left-defence techniques By Bill and Laslie Pickells Photos by Brien Turiord

How to react to an attack from behind



Attacker grabs victim from behind



Victim quickly drives her heel down onto attackers shin or top of foot.



Victim lifts both her arms to break attackers hold.



Victim now turns out of attackers hold and quickly finishes him off with a hard side kick to his ribs.

Enterior de la company de

David Estrin Barrister & Solicitor wishes to announce that, as of January 2, 1977 his office will be located at 120 Adelaide Street West, Suite 1800, Toronto M5H 1S8

Telephone: (418) 388-8992 Practice Restricted to Environmental & Energy Law

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WORKS DEPARTMENT ADVISES

Get off and stay off roads during storms

thing you can do is stay off the said. roads and get your car off the

works superintendent. Thursday that parked or midnight and 7 a.m. Police abandoned vehicles on the will also enforce a bylaw which roads during or after a snow prohibits merchants from storm cause the most concern

to the snow plow operators. The problem is especially bad when cars are abandoned on rural roads and drivers fail to leave warning lights on their

Child injured

A Weber Drive girl was reported in the Hospital for Sick Children last week being treated for second and third degree burns to 60 per cent of her body after her nightdress caught fire.

Lisa Kean, 6, daughter of Mr. and Mrs. Ronald Kean suffered the injuries when she leaned over a stove element.

Dump site could become a reality

A regional landfill dump at Milton's site "F" could come closer to reality if the public works committee endorses a consultants' report prepared earlier this month.

The committee will examine the report late January 1977 in which engineers M.M. Dillon recommend that one of the three remaining locations under consideration as possible dump sites be eliminated.

The engineers decided that underground petroleum pipelines and aerial hydro lines in a 250-acre area of northwest Oakville would pose serious problems to any landfilling operation.

The location, known as site D, was found to have adequate surface drainage but improper underground water conditions. M.M. Dillon ruled, as a

result, that only 100 acres out of the entire site is suitable for landfilling. The region remains convinced, however, that a single 500-acre site is needed to accommodate all of Halton's garbage, rather than two or more smaller sites which would be strategically located.

It is highly unlikely that vehicles. If a vehicle doesn't Halton Hills will escape a have warning lights to mark it, heavy snowfall this winter and there is a danger it may be hit when it does come, the best by a snow plow, Mr. Morette

He sald police will ticket road, says Frank Morette, cars which break a bylaw prohibiting parking over three He said in an interview hours between the hours of merely piling up snow on the boulevards or edge of their properties, he added.

The budget for snow clearing is split into three parts. For 1976, it as \$102,800. Snow removal had been budgeted at \$10,000 and by the end of November \$15,393 had been spent, he said. Snowplowing budgeted at \$48,300 reached \$51,748 by the end of November.

Only in the area of sanding was less spent than budgeted. Of \$44,500 budgeted, the town had spent only \$25,853.

The balance of \$9,806 left in the budget was enough to cover the last month of the year, Mr. Morette sald. The provincial ministry of transportation and communication subsidized the snow removal budget about 50 percent. He sald that the town uses

about 1,000 tons of salt per year. At present there are about 8,500 tons of salt and sand mixture, one pile in Georgetown and the other in Acton. Calcium is not used because it is too expensive, he

The 1977 snow removal budget won't be ready until the end of January and won't be approved by council until February or March, he said. "It's too hard to predict what kind of snowfall there will be," he said. "Each year is different." And with two urban areas in Halton Hills, the snow removing removal problems are "unique."

There are 36 men on snow removal including a mechanic and a storekeeper, Mr. Morette said. Assigned to 14 snow removal routes in town. they use three grades, 11 trucks with plows on front and threchopper-spreaders for the salt and sand mixture. One grader and two plows are kept

Sidewalks are the responsibility of the individual and those which the town is responsible for are done manually, he said. The only exception to that is when town crews plow snow, onto the sidewalk, he sald.

Contract award

OTTAWA .. A federal contract worth \$53,549 has been awarded to DRG Stationery Co. of Georgetown to provide the federal government with notepads, the department of supply and services unnounced Monday.

Agricultural news

HALTON SOIL & CROP IMPROVEMENT ANNUAL An outstanding program has been planned for the Halton Soil & Crop Improvement Annual Meeting to be held next Friday, January 7th at Hillcrest United Church, Georgetown 2, commencing at 10:30 a.m. The meeting is under the chairmanship of Ed Segsworth, 1976 President.

The morning program consists of the financial statement, election of delegates to the Ontario Soil & Crop Annual in Barrie in February 2nd & 3rd, and the election of Halton Directors for 1977. Prof. Tom Lane of the Soil Science Department, University of Guelph will discuss erosion and the problems of compaction of soil with heavier equipment. John Kessler, Secretary-Manager of the Farm Machinery Board from Guelph, will talk about metrics and some of the problems farmers encounter in obtaining machinery parts.

Following lunch, which will be provided by the ladies of the church, Ross Milnes, M.P. for Peel-Dufferin, will speak on energy uses on the farm. Ed Clutten of the United Co-operatives Head Office in Mississauga will discuss the outlook for seed, fertilizer and herbicides for 1977. Ted Whitworth of the Farm Safety Association of Ontario will have as his topic "Workmen's Compensation and the Farmer." Paul Fish, Soil & Crop Specialist, will present Halton's Annual Report of soil and crop activities. Two slide sets are planned - "Farming in the Urban Shadow" and "Forage Days - 77".

All Halton farmers and others interested in these discussions are cordially invited to attend.

CALF SUPPORT PAYMENTS EXCEED \$20 MILLION Agriculture and Food Minister William G. Newman has announced that more than 15,200 Ontario calf producers will receive cheques averaging \$1,358 to help offset this year's low market prices.

Mr. Newman said cheques are being processed on the basis of \$58.42 per cow after deducting the owner's \$5 premium for enrolling the animal in the voluntary Ontario Beef Calf Income Stabilization Program. Net government payment will be \$20.75 million for

1978, the second year of the emergency program to help cow-calf operators weather a period of world-wide beef surpluses and abnormally low prices for calves. The payment formula hinges on a support price of 50

cents a pound set earlier this year and a weighted average market price of 33.42 cents established at fall sales throughout the province. Mr. Newman noted that the average market price was 3.6 cents higher than in 1975, reducing stabilization

payments. This year there was a 26 per cent increase in the number of farmers enrolled in the plan. He said the outlook for Ontario's beef industry in 1977 is brighter because of improved prices, a record

slaughter rate to reduce herds in line with the market and moderating prices for feed com. Mr. Newman spoke at a cow-calf conference organized by his ministry, the Ontario Cattlemen's Association and the Ontario Beef Cattle Performance Association. He urged cattlemen to join the Ontario government in pressing the federal government for agricultural tariff reforms and a law to restrict meat

imports if they could hurt Canda's meat industry. The total enrolled for the Region of Halton was 112 and the total number of eligible cows was 2,368. The average herd size was 21.



MORE ARENA HAPPENINGS

Georgetown Memorial Arena Thursday. Ambulance Service. The game ended 2-2

Lions Club President Ron Johnston left, Below, Lions goatic Fred Zorge uses his presents Wintario Grants Committee knowledge of soccer to kick the ball (with a chalrman Ernie Sykes with a cheque for broom of course) during the exhibition game \$5,000 prior to the official opening of the with members of the Georgetown Volunteer



This and that on Parliament Hill

From The Ottawa Hureau Of The Herald

OTTAWA - Perhaps it's a Christmas blessing that MPs have now embarked on a will fix the prime minister," Mr. Fairweather 32-day parliamentary recess, ending the said. "silly season" in the Commons.

There was little goodwill in the final days. Affairs Minister Don Jamleson inquired. During one exchange, Prime Minister Pierre Trudeau told a heckling Opposition Leader Brunswick MP replied. Joe Clark to "shut up."

You must think I am a Journalist," Mr. Clark responded

really wanted to say, shut up and a Merry criticism for attempting to send the family's Christmas to you, Joe. If you want to ask live-in babysitter back to England on a questions, stand up and ask them." "I look forward to a Happy New Year,

Pierre," Mr. Clark replied. On another occasion, NDP Leader Ed

by Eymard Corbin (L-Madawaska-Victoria). terrupted by Mr. Hees. "If the noisy jackals on the other side would listen they might learn something," andvised. "Who is it going to be, Adrian or the Mr. Broadbent advised. Mr. Corbin sought a Nanny? What do you think of it, Otto? Whom withdrawal of the remark.

"He might have called him a Jackass" John Gilbert (NDP-Broadview) retorted. honorable member," Mr. Broadbent said, "I move the Canadian Airborne Regiment from might have done something worse. I could Edmonton to the Ottawa Valley. have called him a Liberal."

complained one day that there are only six plain the move and answer questions from women in the 104-seat Senate and inquired both the military and civilian population. when Mr. Trudeau would summon some of "Wear your helmet," a Tory MP advised Canada's 11,413,700 women to the upper the minister chamber.

"Pierre says th are no women available. Pierre is D Carle McLaughlin of have one small consolation: They can go 32 Edward-Hastings) 1. arked in reference to recessed. That may be a greater cause for joy the chairman of the Royal Bank which only than the festive season.

recently appointed its first female board member after being publicly criticized. "We fixed Earle McLaughlin: now we

"How are we to take that?" External "Take it any way you like," the New

Shortly afterward, Mr. Hees noticed that Mr. Trudeau was conferring with Transport

"I apologize," Mr. Trudeau replied. "I Minister Otto Lang, the subject of recent government plane.

"Are you sending Adrian (Mrs. Lang) or the nanny up (to the Senate)?" Mr. Clark asked.

Minutes later a Tory MP attempted to Broadbent became irked after an interjection pose a question to Mr. Trudeau, but was in-"He is conferring with Otto," Mr. Hees

are you for?"

Defence Minister Barney Danson has "I really want to apologize to the been taking flak for his recent decision to

Marcel Lambert (PC-Edmonton West) asked if Mr. Danson would be prepared to Gordon Fairweather (PC-Fundy-Royal) attend a public meeting in his riding to ex-

Mr. Danson and his cabinet colleagues Hees (PC-Prince days without a helmet on while the House is

Mannellannounces bid for region chair

Terry Mannett, tormer Oakville regional councillor who did not seek re-election in the December municipal elections has announced his intention to contest the election of Halton Region's top political post.

In a letter released here Monday, Mr. Mannell said running for the chairman's post "was not really in my mind at the time I decided not to run again (for council) and I really only decided to seek the chairmanship after a number of queries and discussions sparked the very serious consideration I have given this."

Mr. Mannell is one of at least four active candidates each seeking endorsement by counell members. The endorsement is required under the terms of the Halton Region Act since nominations and elections must be made by the

elected members of council. Among the field are incumbent chairman Allan Masson. completing three years as the region's first chairman appointed by order-in-council, Burlington councillor Jack Raftis former Burlington Reeve James Swanborough and former Burlington Mayor

George Harrington. Also rumored to be seeking nominations for the post is defeated Milton Mayor Anne MacArthur, However, Mrs. MacArthur denies any wish to seek the post.

In his three-page letter to council, Mr. Mannell says he believes "a real effort is required to develop the co-operative spirit that should exist between the region and its constituent municipalities..."

"... (A)nd that an effective relationship can be developed, based on a mutual respect which will remove the threat that has been a dividing force to date," he said.

Council members met Tuesday to elect the new chairman by secret ballot. The informal meeting will only designate the new chairman until an official ratification is made at councils inaugural meeting Jan. 12.

The decision to hold the informal election was made last month during an information meeting for members of the new council. The secret ballot was agreed to to prevent the council from facing any serious split during its two year tenure.

Mr. Mannell says he believes Halton would be "happier If the region moved toward a co-ordinating role, working closely with the municipalities to the together things which can benefit from such action" such as planning and overlaping responsibilities in other administrative areas.

A useful and relevant regional role can be achieved by "a wise council. . . supported by a chairman who has the energy and desire to work on council's behalf," he says.

Terra Cotta area open Sundays

Terra Cotta Conservation Area will be open from 10 a.m. to 4 p.m. each Sunday from Jan. 9 to Feb. 28 weather permitting for skating, crosscountry ski trails, and snowshoes. Hot food and drink is available.



You've been hit by a What?

While riding my bicycle I was hit by a Toronto-to-London flyer going 30 miles per hour. Yes, it's true, and probably a miracle that I'm alive to tell of it now. The year was 1948, I was 16-years-old and working after school in Port Credit for a chartered accountant. Each afternoon my girifriend and I would wait at the same railway crossing for a freight train that seemed to take forever to

This particular Tuesday in March was drizzly rain and dull. We waited and we waited as hundreds of freight cars were pulled in front of us. We were standing right by the wigwags at the head of a long line of cars waiting to cross the tracks.

Big yellow light Without looking (of course) I started out as soon as the freight passed and stopped on the tracks of the oncoming flyer to see what all the honking and yelling was about. As I turned there it was-a big yellow light almost upon me.

There was no time to be frightened, no thought of turning back. Those were the days of the flare-backed coats and thank heavens mine was tucked under the seat of my bicycle. I remember looking down at the pedals of the bike and leaning forward with one foot on the raised pedal. The next thing I knew I was at the bottom of a 40-foot

embankment with the handlebars, of the bicycle in my hand, the school books still under my arm, and the knee ripped out of my stockings.

The stockings seemed tragedy for the moment as they had been "borrowed" without asking from my mother's dresser drawer and now they were ruined! Crying Boftly

I remember crying softly to myself for what seemed like ages as I wandered back up the incline. The lines of cars both ways were exactly as they had been before the train went through. No one dared move. Those who witnessed the accident thought for sure I was killed. I heard a young boy laughlingly say to his friend. "I'll bet his guts are all over the front of the train."

By this time my school friend had been taken to the hospital in a state of shock. She had fainted dead away, the only person who could identify me!

I wandered aimlessly about looking for the other parts of my bicycle and wondering how I wasts of my bicycle and wondering how I was going to get to work (even then I had an over-developed sense of responsibility!) A second friend happened upon the scene and took me in a waiting laundry truck to her home were I was treated for shock.

Port Credit in those days was a very small village and usually everyone knew the news five minutes after it happened. My boss was summoned to my friends house and he took me to the doctor before taking me home. It took an hour from the time of the accident until I arrived home to tell my mother the story.

"You've been what?" Out the front door she flew as she saw the multi-parts of my bicycle being unloaded from my boss's car trunk to the front lawn. From the look on her face, I knew I had to get her inside and sitting down before I went into details. "You've been what? You've been hit by a train! Oh, dear, what do you do for someone who's been hit by a

train?" Poor mother! Well, she used her standard remedy. She put me to bed! The doctor had given me two tranquilizers one for me and one for my mother.

I took mine but I don't think my mother ever got around to taking hers. The phone rang, the reporters came, and I was a celebrity!

A celebrity with nothing to show for being hit by a speeding train except for a half-inch cut on one knee. And a pair of ruined nylons.

Agricultural news

TOP PRODUCTION HERDS IN HALTON IN 1975 The top dairy herds for milk production on R.O.P. and D.H.I.A. for Halton for 1975 are as follows: Winner -W.J. Proud, 3369 Burnhamthorpe Rd. W., Oakville 2. His 12 cows averaged 18,946 pounds of milk, 733 pounds of fat, 3.87 per cent test. This gives a Breed Class Average of 170 for milk and 180 for fat. In runner-up position is Burnview Farms Ltd., Milton 6 - 26 cows averaged 19,593 lbs. of milk, 717 lbs. of fat, 3.66 per cent for B.C.A.'s of 169 and 169. Third was H.C. Reld, Milton 6 - 39 cows averaged 15,416 lbs. of milk, 602 lbs. of fat, 3.87 per cent for B.C.A.'s of 152 and 161. Fourth was Fred Nurse, Georgetown 2 - 36 cows averaged 15,416 lbs. of milk, 602 lbs. of fat, 3.91 per cent for B.C.A.'s of 141 and 151. Fifth was J.C. Reid, Georgetown 2 -49 cows averaged 15,453 lbs. of milk, 579 lbs. of fat, 3.75 per cent for B.C.A's of 144 and 147.

NEW PUBLICATION ON WEEDS AVAILABLE Ontario Weeds, a new publication available from the Ontario Ministry of Agriculture and Food will help anyone, from farmer to home gardener, to identify easily 270 of the most common weeds in Ontario.

The publication, released in November, includes with the descriptions 195 drawings and 53 colour photographs. Dr. J.F. Alex, co-author of the publication and

member of the faculty of the Ontario Agricultural College(OAC) in Guelph, said that although the book is primarily almed at farmers it will be useful to a number of other people. He said the book would be a vaulable aid to

agricultural representatives, weed inspectors, agricultural colleges, schools, naturalists and gardeners. "What the book will give you is the name, habitat,

locality and description of the plant in layman's language, an illustration and characteristics of a particular weed," said Dr. Alex. Special features of the publication include eight

pages of colour photographs, enlargements of drawings pointing out the most characteristics dentifying features. and names of weeds in both English and French. "There are basically two ways to use this book." said Dr. Alex. "People will be able to thumb through the

book looking at illustrations to identify a weed or use the identification key." Dr. Alex explained that the identification key uses

features of the plant such as the type of stem, leaf, flower and root system to identify the plant. "The whole idea of the book is to make it easy to identify weeds," he said, "This will cut down and the need

for specialists to go out to farms to identify weeds." Used in conjunction with Publication 75, Guide to Chemical Weed Control, Ontario Weeds will enable farmers to get the most effective weed control.

Ontario Weeds has been propared by members of the OAC faculty periodically since 1891. The new version, prepared by Dr. Alex and C.M. Switzer, Dean of the OAC, is a complete revision of the 1967

publication. The publication is now available from Information Branch, Ontario Ministry of Agriculture and Food,

Legislative Buildings, Toronto M7A 1A5. Payment of \$2.50 must accompany orders for Ontario Weeds, publication 505. Cheques should be made payable to the Treasurer of Ontario.

