

Norval district

By DOROTHY McLEAN
Herald correspondent

Mrs. Grace Jewell, nutritionist with the social services department of Peel Region was the guest speaker at Norval Women's Institute meeting held at the home of Mrs. Gisele Malchin on Thursday evening, November 4 with Mrs. Amy Burk presiding.

Mrs. Jewell gave an interesting talk and showed a film on weight control. She said that 40 per cent of Canadian adults are overweight, and that obesity is the result of our rapidly changing life style. Machines are taking over our activities and calories are not used up causing overweight. At about 25 years of age the body starts to slow down and gradually needs fewer and fewer calories. Any crash diet will lose weight but will not teach how to keep the weight off. She suggested more activity, walking as much as possible. Park the car at the far end of the parking lot and walk to the store. Cut down on sugar and desserts. Mrs. Dorothy McLean introduced Mrs. Jewell and Mrs. Malchin presented her with a plant. Mrs. Edna Murray gave the courtesies.

The roll call was "What Did You Grouch About Today?" Family and Consumer Affairs conveners Mrs. McLean and Mrs. Malchin were in charge of the program.

Mrs. Gladys Chester gave a report on the District meeting held recently and Mrs. Edna Murray reported on the course

on the Festival of Dairy Foods. Mrs. Murray and Mrs. Ina Terry will give the course near the end of November.

Mrs. Gladys Chester and Mrs. Jean May assisted the hostess in serving lunch and a social time was enjoyed.

The Norval Neighbours Club enjoyed a bus trip to Elmira on Tuesday November 2. All seats in the 39 passenger bus were full for the tour, leaving from the Norval School Community Centre at 8:30 a.m. and arriving home about 5 p.m.

On arrival at Elmira Mennonite Church the group were met by a guide who conducted the tour around Elmira pointing out the well kept farms and other interesting facts about the Mennonites. A farm with a windmill meant there was no electricity in the buildings, the windmill pumped the water to the barn and house. The old order of Mennonites still dress all in black and drive a horse and buggy. Some drive black cars with the chrome painted black. The people of the church and the Norval group visited lived and dressed as other Canadians.

Following the conducted tour a delicious luncheon was served by the Mennonite ladies in the basement of the church after which the assistant minister showed a film and talked about the Mennonite faith and answered questions.

The last part of the afternoon was spent in a visit to Brox's Old Town Village store. This was the first bus trip of

the Norval Neighbours Club and already the group are making plans for another trip in the spring.

Congratulations to Bonnie Lida Crawford, daughter of Mr. and Mrs. Jack Crawford, RR2, Norval, and Brian Neely, son of Mr. and Mrs. Allan Neely of Victoria, who were married by Rev. R. Walter Ridley in Norval United Church on Saturday November 6th.

Previous to her wedding, Bonnie was honoured with several showers. Miscellaneous showers were given by the groom's grandmother, Mrs. Hilda Neely, Victoria, an aunt of the groom, Mrs. S. Wilkinson, Cheltenham, and another aunt of the groom, Mrs. Ross Tulima, Walkerton, by a bridesmaid, Nancy Vanstone, Malton and by M. Pleasant U.C.W. and neighbours held at the home of Mrs. Earl Terry, Norval. A surprise shower by the teachers of Folkstone School, Bramalea, held at the home of Mrs. Norma Thompson, a Laidlaw relatives shower given by aunts of the bride, Mrs. Graham Crawford, Jr., Brampton, and Mrs. Donald Jose, and by the U.C.W. of Norval United Church.

Pantry showers were given by bridesmaids, Mrs. Vicky Johnson and Mrs. Linda Mellegers, and by the pupils of the class at Folkstone School where Bonnie is employed.

A dinner party was held by the Nixon relatives held at the home of Mr. and Mrs. Howard Laidlaw RR2, Brampton, and Bonnie was presented with an old fashioned style clock.



25th ANNIVERSARY

Cutting the 25th anniversary cake during St. John's United Church's sale in Stewarttown Saturday is Women's Guild President Anne Watkins. Featured at the bazaar was a tea-cup reader, and homemade craftwork.

District WI meeting

By MRS. H. WILSON

District Day of Halton Women's Institute was held at Hillcrest United Church on Nov. 2 in the form of a dessert luncheon, with 90 guests present.

The meeting opened with the Institute grace, and everyone helped themselves to the delicious desserts brought by the branches.

There were the most delightful dishes to please the eye. Our County President, Mrs. G. Campbell was chairlady for the afternoon, she introduced Mrs. G. Ironside who read letters written to the District re: the 75th anniversary from Dr. Ethel Chapman, also a letter from her lawyer stating that Dr. Chapman had willed a painting that had been given her, painted by Mrs. N. Langton, to the Halton Centennial Manor.

Sympathy is extended to Mr. Marie Murray on the death of her husband, Joe Murray in Peel Memorial Hospital, on Friday, November 6th. Also to their daughter Mrs. Norma Tripp, Brampton and their grandchildren, Murray and Michael Tripp, and to their nephew Brian Evans.

Joe will be missed by his many friends in the community.

The picture was one of a stream that flowed near her childhood home. Mrs. Langton then on behalf of the estate presented the painting to Mr. Allan with the request that it be hung at the Manor in Dr. Chapman's memory.

Mr. Allan thanked everyone for the picture and said it will bring back memories to a number of residents at the Manor. A brass plate is to be attached to the picture and the letters from Dr. Chapman are to be sealed on the back for safekeeping. A moment of silence followed by the reciting of the Lord's Prayer was observed.

The Roll Call was answered by most branches. One branch, Ashgrove, had a couple dressed in costume of 1898, there were old quilts, clocks that were music boxes, pictures, inkwells and jars, bed warmers and shaving mugs. Most branches had their Tweeds - four History books on display, some had scrap books and old minute books but the book that caught my eye was the book of Quill designs made by the

Ballinafad district news

By WINIFRED SMITH
Herald Correspondent

The November meeting of the W.I. was held at the home of Mrs. Florence Hvedehave. There were 12 members and two visitors present. The president called the meeting to order and opened in the usual way. The roll call resulted in some interesting discussions as each was asked to bring a label. Various items of business were dealt with and correspondence dealt with included a letter from Miss McKercher who is retiring after many years of service as the head of the Home Economics department of Agriculture and Food. An invitation was given for the members to attend a tea as guest of the 4-H Homemaking Club. It is their final meeting of the current club. "Featuring Fruit". Achievement day is to be December 4th. Mrs. Slessoraitis and Mrs. Jamieson attended training school for seniors and are prepared to give the information gained in three meetings. The Club is "Festival of Dairy Foods". The first meeting is to be Nov. 17 in the afternoon at the basement of the church. All members and other ladies in the community are invited to attend.

Very good reports were given by Mrs. Given and Mrs. Grace McEnery of the Area Convention. Mrs. Slessoraitis as Convener of Consumer and

Family Affairs then took over from the president and called on Ada Kirkwood for Current Events. Winnie Smith gave the Motto "Of all the things you wear expression is the most important." Three conveners gave two minute reports. A reading on textiles by Reggie Slessoraitis ended the program and meeting was adjourned. Mrs. Given and Mrs. Burt assisted the hostess in the serving of a tasty lunch.

Congratulations to Mr. and Mrs. Charles Pluffe on the birth of a baby daughter.

The Smith families were saddened over the weekend in the loss of Mr. Albert Smith, of R.R. 2 Acton. Mr. Smith passed away in Guelph General Hospital shortly after being admitted last Thursday. He was the brother of Frank Smith who resides on the eighth line. We extend sympathy to his widow and family.

Mr. and Mrs. Floyd Shortill and Mr. and Mrs. Grant Wright attended the funeral of their Aunt in Clifford on Saturday. Sincere sympathy is extended to both families.

Miss Lillian Delaney of Kincardine was a visitor at the Marshall home last week. Those in the vicinity of the eighth and town lines were able to enjoy the colourful sight of the red-coated Huntsmen and hounds as they took off on Saturday morning for their annual Hunt from the Past Fox Brar Farm on the eighth line.

Over 300 enjoyed the turkey supper at the church Saturday evening. Tickets were sold in advance which the committee thought to be better all around. Mr. Siles, minister of the thanked all before he commenced his sermon on Sunday. It takes the effort of Man he said, for a successful supper.

There was a special Remembrance Day service at the Ballinafad Church on the eighth line.

The Silverwood branch were hostess for the afternoon and must be thanked for the lovely afternoon. Mrs. Robinson spoke for a moment on the use of class 1 land being used for the proposed garbage dump, and urged members to do their utmost to prevent this serious situation being carried too far, as we need all the agricultural land kept in cultivation for food, as the situation is nearing the critical state in our country as well as in European areas.

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