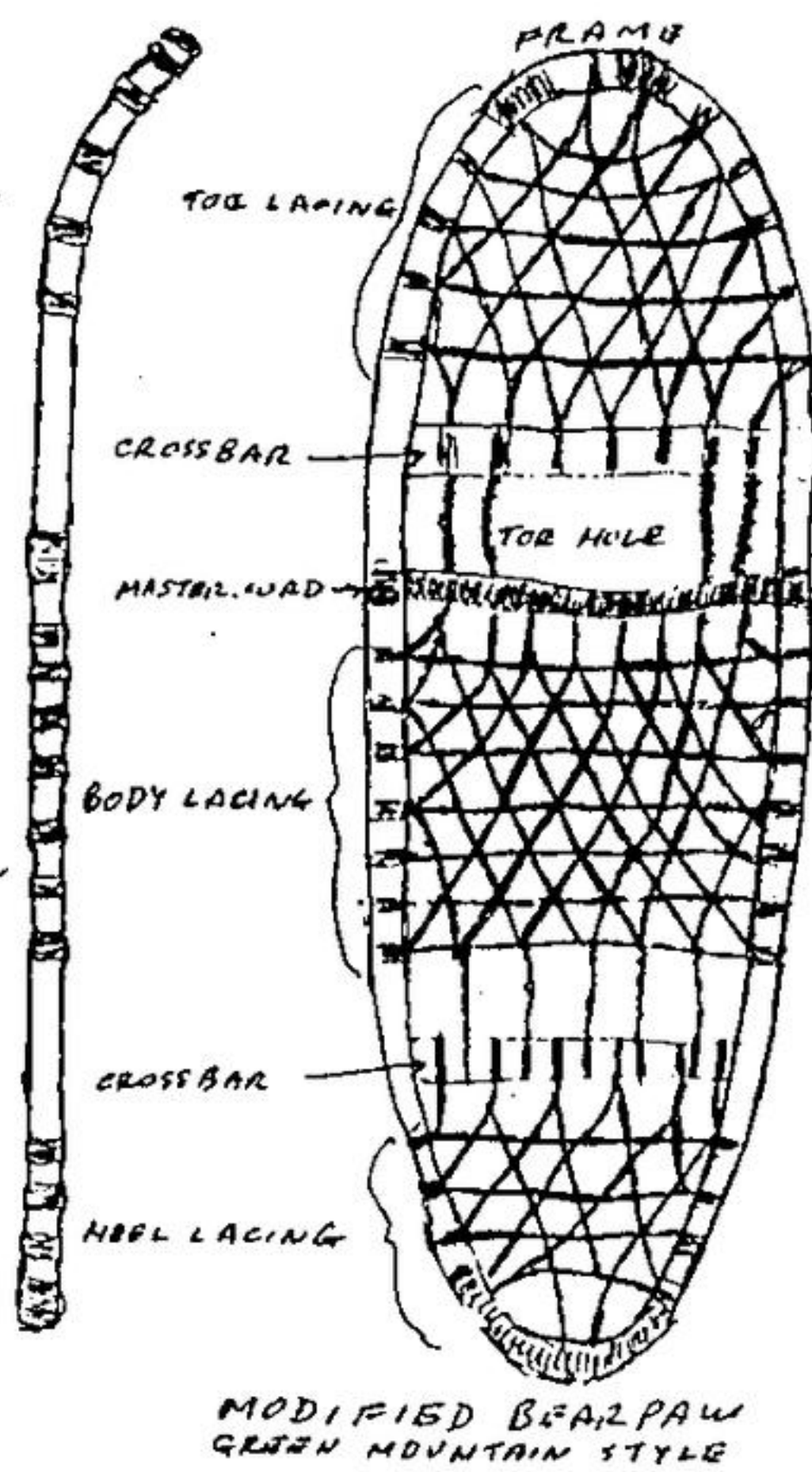


Fun In The Winter Outdoors

Snowshoeing, the 6000 year old winter sport



By Bob Olivier
Whether or not snowshoeing is a sport is debatable, at least in this part of the country. However, historical records indicate that it was an important means of travel in Europe around 4000 BC, and progressed across to the Americas. The Eskimos did not need snowshoes as they travelled on ice or over hard packed snow, but the Indians further south used them as an important part of their winter gear.

The plains Indians hunted Buffalo on snowshoes and the French took up their use when they started to settle in the St. Lawrence region. The well known French heroes, d'Iberville, Le Moyne, Hertel de Rouville and de Nantel were experienced snowshoers. In the province of Quebec the snowshoe clubs date back some two hundred years and a letter today to the CANADIAN SNOWSHOERS UNION, 4595 RUE ST. LAURENT, MONTREAL QUEBEC, will get you information on snowshoeing across Canada.

Size to weight ratio of persons taking up this "sport" is 125 pounds to 150 pounds size 12 x 34 inches. 150 to 180 pounds, 13 x 35 inches. 180 to 210 pounds, 14x35 inches. This is with the Bearpaw design in the "WESTOVER" style.

In the same design but the "Green Mountain" style you may use the 10 x 36 size for weights up to 200 pounds. There are four main designs of snowshoes in general use today although the

"MODIFIED BEARPAW" is the most prevalent. These are the ALASKAN, THE MICHIGAN, THE MAINE, and the aforementioned BEARPAW. The "COME ALONG" days at Terra Cotta Conservation Area are good times to get some assistance in this "sport".

Winter fishing

The fisherman (person) is not forgotten in the activities that abound in HALTON HILLS when we are socked in with ice and snow. Many people have ponds on their own property, but for those who are not so fortunate there is the HALTON HILLS TROUT CLUB. Owned by John Harrington, the pond is well stocked with RAINBOW TROUT, some of them weighing in at better than four pounds.

Mr. Harrington is starting his own hatchery and eventually will be selling trout to those who have their own ponds. The taking of trout on a fly rod through the ice is something you don't always get to try, but take advantage of the opportunity by heading out to John Harrington's HALTON HILLS TROUT CLUB. Turn right at Stewarttown and take the fourth left. This is, or should be the fourth line. A mile or so on the left just before the railway tracks. If you get lost phone John at 877-3730 and enjoy winter, as well as summer, in Halton Hills.

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A FAVORITE WINTER PASTIME

One of the many activities in the HALTON HILLS AREA during the snow season. A group of people from MAPLE AVENUE BAPTIST CHURCH on a hay ride at the country home of Dr. Craig Hutchison north of Acton. Warm clothing is the order of the day with this type of action, as the temperature can plummet to the depths of the mercury

tube in the night hours. On this particular occasion the reading was minus ten on the fahrenheit scale and about minus twenty three on the celcius. Add the wind, and the ice crystals in the air and frost bite is a very real possibility. But Canadians being what they are this is not usually a deterrent.

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|------------------------------------|--|--|
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|------------------------------------|--|--|

February 6 - Cross Country Ski Hike - 10:30 a.m. - 1:30 p.m. - George Roberts
February 13 - Snowshoe Hike - 10:30 a.m. - 1:30 p.m. - Brian Kristy
February 20 - Snowshoe Hikes - 10:30 - 1:30 p.m. - Brian Kristy
February 27 - Cross Country Ski Hikes - 10:30 a.m. - 1:30 p.m. - George Roberts

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People problems can be serious problems.

This is what Ontario is doing to help solve them in advance.

Recently arrangements were made for a group of Indian children to attend the public school in a northern Ontario town. The principal of the school in the town was aware that Indian children sometimes had a rough time at the hands of other students, and to try to forestall this kind of situation, he called in a Human Rights Commission counsellor to talk to the other children. The counsellor asked the children if any of them had ever moved to a new school, and what they thought it would feel like if they were the strangers. In this way he helped them understand how the Indian children would be feeling when they arrived, and the integration proceeded relatively smoothly.

Community counselling is one of the major roles of your Ontario Human Rights Commission. We hold seminars and discussions with police in areas where there are communication barriers between them and minority groups, to help relieve tension and promote mutual understanding. We attend meetings of immigrants and native-born minority groups to explain to them both their rights under the legislation and their responsibilities as citizens of this Province.

We also help bring people into contact with local agencies like home-and-school groups, community and government agencies, and churches, which are available to help but which many people don't even know exist. Wherever there's a difficulty based on race, language, colour or creed, the Human Rights Commission is available to generate discussion and motivate people to develop understanding and respect for the other's point of view.

Our job is to help bring people together and encourage healthier relationships among all groups.

If you would like more information or assistance, contact the Human Rights Commission at any of the following addresses:

- | | | |
|---|---|--|
| HAMILTON 1 West Avenue South Postal Zone: L8N 2R9 Telephone: 527-2951 | KENORA 808 Robertson Street Postal Zone: P9N 1X9 Telephone: 468-3128 | PETERBOROUGH 267 Stewart St. Postal Zone: K9J 3M8 Telephone: 743-0361 |
| LONDON 560 Wellington St. Postal Zone: N6A 3R4 Telephone: 438-6141 | OTTAWA 2197 Riverside Drive Postal Zone: K1H 7K3 Telephone: 731-2415 | SAULT STE. MARIE 125 Brock Street Postal Zone: P6A 3B6 Telephone: 949-3331 |
| SUDBURY 1538 LaSalle Boulevard Postal Zone: P3A 1Z7 Telephone: 568-3071 | THUNDER BAY 435 James St. S. Postal Zone: P7E 0E3 Telephone: 475-1693 | TORONTO 400 University Avenue Postal Zone: M7A 1T7 Telephone: 965-6641 |
| WINDSOR 500 Ouellette Avenue Postal Zone: N9A 1B3 Telephone: 256-3611 | KITCHENER 824 King Street West Postal Zone: N2G 1G1 Telephone: 744-7308 | |

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