

KARATE
Self-defence techniques
 By Bill and Leslie Pickells
 Photos by Brian Turford



Attacker places hand on chest of victim.



Victim takes opposite hand, crosses over and grabs attacker's wrist and places thumb on back of hand.



Victim twists attacker's hand, making sure his palm is facing upward.



Victim now begins to snap hand forward.



Attacker drops to knees due to wrist pain.

Triple-car crash reported

Guelph Street and Willow Park Road in Norval was the scene of a three-car accident Oct. 20 when a car driven by Helen A. Ford, 3 Willow Park Rd., was in collision with a car driven by Espanola, Ontario.

Seventy per cent return on skate-a-thon pledges

Rotary Club spokesman Bob Gougeon reports that almost 70 per cent of the money pledged in the skate-a-thon held two weeks ago was collected Saturday.

Rotary members set up shop at the Gordon Alcott Arena Saturday morning where \$8,785 was collected. Those turning in money were given

Motorist Patrick J. Trotter which in turn collided with a truck driven by Cambridge, Ontario motorist Harvey A. Crawford's.

Police said a car driven by James Kallil, 45 Shelley St., had estimated damages of \$1,000 after it went into the ditch to avoid hitting a car driven by William Hayes, 11 Queen St., Oct. 20 opposite 336 Guelph St.

Total estimated damages to the lawn, the ditch and a sign at Masson Motors was \$200. Hayes vehicle escaped undamaged.

Estimated damages were \$500 in a single car mishap Oct. 15 when Brampton motorist Ivan R. Belcher's vehicle suffered mechanical failure and went out of control on the Ninth Line half a mile south of 10 Sideroad, police said. Estimated damages to the shoulder of the road was \$75.

Guelph Street east of Mountainview Road was the scene of an accident Oct. 21 when a car driven by Michael Russell, 294 Guelph St. was in collision with one driven by Brampton motorist Fred Victor Dixon, police said.

Estimated damages were \$350 to Dixon's vehicle and \$50 to Russell's.

Car club draw results

Results of the 7th weekly draw of the current Car Club are as follows: No. 470 E. and B. Hasteley; No. 168 W. W. Edie; No. 281 J. Haines; No. 411 M. Bennett; and No. 336 Lloyd Reid.

It hardly seems possible, but our Entertainment Chairman, Gib Telford tells us that the fellow with the white beard and the reindeer is getting ready to ride again and that members with children who have not previously registered for the Xmas Tree night are asked to put the children's names on the list which is on the bulletin board in the club-rooms.

Children of Branch members and Ladies Auxiliary members are eligible however grandchildren do not qualify at this time.

Police said they believe the suspects entered the store before closing, hid somewhere until the store closed then made off with their haul.

Assistant store manager Roy Elling told the Herald that Zellers has still not determined the actual cost of stolen goods. Thieves made off with children's and men's ski jackets, parkas, jeans and cameras, calculators, radios and a full shelf of Crest toothpaste, Elling said.

It is the third time in nine months that Zellers has been robbed, he said. The company is insured against the loss. It is believed that the thieves jimmied open a fire escape door to load the merchandise on to a truck. Police are investigating.

Ernest Reid will now receive \$38,585 annually effective Oct. 7. The increase is \$1,837.

The raise was suggested in a report from regional chairman Allan Masson in May, but rejected by council in July.

Despite objections from Oakville Coun. McLean Anderson the matter was dealt with again last week. The council voted 1-3 on the proposal.

Since joining Halton Region in 1974, Mr. Reid has not received any increase in salary except for a \$750 cost of living increase in July.

Regional council last week approved guidelines for borrowing despite charges that it was allowing the region to benefit at the expense of the area municipalities.

Oakville Coun. Carl Erikson said a combined area and regional treasurers report which proposes a limit of 3.2 per cent of equalized assessment for both regional and area municipal capital borrowing "will emphasize regional services at the expense of soft services at the area municipality level."

Council rejected his proposal that the limits allow some flexibility in the range of one to 1.4 per cent for area municipalities and 1.5 to 1.8 per cent for regional borrowing.

Burlington is the only municipality in the region which has not dealt with the report at the time of the debate, the other three regions approved the guidelines.

Halton Hills Councillors Ernie Sykes and Pat McKenzie said the town had proposed a maximum of one per cent limit "just to be cautious."

Mr. Sykes added that any change from the proposed guidelines in the treasurers' report would confuse the issue.

Police said a car driven by Milton motorist Paul Alan Hicks skidded out of control, crossed Steeles Avenue about 59 feet west of Sixth Line and came to rest against a telephone pole, Oct. 15.

Estimated damages to Hick's vehicle was \$400. There were no damages reported to the vehicle of Oakville motorist William Bruce Kerr who also was involved in the accident, police said.

The GO station parking lot was the scene of an accident Oct. 11 when a car driven by Ivan Hay, 15 Albert St., was in collision with a car owned by William Gordon Varley, 9 Main St., N., police said.

Estimated damages were \$100 to Hay's vehicle and \$200 to Varley's.

\$17,000 haul in cameras, clothes

Between \$17,000 and \$20,000 of merchandise was stolen from Zeller's department store in the Georgetown Market Place, Oct. 21.

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HILLCREST CHURCH TURKEY SUPPER

Kevin Howden, 17, of Hornby, seems content as he prepares for a turkey supper at Hillcrest United Church last Wednesday.

Pomeroy to run in Ward 3 over complex, core identity

A downtown merchant concerned over the apparent loss of small town core identity announced last week his intention to seek a Ward 3 seat in the Dec. 6 municipal elections.

Pete Pomeroy, operator of North Halton Sports, Main Street, said the municipal complex issue is the biggest part of the reason he is seeking election for the first time.

But he also expressed concern over the impact of "fringe metropolitan towns", a concept he feels that could affect Halton Hills creating a loss of identity in the downtown core areas.

"Ward 3 has an interesting cross-section of residential and commercial areas, and it has two main shopping areas; downtown and Moore Park Plaza," he said. "It also has a vast industrial area."

Because of the unique character of the ward, there's a need to provide careful planning of the presently available vacant land within the ward, he said.

This planning would present "a big challenge for two years," he believes.

Mr. Pomeroy stressed that strong local government is needed to support the regional representatives and conceded that regional government is here to stay.

But he added that local government can increase its efficiency in handling local issues and problems. Mr. Pomeroy advocates increased emphasis on committee work to reduce the workload at council and provide for a team effort.

While conceding that council now employs a committee system, he said his biggest criticism is that the committee recommendations tend to be "rehashed at council."

Mr. Pomeroy said his platform will be expanded during the next six weeks to explain

his position on various issues, but declined when interviewed to be specific in several areas.

The 38-year-old merchant lives with his wife and three children in Norval. He said his concern about the downtown

and his eight-year relationship as a merchant caused him to seek the urban ward nomination.



Pete Pomeroy

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 Whatever your message Call us Today and its on its Way

Fendley Florists
 82 Mill St. 877-6901
 Georgetown

TOWN OF HALTON HILLS LIQUOR LICENCE ACT VOTE and REVISIONS TO THE VOTERS LIST

All persons having been resident in the Town of Halton Hills two months prior to December 6th, 1976, who are eighteen years of age or over and are a British Subject or Canadian Citizen, are eligible to vote on Monday, December 6th, 1976 or, if necessary, at the Advance Poll on Saturday, November 27th, 1976.

Revisions to the Voters List may be made by completing the required form during regular office hours, namely 8:30 a.m. to 4:30 p.m. Monday to Friday, excluding holidays up to Wednesday, November 17th, 1976 and on November 18th and 19th, 1976 from 8:30 a.m. to 8:30 p.m. at the Municipal Administration Building, Seventh Line.

A copy of the Voters List has been posted in the office of the Clerk Administrator at the Municipal Administration Building on October 20th, 1976 and in various outdoor locations in each polling subdivision. A copy of the list has also been posted at the

Municipal Offices - 40 Mill St., Acton.
 Municipal Offices - 36 Main St. south, Georgetown.

Please check the Voters List to determine if your name is listed therein. Unless corrections are made by Friday, November 19th, 1976, persons not listed will be unable to vote.
 Dated this 20 day of October, 1976.

G.D. PRITCHARD - Returning Officer.

SHAMROCK STUDIOS
Colour Portraits
 Single or Family

HAVE YOUR COLOUR PORTRAITS DONE BEFORE THE CHRISTMAS RUSH STARTS.

PHONE TODAY FOR ESTIMATES AND BOOKING 877-3978

OFFER EXPIRES NOVEMBER 30, 1976
 10 A.M. to noon and after 6 P.M.
 ALL PROCESSING DONE ON THE PREMISES

THE BOAR'S HEAD BUTCHER SHOPS
 DOWNTOWN STORE 877-1311 MOORE PARK PLAZA 877-1811

!! Schneider Specials !!

English Sausage 99¢ L.B.	Cold Cuts Fresh-sliced (not cold packaged) 95¢ L.B.
Loose Bulk Weiners 75¢ L.B.	Macaroni & Cheese Chicken Loaf Mince Ham

FROM SCHNEIDERS (CANADIAN PORK ONLY)

Loin Pork Chops \$1.49 L.B.	Country Style Spare Ribs \$1.29 L.B.
Loin End Pork Roasts \$1.39 L.B.	Mince Beef 65¢ L.B.



GONE FISHING

Jackie Hatcher, 4, of Mountainview Road, prepares to take a chance at the fish pond held at the Newfoundland Club bazaar at the Credit Valley Club Saturday. Proceeds were in aid of the North Halton Association for the Mentally Retarded.

Combined tour delayed

For the works committee to tour Parks in Halton Hills with members of general administration and recreation advisory committee this year would be "unfruitful," Coun. Ernie Hyde said Monday.

Instead the committee passed Hyde's recommendation that a parks tour be in spring, 1977 after works department crews have done some maintenance.

Town engineer Robert Austin who explained how the works and the recreation departments worked together to maintain the parks, said the \$78,000 budgeted this year for work requested by the recreation department plus an additional \$600 had been spent by September.

"More and more employee groups are joining our Dental and Prescription Drug Plans. Let's tailor a Plan for your employee group."

ONTARIO BLUE CROSS
 A DIVISION OF THE CANADIAN RED CROSS ASSOCIATION

Jim Domanski
 25 Main Street West
 Suite 104, Hamilton
 Ontario, L8P 4P9
 (416) 526-5327

FALL INDOOR TENNIS CLINICS
 For beginners and intermediates MEMBERSHIP NOT REQUIRED

\$30. 6 ONE HOUR SESSIONS OVER 3 WEEKS

BEGINNERS START
 NOV. 2 6:30-7:30 p.m.
 NOV. 3 10:30-11:30 a.m.

INTERMEDIATES START
 NOV. 2 7:30-8:30 p.m.
 NOV. 3 1:30-2:30 p.m.

TURTLE CREEK COUNTRY CLUB
 3 MILES N. OF HWY. 7 ON AIRPORT RD.
 SPECIAL LOW RATES FOR DAYTIME MEMBERSHIP

Peter Yates-674-0201