

OVER A CENTURY OF EUCHRE PLAYING

123 years of Euchre playing is represented at this table Friday at the Lions' Club Euchre party. Seated from left to right are Clare Wilson, who has played Euchre for 63

approach.

years, Anne Norton, who has played for 40 years, Viola Izzard and Ethel Kaiser who have both played for 60 years.

#### Group sees no child-raising

most difficult job in the world -raising your children-a panel of three women and two men told about 16 mothers at the YM-YWCA in Georgetown Wednesday. "We are supposed to be

There is no training for the

absolutely marvellous," said panelist Theresa Howard, mother of five and consultant to the Etobicoke Board of Education. "But no job on earth asks more than being a par-

Each panelist as well as having practical experience raising his or her own children was in favor of a particular approach to childrearing.

Mrs. Howard, for instance, recommended Dr. Rudolph Drickus, author of Children: The Challenge, among other books. Driekus says few parents are fully equipped to let children grow to full potential, Mrs. Howard said.

Panelist and principal of Howard Wrigglesworth School, Eric Balkind, said that by the time a youngster is in kindergarten, "the most imortant things in a child's life

have already happened." Many educators and child rearing experts believe the first three years of a child's life are critical, Balkind said, adding that the child's first nine months of life are not to be

overlooked. Although the average family has the resources to do the job. Balkind said, courses in how to be a parent would help parents

to not feel inadequate. "Parenting needs patience, love, stamina and some basic knowledge," Balkind said. Only one child in ten gets a good

start, he told the audience. Balkind said he was trying to convince the board of education that parenting skills should be taught in high schools." The two most important jobs in the world need no training," Balkind said, ". . . parenting

and politicians." Often throughout the two hour meeting laughter broke up the group as one or other of the panelists parodied the kind of frustrated behaviour parents exhibit when children

misbehave. Panelist Audrey Shine, mother of five and operator of Montessori schools in Halton Hills and Brampton stressed to the audience the effectiveness of democratic family councils and of allowing children independence.

"Never do anything for the child he can do himself," Mrs. Shine said. The Montessori practice is to help the child do things by himself and very young children become discouraged if they must all the time ask If they can do something, Mrs. Shine said.

"Children are trying to be well behaved," Mrs. Shine said. "They will be better behaved as they have more self responsibility."

She said parents who have set up elaborate rules in the home should re-examine the rules.

"About 90 per cent of them could be thrown out," she said. Those that remain should be agreed upon by all family members.

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Foundation stressed the Adl-

is based on the parent as an authoritarian Adler believed each member of the family should be treated as an equal and a child's behaviour was child be getting out of this behavior," Marks recommended. A pattern of behavior upon analysis could reveal the child's goals, he said.

Children misbehave with one tion. or more of four goals in mind, Mr. Marks said. A child who wants the parent's attention will misbehave to get the attention even if it is negative, such as a licking, said Marks.

Another goal is power, he said, "Most teenage misbehavlour is from a power struggle. but avoid them," Mr. Marks added. "Two people always lose (in a power struggle)."

A child who is extremely discouraged and breaking things has revenge as his goal, more common now than when large families were the norm, he added.

"But give them a purpose or a meaning in the family, if they feel they don't belong and make the child feel helpful and wanted," said Mr. Marks.

The child who has with- eem."

Panelist Peter Marks, father drawn has used withdrawal as of three and family counsellor the goal from a sense of with the Addiction Research personal inadequacy, Mr. Marks said. The child's behaverian approach to childrearing four may require no discipline as opposed to the Freudian but such a child may be "very discouraged" and "may need

Whereas Freud's approach institutional help." Elaborating on the power struggle in response to questions later from parents, Mr. Marks said the major clue to tell parents that a power strgoal oriented, Mr. Marks said. uggle is underway is when the "Ask yourself what could the parents say to himself:"Child,

I will make you do this." "Avoid it (power struggling) at all costs," Mr. Marks said, "by getting the child thinking why he has taken that post-

Like Mrs. Shine and others on the panel, Marks was in favor of family councils once or twice a week where groundrules would be established be-

fore edicts were laid down. Panelist and mother of two Barbara Halsall told parents she follows the Parent Effectiveness Training (PET) book authored by Dr. Thomas Gordon. Stressing the importance of the child's concept of self. Mrs. Halsall said the PET program is based on three Marks said. This sympton is steps involving "eye mess-

> The first step is to listen to the child "so you hear the child's feelings behind the words." Next, if the child causes you a problem, "tell them in such a way that you don't damage their self-est-

Finally, use a democractic method of problem solving, where the needs of all in the problem are determined and as many solutions as possible are listed, written down and modified until everyone is satisfied with the solution. In the final step a date in the future

But the panelists were not unaminous on the subject of corporal punishment.

should be set to re-evaluate the

Theresa Howard said striking a child should be "used as a last resort in a dangerous

School principal Eric Balkind told the audience he was in agreement with Mrs. Howard. "A spanking is better than getting knocked down by a motor car," Balkind said but stressed that corporal punishment should be used only rarely and with correct timing.

But panelist Marks did not agree with corporal punishment. "If you use corporal punishment, the child will find other avenues to display misbehaviour," he said. Punishment of children could lead to neurotic or psycholic behaviour in later life, he said. "Sometimes it works, sometimes it doesn't."

"If you can't stand grandma's favourite figurine being broken," Marks said, "it shouldn't be there."

The co-ordinators of the panel discussion were Valerie Griffin and Anne Ross of the "Y"s program committee.

**JOYCE BEATON** 

#### You can tell her age

Times have changed, particularly in the gynecology department of the hospital. You can tell why a woman is on the ward by her age alone.

The 20-year-olds and under are across the hall having the babies. (Yes, the babies are still being born in spite of all the abortion statistics). The 30-year-olds are in the next bed to their older sisters.

At 30 it has become time for the tubal ligations (the tying of the tubes for birth control reasons). The 40-yearolds (my sorority) are having hysterectomies. Not for any one particular reason, but for a variety of complaints, unheard of in such proliferation a few years ago.

The 50-year-olds and over are wandering up and down the halls looking very tired of the whole routine and describing their complaints in generalized terms such as "repair work".

Whatever age, the experience can be a gross indignity. Women are poked and prodded, examined and reexamined, have blood taken out and put in, and in general feel like flesh and blood cadavers.

WOMEN ARE GREAT!

But women are wonderful. We take it all with such good grace, as if it were our natural lot in life. Not so much that we suffer in silence, but that we've learned this time around might not be as bad as what's waiting for us around

We're either trying to get pregnant or trying not to get pregnant, suffering from too many births or crying over a lost fetus.

My faith in women as professionals has been wonderfully strengthened during my hospitalization. There's just nothing to compare with a nurse who knows what she's about and who obviously administers to her sisters with compassion and understanding.

SHE'S WHO?

There's also nothing so great as being able to maintain a sense of humor when you're feeling lousy. Mine was tested while the intravenous was still in my arm and I was drifting dreamily in and out of the anaesthetic

Two cleaning women entered my room and in whispers the following conversation ensued: "There's supposed to be a woman in here who's a

writer or womething." "What's her name""

"I don't know, I'll look at the tag at the end of her

She looked and went scurrying back to her cohort who was cleaning the bathroom. "It says Joyce Beaton, I never heard of her. "To which the other replied as they left the room together, "She can't be very important, I never heard of her either."

That conversation did more than any one thing to shake me from my drowsiness and get me back on my

First meeting of the 7:30 Joseph Gibbons School in Georgetown West Guild the Staff room.

#### First auxiliary meeting

Auxiliary will be held Oct. 13 at

Introducing the greatest aid to litter prevention since the refillable pop bottle.

## pop bottle. Remember the days when all

pop bottles were returnable and relillable? Your Ontario Ministry of the Environment wants to bring those days back, because there were a lot of advantages to the refillables.

Their re-use saved energy and raw materials involved in bottle manufacture. And, more important, people returned refillable bottles. So they didn't become the litter and garbage disposal problem that throwaway bottles and cans are causing today.

On October 1, 1976 a new law went into effect. It says that within six months, retail vendors will be required to stock and display in refillable bottles any size, flavour and brand of solt drink they offer in non-relillable bottles.

In other words they have to offer you a choice. It also requires that retailers selling soft drinks in refillable bottles must now accept and refund cash deposits of at least 10¢ on small sizes and 20¢ on large sizes. And the amounts of these deposits must be shown separately from the actual price of the pop.

Your Ministry of the Environment thinks that a return to retillable bottles will save energy, help alleviate garbage disposal problems, and reduce the number of landfill sites. It will be a step toward a clean, unlittered Ontario.



#### **Notice to** Ontario Retailers

Effective October 1, 1976, you will be required to accept deposits on refillable soft drink conlainers of 10¢ on small sizes and 20¢ on large sizes. You will also be required to refund deposits in these amounts on all reasonably clean,

intact, retillable soft drink containers which you normally handle This information is

covered in a notice which must be displayed by soft drink retail vendors. These signs are provided by the Ministry of the Environment and are available at our offices in these locations Barrie, Belleville, Cambridge, Cornwall, Don Mills, Grevenhurst, Kenora, Kungston, London, North Bay. Oakville, Owen Sound, Ottawa, Pembroke, Puterborough, Sarnia. Sault Ste. Marie, Stoney Creek, Sudbury, Thunder Bay, Timmins, Welland and Windsor or by writing or phoning: 135 St. Clair Ave., West Toronto, Ontario M4V 1P5 Telephone: (416) 965-1658

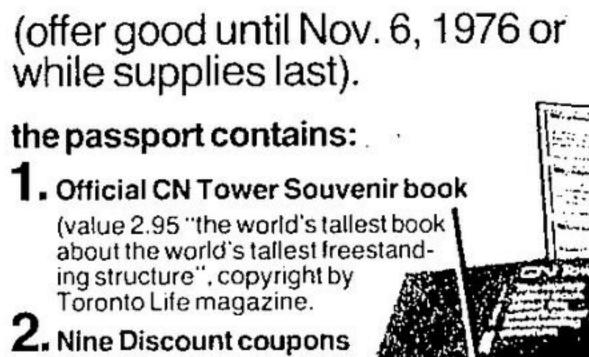
#### **DEPOSIT REFUND** FOR REFILLABLE SOFT DRINK BOTTLES

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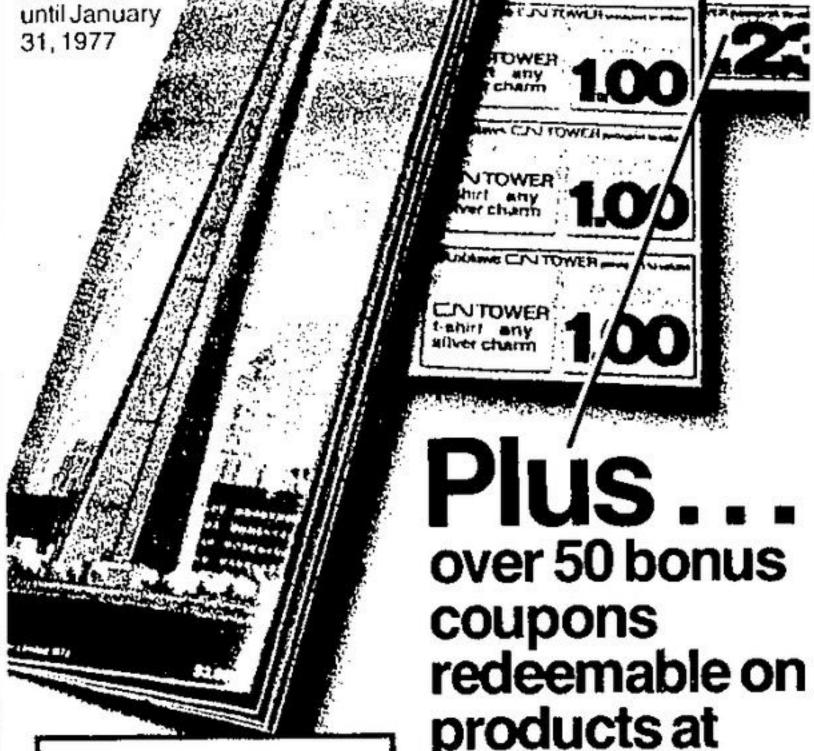
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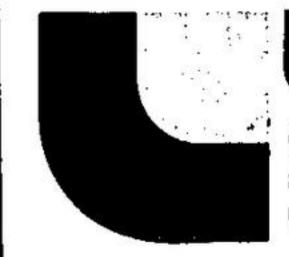
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