

Manager, Bernie Dore, Sasan Ford, Susan Poulsen,

Maureen (Moe) Gerth, Pat Walsh, Lynn Scarborough, Pat

Wood, Shaaron Barclay, Sharon Stoyles, and Coach, Peter

The win over Thornhill

ended the pre-senson sojourn .

for the local Junior "B" club

and it undoubtedly warmed the

hearts of the "Green and

White' squad's area sup-

porters. The Gems posted wins

over Thorold Preston,

Collingwood ( a Tier II Junior

"A" team) and Thornhill and

appear well stocked and

primed now that the Central

Ontario Junior "B" campaign

Saturday and Sunday for

Atom, Pee Wee, Bantam and

Girls Leagues. The schedule

for Saturday and Sunday

appears in this paper, players

are divided by age and

alphabetical order. There will

be no Midget or Juvenile

league warm-up play in these

teagues begins on Sunday

October 10th Coaches are

Royalettes

edge

Alderwood

The Georgetown Legion

32 last Wednesday night in yrs.

Royalettes nipped Alderwood

Alderwood, un a solo home run

by Pattl Caruso in the fourth

bining, to lead their best-of-

three Peel County Juvenile

Girls champlonship series, one

game to nil. The second game

in the series was played in

Georgetown on Tuesday night,

unfortunately, at press time,

the score was not available.

the Royalettes to garner but it

would cap a fine season If they

could capture their league

crown. Alderwood and the

Royalettes have been the

cream of the Peel league for

the last two seasons and both

teams seem to play their best

Wednesday night's game

was no exception as the rivals

once more rose to the oc-

cassion. Alderwood scored a

run in their half of the first

inning, but the Georgetown

gals bounced right back to

score two of their own in their

half of the second. Janet

McKay reached base, was

sacrificed along by Leanne

Gilson and scored when Daine

Marshall laced a triple. Diane

crossed the plate when Patti

Patti's home run in the

Georgetown lead to 3-1 but

Alderwood scored a single run

but the Royalettes got

without allowing a run

mound for the Royalettes.

Caruso singled.

fourth extended

in clutch situations.

There are few laurels left for

THE GEORGETOWN ARMSTRONG GEORGETTES, runner-up to Hillsburgh Seniors, for the Halton Ladies Softball championship. Front row, left to right; Janice Inglis, Gloria (Gordy) Hamilton, Joan Howat, Ev Metler, Debble Kirk, and Goldie Cash. Back row, left to right;

## Geminis unbeaten in exhibitions

The Georgetown Geminis out to a 3-0 first period lead, wrapped up a perfect pre- widened the margin to 6-0 after trounced Thornhill 8-1, in

Thornhill Three Geminis, Doug Barnes, Terry Turner and Dave "Cricket" Robertson, each potted a pair of markers, while Marty Weaven and Joe South added singles.

The Georgetowners jumped

season exhibiton record-four two periods then cashed in on wins, no losses - last Wed- two scoring opportunities in nesday night, when they the third frame, with Thornhill finally hitting the scoresheet, to round out the game scoring. Brad Miller was in nets for

the Geminis but he had a relatively easy night of it as he was only called upon to handle 19 shots while his mates were peppering the Thornhill goaler with 26 drives, not including

## GDMHA lays down law start on Friday, October 1st, followed by Warm-up Days on

Georgetown three players lost or had damaged a number of their teeth in spectacular accidents and many more had small dental injuries, the total number of accidents rising above the number of the year

spokesman for the Canadian complete facial protection National Institue for the Blind mandatory for all their players released a story about loss of and the OMHA has further eyesight in hockey related decreed that all helmels MUST Injuries and that total last year be CSA certified. Complete was 47. Also last year in facial protection means a fixed

starts this week beginning with

On September 23rd, a The GDMHA has made external rigid mouthguard with plexiglass shield or wire mask, or a full face wire mask, all of which must bolt onto the

> A nearly fill slate of hockey the Tyke and Novice League

#### asked to bring skates and help on the ice, players are to wear full equipment but carry no

MONDAY 20th SEPT. Bantam League Cup Semi Final At Pineview

> Olympics 9 Acton 3 Tony Covin (1) Scott Malcolm (1) Henry Kroezen (1)

Again an outstanding game between these two teams. All through this was end to end play, and fast exciting soccer. An early lead established by Acton through a good left wing coare, which glanced off an Olympic defenders leg and caught goalkeeper Jeff Bond

Pineview teams still competing similar incident, but did not seem to deter the Olympics. The strong defensive play of Jimmy Jordan and Jimmy Gibson was a big factor in this win. Many of the Olympic attacks showed excellent approach work but they did

everything but score, and that is the name of the game. Acton, always a well knit team, were excellent in all departments, not enough can be said about them. Goalkeeper David McGillany did not put a foot wrong.

### Canada Cup has coaches clinic

The recent Canada Cup international hockey series, provided the background for another development in hockey, one it is hoped, that will improve the calibre of minor hockey in Canada

About 85 coaches and officials, including delegates from Sweden, Finland, Czechoslovakia, Germany, Japan, the United States and Switzerland attended a four day seminar, which during the

Canada Cup. Dennis MacDonald. Canadian Amateur Hockey Association technical-director was quoted as saying that while the CAHA is not advising wholesale adoption methods preparing and training players, Canadian coaches

attending the seminar were told to "challenge themselves.

Canadian game.

and seminars was to study the psychological preparation of prayers, the physiological or traning aspect and to discuss the tactics and strategies employed by the various teams entered in the Canada Cup international hockey

PICTURE YOURSELF

IN THE SEAT

OF THE GEMINI COMMUNITY TEAM

CAR

by surprise, was a shock. The Outstanding players for Acton. second goal came from a David McGillany, Scott Malcolm, Henry Kroezen, Jimmy Jordan, Gord Bruce, Johnny Gibson. For Olympics, Richard Grahonja, Hugo Dittfach, Jim Perritt, Mark Racinsky, Robert Wingrove, all had an excellent game. Congratulations to coach Colin Agar, Acton are league champions, and meet Rockwood in the Cup Final at Oakville Oct. 2nd. See you next

year Colin WEDNESDAY 22nd SEPT. Pee-Wee Rural League Cup Semi Final at Rockwood

Rockwood 1 Pegasus 2 Steve Juckson (1 Jamle Racinsky (1) Bill Drever (1)

This game played on a very cool evening had its exciting moments. Generally the Pegasus dominated throughout, the inability to He said that Canadian Minor score was quite frustrating for bockey coaches those already both sides. A good few specin the CAHA's coaches cer- tators were on hand to see this tification program and who, in one, considering the distance fact made up the bulk of the 85 travelled, they are to be registered at the clinics, were congratulated. Coach Tage being told to look outside the Neilson was often pacing the game of hockey as we know it line muttering but was quite in Canada and to look at those pleased with the final result. aspects of European hockey but hopes to see better things they feel will strengthen the In the Final at Oakville on Oct. 2nd. Referee Chris Bertelson The purpose of the clinics handled this game very well indeed, despite being bothered by whistles being blown by

> and spectators. Gil Manse the young Coach of the Rockwood Pee-Wees does a great job, and deserves

outsiders off the field, very

disconcerting to both players

The Ministry of Culture and Level IV (National) Level V (International) Recreation, Sports and Fitness Division, is becoming increasingly aware of the im-

A National Coaching Development Program has been underway for some time. but apparently, not enough of the people who are involved in youth sports are taking advantage of what it has to offer. The program is desinged to offer coances of all sports and discovers that there are levels, specialized knowledge. common aspects. For It is desinged to help the novice example, training methods used in one might easily be and inexperienced coach to understand the fundamentals applied to another.

Canadian youth.

The program is on a five level system. Each level consists of a theory, a technical and a practical component. Example

coaching principles.

of coaching, and enable the

more seasoned coach to im-

16 hrs. 16 hrs. 1 Level II 40 hrs. 40 hr. across the country in in-

Level III 60 hrs. 60 hrs. 3 5 College offers the program) yrs. which provide an educational

Skating Club has several

programes in their club

reportoire, geared to teaching

the beginning skater how to

handle himself-heraelf on the

The two programes are for

Pre-schoolers range in age

from three years old to kin-

dergarten age and ap-

proximately 35 youngsters

have signed up for the

programme, to date. They

skate one hour a week, with a

30 minute lesson from club

professionals and are assisted

the rest of the time by

volunteers. Children are

taught basic skating and a rule

that the club has instituted, is

that all Pre-schoolers must

Junior range in age from

kindergarten age youngsters.

up to 12 years-of-age, or until

they pass all 12 badges. The

Juniors are on a badge system

designed by the Candian

wear helmets.

Pre-schoolers and Juniors.

# Coaches must be qualified

portance of having qualified instructors (coaches) to handle the myriad sports

scope. Each provincial or territorial government, in cooperation with the apopportunities available, to proximately 60 Provincial Sports Governing Bodies now existing, is reponsible for administering the first three levels. The Federal Government and the National Sports Governing Bodies will be responsible administratively for Levels IV and V. If a coach has coached more than one sport, he- she, soon

prove his her skills by developers produced the acquiring the most recent Theory component to enable coaches of different sport, age and sex backgrounds to learn general coaching principles and to see how these principles could be applied to various sports situations. The Theory classes also provide coaches with the opportunity to share experiences and learn from Technical Practical

Therefore, program

each other. The courses are taught stitutions (Oakville's Sheridan

GFSC offers programs

for beginning skaters

The Georgetown Figure a means of encouraging a

skating.

environment. To maintain the quality, only qualified instructors may teach and each province presents the same The program is national in content, insuring uniform instruction across Canada.

> TOPICS COVERED IN THEORY: Role of Coach-Clarifies responsibilities of a coach and discusses various aspects of the interrelationship existing

between a coach, athlete and Psychology of Coaching-Looks at psychological needs of the athlete, motivation, psychological preparation for

Motor Learning-Explains process by which physical skills are learned most effectively.

Sports Medicine-Analyzes care, prevention and understanding of sport injuries. Biomechanics-Explains mechanisms of human motion, whether on land, in water or

Exercise Physiology-Relates performance of physical activity to body functions such as action of muscles and working of circulatory system.

Growth and Development-Relates physical activity to various age, sex and growth

Training Methods-Discusses diet, pre-sesson training, effects of exercise, training methods for different sports, etc.

THE TECHNICAL

When a coach has completed the general theory course, heshe then takes a technical course in the sport of his-her choice. The technical courses relate the updated methods for teaching and learning of physical skills and strategles of the particular sport. They also specifically apply the general coaching principles studies in Theory.

Technical courses have been designed by the respective National Sports Governing Bodles, with technical assistance from the Coaching Association of Canada, Only qualified instructors teach these courses, under the supervision of the Sports Governing Bodies.

THE PRACTICAL

Once a Coach has taken the Theory and Technical, he-she can then apply the knowledge acquired by actually coaching. Where possible, coaches are being given on the scene evaluation by regional and area representatives of the Sports Governing Body.

course of one level, follow it with the sport specific technical course and then conchi in the practical component Is only when a coach completes the Theory, Technical and Practical requirements of any one level, will he be certified at

that level. Also: At Level I-Theory, a pass is based on 100 per cent attendance. At Levels II and III - Theory a pass will be based on successful com-

pletion of an exam. A Coach may take all the Theory courses prior to the Technical or vice-versa. However, he must take I prior to II, II prior to III. It la recommended that a coach take the Theory, Technical and Practical of one level, before advancing.

The progress of a coach through the program will be monitored by the Provincial Government, with assistance from each Sports Governing Body. All records will be centrally computerized. There will be a joint certification between the provincial government and the respective Sports Governing Body.

The program is offered to coaches of various sport, sex and age backgrounds. However, a minimum age of 16 is recommended prior to anyone participating. Fees for the courses are minimal and It is recommended that a courses are offered in both French and English.



GFSC teaches the basics

#### interested in figure skating, hockey or merely recreational

The youngsters are given a 20 minute lesson in small groups, by a club professionals out of the three hours a week that they spend on the ice. This allows them to enjoy themselves and develop strength and proficiency by practicing what they are taught. Amateur coaches (specially trained senior skaters) and parent volunteers assist the children during this free time.

skater to learn the basic skills

needed, whether they are

All skaters, no matter how new to the club, are encouraged to work harder by the knowledge that they will be participating in the club's annual carnival.

Pre-schoolers are on the ice Mondays from 2:30 p.m. to 3:30 p.m., while the Juniors have ice time on Mondays from 4:30 p.m. to 6:00 p.m. and on Wednesdays from 4:30 to



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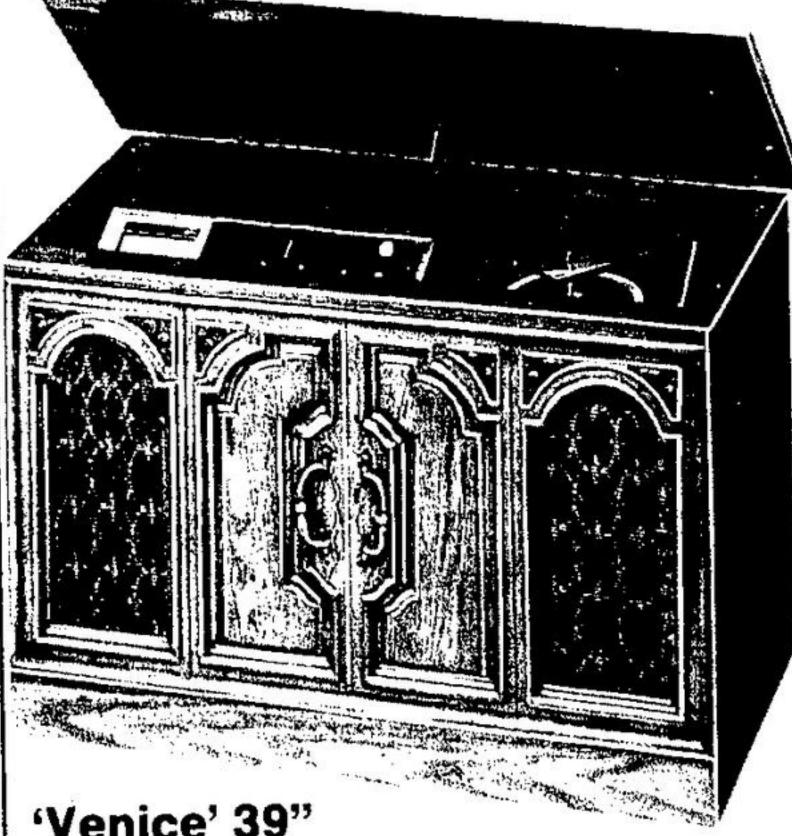
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