

# Travel

## Bahamas Nassau Freeport

The beautiful blend of a colonial past and an up-beat present.

Dating back to colonial days, Nassau's tradition and old-world grace serve as a backdrop to an endless range of holiday entertainment. The island is rich in luxury hotels, elegant boutiques and manicured residential areas, but nowhere are you far from the sight and sound of the turquoise sea.

Shopping  
Bahamian arts and crafts are varied and interesting. Visit Junby Village art gallery on Blue Hill Road, or browse in the straw market at Rawson Square. The many fine shops on Bay Street offer locally designed jewellery of crushed coral and tortoise shell or fine imported goods.

Sites and Sights  
Nassau's vibrant history provides many old and storied places of interest. See

the 66-step staircase built to honour Queen Victoria, and Forts Charlotte and Montague. The Sealloor Aquarium's dolphins and Aradstra Gardens' marching flamingoes entertain daily.

Eating  
Bahamian dishes, like conch chowder and peas 'n' rice are served at most restaurants. Travellers' Rest is a good place for local food. Experience elegant dining on Paradise Island at Cafe Martinique, and the Coyaba Room, or for a more casual meal try the Brauhaus.

Life at Night  
At the King and Knights hear the popular King and Knights Revue. The Drumbeat Club features Peanuts Taylor on the congos. On Paradise Island, the spectacular show of "Le Cabaret" is ever popular while the click of chips fills the night air at the plush casino.

The Underwater Museum

The word is "action" - high life in barefoot style through sunny days and glittering nights.

In Freeport, on Grand Bahama Island, just 90 miles over the horizon from Nassau, the pace is fast and the tone is ultra-modern. It is, indeed, one of the world's greatest playgrounds. Not as cheap as some of the islands, much more modern than most, and definitely a place for those who like action.

Shopping  
One good buy is locally made perfume: "Island Promises", "Paradise" and "Gomboy". Gold jewellery is a good buy and native wood carvings can be excellent. The great little shops in the Grand Bazaar are international, and offer goodies from all points on the compass.

Sites and Sights  
The Underwater Museum

exhibits artifacts from as far back as 10,000,000 B.C. The botanical garden at Shamon Park Golf Club is free and worth a visit. There are reef trips, a glass-bottom boat tour, a moonlight cruise, four championship golf courses, tennis and much more.

Eating  
Lots of conch, in salad, chowder, fritters and deep fried. Steak 'n' lobster is a favourite too, and all sorts of fresh fish. Cafes offer European fare, others have everything from Indian to Polynesian from casual to downright elegant.

Life at Night  
After dark, Freeport positively glitters. If gambling's your bug, you'll love the Byzantine El Casino. Many hotels offer dazzling entertainment, and the Bahamian nightspots "jump up" every night.

### BAHAMIAN HOTELS

#### VICTORIA INN

Location  
Just 2 1/2 miles from the airport and 2 miles from the centre of Freeport, the Victoria Inn provides regular transportation into town from 9 a.m. to 5 p.m. and to the beach twice daily.

Facilities  
Swim in the fresh water pool. Dining and Entertainment: The restaurants on the premises serves breakfast, lunch and dinner and is open from 8:30 a.m. to 2:00 a.m. After dinner you can sip a quiet drink at the Victoria Inn's small lounge or go next door to Freeport's most popular nightclub, Wendel's Sports.

Take advantage of the scuba diving shop for scuba, snorkelling and sailing equipment or visit the nearby beach at the Atlantic Beach Hotel for snorkelling, sailing and water skiing. There's golf all around.

Rooms  
The rooms at the Victoria Inn are all fully air conditioned and overlook the pool and gardens. The large rooms are modestly furnished with twin beds and equipped with telephone and full bath with shower.

#### BALMORAL BEACH

A charming resort with its own private island.

This elegant 210 room hotel is located on beautiful Cable Beach. All Sunlight rooms are located in both the Manor House and the attractive 2-storey Georgian garden villas. All are air conditioned and carpeted, have baths and twin beds. Due to the crystal-chandeliered La Chandelle dining room or informally in the Palm Patio or Hibiscus Room. There is also a cocktail bar and a thatched-roof beach bar. Swim in the large freshwater pool or from the beach to the side of the property. A regular launch service provides "jaunts" to the Balmoral's own private island.

Complimentary daily green fees are included on the Ambassador Beach 18 hole par 72 golf course, with free transfer to the nearby links. Rental of golf cart is mandatory. Charge \$10 for 18 holes. Tennis is also provided at no charge on the hotel's hard courts.



GROSVENOR COURT

Location  
Located on lovely Paradise Island, close to Cabbage Beach, the Casino and the Versailles Gardens.

Facilities  
Grosvenor Court is right on the bus line and it's about 15 minutes drive from downtown Nassau. The four mile long Cabbage Beach is only a five minute stroll. The Flagler Inn is a short walk away.

Apartments  
The air conditioned apartments have a large living room and dining area. The attractively decorated apart-

ments have wall to wall carpeting throughout and the separate kitchen comes equipped with stove, fridge, oven, hot plate and some have dishwashers. All the apartments have balconies overlooking the pool and gardens. There are both one and two bedroom apartments available. The one bedroom units are suitable for two or three persons and the large two bedroom units for two couples or family groups. The two bedroom apartments are split level with the bedrooms upstairs. The bathrooms are full size with shower.



HOLIDAY INN

You're in paradise on Paradise Island this Sunlight exclusive is a luxury 533 room resort, rising 17 storeys above feathery casuarina, pines in a protected cove with a wide curve of sandy white coral beach. The modern Sunlight rooms are all air conditioned (individually controlled), each with two double beds, tub and shower and balcony. Choose between the coffee shop or main dining room, while for lively local entertainment try the Pirate's Cove or Crow's Nest, or listen to the music at the Sandbar in the lobby. The whimsical tropical Reef Bar on Pleasure Island centres a large circular freshwater pool

and there are four tennis courts and a tennis pro. Golf is available nearby and the casino is just a 25 cent shuttle bus ride away. You'll find shops in the hotel and the bustle of downtown Nassau is just 10 minutes away by bridge or boat. Live entertainment happens nightly in the top floor, Crow's Nest.

Guests at the Paradise Island Holiday Inn enjoy many activities such as a weekly amateur tennis tournament, volleyball tournaments, backgammon lessons, Innkeeper's cocktail party, one free snorkel lesson, native dance and cooking demonstrations, a mini-golf tournament, and a welcome rum punch party.



FREEPORT INN

For a budget-minded holiday in the Bahamas

Singles, young families and all who give cost a high priority on holiday, will find the relaxed atmosphere of this 3 storey 170 room hotel a good choice. The Freeport Inn is just one mile from the Casino and the famous International Bazaar, and Sunlight rooms are all air-conditioned with individual controls, and each has two double beds, or one double and one single bed and both tub and shower. In addition, many of the rooms have kitchenettes for cooking your own meals. There is a dining room for your convenience with an adjoining cocktail lounge serving Bahamian as well as American menus. The well-designed L shaped pool is surrounded by a sundeck and attractive gardens and a pub-side snack bar. Enjoy a free-chaise lounge by the pool, the nightly disco in the Safari Room and a welcome rum swizzle party. There are free daily shuttles to Lucayan Beach and back. For honeymooners, a king-sized bed and a split of champagne on the house! (Must be requested at time of booking.)



NASSAU BEACH

The popularity plus resort on beautiful Cable Beach.

Superbly situated on a private 3,000 foot stretch of Cable Beach, just four miles from the centre of Nassau, this beautiful hotel has 410 rooms, five great restaurants, two swinging lounges, a great beach bar and the Drumbeat Club, all of which add up to make the Nassau Beach a truly great resort. The hand-some furniture, fully air conditioned and beautifully appointed, with two double beds, full bath and shower and every one with its own private balcony or lanai view of garden or sea. Enjoy a large fresh water pool, in formal indoor-outdoor beach view dining at Pineapple Place, an elegant new mall of shops right in the hotel and Nassau's most exciting nightlife. The Nassau Beach Hotel provides many extras, daily beachside steelbands, one hour's guaranteed free tennis daily, volleyball and backgammon tournaments, free snorkelling, sailing, native cooking and dance instruction, a pubkano open cocktail party and a welcome rum punch party.



SHALIMAR HOTEL

Conveniently located just a short walk from "El Casino" and the International Bazaar. All rooms have fully equipped kitchens, air conditioning and balconies. With three pools, tennis courts, rooftop dining and terrace, a children's playground and a great location, Shalimar has everything it takes for a casual relaxing vacation in the sun.

Location  
Centrally located in Freeport near the International Bazaar.

Features  
Three fresh-water pools, tennis courts, children's playground, roof top dining, terrace bar and pool bar, music and dancing plus excellent nightclubs nearby. Free transportation to the beach, complimentary cocktail party.

Accommodation  
Air-conditioned rooms with fully equipped kitchens, dressing rooms and walk-in closets. Daily maid service.

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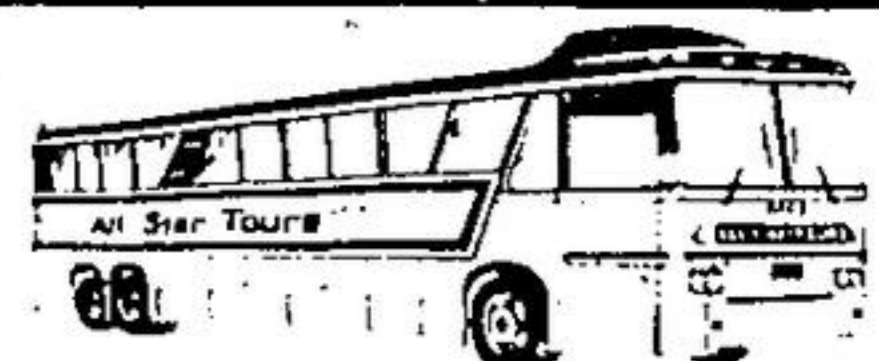
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