

Self-defence techniques

By Bill and Leslie Pickells

Photos by Brian Turford

How to react to an attack from behind



Attacker grabs victim from behind



Victim quickly drives her heel down onto attackers shin or top of foot.



Victim lifts both her arms to break attackers hold.



Victim now turns out of attackers hold and quickly finishes him off with a hard side kick to his ribs.

WORKS DEPARTMENT ADVISES

Get off and stay off roads during storms

It is highly unlikely that Halton Hills will escape a heavy snowfall this winter and when it does come, the best thing you can do is stay off the roads and get your car off the road, says Frank Morette, works superintendent.

He said in an interview Thursday that parked or abandoned vehicles on the roads during or after a snow storm cause the most concern to the snow plow operators.

The problem is especially bad when cars are abandoned on rural roads and drivers fail to leave warning lights on their vehicles.

Child injured by fire

A Weber Drive girl was reported in the Hospital for Sick Children last week being treated for second and third degree burns to 50 per cent of her body after her nightdress caught fire.

Lisa Kean, 6, daughter of Mr. and Mrs. Ronald Kean suffered the injuries when she leaned over a stove element.

Dump site could become a reality

A regional landfill dump at Milton's site "F" could come closer to reality if the public works committee endorses a consultants' report prepared earlier this month.

The committee will examine the report late January 1977 in which engineers M.M. Dillon recommend that one of the three remaining locations under consideration as possible dump sites be eliminated.

The engineers decided that underground petroleum pipelines and aerial hydro lines in a 250-acre area of northwest Oakville would pose serious problems to any landfill operation.

The location, known as site D, was found to have adequate surface drainage but improper underground water conditions.

M.M. Dillon ruled, as a result, that only 100 acres out of the entire site is suitable for landfilling. The region remains convinced, however, that a single 500-acre site is needed to accommodate all of Halton's garbage, rather than two or more smaller sites which would be strategically located.

There are 36 men on snow removal including a mechanic and a storekeeper, Mr. Morette said. Assigned to 14 snow removal routes in town, they use three grades, 11 trucks with plows on front and three hopper-spreaders for the salt and sand mixture. One grader and two plows are kept in Acton.

Sidewalks are the responsibility of the individual and those which the town is responsible for are done manually, he said. The only exception to that is when town crews plow snow onto the sidewalk, he said.

The 1977 snow removal budget won't be ready until the end of January and won't be approved by council until February or March, he said. "It's too hard to predict what kind of snowfall there will be," he said. "Each year is different." And with two urban areas in Halton Hills, the snow removing removal problems are "unique."

The balance of \$9,806 left in the budget was enough to cover the last month of the year, Mr. Morette said. The provincial ministry of transportation and communication subsidized the snow removal budget about 50 per cent.

He said that the town uses about 1,000 tons of salt per year. At present there are about 8,500 tons of salt and sand mixture, one pile in Georgetown and the other in Acton. Calcium is not used because it is too expensive, he said.

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MORE ARENA HAPPENINGS

Lions Club President Ron Johnston left, Below, Lions goalie Fred Zorge uses his knowledge of soccer to kick the ball (with a chairman Ernie Sykes with a cheque for course) during the exhibition game with members of the Georgetown Volunteer Georgetown Memorial Arena Thursday. Ambulance Service. The game ended 2-2



This and that on Parliament Hill

From The Ottawa Bureau Of The Herald

OTTAWA — Perhaps it's a Christmas blessing that MPs have now embarked on a 32-day parliamentary recess, ending the "silly season" in the Commons. There was little goodwill in the final days. During one exchange, Prime Minister Pierre Trudeau told a heckling Opposition Leader Joe Clark to "shut up."

You must think I am a journalist," Mr. Clark responded. "I apologize," Mr. Trudeau replied. "I really wanted to say, shut up and a Merry Christmas to you, Joe. If you want to ask questions, stand up and ask them."

"I look forward to a Happy New Year, Pierre," Mr. Clark replied.

On another occasion, NDP Leader Ed Broadbent became irked after an interjection by Eymard Corbin (L-Madawaska-Victoria). "If the noisy jackals on the other side would listen they might learn something," Mr. Broadbent advised. Mr. Corbin sought a withdrawal of the remark.

"He might have called him a jackass," John Gilbert (NDP—Broadview) retorted. "I really want to apologize to the honorable member," Mr. Broadbent said. "I might have done something worse. I could have called him a Liberal."

Gordon Fairweather (PC—Fundy-Royal) complained one day that there are only six women in the 104-seat Senate and inquired when Mr. Trudeau would summon some of Canada's 11,413,700 women to the upper chamber.

"Pierre says there are no women available. Pierre is D. Earle McLaughlin of Parliament," George Hees (PC—Prince Edward-Hastings) remarked in reference to the chairman of the Royal Bank which only

recently appointed its first female board member after being publicly criticized.

"We fixed Earle McLaughlin; now we will fix the prime minister," Mr. Fairweather said.

"How are we to take that?" External Affairs Minister Don Jamieson inquired. "Take it any way you like," the New Brunswick MP replied.

Shortly afterward, Mr. Hees noticed that Mr. Trudeau was conferring with Transport Minister Otto Lang, the subject of recent criticism for attempting to send the family's live-in babysitter back to England on a government plane.

"Are you sending Adrian (Mrs. Lang) or the nanny up (to the Senate)?" Mr. Clark asked.

Minutes later a Tory MP attempted to pose a question to Mr. Trudeau, but was interrupted by Mr. Hees.

"He is conferring with Otto," Mr. Hees advised. "Who is it going to be, Adrian or the Nanny? What do you think of it, Otto? Whom are you for?"

Defence Minister Barney Danson has been taking flak for his recent decision to move the Canadian Airborne Regiment from Edmonton to the Ottawa Valley.

Marcel Lambert (PC—Edmonton West) asked if Mr. Danson would be prepared to attend a public meeting in his riding to explain the move and answer questions from both the military and civilian population.

"Wear your helmet," a Tory MP advised the minister.

Mr. Danson and his cabinet colleagues have one small consolation: They can go 32 days without a helmet on while the House is recessed. That may be a greater cause for joy than the festive season.

Mannell announces bid for region chair

Terry Mannell, former Oakville regional councillor who did not seek re-election in the December municipal elections has announced his intention to contest the election of Halton Region's top political post.

In a letter released here Monday, Mr. Mannell said running for the chairman's post "was not really in my mind at the time I decided not to run again (for council) and I really only decided to seek the chairmanship after a number of queries and discussions sparked the very serious consideration I have given this."

Mr. Mannell is one of at least four active candidates each seeking endorsement by council members. The endorsement is required under the terms of the Halton Region Act since nominations and elections must be made by the elected members of council.

Among the field are incumbent chairman Allan Masson, completing three years as the region's first chairman appointed by order-in-council, Burlington councillor Jack Rafits former Burlington Reeve James Swanborough and former Burlington Mayor

George Harrington. Also rumored to be seeking nominations for the post is defeated Milton Mayor Anne MacArthur. However, Mrs. MacArthur denies any wish to seek the post.

In his three-page letter to council, Mr. Mannell says he believes "a real effort is required to develop the co-operative spirit that should exist between the region and its constituent municipalities."

"(And that an effective relationship can be developed, based on a mutual respect which will remove the threat that has been a dividing force to date," he said.

Council members met Tuesday to elect the new chairman by secret ballot. The informal meeting will only designate the new chairman until an official ratification is made at councils inaugural meeting Jan. 12.

The decision to hold the informal election was made last month during an information meeting for members of the new council. The secret ballot was agreed to prevent the council from facing any serious split during its two year tenure.

Mr. Mannell says he believes Halton would be "happier if the region moved toward a co-ordinating role, working closely with the municipalities to tie together things which can benefit from such action" such as planning and overlapping responsibilities in other administrative areas.

A useful and relevant regional role can be achieved by "a wise council... supported by a chairman who has the energy and desire to work on council's behalf," he says.

Terra Cotta area open Sundays

Terra Cotta Conservation Area will be open from 10 a.m. to 4 p.m. each Sunday from Jan. 9 to Feb. 23 weather permitting for skating, cross-country ski trails, and snowshoes. Hot food and drink is available.



JOYCE BEATON

You've been hit by a What?

While riding my bicycle I was hit by a Toronto-to-London flyer going 80 miles per hour. Yes, it's true, and probably a miracle that I'm alive to tell of it now. The year was 1948. I was 16-years-old and working after school in Port Credit for a chartered accountant. Each afternoon my girlfriend and I would wait at the same railway crossing for a freight train that seemed to take forever to pass.

This particular Tuesday in March was drizzly rain and dull. We waited and we waited as hundreds of freight cars were pulled in front of us. We were standing right by the wigwags at the head of a long line of cars waiting to cross the tracks.

Big yellow light Without looking (of course) I started out as soon as the freight passed and stopped on the tracks of the oncoming flyer to see what all the hooting and yelling was about. As I turned there it was—a big yellow light almost upon me.

There was no time to be frightened, no thought of turning back. Those were the days of the flare-backed coats and thank heavens mine was tucked under the seat of my bicycle. I remember looking down at the pedals of the bike and leaning forward with one foot on the raised pedal.

The next thing I knew I was at the bottom of a 40-foot embankment with the handlebars, of the bicycle in my hand, the school books still under my arm, and the knee ripped out of my stockings.

The stockings seemed tragedy for the moment as they had been "borrowed" without asking from my mother's dresser drawer and now they were ruined!

Crying softly I remember crying softly to myself for what seemed like ages as I wandered back up the incline. The lines of cars both ways were exactly as they had been before the train went through. No one dared move. Those who witnessed the accident thought for sure I was killed. I heard a young boy laughingly say to his friend, "I'll bet his guts are all over the front of the train."

By this time my school friend had been taken to the hospital in a state of shock. She had fainted dead away, the only person who could identify me.

I wandered aimlessly about looking for the other parts of my bicycle and wondering how I wasts of my bicycle and wondering how I was going to get to work (even then I had an over-developed sense of responsibility!) A second friend happened upon the scene and took me in a waiting laundry truck to her home where I was treated for shock.

Port Credit in those days was a very small village and usually everyone knew the news five minutes after it happened. My boss was summoned to my friends house and he took me to the doctor before taking me home. It took an hour from the time of the accident until I arrived home to tell my mother the story.

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David Estrin
Barrister & Solicitor
wishes to announce that, as of January 2, 1977 his office will be located at
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