

Self-defence techniques
By Bill and Leslie Pickells
Photos by Brian Turford



Confrontation of a frontal attack.



Attacker puts arms around victim



Victim lifts both her arms up in preparation to break attackers hold.



Victim now drops arms down onto attackers, at the same time she also drives her knee into his groin.



Victim now finishes off attacker by quickly adding a front kick to his midsection.

The salary paid to the Halton Region Chairman could drop to \$23,000 from \$35,800 a year if Regional Council decides today to support sentiments voiced by at least two council members last week.

The decrease to a \$23,000 level with additional benefits was proposed at a special meeting Wednesday by Burlington Coun. Vern Connell.

Although the motion, which would carry with it a \$2,000 expense account plus mileage allowance, was defeated, a second motion by Halton Hills Coun. Ric Morrow to maintain the present \$35,800 level similarly met with defeat when council split on the issue in an 11-11 vote.

The matter will be resolved today. The election of a new chairman by the 24-member council, expected to take place last week will also be held today.

Council also failed to resolve a dispute over the amount of time to be devoted to the chairman's position, with Coun. Morrow arguing in favor of the Chairman filling a full-time post and Burlington Coun. Jack Rafits leading the arguments for a part-time job.

Council heard four Burlington and Oakville residents outline their reasons for seeking the chairmanship and their intentions if elected. Of the four, only Jim

Swanborough, former Halton County warden and a Burlington alderman until the December election, stated his opposition to the proposed establishment of a regional landfill zone at Site "F" in Milton.

Nominations for the position remain open until today. The three other candidates, Coun. Rafits, former Oakville regional coun. Terry Mannell and Allan Masson, Halton Region's first chairman, rejected in turn any proposal to shift some or all of the responsibility for selecting dump sites to the four area municipalities.

Coun. Rafits, chairman of the public works committee, claimed that, if elected chairman, he could "get a resource recovery system off

the ground within 10 weeks". The Burlington alderman also hinted at having found "solutions" to the new environmental problems involved in landfilling through discussions with "private enterprise".

Mr. Masson conceded, however, that some responsibilities could be shared to greater extents with Halton's member municipalities.

Responding to a series of questions from Milton Coun. Jim Watson, he opted for a continuation of the region's charge-back systems of inter-municipal payment, non-uniform water rates and two-tier government.

Mr. Masson agreed with the other candidates that the chairman should be given the right to vote at council and committee meetings, contrary to the procedure which governed regional meetings for the past three years. Estimating that he devoted some 96 hours-a-week to his duties as chairman during his first term, Mr. Masson said he would "abide" by a council

decision to reduce his annual salary to \$23,000. "It's been a grand three years," he commented. "I think we've accomplished a great deal. We got the thing rolling."

Mr. Swanborough, describing himself as "a self-employed desk lawyer", stated he is prepared to accept a salary equal to that paid to regional councillors (\$8,500).

REGION HERE TO STAY
"Bill 151 has left us with regional government whether we like it or not," he said. "But we must make it work. I believe Site F should be abandoned and we should go back to the area municipalities to find out how we can expand the existing landfill sites."

Mr. Mannell cited family responsibilities as his reason for not seeking re-election in December. "I'm not proposing any magic to pull the region together, but it can be done," he said. Describing the chairman's duties as a full-time job, for which he is prepared to take a leave of absence from his work, Mr. Mannell told council he could "get by on \$20,000 a year" but considered the post to be worth at least \$30,000. Coun. Rafits pointed out that he presently receives \$8,500 as a regional council and \$8,800 as

a Burlington alderman, and said he felt the chairman should be paid \$20,000. Noting that he would have to resign his seat on Burlington council if elected regional chairman, he said that he would justify the decision to do so to his constituents by offering them more as chairman, while at the same time strictly avoiding parochialism.

"If I was elected, this region would get off to a much faster and more efficient start," Coun. Rafits said.

Ballinafad News

By WINIFRED SMITH
Herald correspondent
The January meeting of the W.I. was held last Wednesday at the home of Mrs. Eileen McEnery.

Mrs. Jamieson, president, opened the meeting with a timely thought for the New Year. This was followed by the opening ode and the Mary Stewart Collect. The roll call was answered by twelve members and three visitors. It was brought to the attention of all that the annual meeting of the Community Centre was coming up later this month.

A committee was appointed to attend this meeting, but the remark was made that others, also, should show their interest by attending this meeting. Mrs. Eileen Burt gave a report on the visits made to the sick and shut ins at Christmas. Others on the committee also commented how gratifying it was as they delivered the gifts to see the smiles on those receiving them.

It was not the value of the gift, but the thoughtfulness of the giver that made them happy. Correspondence was dealt with. There were several thank you notes for those receiving gifts and cards also a thank you note from the committee of Erin Fair thanking the Branch for the donation and interest shown in sponsoring the Queen contest.

It was reported that the leaders and assistants for the new 4-H Homemaking Club project, "Clothes for Leisure" would be for Ballinafad (1) Mrs. Linda O'Connor and Marlon Jamieson, for group (No. 2) Mrs. Eleanor McLean and Mrs. Betty Kooperdar.

Some ideas were brought forward on how the branch might celebrate their 25th anniversary which will be in October of this year. The meeting was then turned over to the Resolutions con-

vention Mrs. Eileen McEnery. The motto was given by Mrs. Jamieson. "The Past We Cannot Change, but The Future Is Still In Our Hands." Mrs. Smith, gave the current events. Two conveners gave interesting reports.

It was then time to call on the guest speaker. She was introduced by Eileen McEnery. The Honored guest was Mrs. Campbell, president of Halton District W.I. She reminded members of the many things coming up in the W.I. this year.

She spoke at some length on Resolutions and said that through the year the W.I. had been the means of improving conditions in our Country in many ways. On behalf of the Branch Courtesy Convener, Eleanor McLean thanked Mrs. Campbell and presented her with a small gift of appreciations.

With the singing of O Canada and the W.I. grace, meeting closed and a social time followed. Mrs. Emily Plouffe, and Mrs. Jamieson assisted hostess in serving a delicious lunch.

Friends of Mrs. Bella Perryman will be pleased to know she has moved to near by Acton and is comfortably settled in an apartment next to those occupied by her sisters. She has sold her home on the highway to Sid Spear. Mr. and Mrs. Spear and family were former Ballinafad residents, but moved to Georgetown, after their home here, was destroyed by fire a few years ago.

Rev. Stiles is commencing a series of sermons on the "Patriarchs and Prophets of the old testament". The first on Sunday, was on "Abraham Man of Faith". It was announced that Rev. James Kirkwood would be present for the service next Sunday and speak of the years, he and his family spent in North Rhodesia. A social time will follow.

SEPARATE SCHOOL

Sherk named vice-chairman as O'Brien elected head

Hartley Sherk, of Georgetown chairman of the Halton separate school board last year, failed to regain his post at the inaugural meeting held Jan. 4.

Mr. Sherk who was elected as vice-chairman lost to Robert J. O'Brien, 49, of Burlington. Mr. O'Brien has been on the separate board for ten years and was a vice-chairman on the Burlington high school board. He is the manager of Roman Catholic cemeteries in the Diocese of Hamilton.

In his first address as chairman to the 16 member board Mr. O'Brien said the board's job in the new year to expand the Catholic high school in Burlington and build a new school in Milton. The ministry of education would need to be impressed of the great need for capital, he said. Later he told reporters that in Halton Hills "everything seems to be going well."

He said any new programs the separate school board might introduce would be "carefully scrutinized and 'costed'" and that existing programs would be revalued for their impact on children.

He said the separate school board three or four years ago directed staff to set up curriculum guidelines, a move which the ministry of education announced late last year. The separate school board does not have to go through three or four years of experimental procedures, he said. "The old way wasn't that bad."

Mr. Sherk, who was chairman of the board for only nine months, told the Herald he was confident the new board would come in with a balanced budget. Mr. O'Brien would do an excellent job, he added. Also elected at the inaugural meeting were the chairmen of six board committees. They are: Peter Waters, finance;

Gordon Makan, education; John Vissas, property and planning; Father Blake Ryan, continuing education; Margaret "Bonnie" Brown, public relations; and Harry McDermott, teacher-trustee relations.

Halton board of education plans to grieve the embargo placed on its chairmanship positions by the Ontario Secondary School Teachers Federation (OSSTF).

An arbitration board composed of one appointee by the board, one by the OSSTF and a third by the Education Relations Committee would deliver binding arbitration in the issue the first of its kind in matters

other than wages or working conditions, board chairman Rev. Garry Morton said Tuesday.

"The question still is who manages the board," Rev. Morton said. He said that no specific date has been set yet for meeting with the teachers, but that negotiations would begin soon. Meanwhile John Bolch, superintendent of instruction

and approval of the extension of the remedial program. The program was marked by three characteristics, she said—availability, responsiveness and courage to make reasonable decisions based on the facts it received.

As examples she cited the information of a public question period at board meetings, accommodating delegations and holding at least one board meeting in a place other than at the board room.

The board's responsiveness was reflected by the discussion of trustees who have altered some board decisions after listening to the people. "But responsiveness does not always mean agreement," Mrs. Alexander said.

Decisions of the board have not always been popular, Mrs. Alexander said citing that the closing of some schools and reluctance of the board to raise the pupil-teacher ratio as a relatively simple way to cut the budget.

With the re-organization of high schools, the board has "embarked on a path that may be rocky," she added. As a memento of her time as chairman Mrs. Alexander was presented with a gravel by Education Director Emmerston Lavender.

Judge D.V. Latimer, who administered the oath of office and oath of allegiance, told trustees their real responsibility is to the children in the region. "Your trust and responsibility is to prepare them to live in a complex and ever changing world."

Local Council of Women to study area public transit

Journalist Joyce Beaton. Being an organization based on social consciousness, the Local Council of Women is also involved in politics at all levels of government. Locally, the group supported candidate for area council Marilyn Serjeantson by writing letters to other organizations on her behalf.

Resolutions made by council throughout Canada are sent annually to the federal cabinet for consideration. In addition, letters are written to town council, the provincial and federal governments to express views on controversial or problematic issues.

Mrs. Cornfoot explained the co-operation between the local councils with its Canadian federal and provincial counterparts is vital. If one group feels concerned about certain legislation or lack of it, other councils are informed of the situation and urged to write to their local member of parliament on the matter.

"Letter writing chains throughout the country are more effective than a few individual letters," said Mrs. Cornfoot, who added that if replies are not satisfactory another letter is sent. Have recommendations and letters yielded any major political reform?

Mrs. Cornfoot feels although it's difficult to credit one group with positive legislative changes, "it doesn't hurt to try." She stressed the council is not out for glory as reformers, but willing to support causes for social betterment. Using the example of the council's present transportation study, she said, "If the town beats us to it, that's all well and good."

Looking back over old record books, Mrs. Cornfoot said some of the early projects included arranging for schools to have nurses and providing clothing for the needy during wartime.

Low-budget organization, upcoming fundraising activities include continued sale of the council's cookbook and possibly a children's theatrical production. Money is used for club supplies projects and admission to relevant conferences.

NEED MEMBERS
The problem facing the Georgetown council today is insufficient membership and enthusiasm to carry out possible projects, said Mrs. Cornfoot. There are 30 individual members and eight federation members who represent other community groups.

Since Mrs. Cornfoot joined the local council three years ago, she said enrollment gradually grew then levelled off in 1976. Held in afternoon, she explained the local council of women is designed for non-working people interested in community development and women's rights. Unlike some clubs, it is open to everyone.

The council's 1977 goal being increased membership, Mrs. Cornfoot welcomes visitors to club functions. "It's not easy to get women to work together for specific causes," she said, "but those who do find it worthwhile. Describing Georgetown as a "bedroom" housing families with breadwinners working in Toronto and a tendency to shop and seek entertainment in larger nearby centres, Mrs. Cornfoot urges women to "get in touch with the community and see what it has to offer."

Morton elected education chairman

Burlington school trustee Rev. Garry Morton was elected chairman of Halton Board of Education at the board's first 1977 meeting Thursday. He defeated Bill Herd who was vice-chairman last year.

Elected vice chairman was Noel Cooper who defeated Jim Clelland. Rev. Morton told trustees that he did not have a prepared speech but added that he felt the chairman's post was that of leader and servant. "The chairman's position is the key to effective action by the board," he said.

Judy Alexander, in her final remarks as chairman, said among the highlights of the board's actions in 1976 were: the paring of \$2.6 million from the budget as the grant rate went down and inflation

spiraled—holding the mill rate increase to 25 per cent only 10 per cent of which was because of increased costs; regaining the pupil-teacher ratio following an enrolment crisis in September; integration of the trainable mentally retarded into the school system; negotiating the first collective agreement with teachers; extension of the board building and the board room;

and approval of the extension of the remedial program. The program was marked by three characteristics, she said—availability, responsiveness and courage to make reasonable decisions based on the facts it received.

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