Dependents of special benefits recipients will receive additional assistance, based on the size of the family and the ages of the children.

This programme does not apply to the totally unemployed, who have been transferred to Family Benefits from General Welfare Assistance. Those who qualify for the special benefits programme, Family Benefits of the federal Guaranteed Income Supplement are entitled to receive approved drugs on prescription, free of charge. A card should be mailed to you automatically, but if you qualify for this assistance and have not received the drug benefit card, please contact the Ministry - either Revenue or Community & Social Services. Ontario doctors, dentists and pharmacists have a list of drugs approved by the Ministry of Health which may be dispensed free of charge under the Drug Benefits programme.

My Hiding Office is located at 225 Main Street, Suite 2 in Milton. Mrs. Pat Duncan is there from 8:30 a.m. to 12:30 p.m. and 1:30 p.m. to 4:30 p.m. Monday to Friday. The telephone number is 878-1723. Please address all correspondence to my Queen's Park Office at Box 70, Main Parliament Building, Queen's Park, Toronto, Ontario, M7A 1A2.



COME ON DOWN TO A&P AND SEE HOW MUCH THE BIG RED TEAM... CAN DO FOR YOU!

ALL PRICES SHOWN IN THIS AD GUARANTEED EFFECTIVE THROUGH SATURDAY, MARCH 12TH, 1977.

ANOTHER BRAND NEW ULTRA-MODERN A&P FOOD STORE OPENED THIS WEEK A&P DOMAINE DU PARC—COWANSVILLE, QUEBEC



CONTAINS RICH BRAZILIAN COFFEES
8 O'CLOCK INSTANT COFFEE 10-OZ JAR **2.99**

WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO NORMAL FAMILY REQUIREMENTS!

MARVEL BRAND—SLICED—16-OZ LOAF
WHITE BREAD
4 FOR **1.00** SAVE 40¢

JANE PARKER
HOT CROSS BUNS
PKG OF 6 **59¢**

APPLE—BLUEBERRY—DATE—CHERRY TURNOVERS 10-OZ PKG SAVE 30¢
Archway "Soft" Cookies 2 for **1.00**

QUAKER—REGULAR, RAISIN & DATE, APPLE & CINNAMON
Harvest Crunch 15-oz pkg **99¢**

McNair, Instant—Real Value Pkg of 5—1oz each
Hot Chocolate Mix **39¢**

Action Priced
POWDERED
FAB DETERGENT SAVE 52¢
1.99
5-LB BOX

Action Priced
DELUXE—14 VARIETIES
DUNCAN HINES CAKE MIXES SAVE 20¢
59¢
18.5-OZ PKG

RASPBERRY OR STRAWBERRY—WITH PECTIN
SEVILLE ORANGE MARMALADE—ACTION PRICED!
AYLMER JAMS
24-FL-OZ JAR **99¢** SAVE 40¢

KLEEN BRITE
FABRIC SOFTENER
128-FL-OZ PLASTIC JUG **99¢**

WHITE, PINK, YELLOW BOX OF 100 SHEETS ACTION PRICED!
Kleenex Facial Tissue 3 for **1.00**

SCOTT BATHROOM TISSUE—ASSORTED COLOURS
Soft & Pretty pkg of 4 rolls **99¢**

PINK, WHITE, YELLOW BOX OF 200 SHEETS ACTION PRICED!
Cameo Facial Tissue 2 for **99¢**

Action Priced
BETTY CROCKER—8 VARIETIES
Hamburger Helper SAVE 20¢
6-OZ PKG **59¢**

NO. 1 GRADE—WHITE TABLE STOCK
P.E.I. POTATOES 20-lb bag **1.99**

CELERY HEARTS NO. 1 GRADE IMPORTED PACKED FRESH DAILY EACH **79¢**

TEXAS—PACKED FRESH DAILY
Spinach 10 oz cello pkg 2 for **89¢**

NO. 1 GRADE—IDAHO—SWEET
Onions SPANISH TYPE pkg of 3 **79¢**

EXTRA FANCY WASHINGTON
Apples DELICIOUS GOLDEN 3 lbs **1.00**

SEVERAL VARIETIES FOR YOUR SELECTION 8 INCH POT
Hanging Baskets **4.99**

YORK—CHOICE—"WITH TIPS"
Asparagus Cuts
3 FOR **1.00**
12-FL-OZ TIN

ALL PURPOSE SPOT REMOVER—WHITENER & SOFTENER SAVE 20¢
Magic "3" 32 fl oz plastic bil **1.79**

LIPTON—11 VARIETIES 1.25-OZ PKG
Cup-A-Soup Mix **59¢**

ALL PURPOSE SAVE 10¢ 7-LB BAG
Five Roses Flour **1.39**

HUNTS SAVE 30¢ 14-FL-OZ TIN
Tomato Sauce 3 for **1.00**

GREEN GIANT ACTION PRICED!
Niblets Corn 12-1/2 oz tin **39¢**

ECONOMY SAVE 16¢ 24-OZ PKG
Farm Kist Prunes **99¢**

Action Priced
BRIGHTS—FANCY
SAVE 30¢
TOMATO JUICE
49¢
48 FL OZ TIN

CHICKEN NOODLE
CAMPBELL'S SOUP
4 FOR **1.00**
10 FL OZ TIN

BLUEWATER—FROZEN—THRIFT PACK SAVE 10¢ ACTION PRICED!
Fish & Chips 32-oz pkg **1.39**

HOME MAID—FROZEN SAVE 20¢ 32-FL-OZ CARTON
Coffee Creamer **39¢**

SEALTEST—CREAMED OR LIGHT & LIVELY 16-OZ TUB
Cottage Cheese **69¢**

READY CUT MACARONI—SPAGHETTINI OR 2-LB PKG
Primo Spaghetti **69¢**

ZIP BRAND
Dog Food 15-oz tin 5 for **1.00**

FABRIC SOFTENER SAVE 30¢ ACTION PRICED!
Bounce pkg of 40 sheets **1.99**

FRESH PORK ROASTS
SHANKLESS SHOULDER
lb **69¢**

LEAN BUTT ROAST lb **79¢**

Suggestion: Corned Beef and Cabbage Dinner

FLAT OR EYE OF ROUND
Shopsys Corned Beef Brisket lb **99¢**

Regal Brand, Smoked, Cooked, Picnic Style
Pork Shoulders lb **79¢**

FRESH—15 PIECES
Box-O-Chicken
3 LEG QUARTERS
3 BREAST QUARTERS
3 NECKS—3 WINGS
3 GIBLET PACKAGES
lb **59¢**

Pork Chops SHOULDER OR BUTT lb **99¢**

BURNS
BEEF & PORK SAUSAGES lb **79¢**

BURNS, GOLDEN COIL
POLISH SAUSAGE lb **99¢**

PRIDE OF CANADA, SLICED
Side Bacon 1 lb Vac Pac **1.49**

CAMPFIRE BRAND, VAC PAC
BY THE PIECE BOLOGNA lb **59¢**

BURNS VAC PAC
WIENERS lb **68¢**

BURNS, SLICED, BOLOGNA, MAC & CHEESE, LUNCHEON & CHICKEN
Cooked Meats 12 oz Vac Pac **79¢**

HIGHLINER, FROZEN
Cod Fish Cakes lb **49¢**

HIGHLINER, FROZEN, BOSTON (\$-LB BOX 3.29)
Bluefish Fillets lb **69¢**