Norval district

By DOROTHY McLEAN Herald correspondent

Mrs. Grace Jewell, nutitionist with the social services department of Peel Region was the guest speaker at Norval Women's Institute meeting held at the home of Mrs. Giselle Malchin on Thursday evening, November 4 with Mrs. Amy Burk presiding.

Mrs. Jewell gave an interesting talk and showed a film on weight control. She said that 40 per cent of Conadian adults are overweight, and that obesity is the result of our rapidly changing life style. Machines are taking over our activities and calories are not used up causing overweight. At about 25 years of age the body starts to slow down and gradually needs fewer and fewer calorles. Any crash diet will lose weight but will not teach how to keep the weight off. She suggested more activity, walking as much as possible. Park the car at the far end of the parking lot and walk to the store. Cut down on sugar and desserts, Mrs. Dorothy Mc-Lean introduced Mrs. Jewell and Mrs. Malchin presented her with a plant. Mrs. Edna Murray gave the courtesies.

The roll call was "What Did You Grouch About Today?" Family and Consumer Affairs conveners Mrs. McLean and Mrs. Malchin were in charge of the program.

Mrs. Gladys Chester gave a report on the District meeting

on the Festival of Dairy Foods. Mrs. Murray and Mrs. Ina Terry will give the course near the end of November.

Mrs. Gladys Chester and Mrs. Jean May assisted the hostess in serving lunch and a social time was enjoyed.

The Norval Neighbours Club enjoyed a bus trip to Elmira on Tuesday November 2. All seats in the 39 passenger bus were . full for the tour, leaving from the Norval School Community Centre at 8:30 a.m. and arriv-

ing home about 5 p.m. On arrival at Elmira Mennonite Church the group were met by a guide who conducted the tour around Elmira pointing out the well kept farms and other interesting facts about the Mennonites. A farm with a windmill meant there was no electricity in the buildings, the windmill pumped the water to the barn and house. The old order of Mennonites still dress all in black and drive a horse and buggy. Some drive black cars with the chrome painted black. The people of the church the Norval group visited lived and dressed as other Canad-

Following the conducted tour a delicious luncheon was served by the Mennonite ladies in the basement of the church after which the assistant minister showed a film and talked about the Mennonite faith and answered questions.

The last part of the afternoon was spent in a visit to Brox's Olde Town Village store.



DELICIOUS!

Eyeing a table full of homemade goodies in 5-yearold Inger Jackson of Georgetown, who visited the Park school bake sale with her mother Friday.

INSULATE NOW

We insulate your home for less than you can do it

yourself Save up to 30%



Average home done for under \$225.00 complete, using top-rated blown cellulose fibre to R-20 standard recommended by government. Chargex accepted. FOR FREE ESTIMATES Call 881-1171 or 681-6337 anytime - Collect

C.J. CROUCH INSULATION

LTD. ESTABLISHED 1922

Metro Licence No. A-468 MEMBER OF BETTER BUSINESS BUREAU

Clip & Save This Message

the Norvat Neighbours Club and already the group are making plans for another trip in the spring.

Congratulations to Bonnie Crawford, daughter of Mr. and Mrs Jack Crawford, RR2, Norval, and Brian Neely, son of Mr. and Mrs. Allan Neely of Victoria, who were married by Rev. R. Walter Ridley in Norval United Church on Saturday

November 6th. Previous to her wedding Bonnie was honoured with several showers. Miscellaneous showers were given by the grooms grandmother, Mrs. Hilda Neely, Victoria, an aunt of the groom, Mrs. S. Wilkinson. Cheltenham, and another aunt of the groom, Mrs. Ross Tuinema, Walkerton, by a bridesmald, Nancy Vanstone, Malton and by Mt. Pleasant U.C.W. and neighbours held at the home of Mrs. Earl Terry, Norval. A surprise shower by the teachers of Folkstone School, Brumalea, held at the home of Mrs. Norma Thompson, a Laidlaw relatives shower given by aunts of the bride, Mrs. Graham Crawford, Jr., Brampton, and Mrs. Donald Jose, and by the U.C.W

of Norval United Church. Pantry showers were given by bridesmaids, Mrs. Vicky Johnson and Mrs. Linda Mcl. legers, and by the pupils of the class at Folkstone School

where Bonnie is employed. A dinner party was held by the Nixon relatives held at the home of Mr. and Mrs. Howard Laidlaw RR2, Brampton, and Bonnle was presented with an old fashioned style clock.

Mrs. Jack Crawford, mother of the bride, held a trousseay tea on Saturday afternoon and evening, October 30th. Four grandmothers of the bride and groom poured tea in the afternoon, Mrs. Graham Crawford. Sr., Norval, Mrs. James Somerville, Brampton, Mrs. Hilda Neely, Victoria, and Mrs. W. Frazer, Georgetown.

An informal reception was held in the evening for both men and women relatives and friends. Mr. and Mrs. Allan Neely,

Victoria, entertained the wed-

ding party at their home following the wedding rehearsal. Sympothy is extended to Mr. Marie Murray on the death of her husband, Joe Murray in Peel Memorial Hospital, on Friday, November 5th. Also to their daughter Mrs. Norma Tripp, Brampton and their

Joe will be missed by his many friends in the community.

grandchildren, Murray and

Michael Tripp, and to their

nephew Brian Evans.



Cutting the 25th anniversary cake during St. John's United Church's sale in Stewarttown Saturday is Women's Guild President Anne Watkins. Featured at the bazaar was a tea-cup reader, and homemade craftwork.

The meeting opened with the Chapman's memory.

Thieves stole a 1974- muir History books on display, snowmobile from Charles some had scrap books and old

ward Street in Georgetown, caught my eye was the book of

District WI meeting

The picture was one of a

stream that flowed near her

childhood home. Mrs. Langton

then on behalf of the estate

presented the painting to Mr.

Allan with the request that it

be hung at the Manor in Dr.

Mr. Allan thanked everyone

for the picture and said it will

bring back memories to a

number of residents at the

Manor. A brass plate is to be

attached to the picture and

the letters from Dr. Chapman

are to be sealed on the back for

safekeeping. A moment of sil-

ence followed by the repeating

of the Lord's Prayer were

The Roll Call was answered

by most branches. One branch,

Ashgrove, had a couple dres-

sed in costume of 1898, there

were old quilts, clocks that

were music boxes, pictures,

inkwells and jars, bed warm-

ers and shaving mugs. Most

branches had their Tweeds-

minute books but the book that

Ballinafad district news BINGO

By WINIFRED SMITH

Herald Correspondent The November meeting of the W.I. was held at the home of Mrs. Florence Hyedehave. There were t2 members and two visitors present. The president called the meeting to order and opened in the usual way. The roll call resulted in some interesting discussions as each was asked to bring a tabel. Various items of business were dealt with and correspondence dealt with included a letter from Miss McKercher who is retiring after many years of service as the head of the Home Economics department of Agriculture and Food. An invitation was given for the members to attend a tea as guest of the 4-H Homemaking Clubs. It is their final meeting of the current club, "Featuring Fruit". Achievement day is to he December 4th. Mrs. Slessoraites and Mrs. Jamieson attended training school for seniors and are prepared to give the information gained in three meetings. The Club is "Festival of Dairy Foods". The first meeting is to be Nov. 17 in the offernoon at the basement of the church. All members and other ladies in the community are invited to

Very good reports were given by Mrs. Given and Mrs. Grace McEnery of the Area Convention. Mrs. Slessorattis as Convenor of Consumer and

Dubbn branch, well worth ke-

eping and displaying, another

branch had their own Welcome

wagon basket to be given to

newcomers of their area. Nel-

son branch had a 1912 cook-

book compiled by the Halton

W.I and a jar of beet relish

made from a recipe in the

The Silverwood branch were

hostess for the afternoon and

must be thanked for the lovely

afternoon, Mrs. Robinson spo-

ke for a moment on the use of

class I land being used for the

proposed garbage dump, and

urged members to do their

ulmost to prevent this serious

situation being carried too far.

as we need all the agricultural

land kept in cultivation for

food, as the situation is nearing

the critical state in our country

book.

Family Affairs then took over from the president and called on Ada Kirkwood for Current Events. Winnie Smith gave the Mutto "Of all the things you wear expression is the most important." Three convenors gave two minute reports. A reading on textiles by Reggie Slessoraitis ended program and meeting was adjourned. Mrs. Given and Mrs. Burt assisted the hostess in the serving of a tasty lunch.

Congratulations to Mr. and Mrs. Charles Plouffe on the birth of a baby daughter. The Smith families were saddened over the weekend in the loss of Mr. Albert Smith, of

R.R.2 Acton. Mr. Smith passed away in Guelph General Hospital shortly after being admitted last Thursday. He was the brother of Frank Smith who resides on the eighth line. We extend sympathy to his widow and family. Mr. and Mrs. Floyd Shortill and Mr. and Mrs. Grant Wright attended the funeral of their Aunt in Clifford on

Saturday. Sincere sympathy is extended to both families. Miss Lillian Delaney of Kincardine was a visitor at the Marshall home last week

Those in the vicinity of the eighth and town lines were able to enjoy the colourful sight of the red-coated Huntsmen and hounds as they took off on Saturday morning for their annual Hunt from the Pabst Fox Briar Farm on the eighth line. Over 300 enjoyed the turkey

supper at the church Saturday evening Tickets were sold in advance which the committee thought to be better all around Mr Stiles, minister of the thanked all before he commenced his sermon on Sunday It takes the effort of Man he said, for a successful

There was a special Remembrance Day service at the Ballmafad Church on

LIMESTONE ALL SIZES A & B GRAVEL FILL AND TOP SOIL

'BUD' HAINES 3 DURHAM ST.

877-4593

as well as in European areas theHERALD

877-3302

Home Newspaper of Halton Hills

Sunday. A beautiful anthem was sung by the men's chair. The reading of the poem "In Flanders Fields" was read by the minister and two minutes silence was observed. The service was highlighted by the sermon Faith, Freedom and Western Civilization, which made one realize we must work hard to preserve that freedom which we have.

MEETING

An all candidates meeting of at 7:30 p.m.

CANDIDATES'

those running for board of education will be held Nov. 24 in the Holy Cross Auditorium on Maple Avenue. The public is invited. The meeting will take place at 8:30 p.m. following a religious service which starts

EVERY WED.

ROYAL CANADIAN LEGION Branch 120 - Mill St.

EARLY BIRDS

16 REGULARS - \$70 Each JACKPOT \$500.

7:45.PM -

\$50. MUST GO

Two other specials

ON 58 NUMBERS

Georgetown Memorial Hospital, and Minor Sports.

HAVING **A PARTY**

HOW ABOUT OUR

Do-It-YourselF Buffet

KENTUCKY FRIED CHICKEN CONTINUES TO PLEASE GUESTS, THE WORLD OVER. CALL US AT 877-5241 - KENTUCKY FRIED CHICKEN CAN HELP MAKE YOUR PARTY A SUCCESS

It's

Finger Lickin'



chicken Villa

116A GUELPH STREET

877-5241

Oct. 26 police said. Quill designs made by the Sat., Nov. 13

By MRS. H. WILSON

men's Institute was held at

Hillcrest United Church un

Nov. 2 in the form of a dessert

luncheon, with 90 guests pre-

Institute grace, and everyone

helped themselves to the delic-

ious desserts brought by the

ful dishes to please the eye.

Our County President, Mrs. G.

Campbell was chairlady for

the afternoon, she introduced

Mrs. G. Ironside who read

letters written to the District

re: the 75 th anniversary from

Dr. Ethel Chapman, also a

letter from her lawyer stating

that Dr. Chapman had willed a

painting that had been given

her, painted by Mrs. N. Lang-

ton, to the Halton Centennial

SNOWMOBILE THEFT

Peavoy's front lawn on Ed-

There were the most delight-

District Day of Halton Wo-

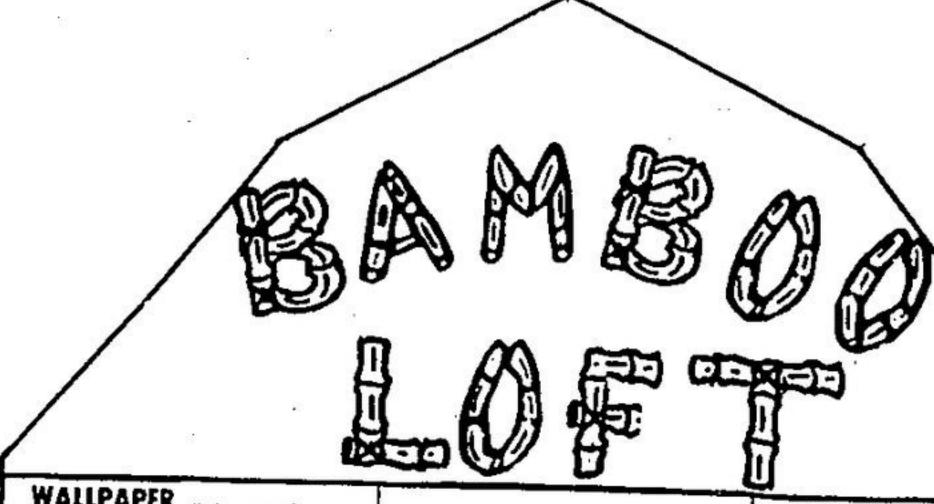


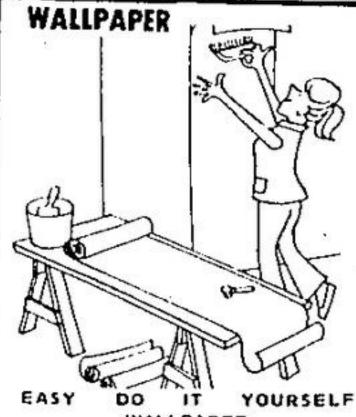
LIMITED QUANTITIES

NO RAINCHECKS

GEORGETOWN MILTON

GEORGETOWN MARKET PLACE MILTON MALL SHOPPING CENTRE





WALLPAPER TAKE A BREAK AND STOP AT OUR

CARPETS

RUBBER BACK SHAG., SPLASHES

HIGH, LOW PILE CARPETS ALL

COLOURS FOR THE DO-IT YOUR.

SELFER"

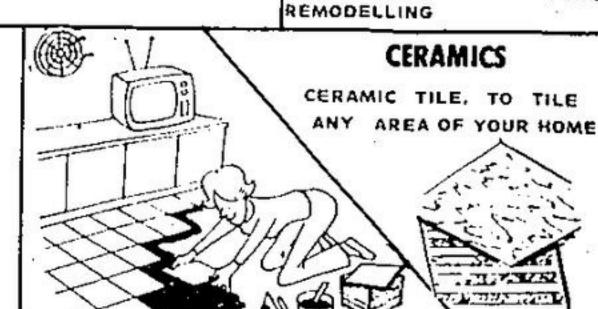
WALLPAPER SELECTION

COME AND VISIT OUR ADDED **ATTRACTION**

"FLACO" THE MACAW



TRY OUR KITCHEN CORNER FOR SELECTIONS ON ALL STYLES AND COLOURS FOR REMODELLING



CARPET

BARN 26 Guelph St. 877-9896

